



The Good News

Sunday, October 23, 2022

Postulant Julia Warren, Preacher, Oct 23

Julia Warren returns from her Diocesan Discernment Year (DDY) at St. Edmund's in San Marino where she continued to explore her path towards ordained ministry. At St. Mark's, and in the larger LA Diocese, Julia has been involved in youth and young adult programming, as well as a variety of music ministries. Julia has a background in Episcopal summer camp ministry, enthusiasm for church history, and a love of interactive museums and historical sites. When she's not at church, you can likely find her at Disneyland with her fiancé Andrew. Julia was approved for the next step in the discernment process. By decree of Bishop John Harvey Taylor Julia Warren is a postulant of the Episcopal Diocese of Los Angeles. Next steps in her formation plan will include seminary.



Trunk or Treat, Saturday, October 22

Join us for a Trunk or Treat Halloween event. If you are interested in decorating your car's trunk for this event, please contact Susan Mackall at fellowship@stmarks-upland.org with your name and contact information. If you are able to help decorate, set up or clean up, please click here: <https://www.signupgenius.com/go/10C0E4CAFA92AA2FCC16-halloween>

St. Mark's Episcopal Church: A Community of Grace

We spread God's word, love like Jesus, enjoy worshipping together, and help our neighbors.

Week at a Glance at St. Mark's

Office Hours: Monday–Thursday 9 AM to 3 PM (closed for lunch 12:30-1 PM); Friday 9 AM to 12 PM

Sunday 8 AM and 10 AM Holy Eucharist. Both in-person and streaming online on YouTube and Facebook. Go to <https://www.stmarks-upland.org/services/in-spirit-worship/>. Bulletins are available at church, by e-mail, and on the website. Hymnals are available for home use.

Monday–Friday 9 AM Zoom Morning Prayer and Bible Study.

Go to <https://us06web.zoom.us/j/93780545256>. Download prayer sheets from the website at <https://www.stmarks-upland.org/morning-prayer>.

Wednesday 9 AM St. Peter's Guild. Card games and other activities in person. For info, email stpeters@stmarks-upland.org.

Wednesday 10:30 AM Men's Coffee Fellowship. Meet at Bad Ass Coffee in Rancho Cucamonga. For info, email menscoffee@stmarks-upland.org.

Church Calendar: All meetings/events must be scheduled through the church office. If you don't see your event, email parishadmin@stmarks-upland.org. Or call the church office at 909-920-5565 to schedule a date and time to reserve the rooms that are available.

WORSHIP

Gratitude Challenge, now to Thanksgiving

Once a day, name something you are thankful for.

Once a week, express your gratitude through words or action.

All Saints Sunday – Faces needed Sunday, Oct 23

On All Saints Sunday, November 6 we will have three tributes to our loved ones who have passed away.

- 1) The Daughters of the King will lead the litany of names during the prayers.
- 2) The online version of Good News will feature a visual tribute of faces (no names).
- 3) The sanctuary will feature a text-based tribute of names.

Please send us the following:

- 1) For the litany of names (due Oct 30): How do you want the name spoken aloud. We will accommodate names given by first-time guests on Nov 6. Members, please be considerate to our worship leaders and submit your names by Oct 30.
- 2) For the tribute of faces (due Oct 23): please e-mail an image to the office. Please note that names will not be included. Color images ok. Please see the rector if you do not have a digital image.
- 3) For the text-based tribute (due Oct 23): please include the following –
 - A) Full name of Loved One
 - B) Dates of birth and death
 - C) Obits welcome
- 4) For our records, please include relationship and your contact information.

Loving Our Neighbor: Masking

Masking is strongly encouraged. Masks will continue to be worn by those serving people face-to-face in close proximity - for example, hospitality, ushers, greeters, Sunday School teachers, and Eucharistic ministers. Masks may be taken off at the lectern, altar, or presider chairs. Unvaccinated persons and those immunocompromised are especially encouraged to wear masks indoors - particularly when in a small room with minimal air circulation.

COMMUNITY & FELLOWSHIP NEWS

Into Eternal Life: David Wilds, husband of Jackie Wilds

It is with great care that we inform you of the passing of David Wilds, 82, husband of interim preschool director Jackie Wilds, on Friday, Oct 14, 2022. Please keep Jackie and family in your prayers.

Rest eternal grant to David, O Lord; and let light perpetual shine upon him.

May his soul, and the souls of all the departed, through the mercy of God, rest in peace. Amen.

Into Eternal Life: James Lewanski, brother of Margaret Vinnedge

It is with great care that we inform you of the passing of James Lewanski, brother of Margaret Vinnedge and Uncle of Guen Vinnedge, on Sunday, Oct 16, 2022, in La Mesa, California. He is survived by his wife Mary Ellen, children Chris and Jeanne, four sisters, and much family. Please keep Margaret, Guen, and family in your prayers.

Rest eternal grant to James, O Lord; and let light perpetual shine upon him.

May his soul, and the souls of all the departed, through the mercy of God, rest in peace. Amen.

Freezer/Refrigerator Fundrive Update

Week 17- bags, only 4 weeks left and we need 130 bags more.

Thank you to all who have contributed. If you have not donated, PLEASE, please do so NOW. We Need that new Freezer/refrigerator. Thank you!

Letter from Reverend Karen Mauer

Dear friends of St. Mark's,

How kind of you to be thinking of me as I celebrated my retirement on Sunday. Even though I rarely get to see you, I feel a deep heart connection with each and every one of you. It is beautiful how God does that, is it not?

My prayers of gratitude for you continue.

I love you! Karen

St Mark's Book Club, November

The club will meet on Saturday, November 19, 10:00 AM, at the home of Margaret Vizio. We will be reading the book, *Slouching Toward Bethlehem* by Joan Didion. If you are interested, please send an email to BookClub@stmarks-upland.org two days in advance. We hope to see you there!

Support Foothill Family Shelter Thanksgiving baskets donation

The Daughters of the King are coordinating St. Mark's donations to Thanksgiving baskets for families in the Foothill Family Shelter program as well as needed families through our region. Last year area churches and civic organizations provided enough baskets to serve over 1,000 families. The need is even greater this year. The needed items are listed in the attached flier. You can help by:

- Bringing your completed basket to the narthex or church office by Sunday, November 6, and the Daughters will transport it to the FFS office for you.
- Bringing items on the list and leaving them in the baskets in the narthex set aside for FFS collections. The Daughters will use these items to make baskets and will furnish missing items so that all baskets are complete and will transport them to the FFS office.
- Donating \$25 grocery gift cards for the purchase of a turkey. For security, enclose these in an envelope marked FFS Thanksgiving and put them in the offering plate.
- Donating money to the drive by writing a check made out to St. Mark's Episcopal Church and writing FFS Thanksgiving in the memo line. \$45 will buy a complete basket, but all donations will help. St. Mark's will send one check to FFS by November 9.

If you prefer to mail your check directly to the office or take your completed basket to the office, the instructions for doing so are on the flier. Thank you for your help!

Preschool Teachers' Wish List

Preschool teachers' wish list is the following: glue sticks, play doh, sharpies, markers, tempera paints, ABC alphabet stickers. You can either drop them off at the preschool or at the front office. Or put a contribution in the offertory envelope with "Preschool Gift" in the memo line.

Rummage Fundrive Update on Rules

Let's remember that the purpose of this fundraiser is to raise enough money to buy a new refrigerator/freezer for the kitchen. The Company rules are:

1. Use the TALL white kitchen plastic bags only for clothing and household textiles items, NOT the black garbage bags.
2. For the small household goods, use medium boxes that can be closed.
3. Detail items list is on the Fundrive flyer located in the Narthex and Parish Hall.
4. Please also remember that clothing has to be clean and still wearable. Please DO NOT drop off items that smell, are torn, and dirty. Also, no undergarments.
5. The company will NOT accept any LARGE items such as chairs, couches etc. The items must be able to fit in the containers listed in lines one and two.

Working together and following the company rules, I know we will meet our goal.

For closet clearing inspiration try the gentle de-cluttering guidance from Marie Kondo – "Ask yourself if it sparks joy?"

Positive Covid Test Announcement

Dear St. Mark's,

Please be aware that a parishioner who was in attendance at the 10AM Sunday Service on Oct 16, 2022, has since been diagnosed with Covid. There is no cause for alarm, shame, or fear. They are receiving appropriate medical and pastoral care. And they have informed those who were in close contact with them.

For more information, please contact a medical professional or visit <https://covid19.ca.gov/>.

Please do not hesitate to reach out to clergy with any pastoral concern or issue.

Please know that at St. Mark's we are trying our best to meet the pastoral needs of the community and abide by the diocesan guidelines for Covid which include notification, confidentiality, and information. Thank you for your continued support.

Welcome to St. Mark's

Casting call for a website video to welcome people to St. Mark's. We are looking for individuals and families to welcome people to St. Mark's. Your "welcome to St. Mark's" will be stitched together to make a two minute. We will record on Sundays at various locations on campus.

Please see this video as a sample of how we wished everyone a "Merry Christmas" in a similar manner: <https://youtu.be/D7usSgyMSZ4>

SPIRITUAL GROWTH

You are invited to walk on Sacred Ground – Beginning in January 2023

Sacred Ground is a dialogue series on race, grounded in faith. Small groups are invited to walk through chapters of America's history of race and racism, while weaving in threads of family story, economic class, and political and regional identity. The 11-part series is built around a powerful online curriculum of documentary films and readings that focus on Indigenous, Black, Latino, and Asian/Pacific American histories as they intersect with European American histories. We will be offering this course on Zoom from January through May 2023 as a joint project between St. Mark's and St. George's, Laguna Hills. Meetings will be held every other Tuesday evening, beginning on January 3. Space is limited. An interest list is forming now. Please contact Rev. Keith Yamamoto or Kimberly Cortner for more information or go to <https://www.episcopalchurch.org/sacred-ground/>.

Prayer Requests

Please send your prayer requests to prayer@stmarks-upland.org. Or complete the prayer request form at <https://www.stmarks-upland.org/prayer-requests>.

OUTREACH

Our Biggest Outreach

There are many benefits to being a member of a global network like the Episcopal Church – pooled resources, diverse perspectives, and outreach that is both international and local. When a person gives to St. Mark's Upland they also contribute to ministries in prisons, schools, shelters, at the border, in the Holy Land, in neighbors affected by severe weather, and more. Learn more about how your pledge makes the world a better place by subscribing to The Episcopal News:

https://visitor.constantcontact.com/manage/optin?v=001U6LRkZXdabYIJYqZISzrkmzyU5rq8tIFsR8BjwSn3O58_hHc2JrChp--KcyslzbqSkVNdH9ycQVDkxdkw6GHWYTkWEmwUTJb

Recovery Ministries at St. Mark's

Compulsive Eaters Anonymous meets in room 30 on Saturdays, 9-10:30am.

Al-Anon meets in room 30 on Tuesdays, 6:30-8pm.

Episcopal Relief & Development Supports ACT Alliance Response to Crisis in Ukraine

Donations to Episcopal Relief & Development's Ukraine Crisis Response Fund will help the organization and its partners continue to provide assistance to people displaced by the crisis in Ukraine. Donate here: <https://www.episcopalrelief.org/product/ukraine-crisis-response/>.

T.O.U.C.H. Ministries

T.O.U.C.H. Ministries provides clothes, food, and bedding, and welcomes your donations. Especially needed at this time of year are tarps, socks, gloves, beanies, and always Walmart or fast-food gift cards. For more information, contact Dave Nalbach or Cheryl Hunley. Email touch@stmarks-upland.org.

FINANCE & STEWARDSHIP



Your Generous Contributions are Appreciated

Thank you for keeping current with your pledge or donating to St. Mark's. Please send in your contribution to St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784. Alternatively, you may wish to set up automatic "bill pay" or "online banking" through your financial institution. You may also make your donation through [PayPal](#), donations are being accepted through our email address, contributions@stmarks-upland.org. Please consider remembering Saint Mark's in your estate planning.

Breeze for Contributions

With our new church software come some changes in our contribution recording. If you are splitting your donation between funds, please state that in the memo line of your check or note it in the memo in PayPal. All unmarked funds will be placed in the Operating Fund Account.

DEANERY, DIOCESE, AND BEYOND

Deanery 6 Lay Representative & Youth Representative Needed

At the Deanery 6 meeting following the Preconvention Diocesan Assembly on Saturday, October 29 at 10 AM, we will be electing the next deanery lay representative to diocesan council and the deanery youth delegate to diocesan convention. Please let the clergy know if you are interested in either of these positions.

The youth delegate (age 14-22 years old) will have seat, voice, and vote at the Nov 11, 12 Diocesan Convention at the Riverside Convention Center. Youth delegate candidates need not be at the Oct 29 meeting. There will be additional opportunities to become familiar with convention issues and meet other youth delegates. The youth delegate must be registered by Nov 1.

The lay representative will attend the diocesan council meetings (monthly on Thursdays from 4-6PM via Zoom) and the deanery executive council meeting (up to 3 times a year as needed via Zoom). Here's a brief explanation of the Diocesan Council and a few words of encouragement from the current lay representative Dorina Green:

The Diocesan Council is a body of elected clergy and lay representatives that oversees and shapes diocesan program between meetings of the Diocesan Convention. The council assists in various program groups which help the Bishop and staff in formulating and carrying out plans and programs approved by the diocesan convention.

The Council meets once a month on Zoom and is a wonderful opportunity to get to know your bishop(s) and other clergy and lay people from around the diocese. The Council is a great way to keep up to date in what's happening around the diocese and having your voice heard. As Bishop John Taylor stated, "You offer a precious gift to God by putting your name forward to serve on these

deliberative bodies and put your experience, insights, and creativity to work for the benefit of our whole diocesan family."

2022 Diocesan Convention: "Back to the Holy City: The Hope of Christ in Our Time"

Diocesan Convention 2022 will be a hybrid day-and-a-half Convention on Friday and Saturday, November 11 and 12, at the Riverside Convention Center, with an option to attend virtually by Zoom webinar. On Saturday morning convention will begin with Holy Eucharist. The literal Holy City of Jerusalem will be represented in the person of its archbishop, the Most Rev. Hosam Naoum. For more information: <https://diocesela.org/convention/>

Book Study *The Psychology of Christian Nationalism*

Join us for the most important chapter of the book study on *The Psychology of Christian Nationalism: Why People Are Drawn In and How to Talk Across the Divide* by Dr. Pamela Cooper-White - Wednesday, October 26, 6– 7:15 p.m. Register [here](#).

PLEASE NOTE:

The deadline for article submissions is every Tuesday and must be emailed to parishadmin@stmarks-upland.org.

Please do not send them via Constant Contact.

Good News articles will be published every Thursday afternoon.

Thanksgiving Baskets Needed

PROVIDE A MEAL FOR A FAMILY LESS FORTUNATE THIS HOLIDAY SEASON

FOOTHILL FAMILY SHELTER SERVES HOMELESS AND LOW-INCOME FAMILIES FROM UPLAND, ONTARIO, MONTCLAIR, RANCHO CUCAMONGA, CLAREMONT, AND POMONA

WANT TO HELP BUT DON'T HAVE ENOUGH TIME? CONSIDER DONATING \$45 AND WE WILL DO THE WORK FOR YOU!

To donate:

- Mail a check to 1501 W. 9th Street, Suite D Upland, CA 91786
- Donate online via our website (scan QR Code below!)

Monetary donations preferred no later than Nov. 1st

Please contact us to let us know you are interested and the quantity you plan on donating:

megan@foothillfamilyshelter.org
OR
deanna@foothillfamilyshelter.org

Each basket should contain:

- 1 \$25 grocery gift card to purchase a turkey (No cash please)
Activation slip should be attached to each card
- 1 box of stuffing
- 1 can of cranberry sauce
- 1 box of instant potatoes
- 1 can of candied yams
- 2 cans of cut green beans
- 2 cans of corn
- 1 can of turkey gravy
- 1 oven roasting pan
- 1 oven roasting bag (turkey size)
- 1 cake, cookie, or brownie mix

Please place all listed contents in a box, basket, or bag (nothing more, nothing less).

DROP-OFF INFORMATION:

- **All baskets need to be delivered to our office on or before Wednesday, November 9th by 12pm.**
 - This deadline only applies to Thanksgiving baskets and/or listed items. General pantry items will continue to be accepted. Please contact yelitza@foothillfamilyshelter.org in advance to coordinate delivery.
- **Office Hours: Tuesday-Friday from 9am-12pm and 1-5pm**
 - Our office will be CLOSED Friday, November 4th in observance of Veteran's Day



Baskets will be assembled according to need. Monetary donations may be used for other holiday needs/events.



Foothill Family Shelter
1501 W. 9th Street, Suite D, Upland, CA 91786
(909) 920-0453
www.foothillfamilyshelter.org

