




July 11-17 at St. Mark's

- Sunday 10AM **In-Person & In-Spirit Worship**. Bulletin available in church, e-mail, and online. Please print the bulletin to use at home. Hymnals are available for home use, contact the church office to arrange pick up. On Facebook or online at <https://www.facebook.com/saintmarksepiscopalparishupland/posts/4215991928468126> or through our website: <https://www.stmarks-upland.org/services/in-spirit-worship/>
- Monday – Friday 9AM, Morning Prayer & Bible Study <https://zoom.us/j/93780545256> Download prayer sheets from the website: <https://www.stmarks-upland.org/morning-prayer/>
- Wednesday 9AM, St. Peter's Guild, card games and other activities in person.
- Wednesday 7:30 PM, Taizé

Did you know that Facebook will automatically add closed caption to our services? Simply click on the settings “gear”  at the lower right of the screen, and turn Captions on!

Don't see your event? Email parishadmin@stmarks-upland.org with information.

New COVID Protocols for Sunday Worship: Vaccinated can stop wearing masks, social distancing

Fully vaccinated people can resume most of their ordinary activities including those associated with worship, fellowship, meetings, teaching, and service at church - **the vaccinated can stop wearing masks and social distancing.**

If for whatever reason a person cannot or chooses not to be vaccinated, then they should continue to mask up and socially distance. We will continue to offer an in-spirit worship service. Prayer books and hymnals will return to the pews. Let us know if you need a set for in-spirit worship.

Social distance seating. At St. Mark's whenever alcohol is served, appealing non-alcoholic alternatives are offered with equal prominence and accessibility. In this spirit, the north side of the church is reserved for those who wish to maintain social distance seating for whatever reason. No judgement given or reasons needed for any who wish north-side seating. Just as the north parking lot is reserved for those who need accessible parking, the north side is reserved for those who want social distancing.

Please do not read anything into where a person is seated. Returning to the non-alcoholic alternatives example, someone may choose to drink water instead of wine for a variety of reasons - maybe they are in recovery, the designated driver, don't like the brand of wine offered, didn't see the bar, or just curious.

Please know that this arrangement is only temporary. If this arrangement results in people not being able to sit in their “usual” seats, we will appreciate everyone's patience and flexibility.

Singers & servers must be vaccinated. The vaccinated may sing in church. Those serving food and beverages and those celebrating and serving Holy Communion should also be vaccinated. If a person is not vaccinated for whatever reason, then they should refrain from singing in church, and not serve as a Eucharistic Minister or coffee host.

For the “peace exchange” during worship, everyone's space and sensitivities should be respected. If someone offers their elbow, fist, or a peace sign, please respond appropriately. Do NOT assume physical affection. The peace of Christ is offered and given with enthusiastic consent.

Children. Since children under age 12 cannot yet be vaccinated, all direct physical contact with young children should be avoided; elbow bumps are fine, but no hugs or handshakes. Our Sunday School will continue to be held in-spirit. When the time is right we will shift to a large, well-ventilated space or outside, using social distancing and masks. Our in-person Children's choir will not resume yet.

No matter where you are on this journey through the wilderness, you are welcome at St. Mark's - whether that be in-person, in-spirit, or in-between. Take all the time you need. We are a community of grace ready for you.

Enhancing In-Spirit Worship

To enhance the in-spirit Sunday worship experience, please download the Sunday bulletin which has the words of the creeds, the prayers of the people, the confession, and most of the prayers. Also, hymnals for home use are available for take home or delivery. Please let us know if you would like one. Thank you for your feedback.

SPIRITUAL GROWTH & FELLOWSHIP

Farewell Gathering for Sallie Ringle and Marion Steese

Sallie Ringle and Marion Steese are relocating in the coming weeks. They are moving closer to family. On Saturday, July 24, from 2PM to 5 PM we will have an opportunity to say farewell to them at a gathering at the home of Sally Drake. All are invited, adults and children. In case of excessive heat, hours may be changed to later in the day. Please contact Sally Drake for additional information.

Our Virtual Coffee hour is on hiatus

With the return to in-person worship, our coffee hour has moved to the church and our coffee hour hosts are assisting with livestreaming our service. Unfortunately, they are not able to also host our online coffee hour. If you would like be a host and continue this ministry, please contact us at parishadmin@stmarks-upland.org and we will work with you to continue to provide a coffee hour for our at home participants.

An Invitation to Further Reflection: A Sermon Appraisal

"An effective sermon offers one clear message of good news authentic to the preacher relevant to the audience holding attention and inviting transformation." from Backstory Preaching Please consider completing a sermon appraisal here:

<https://www.surveygizmo.com/s3/5820275/Mentorship2-0-2020>

Page Turners: new book study

Beginning July 6, we will be reading and discussing **The Sum of Us: What Racism Costs Everyone and How We Can All Prosper Together** by Heather McGhee. Discussions will be every other Tuesday at 6:30 PM for 5 sessions. Sessions run July 6th through August 31st. Please contact Andrea Flasher at racialjustice@stmarks-upland.org for more information.

GFS September Weekend Camp for Girls and their 'Mama Bears'

Girls Friendly Society Los Angeles invites girls ages 6 and up and their mothers, grandmothers, aunts or female mentors to register for "Me and My Mama Bear" Camp Sept. 17 - 19 at Camp Wrightwood. Registration open June 15 – July 15. Girls do not have to be members of GFS to attend. A flyer with complete cost, safety and registration information is [here](#).

Prayer requests

Please send your prayer requests to prayer@stmarks-upland.org or complete the prayer request form at <https://www.stmarks-upland.org/saint-marks-prayer-list/>

ANNOUNCEMENTS

Haiti Partnership Update: Change for Change Returns

St. Andre's, our partner in Haiti, needs our prayers, solidarity, and support during this frightening time. The Change for Change bottle returns to the narthex for your contributions - online and paper contributions are welcome.

Please consider reaching out to your legislators to ask them to push for the right kinds of emergency humanitarian outreach to Haiti - that is, working through Haitian institutions already on the ground.

St. Andre's and other partner churches, schools, and institutions are out there doing their work and trying to figure out how to keep people safe, healthy, and fed during this very challenging time.

Please keep Haiti in your prayers, in particular,

Magdala Fleury, President of the Haiti National Assembly of the Daughters of the King; Pere Colbert, DOK Chaplain for Haiti; Pere Jean Philippe Alphonse, Priest at St. Andre's Episcopal Church, Trianon; Louis Fleuristal, Head of St. Andre School; all students and families at St. Andre Church and School; Eudras Ceus, partnership assistant, translator, and driver; Pere Jeannot Joseph, former Priest at St. Andre; Fanoosh, cook at the rectory of St. Andre's; Sonson Victorin, airport arrivals and departures assistant; and all of the other friends and helpers we've met over the past 22 years.

Senye,
Mwen konnen ke jaden mwen
p'ap pouse ni donner
si m' pa travay li e voye je sou li.
Donk, tanpri Senye,
travay e voye je sou jaden ke mwen.
Mwen vle donner pou ou.
Amen.

Lord,
I know that my garden
doesn't grow or bear fruit
if I don't visit it and watch over it
So, please, Lord,
visit and watch over the garden of my
heart.
I want to bear fruit for you.
Amen.

Photographs Needed

Looking for great photos of St. Mark's to update the website. If you have great photos of St. Mark's in the following categories, Preschool, Service, Community/Fellowship, Youth, or Sacrament (Baptism, Wedding, Eucharist) we would love to share them. Please email photos to parishadmin@stmarks-upland.org.

Fishing for Compliments!

Your "review" of St. Mark's is needed. Your comments are posted to our website. Have you something to tell others about St. Mark's? Send your feedback to parishadmin@stmarks-upland.org

Flower Dedications

As we return to in-person worship, the Flower Guild is joyfully going back into action. Flower dedications for specific Sundays are welcome at this time with a donation in any amount to help defray the cost of the flowers and materials. The cost for Sunday morning arrangements is usually around \$100. You are welcome to give more or less as you are inspired to do. All donations will be gratefully received. You may commemorate or celebrate a special

event/person/anniversary/animal companion/milestone. Dedications are worded, "Flowers are Given to the Glory of God and in Memory of/Celebration of/Honor of/Thanksgiving for _____ by (your name)." To arrange for a dedication, please e-mail Guild Director Christy Hyder at least three weeks before any dedication at flowers@stmarks-upland.org, with a copy for the bulletin to parishadmin@stmarks-upland.org. Include the Sunday you've chosen and the wording for the dedication, using the model above. You may make your donation at that time by check or PayPal. Please write "Sunday Flowers" on the memo line.

Lay Alternate Delegates

We are in need of lay alternate delegates from St. Mark's for the 2021 Convention. Here's your opportunity to volunteer. A lay alternate delegate would attend and represent St. Mark's and cast votes if one of the elected lay delegates was unable to fulfill that role (ex., due to illness). The Diocesan Convention will be held at Riverside Convention Center on Saturday, November 13 and conclude with a diocesan-wide livestreamed Eucharist on Sunday, November 14. Lay alternate delegates are also invited to attend the pre-convention Deanery 6 Assembly on Sunday, October 24, 2021 @3:00 pm which will be done online. Please contact vestry@stmarks-upland.org if you would like to be a lay alternate delegate or have any questions about the role.

Celebrating Birthdays, Anniversaries and Other Life Hallmarks - First Sunday of the Month In Person

Are you celebrating a birthday or anniversary next month? Please join us for a special blessing on the first Sunday of the month at 10 am in person.

Camp Stevens opens registrations for Summer 2021 sessions

Camp Stevens, the diocesan facility in Julian, has been given the go-ahead by the state of California to open registration for Summer 2021 resident camps.

Adventure Sessions (6 days, Ages 8 – 15): July 11 – 16; July 18 – 23; July 25 – 30; & August 1 – 6
Register or learn more [here](#).

Please note, with the increased movement on campus due to relaxed restrictions, scheduling your event at St. Marks's if more important than ever. Please contact Natalie Dunlap to reserve space for your event (909) 920-5565 or ndunlap@stmarks-upland.org

OUTREACH

Touch Ministries

Next collection for TOUCH is Saturday, July 17 from 9 AM to 11 AM. Nonperishable food in easy open packages, clothing, toiletries, and \$10 gift cards for fast food, Target, and Walmart always welcome. For more information call Dave Nalbach.

Foothill Family Shelter

There are many ways to support Foothill Family Shelter and the homeless families in our community. We serve over 8,000 individuals every year and we rely solely on our community to keep our pantry stocked. Donations are vital and no donation is ever too small or shop our [Amazon Wish List](#) using Amazon Smile®. Donations may be shipped to the shelter office or you may drop them off. The Shelter Office is located at 1501 West 9th Street, #D, Upland. For additional Info contact Rosalyn breakfastbaggers@StMarks-upland.org

STEWARDSHIP

Summertime is here!

While summer travels may take you places, so remember to keep your pledge current. Before packing that suitcase, please be sure send in your donation to St. Mark's Episcopal Church, 330 E.

16th Street, Upland, CA 91784. Alternatively, you may wish to set up automatic "bill pay" or "online banking" through your financial institution. You may also make your donation through [PayPal](#), donations are being accepted through our email address, contributions@stmarks-upland.org. Please consider remembering Saint Mark's in your estate planning.

St. Mark's Episcopal Parish: A Community of Grace

OUR MISSION STATEMENT

We embrace Christ at the center of our lives, sharing the Gospel with all people and loving ourselves and each other as Christ loves us

E-mail: parishadmin@stmarks-upland.org

Web: www.stmarks-upland.org

Facebook: [Saint Mark's Episcopal Parish Upland, CA](#)

Instagram: [@stmarksupland](#)

YouTube: [Saint Mark's Episcopal Church Upland, CA](#)

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