



The Good News

Sunday, March 5, 2023

St. Mark's Episcopal Church: A Community of Grace

We spread God's word, love like Jesus, enjoy worshipping together, and help our neighbors.

Lenten Nature Walk: California Botanic Garden, Saturday March 4, 2023

The Deanery 6 Lenten Nature Walk is a morning walk at the California Botanic Garden in Claremont. This is a leisurely walk through a large garden featuring native California plants. It's closer and less time-consuming than the Joshua Tree experience. This walk is informal and we are usually through by lunch time. Formerly known as the Rancho Santa Ana Botanic Garden, the California Botanic Garden is located at 1500 N College Ave in Claremont (just to the east of the Claremont School of Theology). All buildings and most garden areas at CalBG are accessible to visitors with limited mobility. Due to the terrain, some areas may present challenges to those with ambulatory disabilities. Parking is a little limited at the Garden. Meet at St. Ambrose (830 W Bonita Ave, Claremont, CA 91711) at 9:40 to consolidate and carpool to the Garden to allow for purchasing tickets and getting started by 10:00 AM. Garden tickets may also be purchased in advance online at the Garden's website. Prices range from \$4 for children 3 and older to \$10 for adults. Restrooms and water are available but no pets nor food. Thank you. Please contact Craig Gillette if you have questions.

Love Thy Neighbor: Disability Awareness Forum, 4 Sundays, Mar 12, 19 & Apr 16, at 11:30AM, Rm 16

Join us for conversations about disability awareness after the 10 AM services on Sundays March 5, 12, 19, and April 16. Contact Discerner Rodney Hume-Dawson at Discerner@stmarks-upland.org

Baptism, Confirmation, Inquiry, and Membership Class, Sundays in March at 9 AM, Room 16

Bring your questions and join the conversation about the church and the denomination. We gather during the Lent Sundays in March at 9 AM in Room 16 just off the Parish Hall. We will be using the book *Walk in Love: Episcopal Beliefs & Practices* by Scott Gunn and Melody Wilson Shobe. This class is open to those who have questions, want a refresher course, are reconstructing their faith, open to meeting new people, or are interested in a safe space to share their spiritual journey.

Thanksgiving for Ministries of the School and Preschool, March 5, 12 Noon

This is an opportunity to give thanks for the 60+ years of ministries of the school and the preschool. A closing ceremony will start in the courtyard by the flagpole (weather permitting), then move to the church for reflection and sharing.

A special welcome and invitation are extended to former students, teachers, staff, volunteers, parents, and alumni.

Week at a Glance at St. Mark's

Office Hours: Monday–Thursday 9 AM to 3 PM (closed for lunch 12:30–1 PM); Friday 9 AM to 12 PM

Sunday worship: 8 AM and 10 AM Holy Eucharist in-person and streaming online on YouTube and Facebook. Bulletins are available by e-mail, and on the website. Hymnals are available for home use.

Monday–Friday 9 AM Zoom Morning Prayer and Bible Study.

Go to <https://us06web.zoom.us/j/93780545256>.

Wednesday 9 AM St. Peter's Guild. Card games and other activities in person. For info, email stpeters@stmarks-upland.org.

Wednesday 10:30 AM Men's Coffee Fellowship. Meet at Bad Ass Coffee of Hawaii in Rancho Cucamonga. For more info, contact David Nalbach.

Church Calendar: All meetings/events must be scheduled through the church office. If you don't see your event, email parishadmin@stmarks-upland.org. Or call the church office at 909-920-5565 to schedule a date and time to reserve the rooms that are available.

WORSHIP

Sanctus Bells for Lent

Beginning next week, Sanctus bells will be rung by an acolyte at the 10AM eucharist to emphasize and call attention to particular moments in the liturgy – namely, during the institution narrative when the clergy elevates the elements of bread and wine, and after the conclusion of the eucharistic prayer, including the great AMEN. The practice of the Sanctus bells dates from the fifteenth century. Your support of this added feature of our acolyte ministry re-start is greatly appreciated.

Music Director Search Committee Update

The leading candidate has withdrawn his application for the position of Music Director and Organist, so the committee is reviewing additional applications and plans to conduct further interviews in the next few weeks. We will continue to keep the congregation informed about our progress toward finding the person God has in mind for our music ministry at St. Mark's.

Offertory Plates Return to Circulation, March 5

Beginning Sunday, March 5, ushers will resume using the offertory plates to collect contributions in the sanctuary. Please note that hand sanitizer is readily available to use before receiving communion.

Easter Vigil Readers, Apr 8, 8PM, St. Ambrose Claremont

Are you interested in presenting one of the readings for the Great Vigil of Easter on Saturday night, April 8 at 8PM at St. Ambrose Claremont? We need several voices for two readings (Dry Bones and Red Sea) and a props person to rattle "bones." Please contact the office or rector for questions. Sign up in the narthex.

Loving Our Neighbor: Masking

Masking is strongly encouraged. Masks are worn by those serving people face-to-face in close proximity—for example, hospitality hosts, ushers, greeters, Sunday School teachers, and Eucharistic ministers. Masks may be removed at the lectern, altar, or presiders' chairs. Unvaccinated persons and those who are immunocompromised are especially encouraged to wear masks indoors, particularly when in a small room with minimal air circulation.

COMMUNITY & FELLOWSHIP NEWS

Memorial Service for Peter Mow, Saturday, March 11 at 11AM
Your prayers and presence are welcome

Share Part of Your Lenten Journey

What is your Lenten discipline this year? What does your voice of temptation sound like? What do you believe about heaven, hell, and death? Share your responses with us: Write your responses on the ledger sized posters.

Easter Bulletin – Sign the Back Cover

This year we are inviting everyone to sign the back cover of our Easter bulletin. Please use a ballpoint pen; no markers. Please avoid the edges about 1/4 inch. And wish all our Easter Sunday visitors a "Happy Easter!"

Lenten Soup Supper and Program at St. Mark's, March 15

St. Marks will be hosting this Deanery event on Wednesday, March 15 6pm. Fellowship will need volunteers to bring soup, bread, and other items . A sign-up sheet will be posted in the Parish Hall beginning on Sunday Feb 26th. Please consider supporting this Deanery event.

Children's Christian Education for Lent 40 Day Love Builds Up Family Lenten Program

The 40-day family program booklet will be available in the Narthex beginning Feb 26th. The program is the perfect way for parents, grandparents, and families of all types to strengthen their spiritual health during Lent.

A Day in the Wilderness - Joshua Tree, Saturday, March 25

Things to do? Walk, hike, read, meditate, scramble on the boulders, take photos, draw or paint pictures, relax. We might be getting into wildflower season?

Meet at St. Mark's (330 E 16th St, Upland, CA 91784) lower parking lot at 7:30 AM, Saturday, March 25 to set up carpools and depart by 8:00 AM. Driving directions will be provided. It's about a two-hour drive including a rest stop at the Whitewater Rest Area on the way. Note that cell phones may not work reliably after leaving Highway 62 and entering the Park.

Sturdy pants, shoes, hats and layered clothes are a good idea as temperatures can be mild to brisk. Sun protection is needed. Please bring folding chairs. Picnic tables are limited. Bring water or other beverages, snacks and lunch. Consider participating in an informal pot-luck. (If enough interest, we may do soup or chili/chili dogs or something similar.) Water, food and other supplies are not available in the park. The restrooms are basic. Handi-wipes might be welcome. No pets please. The park interior is not wheelchair friendly.

Families, carpools, etc., can plan on returning on their own schedule as needed.

Joshua Tree National Park entrance fee and pass information is available at the National Park websites.

More information on the area can be found by searching Joshua Tree National Park. For trip questions, contact Craig Gillette.

Former Parishioner Muriel Renov Turning 100 on April 1, 2023

Muriel was a very active parishioner, she formed the candlemakers guild and made all the Pascal candles. She did wonderful flowers arrangements, was a reader and lay eucharistic minister.

She moved to Oregon in 1989. Please contact Joan Watson or the church office for Muriel's contact information.

Helping the Easter Bunny with the Great Egg Hunt by April 2

Please help the Easter Bunny prepare for the Great Easter Egg Hunt by donating commercially prefilled eggs to keep children as safe as possible. Available in-store and online at Amazon, Oriental Trading Company, Rite Aid, Target, Walgreens, and more.

Dedications for Easter Flowers Due by April 2

We encourage you to remember a loved one by making a memorial offering to help cover the cost of Easter flowers and decorations. Look for special offering envelopes. For questions, contact the Parish Admin.

Lenten Flowerpots

Seeds have been planted by the north facing windows between the narthex and parish hall. Watch our Lent flowers bloom for Easter.

Partnering with the Kaleidoscope Institute to Envision Our Future

Rev. Keith and your Vestry members are partnering with the Kaleidoscope Institute to help us plan for St. Mark's ministries in 2023 and into the future. Some are familiar with the book *The Wolf Shall Dwell with the Lamb* by Rev. Dr. Eric Law and his work which began in the Los Angeles Diocese in the 1980s to model effective leadership in diverse faith communities. The Kaleidoscope Institute grew out of that, and now its curriculum and associates help parishes and organizations of all sizes to grow and thrive, especially through difficult times of change.

Following the February 26 "Bridging" session, a St. Mark's leadership team will continue to work with the KI curriculum and facilitators throughout the year at Vestry meetings and four additional study sessions. In October, we hope to have a big event to launch and celebrate our new ministry model at St. Mark's, which we hope will include things like our revived music and newcomer programs, special events hosting on our campus, the Head Start Preschool, and other new ministries for our community.

SPIRITUAL GROWTH

Deanery 6 Lenten Program, Wednesdays in March

Spirituality of the Psalms by Walter Brueggeman

6 PM Soup Supper | 6:30-7:30 PM Program | 7:30-8 PM Service

March 8 – St. Paul's Pomona

March 22 – St. John's La Verne

March 15 – St. Mark's Upland

March 29 – Christ Church Ontario

Prayer Requests

Please send your prayer requests to prayer@stmarks-upland.org.

OUTREACH

Letter from Joel Bolton: Kids Alive International, May 8 - June 6

Dear St. Mark's Community,

I would like to begin by saying thank you for the outstanding friendliness and sense of welcoming that you all have shown me in the last year. I walked into St. Mark's on the first Sunday of March last year on a whim, knowing very little about the Episcopal community and knowing absolutely nothing about the people who attended. In the past year, the people and services of St. Mark's have absolutely redefined my understanding of God, life, and faith. All of you have played an important role in my faith journey, so I would like to share with you two upcoming opportunities I have to serve around the globe.

First, I am going on a month-long trip to the Dominican Republic through an organization called Kids Alive International. [Kids Alive International](#) is a global organization which specializes in serving children who are "overlooked, unheard, exploited, and threatened." From May 8-June 6, my team and I will be working in four different schools run by Kids Alive. We will be engaging with the students there in sports ministry, art classes, English classes, and Bible classes. We will also assist with medical and nutritional programs and maintenance and construction projects. I also have the amazing opportunity to serve for two weeks in Egypt through two organizations, Living and Learning International and [Live Dead](#). In Egypt my team and I will work alongside missionaries trained to go into the 10/40 window, which is an area of the world that is considered by Christians to be the most unreached. We will also partner with local churches to work with kids in orphanages or experiencing homelessness through after school programs and sports ministries.

I would be so honored if you would partner with me in serving in the Dominican Republic and in Egypt, whether that be financially or through prayer. I feel an intense longing to understand, connect with, and serve those outside of my community. If this is something that is also on your heart, I ask that you consider partnering with me financially or prayerfully during this process. These trips are an important step that I am taking in my calling towards teaching and ministry, and I am so excited to see what God has in store for me.

Thank you all so much for the impact you have already made on me at St. Mark's. My community here has played a huge part in unearthing my desire to pursue God through service. If you would like to give, go online to ([APU \(givesmart.com\)](https://givesmart.com)) for the Dominican Republic or to [APU \(givesmart.com\)](https://givesmart.com) for Egypt and click "Donate". If you have any questions, please find me at St. Mark's and ask me. I would love to hear from you and be able to update you about my trip later on!

Thank you so much for your support,
Joel Bolton

Foothill Family Shelter needs food items

The Foothill Family Shelter's food pantry stock is very low. Please consider donating a canned or packaged food item each Sunday as part of your Lenten discipline. Place your donations in the Foothill Family Shelter drop off baskets in the Narthex between now and Palm Sunday, April 2, and Daughters of the King will collect all donations and deliver them to the shelter office. See the attached flyer for a list of most needed items.

Supporting EpiscoPartners in Turkey and Syria after the Earthquake

Working through [Action by Churches Together Alliance \(ACT Alliance\)](#), Episcopal Relief & Development will rapidly respond to the disaster through existing networks by providing supplies including winterization kits, hot meals and other food, medicine and emergency support. The organization is also in contact with other local partners as they assess the needs of their communities.

Please continue to [pray](#) for those who have been affected by the earthquake. Donations to the [Turkey and Syria Earthquake Response Fund](#) will help the organization to continue to respond to communities impacted by this disaster.

The Most Rev. Hosam E. Naoum, the Anglican Archbishop in Jerusalem who oversees five countries or territories: Jordan, Palestine, Lebanon, Israel, and Syria, [asks](#) for prayers and [support](#) for those affected by the earthquake.

If you wish to give through St. Mark's, please put "Earthquake/ERD" or "Earthquake/Jerusalem" in the memo respectively.

Next Red Cross Blood Drive, Friday, March 24, 1-7 PM

Red Cross blood drives are held in the parish hall and are held from 1PM -7PM. Mark your calendars for Red Cross 2023 Dates: (All are Fridays) 3/24, 5/19, 7/14, 9/15 and 11/10. The next blood drive will be on March 24.

Our Biggest Outreach

There are many benefits to being a member of a global network like the Episcopal Church—pooled resources, diverse perspectives, and outreach that is both international and local. When a person gives to St. Mark's Upland, they also contribute to ministries in prisons, schools, shelters, at the border, in the Holy Land, for neighbors affected by severe weather, and more. Learn more about how your pledge makes the world a better place: [subscribe](#) to The Episcopal News.

Recovery Ministries at St. Mark's

Compulsive Eaters Anonymous meets in Room 30 on Saturdays, 9-10:30 AM.

Al-Anon meets in Room 30 on Tuesdays, 6:30-8 PM.

Episcopal Relief & Development Supports ACT Alliance Response to Crisis in Ukraine

Donations to Episcopal Relief & Development's Ukraine Crisis Response Fund will help the organization and its partners continue to provide assistance to people displaced by the crisis in Ukraine. Donate to the ERD [Ukraine response](#).

FINANCE & STEWARDSHIP



Your Generous Contributions are Appreciated

Thank you for keeping current with your pledge or donating to St. Mark's. Please send in your contribution to St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784. Alternatively, you may wish to set up automatic "bill pay" or "online banking" through your financial institution. You may also make your donation through [PayPal](#), donations are being accepted through our email address, contributions@stmarks-upland.org. Please consider remembering Saint Mark's in your estate planning.

Breeze for Contributions

With our new church software come some changes in our contribution recording. If you are splitting your donation between funds, please state that in the memo line of your check or note it in the memo in PayPal. All unmarked funds will be placed in the Operating Fund Account.

DEANERY, DIOCESE, AND BEYOND

Community Conversations, March 10

St. Paul's Pride Ministries is excited to invite our LGBTQ+ and allies to join our community conversation, celebrate life, friendship, stories and more. We will enjoy some potluck style appetizers, dessert, coffee, water, and wine. Come share your journey, be your authentic self, and let's heal together. Friday, March 10 from 6:30 PM – 8 PM and every second Friday of the month. For more information contact: Sandra Martinez-Moore at St Paul's Episcopal Church, 242 E Alvarado St., Pomona CA 91767.

Updated! Holy Week and Easter at St. Mark's and Deanery 6

Apr 2, Palm Sunday, 8&10 AM, St. Mark's Upland

Apr 3, Holy Monday, Holy Eucharist, 7 PM, St. Mark's Upland

Apr 4, Holy Tuesday, Holy Eucharist w/Anointing of Hands, 7PM, St. Mark's Upland

Apr 5, 7PM, Tenebrae, St. John's LaVerne

Apr 6, 7PM, Maundy Thursday, St. Paul's Pomona

Apr 6-7, Overnight Prayer Vigil beginning at 7PM, St. Mark's Upland

Apr 7, Good Friday Stations of the Cross, 12 noon, St. Mark's Upland

Apr 7, 7PM, Good Friday, Christ Church Ontario, 7PM

Apr 8, Holy Saturday, Greening of the Church & Morning Service, 9AM, St. Mark's Upland

Apr 8, 8PM, Holy Saturday, Easter Vigil, St. Ambrose Claremont

Racial Justice, Healing, and Reconciliation Resources: A Lenten Series

Second Week of Lent, March 5-11

Sunday: [Southern Poverty Law Center \(SPLC\)](#) including [Map of Hate Groups by State and Localities](#)

Monday: [Tips for How to Establish and Run a White Caucus Group](#) - By Craig Elliott, to assist people who identify as white and/or have white skin privilege in doing their shared work

Tuesday: [#8CantWait](#) - Eight proposals for police departments to increase public safety and trust

Wednesday: [13th](#) - A documentary film by Ava DuVerny, examining the U.S. prison system, racial inequality and mass incarceration

Thursday: [Episcopal Public Policy Network: 9 Actions on Police Reform](#)

Friday: [General Convention and Executive Council](#) Resolutions

– [2018-A229: Acknowledge Police Violence and Confront Racism](#)

– [2018-B024: Urge Alternatives to Deadly Force by Police and Support Training in Mental Health Crisis Intervention](#)

Saturday: [New Era of Public Safety](#) - A guide to fair, safe, and effective community policing

PLEASE NOTE:

The deadline for article submissions is every Tuesday and must be emailed to parishadmin@stmarks-upland.org.

Please do not send them via Constant Contact. Please make sure to include “Good News” in the subject line.

Good News articles will be published every Thursday afternoon.



Providing Housing & Hope since 1984



FOOTHILL FAMILY SHELTER



You can also order through Amazon and have items sent directly to our Office!

FOOD NEEDED

We proudly serve over 200 families per month, but cannot continue to do so without your support of our pantry! We always welcome donations of non-perishable food, diapers, wipes, and hygiene products, but are currently in urgent need of:



- **Canned Mixed Vegetables**
- **Rice-a-Roni, Mac & cheese, etc.**
- **Canned Beans**
- **Chef Boyardee**
- **Canned Chili**
- **Pasta**
- **Canned Fruit**

For questions, contact
yelitza@foothillfamilyshelter.org

1501 W. 9th Street, Suite D, Upland, CA 91786
Tuesday-Friday 9am-12pm, 1-5pm