



The Good News

Sunday, March 26, 2023

St. Mark's Episcopal Church: A Community of Grace

We spread God's word, love like Jesus, enjoy worshipping together, and help our neighbors.

Celebrate Easter Day with Us

Sunday, April 9, 2023, 8 and 10AM

Easter Brunch, Egg Hunt, and Bunny following the 10AM service

Into Eternal Life: Elsie Flasher, Mother of John Flasher

It is with care that we inform you of the passing of Elsie Flasher, mother of John Flasher, who passed away peacefully at her assisted living residence in Pennsylvania on March 15, 2023. She was 98. Please keep John and family in your prayers.

Into Eternal Life: Tony Grauso

It is with care that we inform you of the passing of Tony Grauso who passed away peacefully at his home surrounded by family on March 15, 2023. Please keep Lynda and family in your prayers.

Into Eternal Life: Dave Nalbach

It is with care that we inform you of the passing of David Nalbach on March 21, 2023. In lieu of flowers, Dave would like people to make a contribution to TOUCH Ministries. Please keep Barbara, family, and all those he loved in your prayers.

Rest eternal grant to Elsie, Tony, and David, O Lord; and let light perpetual shine upon them. May their souls, and the souls of all the departed, through the mercy of God, rest in peace. Amen.

Fellowship Meeting March 26

Are you looking for a way to get more involved in your church community and help plan fun events for everyone to enjoy? The Fellowship Events Ministry is looking for new members to join their team and bring fresh ideas to their upcoming events. If you're interested in participating, mark your calendars for March 26th and join the Ministry's planning meeting after the 10:00 am Service in room 18. You can enjoy a cup of coffee and a snack while helping to plan the upcoming Easter Pot Luck Brunch. This is a great opportunity to connect with other members of your church and make a positive impact in your community. Don't miss out!

Betty Farrell and Susan Mackall

Next Red Cross Blood Drive, Friday, March 24, 1-7 PM

Red Cross Blood Drive, St. Mark's Parish Hall, 1PM -7PM. 2023 Dates: All Fridays - 3/24, 5/19, 7/14, 9/15 and 11/10. Next blood drive: March 24.

Week at a Glance at St. Mark's

Office Hours: Monday-Thursday 9 AM to 3 PM (closed for lunch 12:30-1 PM); Friday 9 AM to 12 PM

Sunday worship: 8 AM and 10 AM Holy Eucharist in-person and streaming online on YouTube and Facebook. Bulletins are available by e-mail, and on the website. Hymnals are available for home use.

Monday–Friday 9 AM Zoom Morning Prayer and Bible Study.

Go to <https://us06web.zoom.us/j/93780545256>.

Wednesday 9 AM St. Peter's Guild. Card games and other activities in person. For info, email stpeters@stmarks-upland.org.

Wednesday 10:30 AM Men's Coffee Fellowship. Meet at Bad Ass Coffee of Hawaii in Rancho Cucamonga.

Church Calendar: All meetings/events must be scheduled through the church office. If you don't see your event, email parishadmin@stmarks-upland.org. Or call the church office at 909-920-5565 to schedule a date and time to reserve the rooms that are available.

WORSHIP

Holy Week at St. Mark's and Deanery 6

Apr 2, Palm Sunday, 8&10 AM, St. Mark's Upland

Apr 3, Holy Monday, Holy Eucharist, 7 PM, St. Mark's Upland

Apr 4, Holy Tuesday, Holy Eucharist w/Anointing of Hands, 7PM, St. Mark's Upland

Apr 5, 7PM, Tenebrae, St. John's LaVerne

Apr 6, 7PM, Maundy Thursday, St. Paul's Pomona

Apr 6-7, Overnight Prayer Vigil, St. Mark's Upland

Apr 7, Good Friday Stations of the Cross, 12 noon, St. Mark's Upland

Apr 7, 7PM, Good Friday, Christ Church Ontario, 7PM

Apr 8, Holy Saturday, Greening of the Church & Morning Service, 9AM, St. Mark's Upland

Apr 8, 8PM, Holy Saturday, Easter Vigil, St. Ambrose Claremont

Sign-Up To Join The Maundy Thursday Vigil

Then Jesus went with them to a place called Gethsemane; and he said to his disciples, 'Sit here while I go over there and pray.' He took with him Peter and the two sons of Zebedee, and began to be grieved and agitated. Then he said to them, 'I am deeply grieved, even to death; remain here, and stay awake with me. (Matthew 26:36-38)

On **Thursday, April 6**, we keep vigil with Jesus throughout the night at the altar of repose in the chapel. It is a time for personal devotion and prayer. Sign up for a one-hour shift (or more) as an individual, a couple, or as a family. Shifts overlap and there should always be at least two persons present in the chapel. There will always be two men of the parish about the grounds to insure the safety of the participants. Those participating in the Vigil will receive a text or email reminder on Tuesday, April 4, listing the time chosen and the name and contact information of the person they are relieving and the person relieving them. Vigil participants are asked to park in the front of the church, to enter through the north doors and proceed directly to the chapel. For additional information, speak to Karin Brown.

Loving Our Neighbor: Masking

Masking is strongly encouraged. Masks are worn by those serving people face-to-face in close proximity—for example, hospitality hosts, ushers, greeters, Sunday School teachers, and Eucharistic ministers. Masks may be removed at the lectern, altar, or presiders' chairs.

COMMUNITY & FELLOWSHIP NEWS

Lawrence Goddard to be Music Director and Organist

The Music Director Search Committee is pleased to announce that, after a long and prayerful search process, we have selected Lawrence (Larry) C. Goddard to become our new Music Director and Organist at St. Mark's. Lawrence has accepted our offer and will begin meeting with our clergy, staff, and volunteer musicians the week of May 1, 2023. His first service to direct and play will be May 7. We are also thrilled that he is relocating to this area and has expressed interest in becoming a part of our

parish family. Thank you to all of you who participated in the surveys and listening forums, and especially to those who served on the Search Committee, which included the following: Nick Adams, Canon Serena Beeks, Kimberly Cortner (Chair), Lisa Drew, John Flasher, Marcia Godwin, Garrett Kennehan, Barbara Nalbach, Kathy Osterkamp, and Michael Schinler, and Rev. Keith Yamamoto

A Day in the Wilderness - Joshua Tree, Saturday, March 25

Things to do? Walk, hike, read, meditate, scramble on the boulders, take photos, draw or paint pictures, relax. We might be getting into wildflower season?

Meet at St. Mark's lower parking lot at 7:30 AM, Saturday, March 25 to set up carpools and depart by 8:00 AM. Driving directions will be provided. It's about a two-hour drive including a rest stop at the Whitewater Rest Area on the way. Note that cell phones may not work reliably after leaving Highway 62 and entering the Park.

Sturdy pants, shoes, hats and layered clothes are a good idea as temperatures can be mild to brisk. Sun protection is needed. Please bring folding chairs. Picnic tables are limited. Bring water or other beverages, snacks and lunch. Consider participating in an informal pot-luck. (If enough interest, we may do soup or chili/chili dogs or something similar.) Water, food and other supplies are not available in the park. The restrooms are basic. Handi-wipes might be welcome. No pets please. The park interior is not wheelchair friendly.

Families, carpools, etc., can plan on returning on their own schedule as needed.

Joshua Tree National Park entrance fee and pass information is available at the National Park websites.

More information on the area can be found by searching Joshua Tree National Park. For trip questions, contact Craig Gillette.

Helping the Easter Bunny with the Great Egg Hunt by April 2

Please help the Easter Bunny prepare for the Great Easter Egg Hunt by donating commercially prefilled eggs. Thank you for helping us keep our children as safe as possible.

Dedications for Easter Flowers Due by April 2

Remember a loved one by making a memorial offering to help cover the cost of Easter flowers and decorations. Look for special offering envelopes. For questions, contact the Parish Admin.

Other Lent & Easter Opportunities

Lent Cross: Please take one or more of the rolled-up slips of colored paper in the wood Lenten cross. Each contain verse from scripture, a reflection question, prayer prompt, and/or Lenten action.

Easter Bulletin: This year we are inviting everyone to sign the back cover of our Easter bulletin. Please use a ballpoint pen; no markers. Please avoid the edges about 1/4 inch. And wish all our Easter Sunday visitors a "Happy Easter!"

40 Day Love Builds Up: The 40-day family program booklet will be available in the Narthex. The program is the perfect way for parents, grandparents, and families of all types to strengthen their spiritual health during Lent.

Lenten Seeds; Easter Blooms: Seeds are beginning to sprout in the flowerpots by the north facing windows between the narthex and parish hall.

Easter Vigil Readers, Apr 8, 8PM, St. Ambrose Claremont: Are you interested in presenting one of the readings for the Easter Vigil? Please contact the office or rector for questions. Sign up in the narthex.

April Easter Blessings

April 16, Discerning/Doubting Thomas: Blessing of Scholars, Teachers, & non-medical Doctors

April 23, Road to Emmaus: Blessing of Mobility Aids

April 30, Good Shepherd Sunday: Blessing of Clergy Friends

SPIRITUAL GROWTH

Monthly Healing Prayer for April

For the month of April only, the monthly healing ministry offered by the Sancta Sophia Daughters of the King will be offered on the third Sunday of the month, which is April 16, during the 10:00 AM service Eucharist.

Baptism, Confirmation, Inquiry, and Membership Class, Sundays in March at 9 AM, Room 16

Sundays in March at 9 AM in Room 16. This class is for those who desire confirmation, have questions, and open to meeting new people.

Deanery 6 Lenten Program, Wednesdays in March - Spirituality of the Psalms by Walter Brueggeman

6 PM Soup Supper | 6:30-7:30 PM Program | 7:30-8 PM Service
March 22 – St. John's La Verne & March 29 – Christ Church Ontario

Prayer Requests

Please send your prayer requests to prayer@stmarks-upland.org.

OUTREACH

Foothill Family Shelter needs food items

The Foothill Family Shelter's food pantry stock is very low. Please consider donating a canned or packaged food item each Sunday as part of your Lenten discipline. Place your donations in the Foothill Family Shelter drop off baskets in the Narthex until April 2, and Daughters of the King will collect all donations and deliver them to the shelter office. See the attached flyer.

Our Biggest Outreach

When a person gives to St. Mark's Upland, they also contribute to diocesan and global ministries. Learn more about how your gift makes the world a better place: [subscribe](#) to The Episcopal News.

Recovery Ministries at St. Mark's

Compulsive Eaters Anonymous meets in Room 30 on Saturdays, 9-10:30 AM.
Al-Anon meets in Room 30 on Tuesdays, 6:30-8 PM.

Episcopal Relief & Development Supports ACT Alliance Response to Crisis in Ukraine

Donations to Episcopal Relief & Development's Ukraine Crisis Response Fund will help the organization and its partners continue to provide assistance to people displaced by the crisis in Ukraine. Donate to the ERD [Ukraine response](#).

FINANCE & STEWARDSHIP



Your Generous Contributions are Appreciated

Thank you for keeping current with your pledge or donating to St. Mark's. Please send in your contribution to St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784. Alternatively, you may wish to set up automatic "bill pay" or "online banking" through your financial institution. You may also make your donation through [PayPal](#), donations are being accepted through our email address, contributions@stmarks-upland.org. Please consider remembering Saint Mark's in your estate planning.

Breeze for Contributions

With our new church software come some changes in our contribution recording. If you are splitting your donation between funds, please state that in the memo line of your check or note it in the memo in PayPal. All unmarked funds will be placed in the Operating Fund Account.

DEANERY, DIOCESE, AND BEYOND

Racial Justice, Healing, and Reconciliation Resources: A Lenten Series

Fifth Week of Lent, March 26-April 1

Sunday: [America's Original Sin](#) by Jim Wallis

Monday: [Constructing Solidarity for a Liberative Ethic](#) by Tammerie Day

Tuesday: [Everyday Bias](#) by Howard J. Ross

Wednesday: [Faces At The Bottom Of The Well](#) by Derrick Bell

Thursday: [Episcopal Church Foundation Vital Practices](#) Special issue on racial reconciliation

Friday: [How to Be an Antiracist](#) by Ibram X. Kendi

Saturday: [How to Talk to Children about Race](#) various articles

PLEASE NOTE:

The deadline for article submissions is every Tuesday and must be emailed to parishadmin@stmarks-upland.org.

Please do not send them via Constant Contact. Please make sure to include "Good News" in the subject line.

Good News articles will be published every Thursday afternoon.

FOOTHILL FAMILY SHELTER

FOOD DRIVE

Accepting non-perishable foods and canned items

Help stock our pantry!

Saturday, April 1st 2023

9-11am | Foothill Family Shelter Office

SUGGESTED ITEMS:

- Canned vegetables
- Canned fruit/fruit cups
- Instant potatoes
- Oatmeal
- Mac & cheese
- Instant ramen/Cup of Noodles
- Chef Boyardee
- Rice-a-Roni
- Pasta sauce
- Pasta noodles
- Canned protein
- Canned beans
- Canned soup
- Snack items
- Beef jerky



PLEASE NOTE:
No community services
will be available during
this event



For more information please contact:

raquel@foothillfamilyshelter.org



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