

**June 20-27 at St. Mark's**

- **Sunday** 10AM **In-Person & In-Spirit Worship.** Bulletin available in church, e-mail, and online. Please print the bulletin to use at home. Hymnals are available for home use, contact the church office to arrange pick up. On Facebook <https://www.facebook.com/saintmarksepiscopalparishupland/posts/4177505968983389> or online at: [In-Spirit Worship \(stmarks-upland.org\)](http://In-Spirit%20Worship%20(stmarks-upland.org))
- **Monday** – Friday 9AM –Morning Prayer & Bible Study via Zoom <https://zoom.us/j/93780545256>. Download prayer sheets from the website: <https://www.stmarks-upland.org/morning-prayer/>
- **Wednesday** - 9AM, St. Peter's Guild, card games and other activities in person.
- **Friday** – 11AM Women's Fellowship & Prayer Breakfast email womensbreakfast@stmarks-upland.org final meeting for the year June 25.

Please note There will be no Taizé on Wednesday June 30. Taizé will resume on Wednesday July 7th at 7:30pm.

Did you know that Facebook will automatically add closed caption to our services? Simply click on the settings “gear”  at the lower right of the screen, and turn Captions on!

Don't see your event? Email parishadmin@stmarks-upland.org with information.

New COVID Protocols for Sunday Worship: Vaccinated can stop wearing masks, social distancing

Fully vaccinated people can resume most of their ordinary activities including those associated with worship, fellowship, meetings, teaching, and service at church - **the vaccinated can stop wearing masks and social distancing.**

If for whatever reason a person cannot or chooses not to be vaccinated, then they should continue to mask up and socially distance. We will continue to offer an in-spirit worship service. Prayer books and hymnals will return to the pews. Let us know if you need a set for in-spirit worship.

Social distance seating. At St. Mark's whenever alcohol is served, appealing non-alcoholic alternatives are offered with equal prominence and accessibility. In this spirit, the north side of the church is reserved for those who wish to maintain social distance seating for whatever reason. No judgement given or reasons needed for any who wish north-side seating. Just as the north parking lot is reserved for those who need accessible parking, the north side is reserved for those who want social distancing.

Please do not read anything into where a person is seated. Returning to the non-alcoholic alternatives example, someone may choose to drink water instead of wine for a variety of reasons - maybe they are in recovery, the designated driver, don't like the brand of wine offered, didn't see the bar, or just curious.

Please know that this arrangement is only temporary. If this arrangement results in people not being able to sit in their “usual” seats, we will appreciate everyone's patience and flexibility.

Singers & servers must be vaccinated. The vaccinated may sing in church. Those serving food and beverages and those celebrating and serving Holy Communion should also be vaccinated. If a person is

not vaccinated for whatever reason, then they should refrain from singing in church, and not serve as a Eucharistic Minister or coffee host.

For the "peace exchange" during worship, everyone's space and sensitivities should be respected. If someone offers their elbow, fist, or a peace sign, please respond appropriately. Do NOT assume physical affection. The peace of Christ is offered and given with enthusiastic consent.

Since children under age 12 cannot yet be vaccinated, all direct physical contact with young children should be avoided; elbow bumps are fine, but no hugs or handshakes. Our Sunday School will continue to be held in-spirit. When the time is right we will shift to a large, well-ventilated space or outside, using social distancing and masks. Our in-person Children's choir will not resume yet.

No matter where you are on this journey through the wilderness, you are welcome at St. Mark's - whether that be in-person, in-spirit, or in-between. Take all the time you need. We are a community of grace ready for you.

Enhancing In-Spirit Worship

To enhance the in-spirit Sunday worship experience, please download the Sunday bulletin which has the words of the creeds, the prayers of the people, the confession, and most of the prayers. Also, hymnals for home use are available for take home or delivery. Please let us know if you would like one. Thank you for your feedback.

SPIRITUAL GROWTH & FELLOWSHIP

Sunday Children's Sermon: Children Welcome in the Building.

For our Summer children's program, we are offering a hybrid Children's sermon at the beginning of the 10 am Sunday service.

- Children are welcome to come forward at any time before or during the Opening Hymn.
- Sitting mats will be available.
- Social distancing of 3-feet between households will be maintained.
- Please be aware that our Sunday service and the Children's sermon is livestreamed and posted on social media. Please be aware of the risk that a child's face and/or identity may be exposed.
- Water is available from the parish hall from hospitality. At this time the drinking fountains are turned off.
- Restrooms are single occupancy to maintain social distance; they may be used by members of the same household - including parent/guardian and child.
- Non-family members are discouraged from embracing/hugging children.
- Currently, there is no child-care.
- The entry hallway (narthex) allows for a clear view of the altar. The parish hall has audio available. And the campus has Wi-Fi. The playground is open; please supervise responsibly.
- Please stay home if not feeling well or showing any symptoms.
- Unvaccinated must mask up and maintain social distance.

In-Spirit Coffee Hour on Hiatus

With the return to in-person worship, our coffee hour has moved to the church and our coffee hour hosts are assisting with livestreaming our service. Unfortunately, they are not able to also host our online coffee hour. If you would like be a host and continue this ministry, please contact us at parishadmin@stmarks-upland.org and we will work with you to continue to provide a coffee hour for our at home participants.

An Invitation to Further Reflection: A Sermon Appraisal

"An effective sermon offers one clear message of good news authentic to the preacher relevant to the audience holding attention and inviting transformation." from Backstory Preaching Please consider completing a sermon appraisal here:

<https://www.surveygizmo.com/s3/5820275/Mentorship2-0-2020>

Page Turners: New Book Study Begins Soon

Beginning July 6, we will be reading and discussing **The Sum of Us: What Racism Costs Everyone and How We Can All Prosper Together** by Heather McGhee, Discussions will be every other Tuesday at 6:30 PM for 5 sessions. Sessions run July 6 through August 31. Please contact Andrea Flasher at racialjustice@stmarks-upland.org for more information.

GFS September Weekend Camp for Girls and their 'Mama Bears'

Girls Friendly Society Los Angeles invites girls ages 6 and up and their mothers, grandmothers, aunts or female mentors to register for "Me and My Mama Bear" Camp Sept. 17 - 19 at Camp Wrightwood. Registration open between June 15 and July 15. Girls do not have to be members of GFS to attend. A flyer with complete cost, safety and registration information is [here](#).

Prayer requests

Please send your prayer requests to prayer@stmarks-upland.org or complete the prayer request form at <https://www.stmarks-upland.org/saint-marks-prayer-list/>

ANNOUNCEMENTS

Please note, with the increased movement on campus due to relaxed restrictions, scheduling your event at St. Mark's is more important than ever. Please contact Natalie Dunlap to reserve space for your event (909) 920-5565 or ndunlap@stmarks-upland.org

The Playground is Open on Sunday

The playground is open on Sundays. Children welcome. Please supervise responsibly.

Office Angels Needed: 3-4 Hours Weekly

St. Mark's is looking for office angels - those who can volunteer 3 to 4 hours in the front office. We welcome a range of skills and experience. Mondays and Thursdays are our most urgent days. Flexibility, reliability, and people skills are a must. Since the role involves contact with vulnerable populations, applicants should be fully vaccinated. Please contact the rector if you are interested.

Fishing for Compliments!

Your "review" of St. Mark's is needed. Your comments are posted to our website. Have you something to tell others about St. Mark's? Send your feedback to parishadmin@stmarks-upland.org

Photographs Needed

Looking for great photos of St. Mark's to update the website. If you have great photos of St. Mark's in the following categories, Preschool, Service, Community/Fellowship, Youth, or Sacrament (Baptism, Wedding, Eucharist) we would love to share them. Please email photos to parishadmin@stmarks-upland.org.

Lay Alternate Delegates for Diocesan Convention in November

We are in need of lay alternate delegates from St. Mark's for the 2021 Convention. Here's your opportunity to volunteer. A lay alternate delegate would attend and represent St. Mark's and cast votes if one of the elected lay delegates was unable to fulfill that role (ex., due to illness). The Diocesan Convention will be held at Riverside Convention Center on Saturday, November 13 and conclude with a diocesan-wide livestreamed Eucharist on Sunday, November 14. Lay alternate

delegates are also invited to attend the pre-convention Deanery 6 Assembly on Sunday, October 24, 2021 @3:00 pm which will be done online. Please contact vestry@stmarks-upland.org if you would like to be a lay alternate delegate or have any questions about the role.

Flower Dedications

Flower dedications for specific Sundays are welcome at this time with a donation in any amount to help defray the cost of the flowers and materials. The cost for Sunday morning arrangements is usually around \$100. You need not give that full amount as we want everyone to be able to participate. You are also permitted to give more if you are inspired to do so. All donations will be gratefully received. If you wish, you may commemorate or celebrate a special event/person/anniversary/animal companion/milestone. Dedications are worded, "Flowers are Given to the Glory of God and in Memory of/Celebration of/Honor of/Thanksgiving for _____ by (your name)." To arrange for a dedication, please e-mail Guild Director Christy Hyder at least three weeks before any dedication at flowers@stmarks-upland.org, with a copy for the bulletin to parishadmin@stmarks-upland.org. Include the Sunday you've chosen and the wording for the dedication, using the model above. You may make your donation at that time by check or PayPal. Please write "Sunday Flowers" on the memo line.

Many Thanks to Natalie Dunlap for 25 Years of Service

Natalie's last day in the office will be the end of August giving us time to plan next steps with care. Join us as we bless her on Sunday, August 15 at the 10 am service. If you would like to contribute towards a gift, please write "Natalie" in the memo. Natalie will continue with her church ministries including the bell choir - after some well-deserved time away with Charlie. Blessings, Natalie!

Bob Mattus - Project Manager - Social Media Team

The Vestry and Rector are pleased to announce that Bob Mattus has accepted the position of Project Manager for media development. Bob will be looking at audio and video resources to enhance our live and online offerings. If you are interested in joining Bob on this project, please email socialmedia@stmarks-upland.org to learn more.

Camp Stevens opens registrations for Summer 2021 sessions

Camp Stevens, the diocesan facility in Julian, has been given the go-ahead by the state of California to open registration for Summer 2021 resident camps.

Adventure Sessions (6 days, Ages 8 – 15): July 11 – 16; July 18 – 23; July 25 – 30; & August 1 – 6
Register or learn more [here](#).

Celebrating Birthdays, Anniversaries and Other Life Hallmarks - First Sunday of the Month In Person

Are you celebrating a birthday or anniversary next month? Please join us for a special blessing on the first Sunday of the month at 10 am in person.

OUTREACH

Touch Ministries

June 2021: 25 pounds of food, 8 articles of clothing, 51 toiletry items, and 51 miscellaneous supplies, and \$220 in fast food gift cards were donated to TOUCH this month. Many thanks to all who participate in this outreach. Next collection date July 17th from 9-11 AM. For more information contact Dave Nalbach.

Foothill Family Shelter

There are many ways to support Foothill Family Shelter and the homeless families in our community. We serve over 8,000 individuals every year and we rely solely on our community to keep our pantry stocked. Donations are vital and no donation is ever too small or shop our [Amazon Wish List](#) using

Amazon Smile®. Donations may be shipped to the shelter office or you may drop them off. The Shelter Office is located at 1501 West 9th Street, #D, Upland. For additional Info contact Rosalyn breakfastbaggers@StMarks-upland.org

Red Cross Blood Drive at St. Mark's, Friday, July 9

Our next blood to be held at St. Mark's on Friday, July 9, Friday from 8am to 2pm in the parish hall. Make your appointment at [Red Cross](#). If you receive a COVID-19 vaccine, knowing the name of the manufacturer is critical in determining your blood donation eligibility. In most cases, there is no deferral time if you receive a vaccine.

The American Red Cross is testing all blood donations for COVID-19 antibodies. These results may provide valuable insight into a donor's potential past exposure to this coronavirus, or an antibody response developed after receiving a COVID-19 vaccine. Only those feeling healthy and well should present to donate and appointments are strongly encouraged. Test results will be available to donors via the American Red Cross Blood Donor App or at [RedCrossBlood.org](#) within one to two weeks.

STEWARDSHIP

Summertime is Here!

While summer travels may take you places, so remember to keep your pledge current. Before packing that suitcase, please be sure send in your donation to St. Mark's Episcopal Church, 330 E. 16th Street, Upland, CA 91784. Alternatively, you may wish to set up automatic "bill pay" or "online banking" through your financial institution. You may also make your donation through [PayPal](#), donations are being accepted through our email address, contributions@stmarks-upland.org. Please consider remembering Saint Mark's in your estate planning.

St. Mark's Financial and PPP Loan Update

Thank you for your continued generosity! Regular donations continue to be steady, which has greatly helped St. Mark's to pay its expenses and prepare for the safe return of in-person activities. We also received \$4,585 in Easter offerings through the end of April, which is 50% more than last year. We have benefited from Paycheck Protection Program (PPP) loans as well. This is a federal program for pandemic relief for small businesses, including faith-based organizations. We are preparing the forgiveness application for the 2020 loan of \$383,937 that largely went to school expenses. It will take several months to receive a determination. We received a second forgivable loan of \$238,400 during the third week of May. It will be used to pay for church and preschool salaries, utilities, and building loan interest for a 24-week period. This loan will allow us to close budget deficits and plan for the future. On behalf of the Finance and Stewardship Committees, we will continue to provide regular updates to the congregation on our finances and loan status. Contact stewardship@stmarks-upland.org with any questions you may have.

St. Mark's Episcopal Parish: A Community of Grace

Our Mission Statement

We embrace Christ at the center of our lives, sharing the Gospel with all people and loving ourselves and each other as Christ loves us.

Email: parishadmin@stmarks-upland.org

Website: <https://www.stmarks-upland.org>

Facebook: [Saint Mark's Episcopal Parish Upland CA](#)

Instagram: [@stmarksupland](#)

YouTube: Saint Mark's Episcopal Church Upland, CA
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