



THE GOOD NEWS

Sunday September 05, 2021

Church Calendar

All meetings/events must be scheduled thru the office. Don't see your event? Email parishadmin@stmarks-upland.org or call the office, 909.920.5565 to schedule a date and time with the rooms available.

September 5 - 11 at St. Mark's

New office hours: Monday-Wednesday, 9AM to 11AM, Thursday 8AM to 2PM

- **Sunday 10 AM Holy Eucharist In-person and streaming online.** Bulletins are available in church, e-mail, and online. Please print the bulletin to use at home. Hymnals are available for home use, contact the church office to arrange pick up.
<https://www.facebook.com/saintmarksepiscopalparishupland/posts/4379802498753734> or online at: [In-Spirit Worship \(stmarks-upland.org\)](https://www.stmarks-upland.org)
- **Monday – Friday 9 AM – Zoom Morning Prayer & Bible Study.** <https://zoom.us/j/93780545256>
Download prayer sheets from the website: <https://www.stmarks-upland.org/morning-prayer/>
- **Tuesday, 4PM Choristers on Zoom.** Contact music@stmarks-upland.org for more information.
- **Wednesday, 9 AM, St. Peter's Guild.** Card games and other activities in person. Info: stpeters@stmarks-upland.org.
- **Wednesday, 10:30 AM Men's Coffee Fellowship.** Bad Ass Coffee, Rancho Cucamonga. Info: menscoffee@stmarks-upland.org.
- **Wednesday, 5:00PM – Handbells.** Parish hall. Masks required.
- **Wednesday, 7:30 PM Taizé.** In person and streaming online.
- **Thursday, 7:30 PM Adult Choir, in the parish hall.** Vaccinations and masks required.

Health & Community Protocols for Worship

It is recommended that unvaccinated individuals participate online and that all wear a mask even if fully vaccinated. All children are invited to come forward during the opening hymn (if not already present) for the Children's sermon. We are glad you are here.

Social distancing: Please be respectful of those around you and adjust as you are able to for healthy spaces between households. We appreciate everyone's patience and flexibility.

Since **children** under age 12 cannot yet be vaccinated, all direct physical contact with young children should be avoided; elbow bumps are fine, but no hugs or handshakes.

For the "peace exchange," everyone's space and sensitivities should be respected. If someone offers their elbow, fist, or a peace sign, please respond appropriately. Do NOT assume physical affection. The peace of Christ is offered and given with enthusiastic consent.

Restrooms: Out of respect to those who are not able to receive the vaccination and in order to maintain physical distancing in the restrooms, we ask that only one person or household use the restroom at a time.

Hospitality: We offer a limited in-person coffee hour in the Parish Hall. To reduce multiple handling of shared objects such as the coffee urn, hot water dispenser, and serving utensils, please let the hospitality host serve you.

SPIRITUAL GROWTH & FELLOWSHIP

Sunday's Readings

[Proverbs 22:1-2, 8-9, 22-23](#) [Psalm 125](#) [Mark 7:24-37](#)

An Invitation to Further Reflection: A Sermon Appraisal

"An effective sermon offers one clear message of good news authentic to the preacher relevant to the audience holding attention and inviting transformation." from Backstory Preaching Please consider completing a sermon appraisal here:

<https://www.surveygizmo.com/s3/5820275/Mentorship2-0-2020>

Prayer Requests

Please send your prayer requests to prayer@stmarks-upland.org or complete the prayer request form at <https://www.stmarks-upland.org/saint-marks-prayer-list/>

For a Healthier and Stronger Community

The St. Mark's community consists of people who are ineligible for the vaccine, taking care of elderly parents, and guardians of young children. If you can get the vaccine, please do so. We want to be able to worship together, sing aloud, and see one another as safely as possible on Sundays. Thank you for doing your part for a healthier and safer community.

BAPTISMAL ANNOUNCEMENT

To all the Faithful in Christ Jesus throughout the World: Peace be with You!

Be it known unto you that our beloveds in Christ, Alexa Lizarraga and Andrew Lizarraga, daughter and son of German DeJesus Lizarraga and Lisa Mane Kaiser-Lizarraga, will be baptized with water and the Holy Spirit, on the 19th day of September, being the 17th Sunday after Pentecost in the year of our Lord twenty-twenty-one at ten o'clock ante meridiem, in the midst and witness of Godparents Scott Kaiser, Ivan Lizarraga, Alfredo Maravez, Claudia Maravez, and the faithful at St. Mark's Episcopal Church in Upland, California.

If you are interested in rescheduling a baptism, please contact the church office.

MINISTRIES

Ushers and Greeters

Ushers and Greeters are urgently needed. If you were an usher or a greeter in the past, or if you would like to join the ushers and greeters (great way to get to know the congregation!) please email worship@stmarks-upland.org and let us know which ministry (or both) you would like to participate in.

Invitation from the Daughters of the King St. Mark's Church, Santa Sophia Chapter

Dear Women of St. Mark's,

The Daughters of the King will be hosting an open house during our Chapter meeting on September 12, 2021 after coffee hour. We will be convening at the Church and will also be on Zoom for all women of St. Mark's interested in learning more about our Order. Our Chapter welcomes all women from our parish who desire a closer walk with the Lord. We are Christian women who are strengthened through the discipline of a Rule of Life, and supported through the companionship of our sisters. We are all at different stages of our Christian journey – some have just begun and some

have been on this path for a long time. But no matter where we are on our sacred journeys, our primary goal is the same – to know Jesus Christ and to make Him known to others.

We hope you will join us for prayer and fellowship. In-person: Room 16

Zoom participation: <https://zoom.us/j/93780545256>; Meeting ID: 937 8054 5256

Sexton's Guild

As St. Mark's has returned to in-person worship I'm reaching out to all that would be interested in being a sexton. For August we have only 2 sextons. I'd like to have 5 people on a rotating schedule. Then it is only about a once-a-month obligation. Some duties have changed and will go over them if you're interested in being a sexton. We no longer require you to have an alarm code. For anybody interested in being a sexton please see me at church, email sextons@stmarks-upland.org.

Dale Biggs, Sexton Guild

Flower Dedications

To arrange for a dedication, please e-mail Guild Director Christy Hyder flowers@stmarks-upland.org with a copy to parishadmin@stmarks-upland.org at least three weeks before any dedication. Include the Sunday you've chosen and the wording for the dedication. You may make your donation at that time by check or PayPal. Please write "Sunday Flowers" on the memo line.

Media Ministry

As the Project Manager for upgrading the St Marks Hybrid Worship hardware, I want to ask something of all users of Apple iPhones and iPads. While we wait for funding to buy the needed professional cameras for livestreaming, we are using Apple iPhone and iPads that have been donated or loaned to St Marks – but we could use more. If you are planning to buy a new iPhone or iPad and just going to turn in your old device OR would you look around your home and see if you have an OLD iPhone or iPad that you would be willing to donate to St Marks. If you do, would you drop it off at the church office OR call the church office and leave your name and number and I will call you and make arrangements to pick it up. If you do drop it off and your iPhone or iPad has a log-on password, please tape the password to the device.

Your donation might be tax deductible.

Thank you - Bob Mattus

Music program resumes for Fall, 2021 and Spring, 2022

Greetings to all regulars, interested parties and new members of St. Marks choirs and Handbells! I've missed everyone over the summer and those who have stepped out during the pandemic.

Beginning the week of Sept 5, rehearsals for choirs and bells will resume.

Choristers (grades 2 – 7) return Tuesday, **Sept 7 at 4:00pm** via Zoom. I will email a link and password to existing members prior to the first session. Are you new to the group? Please contact Mr. Abernathy through the church office (909) 920-5565 or by email, babernathy@stmarks-upland.org for more information on Choristers, including online access to the session.

St. Mark's Handbell Choir (adult) returns Wednesday, **Sept 8 at 5:00pm**. We'll practice (in person) in the Parish Hall. New ringers are welcome and encouraged to join us. *In line with diocesan policies, ringers must be masked. Social distancing will be observed.*

St. Mark's Choir (adult) resumes Thursday, **Sept 9 at 7:30pm**. We'll rehearse (in person) in the Parish Hall with the keyboard used for Taizé services. New singers are welcome and needed for all voice parts (Soprano, Alto, Tenor and Bass). We'll plan to lead the singing at the 10:00am Worship Service by Sunday, Sept 19. *In line with diocesan policies, all singers must be masked and vaccinated. Social distancing will be observed.*

For additional information, contact Blane Abernathy via church office (909) 920-5565, or email babernathy@stmarks-upland.org.

Blane Abernathy, Director of Music/Organist - St. Mark's Parish – Upland CA

COMMUNITY NEWS

Into Eternal Life: Chris Morales

It is with care that we inform you of the passing of Christopher Morales, 46. Chris passed away unexpectedly last week. A memorial service is planned for September 25th at 10:30am. Please keep Susie, Dottie, Joe, Edward, Michael, Kaliyah, Adriana, Abraham, Ezra, and family in your prayers.

Rest eternal grant to Chris, O Lord; and let light perpetual shine upon him. May his soul, and the souls of all the departed, through the mercy of God, rest in peace. Amen.

Versed: A program for young adults

What does it look like to restart? This Fall Versed Young Adult series returns to explore what our post-pandemic lives look like. How have our worship practices shifted? How have our communities evolved? Versed is a **4-week Speaker Series** offering a space for **Young Adults** to encounter scripture and wrestle with its implications on our world. We invite community members, clergy, lay people and our bishops to offer their ideas and then we break out into small groups for discussion.

Schedule:

- Sept. 19th: The discussion begins: what does it mean for our lives as we re-emerge into community?
- Sept. 26th: Balancing our in-person lives and our digital lives.
- Oct. 3rd: Returning to communities around us. Why do they matter?
- Oct. 10th: Engaging hope over despair – what is hope?

Program is held in the courtyard at St. Paul's, Pomona. \$15 a session, or \$60 for the series. Scholarships available. Registration and more information at edlayouth.org/versed

Versed Scholarships For any parishioner who would be interested in sponsoring a young adult through the Versed series, please get in touch with Julia Warren at socialmedia@stmarks-upland.org

Deanery Installation Choir

You are invited to participate in a combined choir to sing for the installation of Rev. Jessie Smith as Rector of St. Ambrose, Claremont. Saturday, September 18 at 11 a.m. Warmup and rehearsal will be at 9:45 sharp. We will sing "With a Voice of Singing" by Shaw. If you have music for this, please bring a copy with you. We need to know how many will participate. Please RSVP to Dr. Taylor Ruhl at taylorryuhl@gmail.com. Thank you!

Celebrating Birthdays, Anniversaries and Other Life Hallmarks - First Sunday of the Month In Person

Are you celebrating a birthday or anniversary next month? Please join us for a special blessing on the first Sunday of the month at 10 am in person.

OUTREACH

Episcopal Relief & Development

On Sunday, August 29, sixteen years after Hurricane Katrina hit the Gulf Coast, **Hurricane Ida** made landfall in the same region. This Category 4 storm brought flooding and damaging winds that caused a loss of water to hundreds of thousands and a loss of electricity to over 1 million people. Episcopal Relief & Development is working closely with the Diocese of Louisiana and other regional partners in what will be a long-term response. Your generous gift will help alleviate suffering for the most vulnerable residents impacted by Hurricane Ida. Please visit episcopalrelief.org/hurricane-relief to make a gift today.

On Saturday, August 14, a 7.2 magnitude earthquake struck the southwest portion of **Haiti**. This devastating earthquake was followed by Tropical Storm Grace on Monday night and much of Tuesday. More than 1 million people, including more than half a million children, have been impacted by the back-to-back disasters, and the death toll is surpassing 2000. Episcopal Relief & Development and its partners are responding immediately with direct assistance to vulnerable households in the region, as partners plan long-term recovery. Your generous gift can provide assistance to help people in the wake of these disasters. To assist in these efforts, visit

<https://www.episcopalrelief.org/haiti-relief> or you may write your check to St. Mark's with "Haiti" in the memo line.

Touch Ministries

Collections for TOUCH Ministries should be brought to the church or office or placed in the Touch bin on the bench at the south entrance of the narthex. They will be collected and taken to the ministry's base in Ontario. Thank you for your contributions. Personal hygiene items, clean socks and underwear, gently used shoes, camping equipment, and \$10 gift cards for fast food or Walmart are needed. Any questions, email Dave Nalbach at touch@stmarks-upland.org.

Foothill Family Shelter

Please see attached flyer for the FFS Food Drive. Bring nonperishable packaged food, diapers, wipes and gently used clothing to the shelter Tuesday through Friday, 9am-5pm, (closed for lunch from 12-1pm) 1501 W. 9th St, Suite D, Upland. For more information or current needs, contact Yelitza Banuelos at yelitza@foothillfamilyshelter.org.

Episcopal Migration Ministries

Episcopal Migration Ministries, the refugee resettlement and migration ministry of The Episcopal Church, is currently working in partnership with the U.S. government to assist our Afghan allies with resettlement and direct services through a network of 12 affiliates across the U.S. For more information: <https://episcopalmigrationministries.org/afghan-allies/>

STEWARDSHIP

Your Generous Contributions are Appreciated

Thank you for keeping current with your pledge or donating to St. Mark's. We have a secure mailbox that at 330 E. 16th Street, Upland, CA 91784. Alternatively, you may wish to set up automatic "bill pay" or "online banking" through your financial institution. You may also make your donation through [PayPal](#), donations are being accepted through our email address, contributions@stmarks-upland.org.

Is it time to Update your estate planning?

When was the last time you reviewed your estate planning documents? Do you have a Living Will? Advanced Directive? Power of Attorney? Last Will and Testament? Maybe it is time to review your documents. Have you moved? Added assets? Added family? Reviewing your estate planning keeps things current. While you are reviewing, think about what your faith and Saint Mark's has meant to you and consider remembering us in your final wishes. Contact 1910legacy@stmarks-upland.org for more information.

St. Mark's Episcopal Parish: A Community of Grace

Our Mission Statement

We embrace Christ at the center of our lives, sharing the Gospel with all people and loving ourselves and each other as Christ loves us.

Email: parishadmin@stmarks-upland.org

Website: <https://www.stmarks-upland.org>

Facebook: [Saint Mark's Episcopal Parish Upland CA](#)

Instagram: [@stmarksupland](#)

YouTube: Saint Mark's Episcopal Church Upland, CA
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