



Welcome Home

**St. Mark's Episcopal Church: A Community of Grace**

We spread God's word, love like Jesus, enjoy worshipping together, and help our neighbors.

Fifth Sunday after the Epiphany, February 9, 2025

Prelude and Welcome (10AM): Please remain seated.

*Prelude for the Day*

by David Wheatley

Entrance: Please stand as you are able.

Hymnal 550 (10AM)

*Jesus Calls Us*

Restoration

Opening Acclamation

Clergy: Blessed be our loving, liberating, life-giving God.

Community: **And blessed be God's Kingdom, now and forever. Amen.**

Collect for Purity

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

Canticle (10AM)

*Arise, Shine (The Third Song of Isaiah)*

Martin How



Permission to print the congregation part is included with the purchase of the music.

*Choir:* For behold, darkness covers the land; deep gloom enshrouds the people. But over you the Lord will rise, and his glory will appear upon you. **ALL REPEAT THE REFRAIN**

*Choir:* Nations will stream to your light, and kings to the brightness of your dawning. Your gates will always be open; by day or night they will never be shut. **ALL REPEAT THE REFRAIN**

*Choir:* They will call you The City of the Lord, The Zion of the Holy One of Israel. **ALL REPEAT THE REFRAIN**

*Choir:* Violence will no more be heard in your land, ruin or destruction within your borders. You will call your walls Salvation, and all your portals, Praise. The sun will no more be your light by day; by night you will not need the brightness of the moon. The Lord will be your everlasting light, and your God will be your glory. **ALL REPEAT THE REFRAIN**

### Welcome Home

We are glad you are here to join us for worship and to share in the inclusive, reckless, extravagant love of God. Please fill out a Connect Card; join us for refreshments after the service; and visit our website at [stmarks-upland.org](http://stmarks-upland.org).

### Children & Youth Have a Place Here

Children's Chapel for children ages 3-12 through Catechesis of the Good Shepherd and Godly Play takes place in the chapel next to the altar at 10 AM.  
Youth Group meets first and third Sundays at 11AM.

### Good News

Souper Bowl Sunday: Your canned soup contribution may influence the Superbowl.  
Lectio Divina (Book Discussion) "How We Learn to be Brave" by Bishop Budde, Tues, Feb 25.  
Lectio Divina (Bible Study) Tuesdays, 9AM in room 16. All welcome.  
New Member Classes, Second & Fourth Sundays at 9AM: Feb 9 & 23, Mar 9 & 23.

### Today's Ministers

Music: Choir, Canon Serena B, David Wheatley  
Readers: (8AM) Canon Serena B, Larry S (10AM) Barbara N, Jim B, Kimberly C  
Eucharistic Ministers & Acolytes: (8AM) Canon Serena B (10AM) John F

Sextons: Larry S, Alma Z  
Digital Ministry: Michael & Emilio D  
Altar Guild: Kay A, Cheryl H, Kathy O  
Greeters & Ushers: Angel & Yvette J, Stan & Sally K  
Hospitality: Melissa D, Judy H, Connie O

### Acknowledgements

Psalms: The Psalter for the Christian People; Prayers of the People: Planning for Rites and Rituals; Eucharistic Prayer: Rev. Jean Denton

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## **St. Mark's Episcopal Parish: A Community of Grace**

Our Mission: To be a place where love and hope abound: we welcome everyone to our worship and communion, we help one another understand God and know Jesus, we nurture our community and the world, and we celebrate diversity and work for social justice.

### Vestry

Class of 2026: Gail Dean, Fellowship; Kathy Osterkamp, Outreach, Worship;  
Susan Mackall  
Class of 2027: Paul Stapp, Senior Warden;  
Lisa Drew, Jr. Warden, Membership;  
Ed Muehlbacher, Communications  
Class of 2028: Dale Biggs, Buildings & Grounds; Ginger Rudisill; EB Stapp

Marcia Godwin, Treasurer & Carol Morgan, Clerk

### Staff and Clergy

Canon Serena Beeks and Gigi Garner, Interim Music Directors; Shari Hardy, Bookkeeper; Rose Barraza, Office Administrator; The Rev. Sally Monastiere, Assisting Priest; The Very Rev. Keith Yamamoto, Rector

330 E. 16th St., Upland, CA 91784 + Phone: (909) 920-5565

E-mail: [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org) + Web: [www.stmarks-upland.org](http://www.stmarks-upland.org)

Facebook: Saint Mark's Episcopal Parish Upland, CA + Instagram: @stmarksupland

YouTube: Saint Mark's Episcopal Church Upland, CA

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Centering Prayer and the Collect of the Day: Please be seated.

God be with you. **And also with you.** Let us pray.

*Take a deep breath. Notice what your body is telling you. Notice what your soul is telling you. Epiphany means manifestation, revelation, realization. During this season Christ is revealed to all sorts of people in various circumstances. How is Christ being revealed to you? How is Christ being revealed through you?*

*When the time is right the Collect of the Day then "collects" our individual thoughts and prayers. The community responds: **Amen.***

### The Lessons

Isaiah 6:1-8; Psalm 138; 1 Corinthians 15:1-11; Luke 5:1-11

*Please go to next page.*

Psalm: Spoken at 8AM; Sung at 10AM

(8am) Let us say the psalm responsively by whole verse beginning with the south side.



- <sup>1</sup> I will give thanks to you, O LORD, with my whole / **heart**; \*  
before the gods I will sing your / **praise**.
- <sup>2</sup> I will bow down toward your holy temple and praise your / **Name**, \*  
because of your love and / **faithfulness**;
- <sup>3</sup> For you have glorified your / **Name** \*  
and your word above all / **things**.
- <sup>4</sup> When I called, you / **answered me**; \*  
you increased my strength with- / **in me**.
- <sup>5</sup> All the rulers of the earth will praise you, O / **LORD**, \*  
when they have heard the words of your / **mouth**.
- <sup>6</sup> They will sing of the ways of the / **LORD**, \*  
that great is the glory of the / **LORD**.
- <sup>7</sup> The LORD is high, yet the LORD cares for the / **lowly**; \*  
and perceives the haughty from a- / **far**.
- <sup>8</sup> Though I walk in the midst of trouble, you keep me / **safe**; \*  
you stretch forth your hand against the fury of my enemies;  
your right hand shall / **save me**.
- (Use second half of music)*
- <sup>9</sup> The LORD will make good his purpose / **for me**; \*  
O LORD, your love endures for ever;  
do not abandon the works of your / **hands**.

## First Testament

A reading from the Prophet Isaiah.

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

"Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory."

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: "Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!"

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: "Now that this has touched your lips, your guilt has departed and your sin is blotted out." Then I heard the voice of the Lord saying, "Whom shall I send, and who will go for us?" And I said, "Here am I; send me!"

Hear what the Spirit is saying to God's people. **Thanks be to God.**

*Please go to the previous page.*

## New Testament

A reading from the first letter of Paul to the Corinthians.

I would remind you, brothers and sisters, of the good news that I proclaimed to you, which you in turn received, in which also you stand, through which also you are being saved, if you hold firmly to the message that I proclaimed to you--unless you have come to believe in vain.

For I handed on to you as of first importance what I in turn had received: that Christ died for our sins in accordance with the scriptures, and that he was buried, and that he was raised on the third day in accordance with the scriptures, and that he appeared to Cephas, then to the twelve. Then he appeared to more than five hundred brothers and sisters at one time, most of whom are still alive, though some have died. Then he appeared to James, then to all the apostles. Last of all, as to one untimely born, he appeared also to me. For I am the least of the apostles, unfit to be called an apostle, because I persecuted the church of God. But by the grace of God I am what I am, and his grace toward me has not been in vain. On the contrary, I worked harder than any of them--though it was not I, but the grace of God that is with me. Whether then it was I or they, so we proclaim and so you have come to believe.

Hear what the Spirit is saying to God's people. **Thanks be to God.**

Sequence Hymn (10AM): Please stand as you are able.

Hymnal 661

*They Cast Their Nets in Galilee*

Georgetown

Gospel: Please stand as you are able.

The Holy Gospel of Our Savior Jesus Christ according to Luke. **Glory to you, Lord Christ.**

Once while Jesus was standing beside the lake of Gennesaret, and the crowd was pressing in on him to hear the word of God, he saw two boats there at the shore of the lake; the

fishermen had gone out of them and were washing their nets. He got into one of the boats, the one belonging to Simon, and asked him to put out a little way from the shore. Then he sat down and taught the crowds from the boat. When he had finished speaking, he said to Simon, "Put out into the deep water and let down your nets for a catch." Simon answered, "Master, we have worked all night long but have caught nothing. Yet if you say so, I will let down the nets." When they had done this, they caught so many fish that their nets were beginning to break. So they signaled their partners in the other boat to come and help them. And they came and filled both boats, so that they began to sink. But when Simon Peter saw it, he fell down at Jesus' knees, saying, "Go away from me, Lord, for I am a sinful man!" For he and all who were with him were amazed at the catch of fish that they had taken; and so also were James and John, sons of Zebedee, who were partners with Simon. Then Jesus said to Simon, "Do not be afraid; from now on you will be catching people." When they had brought their boats to shore, they left everything and followed him.

The Gospel of our Savior. **Praise to you, Lord Christ.**

The Sermon: At the invitation of the preacher, please be seated.

The Nicene Creed: Please stand as you are able.

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and became truly human. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

The Prayers of the People

*Clergy:* Let us pray for the Church and for the world.

*Reader:* God of love, we pray for your church universal; for Sean, our Presiding Bishop; for John, our bishop; for Melissa, Canon to the Ordinary, for all lay and ordained ministers; and for all who seek you. Equip us with compassion and love, to carry out your work of reconciliation in the world. Whom shall I send, and who will go for us? **Here am I; send me!**

God of freedom, we pray for our nation and all nations; for the Holy Land and Haiti; for peace and unity across language, color, and creed; and for elected leaders, that they would serve the common good. Inspire all people with courage to speak out against hatred and to resist evil. Whom shall I send, and who will go for us? **Here am I; send me!**

God of justice, we pray for the earth, your creation entrusted to our care: for the plants and animals, the mountains and oceans. Make us faithful stewards of your creation, that we may leave to our children's children the legacy of beauty and abundance. Whom shall I send, and who will go for us? **Here am I; send me!**

God of mercy, we pray for those in any kind of need or trouble: for those whose lives are closely linked with ours, and those connected to us as part of the human family. For refugees and prisoners; for the sick and the suffering, the lonely and despairing; those facing violence, and all held down by prejudice or injustice. Awaken in us compassion and humility of spirit, as we seek and serve Christ in all persons. Whom shall I send, and who will go for us? **Here am I; send me!**

God of grace, we pray for those who have died: for the faithful in every generation who have worked for justice; for prophets who have called us to racial reconciliation; for martyrs who have died because of hatred; and for all the communion of saints. Whom shall I send, and who will go for us? **Here am I; send me!**

Let us offer our own prayers of thanksgiving and intercession.

Confession and Absolution of Sin: Please kneel as you are able.

Clergy: Let us confess our sins against God and our neighbor. *When the time is right...*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of our Savior Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

*After an absolution the community responds: Amen.*

The Peace: Please stand as you are able.

The peace of Christ be always with you. **And also with you.**

*Everyone's space and sensitivities are respected. When someone offers their elbow, fist, or a peace sign, we respond appropriately.*

Announcements: Please visit our website for the latest weekly newsletter.

The Good News (stmarks-upland.org)

Offertory: Your contributions make a difference. Thank you for your generosity.

*Make an online contribution to St. Mark's by visiting:*

<https://tinyurl.com/5dsw728s>

*For Zelle, use give@stmarks-upland.org.*



Offertory Anthem (10AM): Please remain seated.

*Gracious Spirit, Dwell With Me*

based upon the chant Adoro Te Devote by  
St. Thomas Aquinas, arr. K. Lee Scott

Doxology & The Great Thanksgiving: Please stand as you are able.

All things come of thee, O Lord; **And of thine own have we given thee.**

God be with you. **And also with you.**

Lift up your hearts. **We lift them up to God.**

Let us give thanks to God Most High. **It is right to give God thanks and praise.**

We give you praise and thanks, God of majesty and mercy, for calling forth the creation and shaping us from its common clay by the breath of your being. You know us, and so we live.

**You love us, and so we are your people.**

Blessed are you, O God, our Mother and our Father, for giving us this day and this hour. Blessed are you, O God, for giving us the wisdom to appreciate your goodness in all of creation, discerning spirit to cherish your Word, and the desire to make a difference, to bless, and to share with others. Blessed are you God for giving us the wisdom to appreciate your goodness in all of creation, a discerning spirit to cherish your Word, the desire to make a difference, to bless, and to share with others. We give you thanks that, having made all things, you still keep them and love them. We remember that from the beginning we did not trust you when you called us "good." In our arrogance, we followed our own will and sought to hide from you.

**And you did not abandon us to our isolation and despair.**

You sent your servant Jesus, baptized him in your Spirit, and infused him with your love and confidence. Healing, teaching, and sharing table with all manner of persons, Jesus proclaimed your love for all people and called us forth to be a new creation. And so, we praise you through Jesus Christ our savior.

Sanctus: Holy, Holy, Holy (Said at 8AM; sung at 10AM)

Hymnal S-129

*Holy, Holy, Holy Lord*

Robert Powell

*The "S" (Service) numbers are found in the front section of the Hymnal.*

**Holy, holy, holy Lord, God of power and might, Heaven and earth are full of your glory.**

**Hosanna in the highest! Blessed is the one that comes in the name of the Lord. Hosanna in the highest!**

Holy are you and holy is your child Jesus. By your great mercy we have been born anew to a living hope through Christ's resurrection, receiving the promise to be always in the power of your Word and Holy Spirit. On the night before he died, Jesus kept the Passover with his friends. He took the bread, gave you thanks, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper, Jesus took the cup, gave you thanks, and said to them, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sin. Whenever you drink it, do this for the remembrance of me." And so, remembering the cross, the tomb, and the resurrection, we offer ourselves in praise and thanksgiving as we proclaim the mystery of faith: **Christ has died.**

**Christ is risen. Christ will come again.**

Risen Lord, be known to us in the breaking of bread. Pour out your Spirit on us and on these gifts that they may be for us the Body and Blood of Christ, that we may be the Body of Christ for others.

**Breathe your Spirit over the whole earth and make us your new creation.**

In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet which you have prepared from the foundation of the world. Through Christ, with Christ, in Christ, in the unity of the Holy Spirit, to you be honor, glory and praise, now and for endless ages. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

Fraction Anthem (Said at 8AM; sung at 10AM)

Alleluia. Christ our Passover is sacrificed for us; **Therefore let us keep the feast. Alleluia.**

(10AM) Hymnal S-169

*My Flesh is Food Indeed*

Ray W. Urwin

The musical score is written on four staves. The first staff is labeled 'Cantor or Choir' and contains the lyrics 'My flesh is food in - deed, and my blood is drink in -'. The second staff has two parts: '1 All' with lyrics 'deed, says the Lord. My Lord.' and '2 Cantor or Choir' with lyrics 'Those who eat my'. The third staff is labeled 'All' and contains the lyrics 'flesh and drink my blood dwell in me and I in them. My'. The fourth staff contains the lyrics 'flesh is food in - deed, and my blood is drink in - deed, says the Lord.'.

We come to the altar and receive the bread with palms open. We ask the minister if we desire a gluten-free wafer. We receive the wine in a personal chalice. They are placed in the baskets by the pillars as we return to our seats. To receive a blessing, we cross our arms across our chest. It is the historic position of the church that communion is complete with just one of the elements. We let an usher know if we wish communion to be brought to us.

Because the communion cups are hand washed, please be aware of lipstick. Thank you.

The Bread and the Cup are given with these or similar words: The Body of Christ, the bread of heaven. **Amen.** The Blood of Christ, the cup of salvation. **Amen.**

Healing Prayer and Anointing in Chapel (10AM - Second Sundays)

During the distribution of the bread and wine, healing prayer and anointing for all are available in the chapel to the left of the altar.

Communion Hymn (10AM):

*Tu has Venido a la Orilla/You Have Come Down to the Lakeshore*

*(Please sing the two verses in the language of your choice.)*



1. Tú has ve - ni - do a la o - ri - lla, no has bus -  
 2. Tú sa - bes bien lo que ten - go; en mi  
 1. You have come down to the lake - shore seek - ing  
 2. You know full well my pos - ses - sions. Nei - ther

ca - do ni a sa - bios, ni a ri - cos, tan só - lo  
 bar - ca no hay o - ro ni es - pa - das; tan só - lo  
 nei - ther the wise nor the weal - thy, But on - ly  
 trea - sure nor weap - ons for con - quest, Just these my

*Estribillo*  
*(Refrain)*

quie - res que yo te si - ga. Je -  
 re - des y mi tra - ba - jo. O  
 ask - ing for me to fol - low. O  
 fish nets and will for work - ing.

sús, me has mi - ra - do a los o - jos; son - ri -  
 Je - sus, you have looked in - to my eyes; kind - ly

en - do has di - cho mi nom - bre; en la a -  
 smil - ing, you've called out my name. On the

re - na he de - ja - do mi bar - ca; jun - to a  
 sand I have a - ban - doned my small boat; now with

ti bus - ca - ré o - tro mar.  
 you, I will seek oth - er seas.

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Sending Forth of Eucharistic Visitors: *After the prayer the community responds: **Amen.***

Prayer of St. Francis: *Please stand as you are able.*

**Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.**

*Blessing: After the blessing the community responds: **Amen.***

Mission Hymn (10AM)

Hymnal 557

*Rejoice, Ye Pure in Heart*

Vineyard Haven

*(Please sing verses 1-5, the un-starred verses.)*

*Dismissal: After the dismissal the community responds: **Thanks be to God.***

Postlude (10AM)

*Salvation Now Has Come for All (BWV 638)*

by Johann Sebastian Bach

Take a Glass Bead from the Baptismal Font

Please take a glass bead as a reminder of your Baptismal ministry and identity. May it be a symbol that wind, fire, and water come together in Jesus' baptism to pronounce God's love, claim, cleansing, and blessing. You are God's beloved child. Let go of fear and shame. God is proud of you. You are marked by God's love forever.

*Hospitality (Coffee) Hour: Please join us for fellowship and refreshment in the Parish Hall.*