



June 20-27 at St. Mark's

- Welcome Home Sunday 10AM **In-Person & In-Spirit Worship**. Bulletin available in church, e-mail, and online. Please print the bulletin to use at home. Hymnals are available for home use, contact the church office to arrange pick up. On Facebook <https://www.facebook.com/saintmarksepiscopalparishupland/posts/4158850167515636> or online at: [In-Spirit Worship \(stmarks-upland.org\)](http://In-Spirit%20Worship%20(stmarks-upland.org))
- Monday – Friday 9AM – Zoom Morning Prayer & Bible Study Download prayer sheets from the website: <https://www.stmarks-upland.org/morning-prayer/> <https://zoom.us/j/93780545256>
- Wednesday 9AM, St. Peter's Guild, card games and other activities in person.
- Wednesday - 7:30 PM Taizé **In-Person & online!**
- Friday – 11AM Women's Fellowship & Prayer Breakfast email womensbreakfast@stmarks-upland.org final meeting for the year June 25.

Did you know that Facebook will automatically add closed caption to our services? Simply click on the settings “gear”  at the lower right of the screen, and turn Captions on!

Don't see your event? Email parishadmin@stmarks-upland.org with information.

New COVID Protocols for Sunday Worship: Vaccinated can stop wearing masks, social distancing

Fully vaccinated people can resume most of their ordinary activities including those associated with worship, fellowship, meetings, teaching, and service at church - **the vaccinated can stop wearing masks and social distancing.**

If for whatever reason a person cannot or chooses not to be vaccinated, then they should continue to mask up and socially distance. We will continue to offer an in-spirit worship service. Prayer books and hymnals will return to the pews. Let us know if you need a set for in-spirit worship.

Social distance seating. At St. Mark's whenever alcohol is served, appealing non-alcoholic alternatives are offered with equal prominence and accessibility. In this spirit, the north side of the church is reserved for those who wish to maintain social distance seating for whatever reason. No judgement given or reasons needed for any who wish north-side seating. Just as the north parking lot is reserved for those who need accessible parking, the north side is reserved for those who want social distancing.

Please do not read anything into where a person is seated. Returning to the non-alcoholic alternatives example, someone may choose to drink water instead of wine for a variety of reasons - maybe they are in recovery, the designated driver, don't like the brand of wine offered, didn't see the bar, or just curious.

Please know that this arrangement is only temporary. If this arrangement results in people not being able to sit in their “usual” seats, we will appreciate everyone's patience and flexibility.

Singers & servers must be vaccinated. The vaccinated may sing in church. Those serving food and beverages and those celebrating and serving Holy Communion should also be vaccinated. If a person is not vaccinated for whatever reason, then they should refrain from singing in church, and not serve as a Eucharistic Minister or coffee host.

For the “peace exchange” during worship, everyone’s space and sensitivities should be respected. If someone offers their elbow, fist, or a peace sign, please respond appropriately. Do NOT assume physical affection. The peace of Christ is offered and given with enthusiastic consent.

Since children under age 12 cannot yet be vaccinated, all direct physical contact with young children should be avoided; elbow bumps are fine, but no hugs or handshakes. Our Sunday School will continue to be held in-spirit. When the time is right we will shift to a large, well-ventilated space or outside, using social distancing and masks. Our in-person Children’s choir will not resume yet.

No matter where you are on this journey through the wilderness, you are welcome at St. Mark’s - whether that be in-person, in-spirit, or in-between. Take all the time you need. We are a community of grace ready for you.

Enhancing In-Spirit Worship

To enhance the in-spirit Sunday worship experience, please download the Sunday bulletin which has the words of the creeds, the prayers of the people, the confession, and most of the prayers. Also, hymnals for home use are available for take home or delivery. Please let us know if you would like one. Thank you for your feedback.

SPIRITUAL GROWTH & FELLOWSHIP

Our Virtual Coffee hour is on hiatus

With the return to in-person worship, our coffee hour has moved to the church and our coffee hour hosts are assisting with livestreaming our service. Unfortunately, they are not able to also host our online coffee hour. If you would like be a host and continue this ministry, please contact us at parishadmin@stmarks-upland.org and we will work with you to continue to provide a coffee hour for our at home participants.

An Invitation to Further Reflection: A Sermon Appraisal

“An effective sermon offers one clear message of good news authentic to the preacher relevant to the audience holding attention and inviting transformation.” from Backstory Preaching Please consider completing a sermon appraisal here:

<https://www.surveygizmo.com/s3/5820275/Mentorship2-0-2020>

Page Turners: new book study begins soon

Beginning July 6, we will be reading and discussing **The Sum of Us: What Racism Costs Everyone and How We Can All Prosper Together** by Heather McGhee, Discussions will be every other Tuesday at 6:30 PM for 5 sessions. Sessions run July 6th through August 31st. Please contact Andrea Flasher at racialjustice@stmarks-upland.org for more information.

GFS September Weekend Camp for Girls and their 'Mama Bears'

Girls Friendly Society Los Angeles invites girls ages 6 and up and their mothers, grandmothers, aunts or female mentors to register for "Me and My Mama Bear" Camp Sept. 17 - 19 at Camp Wrightwood. Registration opens June 15. Girls do not have to be members of GFS to attend. A flyer with complete cost, safety and registration information is [here](#).

Prayer requests

Please send your prayer requests to prayer@stmarks-upland.org or complete the prayer request form at <https://www.stmarks-upland.org/saint-marks-prayer-list/>

ANNOUNCEMENTS

Into Eternal Life: Pauline Cheesman, Mother of Andrea Griffin

It is with care that I inform you of the passing of Pauline Cheesman, 95, mother of Andrea (Jim) Griffin. After a full life and her final years coping with memory and health issues, Pauline passed away peacefully with family by her side. She is predeceased by her husband Charles and sister Phyllis. She is survived by her children Andrea, Denise, Charles and Paula, grandchildren Vanessa, Stacy, Candice and Danielle and great grandson Gerald. Her memorial service will be in Staten Island, New York. Please keep Andrea and family in your prayers.

Rest eternal grant to Pauline, O Lord; and let light perpetual shine upon her. May her soul, and the souls of all the departed, through the mercy of God, rest in peace. Amen.

Flowers Bloom Again Indoors

As we return to in-person worship, the Flower Guild is joyfully going back into action. Flower dedications for specific Sundays are welcome at this time with a donation in any amount to help defray the cost of the flowers and materials. The cost for Sunday morning arrangements is usually around \$100. You need not give that full amount as we want everyone to be able to participate. You are also permitted to give more if you are inspired to do so. All donations will be gratefully received. If you wish, you may commemorate or celebrate a special event/person/anniversary/animal companion/milestone. Dedications are worded, "Flowers are Given to the Glory of God and in Memory of/Celebration of/Honor of/Thanksgiving for _____ by (your name)." Because so many dedications are for specific dates, the flowers may be dedicated by more than one person on any particular Sunday. Please note that during Advent (the four Sundays before Christmas) the only arrangement in the church is the Advent Wreath, symbolizing our anticipation of Christmas, and during Lent (the six Sundays before Easter), the only flowers are bare sticks representing our winter hope of the Resurrection bursting into springtime bloom at Easter. You will want to delay flower dedications during those times until Christmas or Easter.

To arrange for a dedication, please e-mail Guild Director Christy Hyder at least three weeks before any dedication at flowers@stmarks-upland.org, with a copy for the bulletin to parishadmin@stmarks-upland.org. Include the Sunday you've chosen and the wording for the dedication, using the model above. You may make your donation at that time by check or PayPal. Please write "Sunday Flowers" on the memo line.

If you are interested in joining the Flower Guild, there is no requirement except for a love of flowers -- our engaging hands-on mentoring and training program will have you snipping stems like a pro in no time. You would be scheduled for once every six weeks to two months, and it's the most fun there is, working with beautiful flowers on a grand scale. E-mail Guild Director Christy Hyder at flowers@stmarks-upland.org to get involved. Thank you!

St. Mark's Flower Guild: Director -- Christy Hyder; members -- Natalie Dunlap, Myrna Dole, Sylvia Ochoa, Serena Beeks; Member-in-Training -- Barbara Nalbach.

Lay Alternate Delegates

We are in need of lay alternate delegates from St. Mark's for the 2021 Convention. Here's your opportunity to volunteer. A lay alternate delegate would attend and represent St. Mark's and cast votes if one of the elected lay delegates was unable to fulfill that role (ex., due to illness). The Diocesan Convention will be held at Riverside Convention Center on Saturday, November 13 and conclude with a diocesan-wide livestreamed Eucharist on Sunday, November 14. Lay alternate delegates are also invited to attend the pre-convention Deanery 6 Assembly on Sunday, October 24, 2021 @3:00 pm which will be done online. Please contact vestry@stmarks-upland.org if you would like to be a lay alternate delegate or have any questions about the role.

Many Thanks to Natalie Dunlap for 25 Years of Service

Natalie's last day in the office will be the end of August giving us time to plan next steps with care. Join us as we bless her on Sunday, August 15 at the 10 am service. If you would like to contribute towards a gift, please write "Natalie" in the memo. Natalie will continue with her church ministries including the bell choir - after some well-deserved time away with Charlie. **Blessings, Natalie!**

Project Manager - Social Media Team

The Vestry and Rector are pleased to announce that Bob Mattus has accepted the position of Project Manager for media development. Bob will be looking at audio and video resources to enhance our live and online offerings. If you are interested in joining Bob on this project, please email socialmedia@stmarks-upland.org to learn more.

Camp Stevens opens registrations for Summer 2021 sessions

Camp Stevens, the diocesan facility in Julian, has been given the go-ahead by the state of California to open registration for Summer 2021 resident camps.

Adventure Sessions (6 days, Ages 8 – 15): July 11 – 16; July 18 – 23; July 25 – 30; & August 1 – 6
Register or learn more [here](#).

Please note, with the increased movement on campus due to relaxed restrictions, scheduling your event at St. Marks's is more important than ever. Please contact Natalie Dunlap to reserve space for your event (909) 920-5565 or ndunlap@stmarks-upland.org

OUTREACH

Red Cross Blood Drive at St. Mark's

Our next blood to be held at St. Mark's on **Friday, July 9, Friday from 8am to 2pm** in the parish hall. Make your appointment at [Red Cross](#). If you receive a COVID-19 vaccine, knowing the name of the manufacturer is critical in determining your blood donation eligibility. In most cases, there is no deferral time if you receive a vaccine.

The American Red Cross is testing all blood donations for COVID-19 antibodies. These results may provide valuable insight into a donor's potential past exposure to this coronavirus, or an antibody response developed after receiving a COVID-19 vaccine. Only those feeling healthy and well should present to donate and appointments are strongly encouraged. Test results will be available to donors via the American Red Cross Blood Donor App or at RedCrossBlood.org within one to two weeks.

Touch Ministries

Next collection for TOUCH is Saturday June 19th from 9 AM to 11 AM. Nonperishable food in easy open packages, clothing, toiletries, and \$10 gift cards for fast food, Target, and Walmart always welcome. For more information call Dave Nalbach at (909)635-4297.

Foothill Family Shelter

There are many ways to support Foothill Family Shelter and the homeless families in our community. We serve over 8,000 individuals every year and we rely solely on our community to keep our pantry stocked. Donations are vital and no donation is ever too small or shop our [Amazon Wish List](#) using Amazon Smile®

Non-perishable Food:

Soup
Beans
Rice/Grains
Oatmeal
Canned Tomatoes

Protein (canned tuna, chicken, salmon)
Canned Fruits/Vegetables
Boxed Dinners
Dried Mashed Potatoes
Peanut Butter
MREs (Meals Ready-to-Eat)

Bottled Water

Household Supplies:
Windex
Disinfecting Wipes
All Purpose Cleaner
Dish Soap
Paper Towels

Toilet Cleaner	Shampoo	Bottles
Toilet Brushes	Conditioner	Baby Shampoo/Body Wash
Scrub Brushes	<u>Diapers/Wipes</u>	Pacifiers
Trash Cans	Diapers/Pull-ups - all sizes	<u>Gift Cards</u>
Laundry Baskets	Baby Wipes	Target
Brooms	Adult Wipes	Walmart
Mops	<u>Baby Items</u> - All items brand new please!	Ross, Marshall's, Home Goods, etc. (to stock our apartments!)
Toiletries (Travel & Regular Sized)	Baby Clothes	Gas Cards
Body Wash	Toys	Fast Food
Deodorant	Blankets	
Toothpaste	Stuffed Animals	
Sunscreen	Socks	

You may take them directly to the Shelter Office at 1501 West 9th Street, #D, Upland. For additional Info contact Rosalyn breakfastbaggers@StMarks-upland.org

Prayer Vigil to honor refugees on June 20

Episcopal Migration Ministries reminds and encourages all to join a virtual prayer vigil in honor of World Refugee Day, offered 7-8 p.m. ET June 20.

Read more (In English and Spanish): <http://iam.ec/pa2021EMMWRDVirtualPrayerVigil3>

Celebrating Birthdays, Anniversaries and Other Life Hallmarks - First Sunday of the Month In Person

Are you celebrating a birthday or anniversary next month? Please join us for a special blessing on the first Sunday of the month at 10 am in person.

STEWARDSHIP

Your Contributions Make a Difference, Thank You!

Please send pledges or donations to St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784. You may wish to set up automatic "bill pay" or "online banking" through your financial institution. Or you may make your donation through [PayPal](#). Donations are being accepted through our email address, contributions@stmarks-upland.org. Please consider remembering Saint Mark's in your estate planning.

St. Mark's Financial and PPP Loan Update

Thank you for your continued generosity! Regular donations continue to be steady, which has greatly helped St. Mark's to pay its expenses and prepare for the safe return of in-person activities. We also received \$4,585 in Easter offerings through the end of April, which is 50% more than last year. We have benefited from Paycheck Protection Program (PPP) loans as well. This is a federal program for pandemic relief for small businesses, including faith-based organizations. We are preparing the forgiveness application for the 2020 loan of \$383,937 that largely went to school expenses. It will take several months to receive a determination. We received a second forgivable loan of \$238,400 during the third week of May. It will be used to pay for church and preschool salaries, utilities, and building loan interest for a 24-week period. This loan will allow us to close budget deficits and plan for the future. On behalf of the Finance and Stewardship Committees, we will continue to provide regular updates to the congregation on our finances and loan status. Contact stewardship@stmarks-upland.org with any questions you may have.

St. Mark's Episcopal Parish: A Community of Grace
Our MISSION STATEMENT

We embrace Christ at the center of our lives, sharing the Gospel with all people and loving ourselves and each other as Christ loves us

E-mail: parishadmin@stmarks-upland.org

Web: www.stmarks-upland.org

Facebook: [Saint Mark's Episcopal Parish Upland, CA](#)

Instagram: [@stmarksupland](#)

YouTube: Saint Mark's Episcopal Church Upland, CA
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