



# The Good News

Sunday, May 1, 2022

## **St. Mark's Episcopal Church: A Community of Grace**

We spread God's word, love like Jesus, enjoy worshipping together, and help our neighbors.

### Health & Community Protocols for Worship

Because St. Mark's cares for the young, the elderly, and the immuno-compromised... because vaccinations are essential to creating a safer/healthier workplace and worship space... because our health and strength are intertwined with one another... and because health is not an individual endeavor... All those 12 years and up show proof of vaccination, and those ages 2 years and up wear masks for in-the-building services. Masks may be removed by readers at the pulpit, altar, or presider chairs (when reading but not singing). We make available disposable masks for any who need them. We are respectful of those around us and adjust for healthy spaces between households. Direct physical contact with young children is avoided; elbow bumps are fine, but no hugs or handshakes. Please consider getting a booster and social distancing. State and health officials allow churches to determine their own mask/vaccination policies. Thank you for your continued support.

### **Week at a Glance at St. Mark's**

Office Hours: Monday–Friday 9AM to 3PM; Closed for lunch 12:30-1PM

Sunday 8AM and 10AM Holy Eucharist. Both in-person and streaming online on YouTube and Facebook. Go to <https://www.stmarks-upland.org/services/in-spirit-worship/>. Bulletins are available at church, by e-mail, and on the website. Hymnals are available for home use.

Sunday 9:50AM Sunday School. "Children of the Good Shepherd" for little ones ages 3-6, in the Chapel. "Journey with God," for children ages 7-10, in the Curriculum Room off the Parish Hall (Room 18). All children welcome!

Monday–Friday 9AM Zoom Morning Prayer and Bible Study.

Go to <https://us06web.zoom.us/j/93780545256>. Download prayer sheets from the website at <https://www.stmarks-upland.org/morning-prayer/>.

Tuesday 3:30PM Choristers. See Blane Abernathy for more information.

Wednesday 9AM St. Peter's Guild. Card games and other activities in person. Email [stpeters@stmarks-upland.org](mailto:stpeters@stmarks-upland.org) for more information.

Wednesday 10:30AM Men's Coffee Fellowship. Meet at Bad Ass Coffee in Rancho Cucamonga. For info email [menscoffee@stmarks-upland.org](mailto:menscoffee@stmarks-upland.org).

Wednesday 5:00PM Handbell Rehearsal. See Blane Abernathy for more information.

Wednesday 7:30PM Taizé Service. In person and streaming online on Facebook. Go to <https://www.facebook.com/saintmarksepiscopalparishupland>.

Thursday 7:30PM Adult Choir Rehearsal. See Blane Abernathy for more information.

Church Calendar: All meetings/events must be scheduled through the church office. If you don't see your event, email [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org). Or call the church office at 909-920-5565 to schedule a date and time to reserve the rooms that are available.

### **Into Eternal Life: Karen Melvin, Sister-in-Law of Laura McGary**

It is with care that we inform you of the passing of Karen Melvin, 75 years old, sister-in-law of Laura McGary. Karen passed away on April 27, 2022, at her Upland home surrounded by family. Please keep her husband Michael, Laura, family, and friends in your prayers.

*Rest eternal grant to Karen, O Lord; and let light perpetual shine upon her. May her soul, and the souls of all the departed, through the mercy of God, rest in peace. Amen.*

## **WORSHIP**

### **Health & Community Protocols for Worship & Coffee Hour**

Update 5/1/22

#### **For Coffee Hour**

Hosts/servers wear masks and gloves. (No change.)

Indoor seating is ok.

Food does not need to be individually wrapped.

No self-serve with common utensils - ok with individual utensils.

Suggestion: Plating beforehand may make a one-person operation less hectic.

#### **For the Sunday Worship beginning at Pentecost, June 5, 2022 - Subject to change**

The Common chalice for wine will be offered - along with individual chalices.

Masking will be strongly recommended - a step-down from being mandatory.

(Masks **strongly recommended** for those 2 and up.)

Vaccination policy remains the same. (Proof of vaccination for those 12 and up.)

### **Offertory Plates**

For your convenience, the offertory plates are located by the baptismal font as you enter and also by the front pews as you approach the altar for communion.

### **Pentecost Day, June 5**

Pentecost is the great festival that marks the birth of the Christian church by the power of the Holy Spirit. Pentecost means "fiftieth day" and is celebrated fifty days after Easter.

Red is the color for this day and recalls the tongues of flame in which the Holy Spirit descended on the disciples. In the early church Pentecost was a time to baptize converts to the faith. The newly baptized would wear white robes on that day, so Pentecost was often called "Whitsunday" or "White Sunday." We will include the dove in our processions, renew our baptismal vows, and hear the prayers and readings in another language. Please sign up in the narthex to read for the service. All are invited to wear red.

### **Livestream Operators needed for Sunday Worship**

Do you attend Sunday Worship live in the church? Would you be willing to donate (while attending church) 1 1/2 hours once a month on Sunday?

The Digital Ministry is ready to take livestreaming to a new level and needs several additional livestream operators. If this is something you would consider doing, please contact Bob Mattus for more detailed information at [digitalministry@stmarks-upland.org](mailto:digitalministry@stmarks-upland.org)

## **COMMUNITY & FELLOWSHIP NEWS**

### **Celebrating the Life of Gus Sjöholm, May 14 at St. Mark's**

Attention breakfast baggers, men's breakfast group, card players, Daughters of the King, greeters, and book club members—please join us for our celebration of the life of Gus Sjöholm on Saturday, May 14, 2022, at 2:30 PM with Holy Eucharist. Immediately following the service, the family will have his remains join those of his wife, Nancy, in the Memorial Garden. A catered dinner will follow in the Parish Hall.

### **(DATE CORRECTION) Celebrating the Life of Virginia Granger, June 10 at Bellevue in Ontario**

Join us for our celebration of the life of Virginia Granger on Friday, June 10, 2022, at 10:30 AM, at Bellevue Memorial Park, 1240 W. G St., Ontario, CA 91762. Share a memory or message here: <https://www.dignitymemorial.com/obituaries/ontario-ca/virginia-granger-10605305#remembering>

### **St Mark's Book Club, April 23**

The club will meet on Saturday, April 23, 10:00 AM, at the home of Sally Drake. We will be reading the book, *The Tobacco Wives* by Adele Myers. Sally's address is 1840 Vail Way, Upland, 91784. If you are interested, please send an email to [BookClub@stmarks-upland.org](mailto:BookClub@stmarks-upland.org). It promises to be another great discussion so we hope to see you then.

### **Welcoming Guests and Keeping the Community Healthy**

Please allow guests with mobility issues the option to park in the north/front parking lot. Please be aware of strong/distracting colognes. Please wash your hands before (and after) every meal – including our Eucharistic meal. If you need to stay home, please let us know and we can bring Holy Communion to you at home.

### **Congratulations Class of 2022! Collecting Graduate Announcements by June 6**

The June 12, 2022, edition of the Church's newsletter, *The Good News*, will acknowledge graduates of all ages and levels: preschool, elementary, middle school, high school, community college, trade school, college, and grad school. Please submit the following information as appropriate to [parishadmin@stmarks-upland.org](mailto:parishadmin@stmarks-upland.org): name of graduate; name of current school; awards, activities, or research; major field of study; degree received; title of dissertation; name of future school or college; intended major, degree, job or career plans. Please tell us how the graduate is related to you and name any proud family members.

If we may we post your graduates' image to the church's electronic newsletter, social media, and the electronic marquee/sign on 16th Street, then please send us their image.

Please submit images and information by Monday, June 6, 2022.

### **Find Out about the Preschool and Head Start Transition, May 15**

Join us on Sunday, May 15 following both services to learn about the St. Mark's Preschool and Head Start Transition. Location to be determined.

### **Updating Your Contact Information**

Did you know that you can update your contact information? Both Breeze and Constant Contact allow you to update your own information. Please note that they are two separate and independent systems, so updating one does not change the information with the other. The e-mail addresses in Constant Contact determine who gets the church newsletter *The Good News*. The mailing addresses in Breeze determine who gets the seasonal letters from the church e.g. Christmas, Easter, Stewardship, and special announcements. Please feel free to call the church office if you have any questions.

## **SPIRITUAL GROWTH**

### **Prayer Requests**

Please send your prayer requests to [prayer@stmarks-upland.org](mailto:prayer@stmarks-upland.org). Or complete the prayer request form at <https://www.stmarks-upland.org/saint-marks-prayer-list/>

### **Confirmation 2023**

St. Mark's is scheduled for a bishop's visit next year, 2023. (Exact Sunday to be determined.) Please let the office/clergy know if you are interested in making a mature affirmation of the baptismal vows made on your behalf by parents and godparents. This is also the time to be received into the Episcopal denomination from another faith tradition. And finally, a person may re-affirm their baptismal vows as an adult.

Confirmation is one of the requirements to serve on the vestry.

### **Find Out about Haiti Partnership, May 22**

Join us on Sunday, May 22 to learn about the St. Mark's Haiti Partnership. At 9AM we will have a presentation by coordinators Canon Serena Beeks and Guen Vinnedge. At 11AM there will be an information table and crafts for donations for the partnership.

### **My Work to Do**

"My Work To Do" is an online affinity group designed to help white people build stamina for discussing racism, systemic injustice, racial healing, reconciliation, and justice in their everyday lives.

New sessions always around the corner. For more information and to register:

<https://www.myworktodo.com/>

## **OUTREACH**

### **Red Cross Blood Drives, June 3**

At St. Mark's we have hosted a total of 9 blood drives. Our last blood drive was on April 8th. We were well above our goal for units collected. Our goal was to collect 26 units and we collected 40. We had a total of 37 donors.

Total drives held: 9; Total units collected: 267; Total donors: 281; Total average: 30 per drive

Thank you to all the donors and to the volunteers. Our next blood drive will be held on Friday, June 3rd from 1-7pm. Sign up to donate at [redcrossblood.org](http://redcrossblood.org). Other blood drives to be held at St. Mark's, July 29, October 29 and December 2nd all held on Fridays from 1-7pm

### **Episcopal Relief & Development Supports ACT Alliance Response to Crisis in Ukraine**

Donations to Episcopal Relief & Development's Ukraine Crisis Response Fund will help the organization and its partners continue to provide assistance to people displaced by the crisis in Ukraine. Donate here: <https://www.episcopalrelief.org/product/ukraine-crisis-response/>

### **Love Grows Here: Circle of Virtual Gala & Fundraiser, May 11 – 21, 2022**

Support the ministry of the Holy Family Services: Adoption and Foster Care. Their mission: "HFS strongly embraces the values of diversity & inclusion as we strive to provide caring, non-judgmental support for birth parents considering adoption, to unite children and infants in need of a home with hopeful adoptive parents, and to create strong, loving families of all shapes and sizes." Did you know that the Executive Director Julie Brown has a St. Mark's connection?

<https://www.hfs.org/circle-of-hope/>

### **T.O.U.C.H. Ministries**

T.O.U.C.H. Ministries provides clothes, food, and bedding, and welcomes your donations. Especially needed at this time of year are tarps, socks, gloves, beanies, and always Walmart or fast-food gift cards. For more information, contact Dave Nalbach or Cheryl Hunley. Email [touch@stmarks-upland.org](mailto:touch@stmarks-upland.org).

### **Foothill Family Shelter Gala, May 19 in Claremont**

The Foothill Family Shelter will hold their annual gala fundraiser on May 19, 6:00pm, at Padua Hills Theatre in Claremont. Please contact Rosalyn Foster or the Shelter office for details and reservations. Foothill Family Shelter (FFS) was originally founded by St. Mark's Episcopal Church in 1984. It is now a thriving independent non-profit organization in Upland that provides housing to homeless adults and children, distributes food, diapers, and clothing to those in need. Volunteer and donation opportunities are available at the shelter's administrative center.

### **Foothill Family Shelter**

There is always a need for nonperishable packaged food, diapers, wipes, and gently used clothing. Bring to the shelter Tuesday through Friday, 9am-5pm, (closed for lunch from 12-1pm), 1501 W. 9th St, Suite D, Upland. For more information or current needs, contact Yelitza Banuelos at [yelitza@foothillfamilyshelter.org](mailto:yelitza@foothillfamilyshelter.org).

### **Mark Your Calendars**

The 80th General Convention of the Episcopal Church, July 7-14 in Baltimore, Maryland.  
*Cursillo*, a four-day spiritual renewal retreat, October 2022.

## **FINANCE & STEWARDSHIP**

### **Building Fund Update: Donating for an Actual Rainy Day**

We are planning a burn-the-mortgage celebration when our building loan becomes due, thanks in large part to a generous, anonymous donation. The Building Fund will continue in order to pay for facility needs. We literally need rainy day funds! We have experienced new leaks with each shower, however small. These are mainly flat-roof sections where the roofing has worn out. Please consider donating to the Building Fund as well as to our regular church coffers for this and other projects. You'll be glad when it will no longer rain on our parade...or the acoustical ceiling tiles. Thank you!

### **Breeze for Contributions**

With our new church software come some changes in our contribution recording. If you are splitting your donation between funds, please state that in the memo line of your check or note it in the memo in PayPal. All unmarked funds will be placed in the Operating Fund Account.

## **DEANERY, DIOCESE, AND BEYOND**

### **Clergy Conference "Exile, Return, Renewal" April 30-May 2**

The clergy will be in Riverside for the "Exile, Return, Renewal: How shall we sing the Lord's song in a strange land" Spring Clergy Conference for the Episcopal Diocese of Los Angeles from May 2-4, 2022. Program includes the unique ways our Anglican tradition provides resources for us in uncertain times, a consideration of exile using Psalm 137, and the formative power of our rituals as we renegotiate our familiar spaces and liturgies.

### **Holy Week and Easter Day: What did you like best?**

Did you attend one of the Holy Week or Easter services online or in-person at St. Mark's, or at one of the Deanery 6 congregations or at another church, for example the National Cathedral? Please share where and how you attended. What struck you about the building, liturgy, hospitality, clergy, music, atmosphere, vestments, parking, decorations, signage? What else caught your attention? What was the best thing about the service? (You get extra credit if you have a worship bulletin signed by the clergy.)

*From Joan Watson:*

The idea of bringing churches together for Holy Week was brilliant. I had a wonderful time visiting and making new friends. Maundy Thursday at St. Ambrose (Claremont) was the most emotional service I have been to. We started in the Parish Hall with a simple supper. The clergy were seated at a long table so everyone could see them, and they read most of the readings and prayers. For Eucharist each table was given a small tray with a cruet of wine and a piece of bread, each person poured their own wine and tore off a piece of bread. We proceeded into the sanctuary where the washing of feet took place. As darkness fell over the sanctuary the organist played Samuel Barber's Adagio and people dressed in black were wandering around the church, it was extremely moving. A wonderful service. Good Friday at St. Paul's (Pomona) was another first for me. The Great Entry and Solemn Procession of The Burial Shroud of Christ was extremely poignant. The sounding of the Shofar was wonderful. After placing flowers and venerating the Holy Burial Icon we then went forward and received individual absolution. The Great Vigil of Easter at Christ Church (Ontario) was a perfect setting in Rebecca's Garden. The acting out of the readings was very nicely done. It was a glorious setting in the church, with music and lighting of all the candles. All in all, I thoroughly enjoyed the last three days of Holy Week and going to different churches I felt I learned a lot, listened more intensely, and left feeling spiritually invigorated.