



### Church Calendar

All meetings/events must be scheduled thru the office. Don't see your event? Email [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org) or call the office, 909.920.5565 to schedule a date and time with the rooms available.

#### August 16 - 21 at St. Mark's

- **Sunday 10 AM Holy Eucharist In-person and streaming online. Join us and welcome back Rev. Keith from his vacation!** Bulletins are available in church, e-mail, and online. Please print the bulletin to use at home. Hymnals are available for home use, contact the church office to arrange pick up. On Facebook at 10 AM Click the link below to join the service: <https://www.facebook.com/saintmarksepiscopalparishupland/posts/4316615558405762> or online at: [In-Spirit Worship \(stmarks-upland.org\)](https://stmarks-upland.org)
- **Monday – Friday 9 AM – Zoom Morning Prayer & Bible Study** <https://zoom.us/j/93780545256>  
Download prayer sheets from the website: <https://www.stmarks-upland.org/morning-prayer/>
- **Wednesday 9 AM, St. Peter's Guild**, card games and other activities in person.
- **Wednesday 7:30 PM Taizé in person and streaming online**
- **Thursday August 19<sup>th</sup> 10:30 AM Men's Coffee Fellowship**, Bad Ass Coffee, Rancho Cucamonga. For more information, call Dave Nalbach at (909) 635-4297

### NEW COVID PROTOCOLS FOR SUNDAY WORSHIP

**Updated Mask Protocol for St. Mark's (July 18, 2021). Because fully vaccinated people can transmit/spread the COVID Delta variant to others, it is recommended that unvaccinated individuals participate in church online/inspirit or sit in the northern pews with masks and social distancing. It is respectfully requested that parishioners continue to wear a mask even if fully vaccinated when attending church in-person until further notice.**

**Social distancing:** The north side of the church is reserved for those who wish to maintain social distance seating for whatever reason. No judgement given or reasons needed. Please know that this arrangement is only temporary. If this arrangement results in people not being able to sit in their "usual" seats, we will appreciate everyone's patience and flexibility.

For the "peace exchange" during worship, everyone's space and sensitivities should be respected. If someone offers their elbow, fist, or a peace sign, please respond appropriately. Do NOT assume physical affection. The peace of Christ is offered and given with enthusiastic consent.

Since **children** under age 12 cannot yet be vaccinated, all direct physical contact with young children should be avoided; elbow bumps are fine, but no hugs or handshakes.

**Restrooms:** Out of respect to those who are not able to receive the vaccination and in order to maintain physical distancing in the restrooms, we ask that only one person or household use the restroom at a time.

**Hospitality:** We offer a limited in-person coffee hour in the Parish Hall. To reduce multiple handling of shared objects such as the coffee urn, hot water dispenser, and serving utensils, please let the hospitality host serve you.

## **SPIRITUAL GROWTH & FELLOWSHIP**

### **Sunday's Readings**

[1 Kings 2:10-12; 3:3-14, Psalm 111, John 6:51-58](https://www.biblegateway.com/passage/?search=1%20Kings+2%3A10-12%3B+3%3A3-14%3B+Psalm+111%3B+John+6%3A51-58&version=NRSV)

### **An Invitation to Further Reflection: A Sermon Appraisal**

"An effective sermon offers one clear message of good news authentic to the preacher relevant to the audience holding attention and inviting transformation." from Backstory Preaching Please consider completing a sermon appraisal here:

<https://www.surveygizmo.com/s3/5820275/Mentorship2-0-2020>

### **Page Turners: A book study for those seeking Racial Justice**

We are currently reading and discussing **The Sum of Us: What Racism Costs Everyone and How We Can All Prosper Together** by Heather McGhee, Discussions will be every other Tuesday at 6:30 PM for 5 sessions. Sessions run July 6<sup>th</sup> through August 31<sup>st</sup>. Please contact Andrea Flasher at [racialjustice@stmarks-upland.org](mailto:racialjustice@stmarks-upland.org) for more information.

### **Prayer requests**

Please send your prayer requests to [prayer@stmarks-upland.org](mailto:prayer@stmarks-upland.org) or complete the prayer request form at <https://www.stmarks-upland.org/saint-marks-prayer-list/>

## **MINISTRIES – HELP WANTED!**

### **Sexton's Guild**

As St. Mark's has returned to in-person worship I'm reaching out to all that would be interested in being a sexton. For August we have only 2 sextons. I'd like to have 5 people on a rotating schedule. Then it is only about a once-a-month obligation. Some duties have changed and will go over them if you're interested in being a sexton. We no longer require you to have a alarm code. For anybody interested in being a sexton please see me at church, email [sextons@stmarks-upland.org](mailto:sextons@stmarks-upland.org).

Dale Biggs  
Sexton Guild

### **Flower Dedications**

Flower dedications for specific Sundays are welcome at this time with a donation in any amount to help defray the cost of the flowers and materials. All donations will be gratefully received. If you wish, you may commemorate or celebrate a special event/person/anniversary/animal companion/milestone. Dedications are worded, "Flowers are Given to the Glory of God and in Memory of/Celebration of/Honor of/Thanksgiving for \_\_\_\_\_ by (your name)." To arrange for a dedication, please e-mail Guild Director Christy Hyder with a copy to [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org) at least three weeks before any dedication at [flowers@stmarks-upland.org](mailto:flowers@stmarks-upland.org), Include the Sunday you've chosen and the wording for the dedication, using the model above. You may make your donation at that time by check or PayPal. Please write "Sunday Flowers" on the memo line.

### **Bread Bakers**

With the return of in-person worship, bread baking is back! If you would like to participate in this vital ministry, we will provide a recipe and guidance. **Even if you baked in the past**, please email [bakers@stmarks-upland.org](mailto:bakers@stmarks-upland.org) if you would like to be added to the new schedule.

## COMMUNITY NEWS

### **Into Eternal Life: Nick Hurey**

It is with great care that we inform you of the passing of Nick Hurey. Nick, a long-time parishioner of St. Mark's passed away early on Monday, Aug. 8. He is survived by his son Michael (Sharon), daughter JoJo (Mike), and grandchildren Alexis, Hank, Jacob, and Louis. Services are pending. Please keep the Hurey family in your prayers.

*Into your hands, O merciful Savior, we commend your servant, Nicholas. Acknowledge, we humbly beseech you, a sheep of your own fold, a lamb of your own flock, a child of your own redeeming. Receive her into the arms of your mercy, into the blessed rest of everlasting peace, and into the glorious company of the saints in light. Amen.*



### **Ride Needed**

Parishioner is looking for a ride to Sunday Services. Looking for people who may be living near Monte Vista near the 10 in Montclair. If you can help with a ride to and from church, please contact (email/call) the church office, (909) 920-5565 or [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org) for additional information.

### **Natalie's Retirement this Sunday!**

Just a reminder that cards are available in the narthex for a note to Natalie on the occasion of her retirement. Please place cards in the basket in the parish hall for collection. Monetary gifts should be placed in the collection plate with a note "Natalie's Retirement" in the memo line or on the envelope.

### **Men's Coffee Fellowship**

The Men's Coffee Fellowship normally meets on Wednesdays at 10:30 am. **This week they will meet on Thursday, August 19<sup>th</sup>**, at the Bad Ass Coffee Shop, located at the northeast corner of the shopping center at Milliken and Kenyon. For more information, call Dave Nalbach at (909)635-4297

### **Deanery Installation Choir**

You are invited to participate in a combined choir to sing for the installation of Rev. Jessie Smith as Rector of St. Ambrose, Claremont. Saturday, September 18 at 11 a.m. Warmup and rehearsal will be at 9:45 sharp. We will sing "With a Voice of Singing" by Shaw. If you have music for this, please bring a copy with you. We need to know how many will participate. Please RSVP to Dr. Taylor Ruhl at [taylorruhl@gmail.com](mailto:taylorruhl@gmail.com). Thank you!

### **Versed: A program for adults**

Pandemic Over Restart? featuring Bishop John Harvey Taylor. Sunday evenings beginning Sep 19-Oct 10. The evening includes dinner. St. Paul's, Pomona \$10 suggested donation. More information to follow.

### **Celebrating Birthdays, Anniversaries and Other Life Hallmarks - First Sunday of the Month In Person**

Are you celebrating a birthday or anniversary next month? Please join us for a special blessing on the first Sunday of the month at 10 am in person.

## OUTREACH

### **Touch Ministries**

As of August 7th, 2021, collections for TOUCH Ministries should be brought to the church or office or the Touch bin on the bench at the south entrance of the narthex. They will be collected and taken to that ministry's base in Ontario. Thank you for your contributions. Any questions, call Dave Nalbach at (909)635-4297.

## **Haiti Partnership**

Please consider supporting the Haiti fund at St. Mark's (just write "Haiti Fund" in the memo line of a check to the church.) Every penny goes to Haiti to help keep St. Andre's open for children who would not otherwise have an opportunity for an education, and to help our Haitian friends make St. Andre's the best school it can be. Is there a trip to Haiti in your future? You have many new friends waiting to meet you. Stay tuned, and as soon as travel is possible, we'll be on our way. Meanwhile, please ask Guen, Kathy, Serena, Denise, or any of our travelers about anything you have questions about.

## **Foothill Family Shelter**

It's easy to feel disconnected from the crisis of homelessness, but the truth is we all have the ability to create change starting in our own backyard. Here are a few things you can do to make a difference.

- **Get Educated.** Educate yourself and your family on homelessness and how you and your community can make a difference. Foothill Family Shelter services the cities of Upland, Claremont, Montclair, Ontario, Rancho Cucamonga, and Pomona. Let's bring our community together to discuss and address problems in our own backyard!
- **Be a Guest Speaker.** Donate your professional skills and teach a L.E.A.R.N. workshop for the residents living in our shelter. For more information, e-mail [jessica@foothillfamilyshelter.org](mailto:jessica@foothillfamilyshelter.org).
- **Take a Tour.** Call us at (909) 920-0453 to schedule a tour of Foothill Family Shelter. This is a great way to see first-hand how we serve and assist families in need.
- **Host a Drive.** Our pantry is always in need of items such as non-perishable food, hygiene products, and so much more. Host and organize a drive to collect these critically needed items. Contact [yelitz@foothillfamilyshelter.org](mailto:yelitz@foothillfamilyshelter.org) to coordinate! For a list of items we accept, click [HERE](#).
- **Get your Company & Co-Workers Involved.** – Gather your team and come up with creative ideas that can raise money or in-kind donations for Foothill Family Shelter. Support our special events or even host your own event on our behalf. Many companies have workplace giving programs and will often match an employee's contribution to a charity...you may have the opportunity to double your donation!
- **Make your Faith Matter.** – If you are a member of a faith-based organization, call on the leaders and members of your congregation to combat homelessness! Host a food drive, volunteer, organize a service project, and more!
- **Donate Work Appropriate Clothing & Shoes.** If you have business attire and/or shoes that no longer fit or that you simply never wear, consider donating them to us. We are proud to provide our families with work-appropriate clothing and shoes to help them find and maintain employment.
- **Get your Family & Friends Involved!** Share these ideas with people you know. We ALL can work together to make a difference in the lives of families experiencing homelessness.

## **STEWARSHIP**

### **Summertime is here!**

While summer travels may take you places, so remember to keep your pledge current. Before packing that suitcase, please be sure send in your donation to St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784. Alternatively, you may wish to set up automatic "bill pay" or "online banking" through your financial institution. You may also make your donation through [PayPal](#), donations are being accepted through our email address, [contributions@stmarks-upland.org](mailto:contributions@stmarks-upland.org).

### **Is it time to Update your estate planning?**

When was the last time you reviewed your estate planning documents? Do you have a Living Will? Advanced Directive? Power of Attorney? Last Will and Testament? Maybe it is time to review your documents. Have you moved? Added assets? Added family? Reviewing your estate planning keeps things current. While you are reviewing, think about what your faith and Saint Mark's has meant to you and consider remembering us in your final wishes. Contact [1910legacy@stmarks-upland.org](mailto:1910legacy@stmarks-upland.org) for more information.

## **VISION and MISSION Statements... We want your help!**

St. Mark's—our clergy and vestry—is working on crafting new Vision and Mission statements, and we need your ideas!

A Vision Statement describes the ideal church we want to be. A Mission Statement describes what we want to do with the gifts that we have as a parish. Here are working drafts of the two new statements.

**Our VISION for St. Mark's is of a community of grace, eagerly spreading God's word and extending Jesus' love to all, as we joyfully worship, both in person and in spirit, and generously reach out to our neighbors, helping anyone in need.**

**We make it our MISSION to be a place where love, joy, and hope abound. To do this we invite all persons, in whatever circumstances, to worship with us, to receive holy communion, and to help us serve others. We give guidance to those of all ages who want a deeper knowledge of God and closer connection with Jesus. We encourage our members to care for the needs of the community and the world. We celebrate our diversity and strive to reconcile all persons and groups to God through Jesus Christ.**

You can share your thoughts with us in several ways: 1) When you attend a Sunday service in-person during August, please see the two large posters in the narthex, and write your comments on the paper notes provided. 2) If you won't be attending Sunday services in-person during August, please see the attachments to the Good News and the Sunday Bulletin and send your comments by e-mail to [juniorwarden@stmarks-upland.org](mailto:juniorwarden@stmarks-upland.org). 3) Of course, you may also talk to either Kay Alexander, our senior warden, or Carol Morgan, our junior warden.

The more specific your comments are, the more help they will be to us. Tell us about certain words or phrases that you like or dislike. Let us know whether you think the statements are accurate and complete, whether you agree or disagree with anything. Your voice is very important to us. It would be great if we could have 100% participation from the congregation on this project. We really DO want to hear from YOU!

Carol Morgan, Junior Warden

### **St. Mark's Episcopal Parish: A Community of Grace Our Mission Statement**

We embrace Christ at the center of our lives, sharing the Gospel with all people and loving ourselves and each other as Christ loves us.

Email: [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org)

Website: <https://www.stmarks-upland.org>

Facebook: [Saint Mark's Episcopal Parish Upland CA](https://www.facebook.com/SaintMarksEpiscopalParishUplandCA)

Instagram: [@stmarksupland](https://www.instagram.com/stmarksupland)

YouTube: Saint Mark's Episcopal Church Upland, CA  
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