

TRAUMA-INFORMED PRACTICES FOR SCHOOLS

1 IN 4

children have been exposed to a traumatic event that may have a lasting impact on the well-being and functioning of students and their families.

Understanding how trauma impacts students and adopting a trauma-informed approach, empowers educators to play a crucial role in mitigating both the short and long-term effects.

Trauma-Informed Practices for Schools (TIPS) learning modules assist schools to increase capacity to implement and sustain a trauma-informed system through **EXPLORATION & INNOVATION.**

The availability of prevention & early intervention programs for children & families is essential to effectively address some of our communities' toughest behaviors health challenges like opioid addiction & suicide.

HEATHER SIMONICH
PATH North Dakota



ENHANCING PSYCHOLOGICAL SAFETY

Informs how schools can provide predictability, set limits, build competence and opportunities for building supportive relationships with the intention of helping students & staff feel safe at school to promote learning.

PROMOTING SOCIAL-EMOTIONAL LEARNING

Using CASEL's five social-emotional competencies, learn to explicitly teach and promote social-emotional learning through classroom and school-wide approaches.

IMPLEMENTING & MAINTAINING RESTORATIVE DISCIPLINE PRACTICES

Expanding on Positive Behavior Interventions & Supports (PBIS), explore how schools can use instances of misconduct as learning opportunities through restorative practices.

ENGAGING FAMILIES

Students with engaged caregivers attend class more regularly; demonstrate higher levels of academic achievement; and exhibit more positive behavior. Examine current strategies & learn effective ways to maximize engagement.

COLLABORATING WITH COMMUNITY PARTNERS

Partnerships and collaborations, although challenging to create & maintain, can bolster student success. Equip your school to recognize & respond to the impact of traumatic stress by partnering with agencies and other support services.

TIPS Needs Assessment

Attend a facilitated session designed to assist educators in completing the Trauma-Informed Practices for Schools (TIPS) Needs Assessment. This will aid in the assessment of progress toward creating and maintaining trauma-informed learning environments. The TIPS Needs Assessment serves as a framework to enhance a school system's trauma-informed practices

Upcoming Sessions:

Jan. 27 | Jamestown | 8:00-4:00pm

Jan. 28 | Bismarck | 8:00-4:00pm

Jan. 29 | Minot | 8:00-4:00pm

\$750/per team

**rate is reduced by current grant funding*

Register at

<https://tinyurl.com/TIPSNA-2020>



Trauma-Informed Practices for Schools

PROJECT COORDINATOR

Lyndsi Engstrom
Central Regional Education Association
lyndsi.engstrom@k12.nd.us | 701-441-1737

PROJECT COLLABORATORS

Heather Simonich
PATH North Dakota
hsimonich@pathinc.com

Keely Ihry
South East Education Cooperative
keely.ihry@k12.nd.us