



## Important Links

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# The Good News

St. Mark's Episcopal Church  
A Community of Grace

We spread God's word,  
love like Jesus,  
enjoy worshipping together,  
and help our neighbors.



Sunday, August 13, 2023 Holy Eucharist (Communion) Services  
held at 8 and 10 AM, Blessing of Students and School Supplies,  
Healing Prayer

10 AM services can be viewed live or on demand via the church's  
website, Facebook page, and YouTube channel.

[Click HERE for Sunday Worship Information](#)



## Worship

### Blessing of Students and their Backpacks: August 13

Children are encouraged to bring their backpacks or favorite school supplies to church with them on Sunday, August 13. Children at both services will be invited to come forward and receive a blessing as they begin a new school year.

### Audio Survey

Recently Rev Keith addressed the subject of 'handicaps' in a homily. The Vestry, Building and Grounds, and Digital Ministry would like to survey audio accessibility of people attending Sunday services in the church. Each person attending either the 8:00 or 10:00 service next Sunday, August 6 or Sunday August 13 will be given a questionnaire to address the St Marks audio service/accessibility in the sanctuary. We are asking each person to complete the survey (one time). Please leave it in the designated collection box in the Narthex as you leave the

church. Thank you.

## Daughters of the King Open House: Sunday August 13

The Sancta Sophia chapter of the Daughters of the King will hold an Open House for all interested women of St. Mark's church on Sunday, August 13, at 11:45 AM in room 16. Get a beverage and join us for a light lunch and a chance to hear from current Daughters about their own experiences as a Daughter. The gathering will also include a video describing what it means to be a Daughter of the King, followed by a brief business meeting and a spiritual growth activity to demonstrate what usually happens at our meetings.

## Questions about Sunday Worship: Instructed Eucharist Sept 3

The Eucharist, also known as Holy Communion, is central to our worship and faith. However, many of us may have questions about the significance and meaning behind the different elements and actions. To foster a deeper understanding and appreciation for the Eucharist, we invite you to submit any questions you have about our Sunday Worship for an Instructed Eucharist on September 3. No question is too simple.

## Prayer Requests

Please send your prayer requests to [prayer@stmarks-upland.org](mailto:prayer@stmarks-upland.org).



## Community & Fellowship

### Fundraiser for Fellowship Events

The St. Mark's Fellowship Committee is actively organizing some exciting events to support our parish and bring us together in celebration of Christ. We are in the midst of planning our annual Ice Cream Social, our very popular Halloween Trunk or Treat and St. Nicholas Brunch. We need your help.

To help offset the costs of putting on these events, your Fellowship team will be sponsoring a **candy apple fundraiser** through Sinfully Sweet Apple Company. We are proud to partner with a small business local to Upland in order to support our parish.

Please consider purchasing a candy apple gift for your kids, grandkids, neighbors, colleagues, or fiends to help us achieve our fundraising goals. These unique treats are \$10 each and the deadline to submit any orders is Thursday, October 5, 2023. You can expect to receive your order on Sunday, October 29 - just in time for Halloween!

Please contact Melissa Diaz, fellowship committee member, at [stewardship@stmarks-upland.org](mailto:stewardship@stmarks-upland.org) to place an order or ask a question. See attached flyer for delicious candy apple varieties.



#### MUD PIE

Our signature caramel apple dipped in milk chocolate rolled in crushed Oreos® cookies and topped with sprinkles



#### CHOCOLATE PEANUT

Our signature caramel apple dipped in milk chocolate, rolled in peanuts drizzled with more chocolate and caramel



#### NEW YORK CHEESECAKE

Our signature caramel apple dipped in white chocolate and rolled in crushed graham crackers, topped with more white chocolate and sprinkles



#### MUMMY

Our signature caramel apple cleverly dressed as a mummy using white chocolate and milk chocolate drizzles



#### HOLIDAY SPRINKLE

Our signature caramel apple simply dipped in white chocolate then rolled in festive sprinkles



#### DAY OF THE DEAD

Our signature caramel apple dipped in white chocolate rolled in crushed Oreos® cookies and topped with sprinkles



#### TRICK OR TREAT

Our signature caramel apple dipped in white chocolate and rolled in colored sugar, topped with more white chocolate and sprinkles



#### GRAHAM CRACKER

Our signature apple covered in milk chocolate, rolled in crushed graham crackers, then drizzled in more chocolate and caramel



#### SIGNATURE CARAMEL

Our signature caramel apple is a fresh Granny Smith dipped in the gooey goodness of our famous, sweet caramel



#### TURTLE

Our signature caramel apple dipped in milk chocolate, rolled in cashew pieces, and drizzled with more caramel and chocolate



#### DARK CHOCOLATE ALMOND

Our signature caramel apple dipped in dark chocolate, rolled in sliced almonds, drizzled with more dark chocolate



#### TOFFEE CRUNCH

Our signature caramel apple dipped in milk chocolate, rolled in HEATH® toffee and drizzled with more milk chocolate

## Church Zoom Account

We are doing an survey of the Zoom accounts to determine if we still need to maintain two separate accounts. If your ministry group uses the church account for your zoom meetings, please let the office know.

## Foothill Family Shelter School Supplies Drive: August 13

The Sancta Sophia Daughters of the King are sponsoring a school supplies drive for the children of the Foothill Family Shelter and other families who use the shelter's services. Take advantage of all those back-to-school sales to buy needed items for vulnerable children: 3-ring binders, spiral bound notebooks, 3-hole notebook paper, pencils, washable markers, and anything else you think would be useful. Place your donations in the Foothill Family Shelter drop off baskets in the Narthex between now and Sunday, August 13, and Daughters will collect all donations and deliver them to the shelter office.

## Baptism, Confirmation, Inquiry, and Membership Class,

## Sundays at 9 AM, Room 16

We will be using the book *Walk in Love: Episcopal Beliefs & Practices* by Scott Gunn and Melody Wilson Shobe. This class is open to those who have questions, want a refresher course, are reconstructing their faith, open to meeting new people, or are interested in a safe space to share their spiritual journey. This 5-session series covers the Bible, Holy Eucharist, the Church, and Discipleship. The fifth session is an orientation to review the different rites. It loops so that a missed session can be made up the following month.

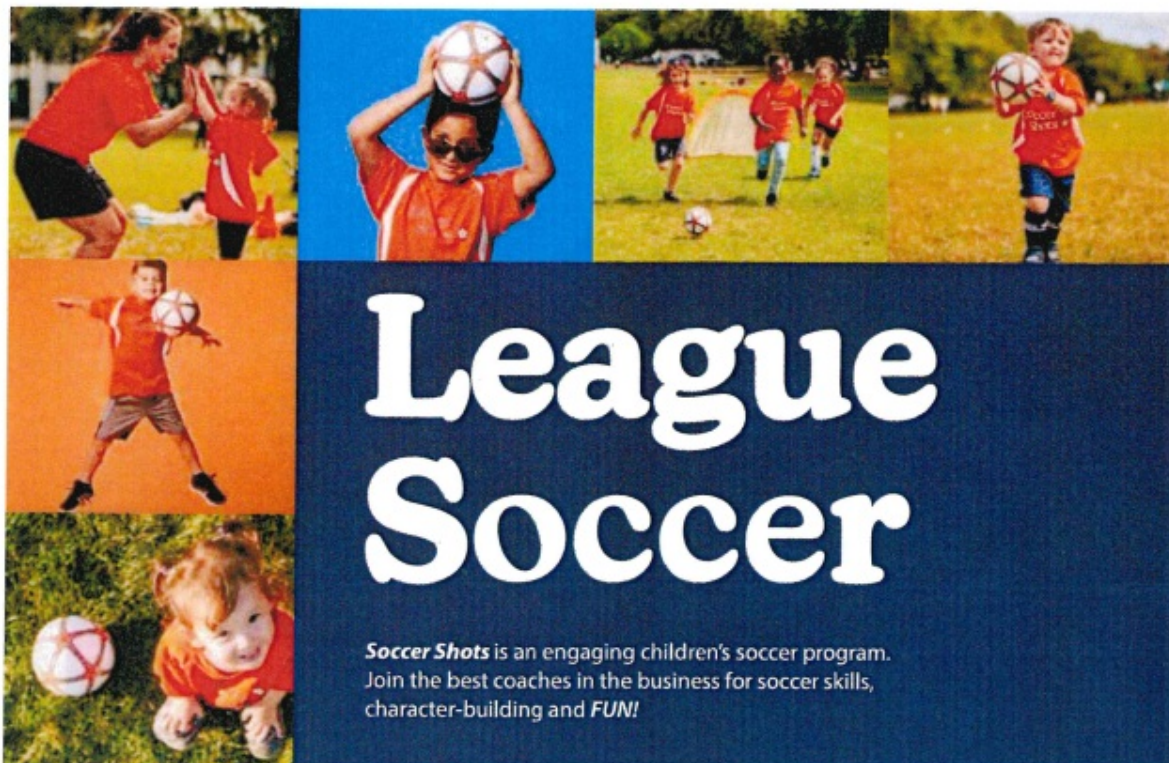
## Book Club, August 19

We are reading *The Song of Achilles* by Madeline Miller, which is a retelling of the myth of Achilles by Patroclus, a young man close to Achilles. For more information, please contact the host Joel Bolton or the church office.

## Soccer Shots

Soccer Shots is an engaging children's soccer program. Join the best coaches in the business for soccer skills, character-building and ***FUN!***  
For information contact [afox@soccershots.com](mailto:afox@soccershots.com) or call 909.644.5562





# League Soccer

**Soccer Shots** is an engaging children's soccer program. Join the best coaches in the business for soccer skills, character-building and **FUN!**

## 8-WEEK PROGRAMS: 1 Practice 1 Game per Week

**Opening Day**  
**August 12th**

First Game August 19th

**Little Explorers Preschool**  
13333 Ramona Ave. Chino  
Tuesday Evenings | 5:30pm - 6:30pm

**St. Mark's Episcopal Church**  
330 E. 16th St., Upland  
Wednesdays Evenings | 5:30pm - 6:30pm

**Highland Ave. Christian School**  
9944 Highland Ave., Rancho Cucamonga  
Thursday Evenings | 5:30pm - 6:30pm



**Who:** All children ages 5-9 years old

**Cost:** \$216 per season

**Enroll now at** [soccershots.com/northinlandempire](http://soccershots.com/northinlandempire).

**Additional information:** The annual enrollment fee is \$40. This does include two jerseys - one home and one away

**Soccer Shots®**

**Enroll now at** [soccershots.com/northinlandempire](http://soccershots.com/northinlandempire)

**Questions?** [info@soccershots.com](mailto:info@soccershots.com) | 909.644.3562

Each Soccer Shots® franchise is independently owned and operated.

## Your Summer Contribution is Appreciated

Summer is often a time for rest, recreation, and renewal. Please remember to keep your pledge up to date. St. Mark's wages, utilities, and property expenses do not take a summer break. We also invite you to stay engaged with our ongoing programs and ministries and plans for the future. Thank you for your gift.

## From the Buildings and Grounds Committee:

The church building has been getting several false alarms. Either a door is not securely closed, or the door gets opened somehow after hours. This triggers an alert to Upland Police Dept., and we get a bill for the false alarm. We want to alleviate false alarms.



If you open a door, make sure it is securely closed. If you unlock a door, make sure you lock it before you leave the building. If you have a problem with a door not closing securely or an issue with the lock, the B&G Committee needs to know about it. For any comments/suggestions, there will be a clip board in the parish hall. In addition, you can always call the office to report an issue.

## Sharing Our Events, Moments, and Ministries

In order to improve communication about our events, activities, and ministries, please consider taking the following photos: 1) a group photo of your church ministry members; 2) a photo of a regular meeting; and/or 3) a photo of an annual event. These images will help tell the story of who you are, what you do, and who to talk to for more information. Short videos are welcome, too. Our hope is to use them for social media, the website, and the photo board. Please send your images to Guen Vinnedge at [dodgers@stmarks-upland.org](mailto:dodgers@stmarks-upland.org). For larger files try using the free mobile app WeTransfer (no paid subscription necessary).



## Creation Care

### How can you help St Mark's become more sustainable?

Bring your own cup, plate, flatware for coffee hour and potlucks. Bring your own chalice for communion. I use an egg cup and bring a tissue to put inside when I'm done to keep it clean in my purse. A shot glass would also work or if using the plastic throw away cup, save it for next week and you will still cut the waste in half. Download the Sunday bulletin on your smartphone so we don't have to print as many copies.

For more information on Creation Care contact Nancy Kinney or go to [episcopalchurch.org/creationcare](http://episcopalchurch.org/creationcare).



## Outreach

### Blood Drive, Wednesday, August 30, 1-7 PM

Our next blood drive will be held on Tuesday, June 27 from 1-7pm. Please pick up a flyer or a few to pass out, located in the Narthex. Other 2023 Dates: October 26. [Register through the Red Cross](#)

### Our Biggest Outreach

When a person gives to St. Mark's Upland, they also contribute to diocesan and global ministries. Learn more about how your gift makes the world a better place: [Subscribe](#) to the Episcopal News Update.

### Recovery Ministries at St. Mark's

Compulsive Eaters Anonymous meets on Saturdays from 9-10:30 AM.  
Al-Anon meets on Tuesdays from 6:30-8 PM. Recovery meetings in room 16.



## Deanery 6

### Celebrating the Blessed Virgin Mary at Christ Church Ontario

Christ Church Ontario invites Deanery 6 to their celebration the Feast of the Blessed Virgin Mary at 6PM on Tuesday, August 15. A light supper will follow. All are welcome. RSVPs are not necessary, but appreciated.



## Stewardship & Finance

### Zelle is here! New option for online giving to St. Mark's

Zelle is a convenient, no-fee way to directly give to St. Mark's. Zelle is a collaborative effort by banks to allow customers to directly transfer funds without a wait and without the fees charged by vendors like PayPal. You can set up Zelle once you log into your bank account. There also is a mobile application, although we recommend making sure that password protection and other security features are enabled. St. Mark's donations can be made by using **give@stmarks-upland.org**. Donations will go directly to the operating fund to pay for our regular costs (including our nice air conditioning) unless you designate otherwise.

### Mid-Year Giving Statements Distributed

January - June 2023 giving statements have been emailed through our Breeze membership database. Please check your spam folder if you did see it in your inbox. Printed statements for members without emails were distributed in sealed envelopes at our August 6 service and any remaining statements have been mailed. Please contact Rose Barraza at **parishadmin@stmarks-upland.org** or call the church office at (909) 920-5565 if you have any questions. You can also look up your giving information via Breeze at any time.

Give to St. Mark's

Thank you for your generous gift.  
No matter how, how much, or how often you give,  
you make a difference. Your contribution is appreciated.

The Episcopal  
Church

St. Mark's  
Episcopal Church

Episcopal Diocese  
of Los Angeles

St. Mark's Episcopal Church  
A Community of Grace

330 East 16th Street, Upland, CA 91784  
(909) 920-5565  
[stmarks-upland.org](http://stmarks-upland.org)



Office Hours: Monday–Thursday 9 AM to 3 PM (closed 12:30–1 PM);  
Friday Closed