



The Good News

Sunday, March 13, 2022

St. Mark's Episcopal Church: A Community of Grace

We spread God's word, love like Jesus, enjoy worshipping together, and help our neighbors.

Lent & Easter (April 17) information available in the Narthex

Because St. Mark's cares for the young, elderly, and immuno-compromised, because vaccinations are essential to creating a safer/healthier workplace and worship space, because our health and strength are intertwined with one another, and because health is not an individual endeavor, we show proof of vaccination and wear masks for in-the-building services. Masks may be taken off at the pulpit, altar, or presider chairs when reading (not singing). State and health officials allow churches to determine their own mask/vaccination policies. Thank you for your continued support.

Week at a Glance at St. Mark's

Office Hours: Monday–Friday 9AM to 3PM; Closed for lunch 12:30-1PM

Sunday 8AM and 10AM Holy Eucharist. Both in-person and streaming online on YouTube and Facebook. Go to <https://www.stmarks-upland.org/services/in-spirit-worship/>. Bulletins are available at church, by e-mail, and on the website. Hymnals are available for home use.

Sunday 9:50AM Sunday School. "Children of the Good Shepherd" for little ones ages 3-6, in the Chapel. "Journey with God," for children ages 7-10, in the Curriculum Room off the Parish Hall (Room 18). All children welcome!

Monday–Friday 9AM Zoom Morning Prayer and Bible Study.

Go to <https://us06web.zoom.us/j/93780545256>. Download prayer sheets from the website at <https://www.stmarks-upland.org/morning-prayer/>.

Tuesday 3:30PM Choristers. See Blane Abernathy for more information.

Wednesday 9AM St. Peter's Guild. Card games and other activities in person. Email stpeters@stmarks-upland.org for more information.

Wednesday 10:30AM Men's Coffee Fellowship. Meet at Bad Ass Coffee in Rancho Cucamonga. For info email menscoffee@stmarks-upland.org.

Wednesday 5:00PM Handbell Rehearsal. See Blane Abernathy for more information.

Wednesday 7:30PM Taizé Service. In person and streaming online on Facebook. Go to <https://www.facebook.com/saintmarksepiscopalparishupland>.

Thursday 7:30PM Adult Choir Rehearsal. See Blane Abernathy for more information.

Church Calendar: All meetings/events must be scheduled through the church office. If you don't see your event, email parishadmin@stmarks-upland.org. Or call the church office at 909-920-5565 to schedule a date and time to reserve the rooms that are available.

COMMUNITY & FELLOWSHIP NEWS

Into Eternal Life: Linda Monaghan

It is with care that we inform you of the passing of Linda Monaghan, 79. Linda passed away unexpectedly on March 7, 2022. Linda and Ralph would have celebrated 45 years of marriage in September. She is predeceased by two children. Please keep her husband Ralph, children Elizabeth, Timothy, Russell, David, and Jesse, her grandchildren, great-grandchildren, sisters, and family in your prayers. A memorial service at St. Mark's is being planned.

Rest eternal grant to Linda, O Lord; and let light perpetual shine upon her. May her soul, and the souls of all the departed, through the mercy of God, rest in peace. Amen.

Parking Help Requested for the Memorial Service on Saturday

Come help a parishioner in a time of need. We need some people to help direct parking of guests and visitors to the memorial service this Saturday, March 12. Please check in with Dale Biggs by 10:15 AM. Please let Dale know if you can help. Thank you.

Kitchen Clean-up

For the next two Sundays items from our kitchen clean-up will be on tables in the Parish Hall. Please come in and take a look for items that you might have left in the kitchen by mistake or you might find something that you need at home. After the two weeks, any items that are left will be donated.

Help is Needed for Our Egg Hunt on Easter Sunday

We are in need of 400 packaged filled Easter eggs for the egg hunt after the 10:00 AM church service. If you are able to donate, please see Susan Mackall in the Parish Hall to sign up. A resource list will be available for online and local stores that carry this item.

SPIRITUAL GROWTH

Prayer Requests

Please send your prayer requests to prayer@stmarks-upland.org. Or complete the prayer request form at <https://www.stmarks-upland.org/saint-marks-prayer-list/>

"Walk in Love" Lent Program, Sundays in Lent: March and April 3 (In-Person)

We are all newcomers to the new normal of St. Mark's and the Episcopal Church. For all who have recently joined us in worshiping at St. Mark's, a Newcomer Class will meet on the five Sundays in Lent—March 6, 13, 20, 27, and April 3. Each week, from 9:05-9:50AM in classroom 16 in the Parish Hall, we will have a book discussion on Walk in Love: Episcopal Beliefs and Practices by Scott Gunn and Melody Wilson Shobe.

Loving Our Neighbor Lent Program: Growing Beloved Community (Zoom)

7 PM Tuesdays via ZOOM - March 8, 15, 22 & 29 and April 5 & 26.

The 6-part series, developed by the National Church, explores how systemic racism has been integrated into U.S. culture as well as The Episcopal Church. This series ends with concrete suggestions on how to grow what Presiding Bishop Curry calls "the beloved community." This Lenten program begins March 8. Join us Tuesdays at 7 PM via Zoom. Zoom invitations, along with a participant guide, will be sent out prior to the meetings. March 8 - "Race, Privilege and the Beloved Community" March 15 - "Building a Firm Foundation" March 22 - "Systemic Racism in the US" March 29 - "Race and the Episcopal Church" April 5 - "Racial Reconciliation and Personal Empowerment" April 26 - "Actively Building the Beloved Community" All are welcome! This study is a collaboration with St. George's Episcopal Church, Laguna Hills (stgeorgesparish.org). To register, contact the rector.

2022 Local Lent Walk - California Botanic Garden Walk

Saturday March 26, 2022

Our Local Lent Walk is a morning walk at the California Botanic Garden in Claremont. Formerly known as the Rancho Santa Ana Botanic Garden, the California Botanic Garden is located at 1500 North College Ave in Claremont. This is a leisurely walk through a large garden featuring native California plants.

This year, we will meet at the garden's parking area at 9:45 AM to allow for purchasing tickets and getting started by 10:00 AM. This is informal and we are usually through by lunch time. Tickets may also be purchased in advance online at the Garden's website. Restrooms and water are available but no pets nor food. Thank you.

Please sign up on the Interest List on the bulletin board in the Parish Hall if you are interested. It will help us to determine if everyone is there when we meet. Please contact Craig Gillette 909 631-9479 if you have questions.

2022 Joshua Tree Lent Wilderness Experience

Saturday April 2, 2022

Our Lenten Joshua Tree Lent Wilderness Experience is a social and contemplative day trip to Joshua Tree National Park. This outing is open to all members of St. Mark's and extended family and friends are welcome. However, it's an area of uneven terrain and may be unsuited to those with mobility concerns.

We will gather at St. Mark's in the rear parking lot at 7:30 AM for coordinating driving directions, sharing cell numbers and then setting out by 8:00 AM in an informal group drive. We will leave it to attendees to decide if they want to share rides but at this time, we aren't going to plan for carpools.

This year we won't do a prepared/shared group meal although we will likely still eat together. Participants will need to bring their own snacks, food, and water or other beverages (no water or food services at the site). An interest sheet for sign-ups is available on the bulletin board in the Parish Hall. It's not needed for food or ride planning but will help us know who to expect when we meet.

Information sheets with more details and driving information are posted and available in the Parish Hall or Narthex. Please contact Craig Gillette at 909 631-9479 if you have any questions.

OUTREACH

Episcopal Relief & Development Supports ACT Alliance Response to Crisis in Ukraine

Donations to Episcopal Relief & Development's [Ukraine Crisis Response Fund](https://www.episcopalrelief.org/product/ukraine-crisis-response/) will help the organization and its partners continue to provide assistance to people displaced by the crisis in Ukraine. Donate here: <https://www.episcopalrelief.org/product/ukraine-crisis-response/>

Episcopal Relief & Development (<https://www.episcopalrelief.org/>) is supporting Action by Churches Together (ACT Alliance) as it provides critical assistance to support people affected by violence in Ukraine. Working through ACT member Hungarian Interchurch Aid (HIA) and other local organizations, ACT Alliance is providing emergency assistance such as food, shelter, water and basic supplies to refugees and people displaced within Ukraine.

The [UN Refugee Agency](https://www.unrefugees.org/) estimates that as of March 8, more than two million people have left Ukraine since Russian forces invaded the country, making this the fastest-growing refugee crisis since World War II. Damage to civilian infrastructure has left thousands without electricity or water. Homes have been damaged and destroyed, displacing hundreds of thousands within the country. People

are fleeing to neighboring countries such as Poland, Hungary and Romania and their long-term destination is unclear. (March 9, 2022, Press Release)

Rotate Clocks and Cans for Day Light Savings this Sunday, March 13

Please remember to Spring Forward and adjust your clocks. This is also an opportunity to refresh your canned goods supply. Please bring unexpired canned goods to the church Narthex. Both the Foothill Family Shelter Food Pantry and the TOUCH Ministries distribute canned goods to the hungry and needy.

T.O.U.C.H. Ministries

This time of year, the need is great for families and those living on the streets. T.O.U.C.H. Ministries provides clothes, food, and bedding, and welcomes your donations. Especially needed at this time of year are tarps, socks, gloves, beanies, and always Walmart or fast-food gift cards. For more information, contact Dave Nalbach or Cheryl Hunley. Email touch@stmarks-upland.org.

Foothill Family Shelter

There is always a need for nonperishable packaged food, diapers, wipes, and gently used clothing. Bring to the shelter Tuesday through Friday, 9am-5pm, (closed for lunch from 12-1pm), 1501 W. 9th St, Suite D, Upland. For more information or current needs, contact Yelitza Banuelos at yelitza@foothillfamilyshelter.org.

FINANCE & STEWARDSHIP

Breeze for Contributions

With our new church software come some changes in our contribution recording. If you are splitting your donation between funds, please state that in the memo line of your check or note it in the memo in PayPal. All unmarked funds will be placed in the Operating Fund Account.

2022 Stewardship Campaign "Every Perfect Gift"

Thank you to all those who made a pledge to St. Mark's for the 2022 fiscal year. We are in the process of finishing our pledge drive and verifying those who have submitted a pledge card. We will be contacting those for whom a card has not been recorded. Please be patient with us as we complete our stewardship program and develop our 2022 budget.

If you have not turned in your form, there is still time. All pledges are kept confidential and may be amended at any time if your situation changes. Please pick up a pledge form in the Narthex or if you prefer, you may fill out your pledge information through our [website](#), where there are two pages, and you must fully complete the form to have it submitted. Please know that your information will be confidential and secure. Questions should be directed to Katherine Abdolhosseini, our business manager at contributions@stmarks-upland.org.

Building Loan Update

As reported to the congregation at the January 30 annual meeting, the Vestry has been considering whether to pay off or attempt to refinance the approximately \$325,000 that will be due when our building loan expires this May. The 2012 loan was originally \$930,000 for school and church improvements and was refinanced in 2017.

The Vestry, at its February 27 meeting, unanimously approved paying off the loan. A generous anonymous donation allowed us to pay down the principal enough to be able to consider this action; we will eliminate \$85,000 per year in loan payments. We are planning a "burn the mortgage" celebration this spring after we have made arrangements for the final payment. We appreciate everyone who has donated and continues to donate to the building fund so that we can meet our facility needs. --Finance Committee

DEANERY, DIOCESE, AND BEYOND

Deanery 6 Collaborative Lent, Holy Week, and Easter

The following services will be held at various churches in the Deanery: Mar 2 - Ash & Dash, St. Mark's Upland; Mar 5 - Deanery 6 Lenten Retreat on the Enneagram, led by the Rev. Jesse Smith; Apr 10 - Palm Sunday, Grace Glendora; Apr 13 - Holy Wednesday Tenebrae, St. John's La Verne; Apr 14 - Maundy Thursday Agape Meal, foot-washing, Holy Eucharist, and stripping the altar, St. Ambrose, Claremont; Apr 15 - Good Friday Evening, St. Paul's Pomona; and Apr 16 - Easter Vigil, Christ Church, Ontario.

Easter Vigil Creation Story Readers Needed for Presentation at Christ Church Ontario

Are you interested in making the Creation Story from Genesis come alive? Learn how to make this ancient story come alive for readers for the Deanery 6 Collaborative Easter Vigil at Christ Church Ontario on Saturday evening, April 16. For more information, please contact the rector.

HEALTH AND COMMUNITY PROTOCOLS FOR WORSHIP

Unvaccinated individuals ages 12 years and older participate online and all ages 2 years and up wear a mask. Please consider getting a booster and social distancing.

We will be singing less but still having music, be meeting outside for hospitality/coffee hour but still having fellowship and refreshments, and be avoiding large in-person sit-down meals but still be church and community for one another and the world.

Masks: Worn by those 2 years and up. We have disposable (surgical/medical/paper) face masks for your use.

Social distancing: We are respectful of those around us and adjust for healthy spaces between households. Direct physical contact with young children is avoided; elbow bumps are fine, but no hugs or handshakes.

Exchanging "The Peace": Everyone's space and sensitivities are respected. When someone offers their elbow, fist, or a peace sign, we respond appropriately.

Restrooms: If it can wait, only one person/household uses the restroom at a time.

Hospitality: To reduce multiple handling of shared objects such as the coffee urn, hot water dispenser, and serving utensils, we let the hospitality host serve us. We are outside for safety.

FOOD DRIVE



HELP STOCK THE PANTRY AT FOOTHILL FAMILY SHELTER

Foothill Family Shelter

1501 W. 9th Street, Suite D
Upland, CA 91796

**SATURDAY
MARCH 26, 2022
9am - 11am**

Accepting non-perishable food and canned items

SUGGESTED ITEMS: Canned vegetables, canned fruit & fruit cups, instant potatoes, oatmeal, Mac & Cheese, Instant Ramen/ Cup Noodles, Chef Boyardee, Rice-a-roni, Pasta sauce, Pasta noodles, Canned protein, Canned beans, Canned soup, Snack items, and beef jerky

Please No Expired Food.

Providing Housing and Hope Since 1984

PLEASE NOTE: NO COMMUNITY SERVICES WILL BE AVAILABLE AT EVENT

For more information please contact Raquel@foothillfamilyshelter.org