

**Construction Health & Safety Technician  
(CHST)  
Examination Prep Class**

**Co-Sponsored By  
American Society of Safety  
Professionals – S.F. Chapter  
And**

**OSHA Training Institute – Dublin, CA**

**WHEN:** October 8-11, 2019 (3½ Days)  
7:30am to 5:00pm, First 3 Days  
7:30am to 12:00 Noon, Last Day

**WHERE:** OSHA Training Center  
7600 Dublin Blvd.  
Dublin, CA 94568

**CLASS SIZE:** Limited to 24 attendees!

**SIGN-IN:** First Day Only 7:30 - 8:00am

**SUBJECTS COVERED INCLUDE:**

**Day #1:**

Segment No. 1: Fed/OSHA Section Hierarchy (CFR 1910 vs. CFR 1926), Citations, Procedures, Administrative Requirements.

Segment No. 2: Introduction, Terminology, Safety & Management Principles, Fall Protection, Ergonomics.

Segment No. 3: Hazardous Materials/Hazcom, Fire Protection, Flammables.

Segment No. 4: Accident Investigation & Analysis.

**Day #2:**

Segment No. 5: Excavation & Trenching, Tunneling, Demolition, Traffic Control.

Segment No. 6: Cranes & Rigging, Permit Confined Space.

Segment No. 7: Scaffolding, Education & Training, Ethics.

Segment No. 8: Machine Guarding, Electrical Safety, Lockout/Tagout, Contingency Planning.

**REGISTRATION DEADLINES:**

**EARLY BIRD:** Online OR Postmarked by Friday, Aug. 2, 2019 – \$725.00

**REGULAR:** Online OR Postmarked by Friday, Sept. 20, 2019 – \$800.00

**LATE:** Postmarked by Thursday, Sept. 26, 2019 OR Online by Wednesday, Oct. 2, 2019 – \$875.00

**NO REGISTRATIONS ACCEPTED AFTER  
OCTOBER 2, 2019 AND NO WALK-INS!**

**NOTE:** You do not need to be an ASSP Member to Register!

**WHAT IS INCLUDED:**

Registration includes 3½ days of Instruction, Binder with All Presentations and Handouts, Sample Test Questions, and Refreshments at each Break.

**INSTRUCTORS:**

Jon Moldestad, LLC; Steve Bowers, CSP; and Rob Kleiner, CIH.

**QUESTIONS?** E-mail Mark Stone at:  
[msscsp@gmail.com](mailto:msscsp@gmail.com)

**SUBJECTS COVERED (Cont.)**

**Day #3:**

Segment No. 9: Asbestos, Lead, Silica.

Segment No. 10: Noise, Sanitation, PPE.

Segment No. 11: Welding, Lasers, Ventilation.

Review: Day #1 & #2 Material.

**Day #4:**

Review: Day #3 Material and Practice Test Questions.

**BREAKS & LUNCH SCHEDULE**

**Breaks & Refreshments:** Provided Mid-Morning and Mid-Afternoon.

**Lunch (On your Own):** 11:30am - 12:30pm.  
There are plenty of local places to eat at or do take-out, or bring your own lunch.

**REGISTRATION FORM**

**ATTENDEE (Please Print Clearly!):**

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**REGISTRATION – Select One:**

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**TWO WAYS TO REGISTER:**

1) **REGISTER BY MAIL:** Complete the Form (one Form per Registration, please), cut at dotted line and mail, along with a CHECK payable to “Viratech Services” to:

Viratech Services  
PO Box 2283  
Alameda, CA 94501

**SEE POSTMARKED DEADLINES ABOVE:**

**OR**

2) **REGISTER & PAY ONLINE** Using a Major Credit Card at:

<https://squareup.com/store/viratech-services>

**SEE ONLINE REGISTRATION DEADLINES ABOVE:**

**NOTE:** No Registration Refunds, but you may substitute another attendee in your place.