

2018 Training Catalog

Chabot-Las Positas Community College District
Office of Economic Development and Contract Education



California • Nevada • Arizona • Hawaii • Guam
osha4you.com • 866.936.OSHA (6742)

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“The training has enabled
our company to improve
our safety program to
a level awarded #1 in the nation.”

General Information

OSHA Training Institute Education Center (OTIEC) at Chabot-Las Positas Community College District is authorized by the U.S. Department of Labor to deliver occupational safety and health training on behalf of OSHA and has been conducting OSHA courses since 2008. We are headquartered in the San Francisco Bay Area and deliver OSHA's safety courses throughout California, Arizona, Hawaii, Nevada, Guam and at your facility.

Students are able to earn and maintain their OSHA credentials as well as earn OTC Continuing Education Units which can be applied to many safety professional designations including the CSP, CHST, OHST and ABIH safety credentials. Our instructors are industry safety professionals who bring the latest information, experience and techniques to our state-of-the-art classrooms and incorporate real world experiences into classroom instruction and hands-on learning exercises.

Industries Served

We offer courses in the following industries:

- Construction
- General Industry
- Healthcare
- Oil & Gas
- Maritime
- Disaster Site Worker

Military Veteran Discount

We offer all active and retired military a 10% discount on all training.

Federal/State OSHA Employee Discount

We offer a 10% discount on all training.

Financial Aid

Financial assistance may be available for all of those who qualify. Please note that there are different requirements and available resources. Start by contacting your local resource groups below for additional information:

Employment Development Department
<http://www.edd.ca.gov/>

California Workforce Development Board
<https://cwdb.ca.gov/>

America's Job Centers/Career One-Stop
<https://www.careeronestop.org/LocalHelp/service-locator.aspx>

Veterans Affairs
<https://www.benefits.va.gov/benefits/>



Board of Trustees

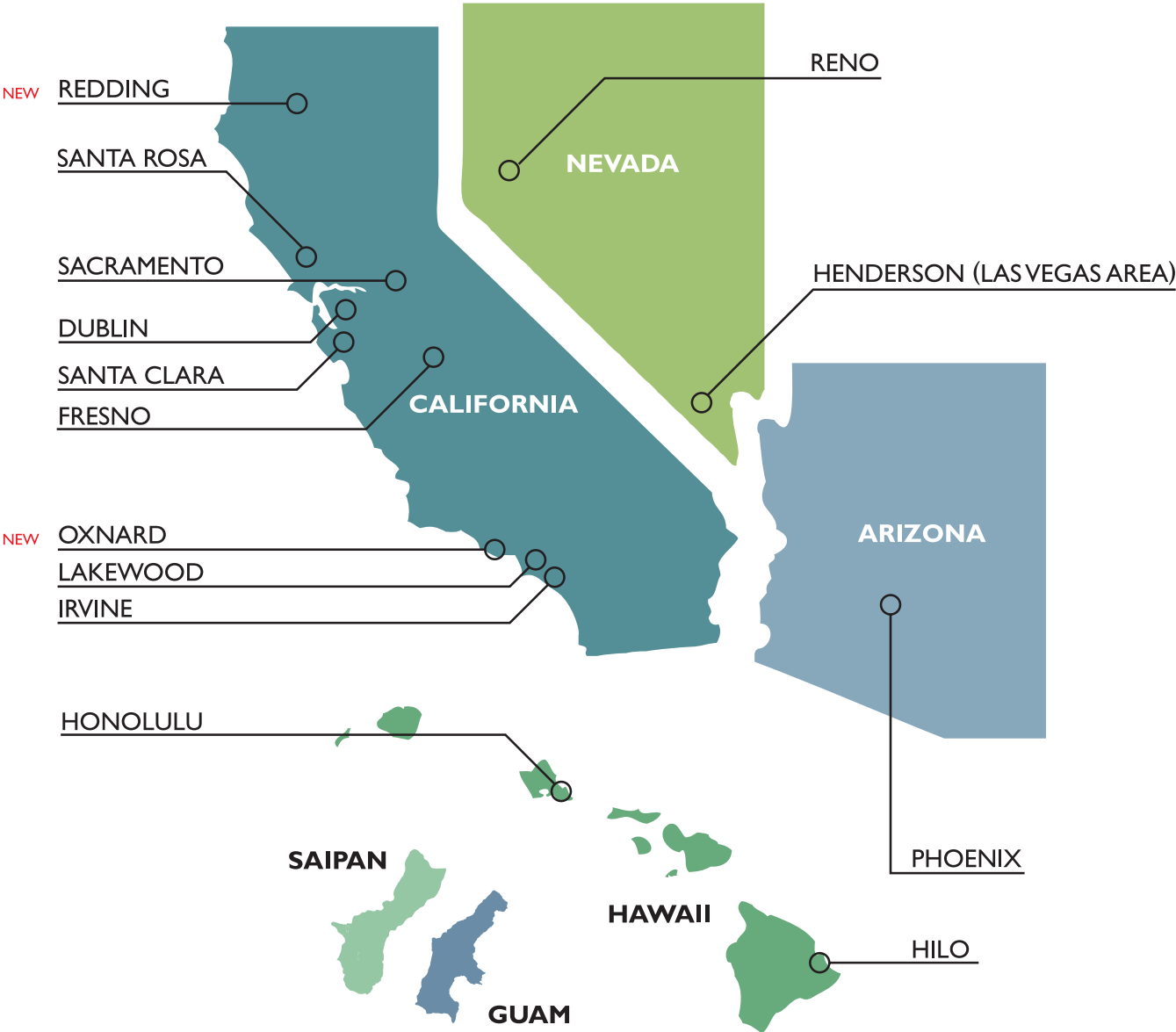
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The Chabot-Las Positas Board of Trustees governs the Chabot-Las Positas Community College District and is responsible for all policy decisions. The Board meets once a month.

Locations

Multiple Locations

The OSHA Training Institute Education Center provides training at convenient locations near you and your organization. For additional information visit us online at www.osha4you.com/locations.



Northern California

OSHA Training Institute Education Center
7600 Dublin Blvd., Suite 102A
Dublin, CA 94568
www.osha4you.com

The Trade School
Shasta Builders Exchange
5800 Airport Road
Redding, CA 96002
www.shastabe.com

Safety Center, Inc.
3909 Bradshaw Road
Sacramento, CA 95827
www.safetycenter.org

Builders Exchange of Santa Clara County
400 Reed Street
Santa Clara, CA 95050
www.bxscco.com

North Coast Builders Exchange
1030 Apollo Way
Santa Rosa, CA 95407
www.ncbeonline.com

Central California

Central California Builders Exchange
1244 N. Mariposa Street
Fresno CA 93703
www.cencalbx.com

Southern California

Lakewood Country Club
3101 E. Carson Street
Lakewood, CA 90712
www.lakewoodgolfcc.com

Orange County Fire Authority
1 Fire Authority Road
Irvine, CA 92602
www.ocfa.org

Ventura County Contractors Association
1830 Lockwood St. #110
Oxnard, CA 93036
www.vccamember.com

Nevada

Nevada S.C.A.T.S.
1301 N. Green Valley Parkway, Suite 200
Henderson, NV 89014
www.4safenv.state.nv.us

Regional Public Safety Training Center
5190 Spectrum Blvd.
Reno, NV 89512
www.rpstc-reno.com

Hawaii

HAWAII (Hilo)
Hawaii Innovation Center
117 Keawe Street #105
Hilo, HI 96720

HAWAII (Honolulu)
Airport Conference Center
400 Rodgers Blvd.
Honolulu, Hawaii, 96819
7th Floor Hawaiian Inter Island Terminal Building
Honolulu International Airport

On-site Training

Customizable Courses

All of our courses can be fully customized to accommodate your organization’s specific requirements. We work collaboratively with you to provide a thorough assessment of your needs and tailor a curriculum that most closely matches your particular goals.

Additional Benefits

Our instructors can provide on-site training at your location according to your schedule. Benefits of offering our courses at your site include:

- Cost savings for groups
- No employee travel expenses
- Accommodate variable shifts and schedules
- Employees learn using their equipment, at their worksite
- Expert instructors focused on your specific needs

For On-site Customized Training Questions:

866.936.OSHA (6742)
otc@clpcdd.org

*We bring
our
courses
to you*



Professional Safety Certificates

Certificate Programs

The OSHA Training Institute Education Center at Chabot-Las Positas Community College District offers four levels of Professional Safety certificates to take your career and your organization’s safety program to the next level. These courses provide focused, real-world information that can be immediately applied in your organization and give you knowledge in many safety and health topics, allowing you to build a broader safety expertise.

These certificates recognize individuals who, through training, have received specialized information in a particular area and ensure that you:

- Are informed about today’s changing regulations, guidance documents, and regulatory interpretations
- Have developed an awareness of government agencies affecting your industry
- Can communicate safety and health problems to your management team and staff members
- Avoid costly citations by staying compliant with OSHA regulations
- Demonstrate proficiency and ambition to enhance your career
- Create a network of others who share similar concerns and resolutions
- Continue your professional development in a growing and changing field

IMPORTANT: As of November 1, 2017, all courses applied towards certificate program completion must have been taken within the previous 5 years (completion date must be within 5 years from the oldest class being applied to certificate completion). Please plan accordingly. Contact us if you have questions.



Safety Associate

The Safety Associate Certificate will provide attendees with a solid foundation for understanding OSHA regulatory standards and developing solutions to workplace safety challenges. Participants in the Safety Associate Certificate can tailor their program to reflect their own areas of interest through a selection of required courses and electives.

How You Will Benefit

- Understand the essential elements of an effective workplace safety program
- Learn the fundamentals of OSHA standards and how they affect your business
- Identification of potential hazards and their solutions
- Understand the essential elements of an effective safety program
- Develop accident investigation skills

Required Courses (3)

Construction Track

- OSHA 510: OSHA Standards for the Construction Industry
- OSHA 7505: Introduction to Incident (Accident) Investigation
- OSHA 7845: Recordkeeping Rule Seminar

General Industry Track

- OSHA 511: OSHA Standards for General Industry
- OSHA 7505: Introduction to Incident (Accident) Investigation
- OSHA 7845: Recordkeeping Rule Seminar

Elective Courses (3)

- Choose **three** additional OSHA Training Center courses. See elective course list at osha4you.com/professional-certificates



Specialist in Safety & Health

The Specialist in Safety and Health Certificate Program is designed to expand and improve the practical skills of those responsible for employee health and safety at their workplace. The courses examine critical *workplace* safety and health issues and provide training *in the skills* necessary for managing a proactive health and safety program. Participants in the Specialist in Safety and Health Certificate Program can select from an educational track with a concentration in either **Construction** or **General Industry** safety. Individuals seeking to complete this program must have a minimum of 5 years of industry safety experience and meet the prerequisite requirements of OSHA 500 or 501.



How You Will Benefit

- Build on your knowledge of OSHA regulations
- Gain knowledge of changing regulations, guidance documents and regulatory interpretations
- Implement ergonomics and develop the management tools to avoid disabilities
- Teach safety skills to your team
- Demonstrate competency when dealing with regulatory agencies

Required Courses (4)
Construction Track <ul style="list-style-type: none">• OSHA 510: OSHA Standards for the Construction Industry• OSHA 500: Trainer Course in Occupational Safety & Health Standards for the Construction Industry OR OSHA 502: Update for Construction Industry Outreach Trainers• OSHA 7505: Introduction to Incident (Accident) Investigation• OSHA 7845: Recordkeeping Rule Seminar
General Industry Track <ul style="list-style-type: none">• OSHA 511: OSHA Standards for General Industry• OSHA 501: Trainer Course in OSHA Standards for General Industry OR OSHA 503: Update for General Industry Outreach Trainers• OSHA 7505: Introduction to Incident (Accident) Investigation• OSHA 7845: Recordkeeping Rule Seminar
Elective Courses (4)
<ul style="list-style-type: none">• Choose four additional OSHA Training Center courses. See elective course list at osha4you.com/professional-certificates



Certified Safety & Health Official

Businesses today face an overwhelming maze of safety and health regulations including employee safety, liability, training requirements, loss control, and program development and implementation. The Certified Safety and Health Official (CSHO) Certificate Program provides a clear and defined path towards earning a professional certificate with a concentration in either Construction or General Industry safety. Individuals seeking to complete this program must have a minimum of 5 years of industry safety experience and meet the prerequisite requirements of OSHA 500 or 501.

How You Will Benefit

- Develop the skills and knowledge for developing and delivering health and safety programs
- Develop your staff's expertise in health and safety strategies
- Gain knowledge of changing regulations, guidance documents and regulatory interpretations
- Earn appropriate credentials to teach and lead others
- Demonstrate competency when dealing with regulatory agencies

Who Should Participate

The Construction Industry Track is designed for personnel who perform safety and health work on a daily basis in construction environments or have safety responsibilities over others at those locations, including inspections and audits.

The General Industry Track relates more to personnel who perform safety and health work at industrial facilities or have safety responsibilities over others at those facilities or locations, and whose work includes inspections and audits.

Required Courses (7)
Construction Track <ul style="list-style-type: none">• OSHA 510: OSHA Standards for the Construction Industry• OSHA 500: Trainer Course in Occupational Safety & Health Standards for the Construction Industry OR OSHA 502: Update for Construction Industry Outreach Trainers• OSHA 2264: Permit-Required Confined Space Entry• OSHA 3015: Excavation, Trenching, & Soil Mechanics• OSHA 3095: Electrical Standards• OSHA 3115: Fall Protection• OSHA 7505: Introduction to Incident (Accident) Investigation
General Industry Track <ul style="list-style-type: none">• OSHA 511: Occupational Safety & Health Standards for General Industry• OSHA 501: Trainer Course in OSHA Standards for General Industry OR OSHA 503: Update for General Industry Outreach Trainers• OSHA 2015: Hazardous Materials• OSHA 2045: Machinery and Machine Guarding Standards• OSHA 2264: Permit-Required Confined Space Entry• OSHA 3095: Electrical Standards• OSHA 7505: Introduction to Incident (Accident) Investigation
Elective Courses (3)
<ul style="list-style-type: none">• Choose three additional OSHA Training Center courses. See elective course list at osha4you.com/professional-certificates



Public Sector Safety & Health Fundamentals Certificate Program

The certificate program in Public Sector Safety & Health Fundamentals supports OSHA’s mission by training public sector employees in occupational safety and health to reduce incident rates for workers in state and local governments. Participants have the opportunity to earn certificates for Construction and General Industry training.

Participants can choose from a variety of topics such as occupational safety and health standards for construction or general industry, safety and health management, accident investigation, fall hazard awareness, and recordkeeping. Although this program was primarily designed for public sector employees, it is available for anyone interested in furthering their knowledge of occupational safety and health.

“I LOVED my classes with Chabot Las Positas and I walked away feeling empowered.”

How You Will Benefit

- Understand OSHA standards and how they affect public sector organizations
- Learn the fundamentals needed to deal with potential hazards
- Reduce injuries and health problems among your co-workers
- Understand the essential elements of an effective safety program
- Develop accident investigation skills
- Gain knowledge of changing regulations, guidance documents and regulatory interpretations
- Demonstrate competency when dealing with regulatory agencies

Participants in the Public Sector Safety & Health Fundamentals Certificate Program can customize their program to reflect their own areas of interest by pursuing the Construction or General Industry Public Sector Safety & Health Fundamentals Certificate and through a selection of core required courses and electives.

Required Courses (3)
Construction Track <ul style="list-style-type: none">• OSHA 510: OSHA Standards for Construction• OSHA 7500: Introduction to Safety and Health Management• OSHA 7505: Introduction to Accident Investigation
General Industry Track <ul style="list-style-type: none">• OSHA 511: OSHA Standards for General Industry• OSHA 7500: Introduction to Safety and Health Management• OSHA 7505: Introduction to Accident Investigation
Elective Courses (4)
<ul style="list-style-type: none">• Choose four additional OSHA Training Center courses. See elective course list at osha4you.com/professional-certificates

Outreach Training Program

Become An OSHA-Authorized Outreach Trainer

The Occupational Safety and Health Administration’s (OSHA) Outreach Training Program was established to train workers in the basics of safety and health hazard recognition and prevention. OSHA authorizes trainers, who complete the 4-day construction, maritime, general industry or disaster site worker train-the-trainer courses, to conduct the 10-hour and 30-hour construction, maritime, or general industry, or 16-hour disaster site worker safety and health hazard recognition and prevention courses.

Individuals who are interested in becoming an OSHA Outreach Trainer must complete the following requirements:

Construction Industry

- OSHA 510 – OSHA Standards for the Construction Industry
- OSHA 500 – Trainer Course in OSHA Standards for the Construction Industry
- Five years of construction safety experience

General Industry

- OSHA 511 – OSHA Standards for General Industry
- OSHA 501 – Trainer Course in OSHA Standards for General Industry
- Five years of general industry safety experience

Cal/OSHA

Requirements are the same as for Construction Industry or General Industry Outreach Trainers, with the additional requirement of:

- OSHA 5109 Cal/OSHA Standards for the Construction Industry; **OR**
- OSHA 5119 Cal/OSHA Standards for General Industry

Maritime Industry

- OSHA 5410 – OSHA Standards for the Maritime Industry
- OSHA 5400 – Trainer Course in OSHA Standards for the Maritime Industry
- Three years maritime industry experience
- Two years additional safety experience or recognized safety credential

Disaster Site Worker

- OSHA 500 – Trainer Course in OSHA Standards for the Construction Industry
- OSHA 501 – Trainer Course in OSHA Standards for General Industry
- OTC 204 – HAZWOPER, 40-Hour
- OSHA 5600 – Disaster Site Worker Trainer Course
- Three years of safety experience



Prerequisites, Registration, & Fees

Prerequisites

Some courses have prerequisite requirements (i.e., courses that must be taken before enrolling in a class); others are open to anyone interested in the subject matter without prerequisites. Prerequisites are listed with other class information in the Course Descriptions beginning on page 13. All prerequisite information must be obtained by the OTIEC prior to the first day of class.

Registration

Course registration can be done online, or by email, phone or fax.

- Online: www.osha4you.com
- Email: otc@clpccd.org
- Phone: 866.936.OSHA (6742)
- Fax: 925.249.9367
- Mail: OSHA Training Center at
Chabot-Las Positas
Community College District
7600 Dublin Blvd, Suite 102A
Dublin, CA 94568

Course Registration Fees

Fees vary by course and are all-inclusive (include tuition, books, equipment use, etc.), unless otherwise noted. Fees can be paid by credit card or cash; or by check (check must clear prior to class start date).



Shipping Policy

The majority of correspondence and confirmation documentation will be submitted via email. On the occasion that information or materials are required to be shipped, standard shipping orders will typically arrive within 7 to 10 business days following credit card authorization and verification. Standard delivery is available for shipping within the United States. We do not ship outside of the United States.

“Any training that helps us eliminate injury and illness in our employees is paramount in its value.”

Cancellation, Attendance, & Grades

Cancellations, Credits and Refunds

Attendee cancellations or reschedules must be submitted in writing a minimum of 7 days prior to the first day of class to be eligible for a refund or credit. Cancellations or reschedules less than 7 days prior will not be eligible.

Students who do not show up to class will forfeit the entire amount of the course and will not be refunded or credited.

Transfers between students are approved on a case-by-case basis. Contact the OSHA Training Institute Education Center (OTIEC) in advance of class for consideration.

In the event that the OTIEC must cancel or reschedule any event, students will be issued a full refund or credit.

Attendance

OTIEC classes are held to OSHA standards, including the number of contact hours required per training. Late arrivals, early departures or no-shows for any of the course sessions will result in being dropped from the course without any fee refunds.

Course Grades and Policies

OTIEC classes are taught on a pass/no pass basis. Students are expected to attend all sessions in full, respect the instructor and other students, and participate in class discussions and exercises. Additionally, some courses require an examination, which students must pass to complete the course with a passing grade.

Students who do not meet the above requirements (for any reason) will receive a “no pass” for the course. Students receiving a “no pass” may re-take the course at their own expense to try to achieve a passing grade.



Continuing Education Units

Continuing Education Units (CEUs) for OSHA Training Institute Education Center courses are a nationally recognized unit of measurement for post-secondary education, professional development and career training. Through the use of CEUs, some of these courses may be used toward certification.

The acceptance of CEUs is determined by each specific organization or company. Please check with your organization or company prior to registering for one of our classes to ensure that the CEUs will be accepted.

The OSHA Training Institute Education Center determines continuing education units by awarding one continuing education unit for every ten contact hours of participation (1 CEU = 10 contact hours). Contact hours are instructional hours and do not include scheduled breaks such as lunch.

Multiple Locations

- Northern California
- Central California
- Southern California
- Nevada
- Arizona
- Hawaii
- Guam

American Board of Industrial Hygiene (ABIH) Certification Maintenance (CM) Points

Certification Maintenance Points are available to Certified Industrial Hygienists who complete courses and are awarded points under the ABIH maintenance of certification program. Visit the ABIH website for the most current information.

Board of Certified Safety Professionals (BCSP) Continuance of Certification (COC) Points

Continuation of Certification (COC) Points are available to certified safety professionals who complete courses in which at least half of the content is devoted to safety, health, or environmental topics. The number of COC points available from the BCSP can be calculated using the BCSP guidelines.

Requests for Records/ Transcripts Policy

We maintain a database of participants who have successfully completed courses and can forward that information as requested. As we are not the awarding body, we do not maintain records of ABIH CM points or BCSP continuance of certification points. Please contact those organizations directly for information about their CEU policies.

For a written request:

A written request from the student whose records/ transcripts are being sought must include the name of the student, course number(s), and dates of each course session for which a record is desired.

Mail request to:
OSHA Training Institute Education Center
Chabot-Las Positas Community College District
7600 Dublin Blvd, Suite 102A, Dublin, CA 94568

Course Descriptions

OSHA 7200

Bloodborne Pathogens Exposure Control for Healthcare Facilities

How to develop a bloodborne pathogens exposure plan for healthcare facilities using a step-by-step approach, including an introduction to the OSHA Bloodborne Pathogens Standard, the exposure control plan, exposure determination, methods of control, vaccinations and evaluations, training and information and record keeping.

Prerequisites: None
Minimum Contact Hours: 7

OSHA 5119

Cal/OSHA Standards for General Industry

This course is designed for personnel interested in learning more about Cal/OSHA general industry standards and policies. Course topics include Title 8 general industry standards and compliance, topics required in the 10- and 30- hour programs as well as those which are most hazardous in general industry, Injury and Illness Prevention Program and Cal/OSHA training guidelines.

Prerequisites for Outreach Trainers: Outreach Trainers seeking to achieve the Cal/OSHA general industry authorized trainer designation must have

completed OSHA #501 Trainer Course in OSHA Standards for General Industry or OSHA #503 Update for General Industry Outreach Trainers.

Minimum Contact Hours: 26

OSHA 5109

Cal/OSHA Standards for the Construction Industry

This course is designed for personnel interested in learning about Cal/OSHA Title 8 Construction standards and policies. Course topics include Title 8 construction industry standards and compliance, topics required in the 10- and 30- hour programs as well as those that are the most hazardous in the construction industry, Injury and Illness Prevention Program and Cal/OSHA training guidelines.

Prerequisites for Outreach Trainers: Outreach Trainers seeking to achieve the Cal/OSHA construction authorized trainer designation must have completed OSHA #500 Trainer Course in OSHA Standards for Construction or OSHA #502 Update for Construction Industry Outreach Trainers.

Minimum Contact Hours: 26

“Thank you all for a very memorable and rewarding experience, as I know it helped me to not only become an “Authorized” Outreach Trainer, but a better Safety Professional as well!”



Cal/OSHA Outreach Training for Construction, 30-Hour

Our 30-Hour Cal/OSHA course covers standards and requirements as they apply to the construction industry and teaches safety awareness which helps in recognizing and reducing the risks of job site hazards. This interactive training is intended as an orientation and covers safety and health hazards workers may face on construction work sites. This course puts emphasis on hazard identification, avoidance, control and prevention and is intended for supervisors or workers who have some safety responsibility. Attendees will receive a Cal/OSHA 30-Hour Construction Outreach course completion card and certificate.

Prerequisites: None
Minimum Contact Hours: 30

Cal/OSHA Outreach Training for General Industry, 30-Hour

Our 30-Hour Cal/OSHA course covers standards and requirements as they apply to general industry and teaches safety awareness which helps in recognizing and reducing the risks of work site hazards. This interactive training is intended as an orientation and covers safety and health hazards workers may face in the workplace. This course puts emphasis on hazard identification, avoidance, control and prevention and is intended for supervisors or workers who have some safety responsibility. Attendees will receive a Cal/OSHA 30-Hour General Industry Outreach course completion card and certificate.

Prerequisites: None
Minimum Contact Hours: 30

OSHA 5029 Cal/OSHA Update for Construction Industry Outreach Trainers

This course updates the OSHA #5109 Cal/OSHA Standards for the Construction Industry course. Students will learn about the most significant changes within Cal/OSHA that affect the construction industry. Course topics include updates on the Cal/OSHA strategic plan, enforcement and consultation, procedural changes, new and proposed Cal/OSHA standards as they relate to the construction industry, navigation of the Cal/OSHA website, and availability of publications and resources. This course continues the student's authorization to teach both the 10- and 30-hour Cal/OSHA Construction Industry Outreach Program.

Prerequisites: None
Minimum Contact Hours: 7

OSHA 5039 Cal/OSHA Update for General Industry Outreach Trainers

This course updates the OSHA #5119 Cal/OSHA Standards for General Industry course. Students learn about the most significant changes with Cal/OSHA that affect general industry. Course topics include updates on the Cal/OSHA strategic plan, enforcement and consultation, procedural changes, new and proposed Cal/OSHA standards as they relate to general industry, navigation of the Cal/OSHA website, and availability of publications and resources.

Prerequisites: None
Minimum Contact Hours: 7

OSHA 6005 Collateral Duty Course for Other Federal Agencies

This course introduces federal agency collateral duty safety and health personnel to the OSH Act, Executive Order 12196, 29 CFR 1960 and 29 CFR 1910. The training enables participants to recognize basic safety and health hazards in the workplace and effectively

assist agency safety and health officers with inspection and abatement efforts.

Prerequisites: None
Minimum Contact Hours: 23

OTC 304 Confined Space Rescue Operations (40-hour)

This course teaches students how to conduct a variety of rescues in permit required confined spaces. Students will learn how to develop and update pre-plans, conduct practice rescues, inspect and maintain equipment, and coordinate with other emergency responders. This training will primarily consist of hands-on field training and is 40 hours in length for five (5) eight hour days.

Prerequisites: Before attending this class, students need to have completed OSHA #2265 Permit Required Confined Space Entry. In addition, it is recommended that students have had previous training in first aid/CPR, respiratory protection and hazardous materials.

Minimum Contact Hours: 40

Consider Becoming an Outreach Trainer

Here are the three easy steps:

1. Five Years of Industry Experience
2. Complete the OSHA Standards Course for your industry
3. Complete the OSHA Trainer Course for your industry

Learn more on page 9

OSHA 7415 Construction Industry Hazards and Prevention Strategies

OSHA requirements and guidelines applicable to construction industry activities and operations, including an awareness level necessary to be able to describe major construction hazards and prevention strategies. Topics include the recognition of hazards in the construction industry, prevention strategies, OSHA guidelines and available resources.

Prerequisites: None
Minimum Contact Hours: 12

OSHA 5600 Disaster Site Worker Trainer Course

This course prepares experienced Outreach Training Program trainers to present OSHA #7600 Disaster Site Worker Course, intended for second responders (those arriving hours or days after the event). Course topics include the National Response Framework, the Incident Command System, disaster work zone safety, respiratory protection, communication issues, applying elements of successful adult training programs, and knowledge, skills, and attitudes to awareness training about safety and health standards at natural and human-made disaster sites. Students are provided the opportunity to practice knowledge and skills through discussion, planned exercises, demonstrations, and presentations. Completion of this course authorizes students to become trainers in the Disaster Site Worker Outreach Training Program, to conduct the OSHA #7600 Disaster Site Worker Course, and to issue cards to participants after verifying course completion.

Prerequisites: OSHA #500 Trainer course in OSHA Standards for the Construction Industry or OSHA #501 Trainer Course in OSHA Standards for General Industry, three (3) years safety training experience, and the completion of the 40-hour HAZWOPER training. Outreach Training Program trainers are required to attend OSHA #5602 Update for Disaster Site Worker Trainer course at least every four (4) years to maintain their outreach training program trainer authorization.

Minimum Contact Hours: 24

OSHA 3095

Electrical Standards

A survey of OSHA's Electrical Standards and the hazards associated with electrical installations and equipment. Topics include single- and three-phase systems, cord- and plug-connected and fixed equipment, grounding, ground fault circuit interrupters, and safety-related work practices. Emphasis is placed on electrical hazard recognition and OSHA policies and procedures. Students will receive instruction on the safe and correct use of their electrical testing equipment. This is a 4-day class.

Prerequisites: None
Minimum Contact Hours: 26

OTC 306

Electrical Safety for Qualified Workers (NFPA 70E)

This course is designed for individuals who work on or near energized electrical systems and complies with the requirements of Cal OSHA (at or less than 600 volts) and NFPA 70E, Standard for Electrical Safety in the Workplace. Emphasis is placed on standards updates and on areas that are the most hazardous.

Prerequisites: None
Minimum Contact Hours: 7.5

EM 385-1-1

EM 385-1-1 Construction Safety and Health Awareness Course for Contractors

This course covers safety as well as the procedures and requirements as set forth by the U.S. Army Corps of Engineers Safety Health Requirements Manual. Learn how to properly prepare a site-specific Accident Prevention Plan (APP), site safety health officer's qualifications and responsibilities, Activity Hazard Analysis (AHA) forms and their development, site personnel training, incident response and reporting procedures, jobsite auditing, and hazard communication. Contractors working at military bases and U.S. Army Corps of Engineers projects must comply with the requirements of USACE EM 385-1-1. This 40-hour course provides instruction about how

contractors can comply with EM 385-1-1 standards. It is very interactive and includes many of tools to assist contractors with EM 385-1-1 compliance.

Prerequisites: None
Minimum Contact Hours: 40

OSHA 7105

Evacuation and Emergency Planning

Preparing for emergencies is a basic principle of workplace safety and health. Participants will learn reasons for emergency action plans and fire prevention plans and when they are required for a workplace; elements of a good evacuation plan and the OSHA requirements for plans; and features of design and maintenance of good exit routes.

Prerequisites: None
Minimum Contact Hours: 4

OSHA 3015

Excavation, Trenching and Soil Mechanics

Students learn about practical soil mechanics and the relationship to the stability of shored and unshored slopes and walls of excavations. Various types of shoring including hydraulic and wood timbers are covered. Testing methods are demonstrated and a field exercise is conducted, allowing students to use instruments such as penetrometers, torvane shears, and engineering rods.

Prerequisites: None
Minimum Contact Hours: 20

Check our website
for the latest courses
and schedule!
www.osha4you.com

OSHA 7405

Fall Hazard Awareness for the Construction Industry

The focus of this course is to identify, evaluate, and prevent or control fall hazards at construction sites. The course focuses on falls to a lower level not falls to the same level resulting from slips and falls. The target audience is the small construction employer, business owner, or manager who would like to obtain information about fall hazards found in the workplace. The training is also suitable for employees and employee representatives. Topics include identifying, analyzing, and preventing fall hazards as well as OSHA resources.

Prerequisites: None
Minimum Contact Hours: 5

OSHA 3115

Fall Protection

An overview of state-of-the-art technology for fall protection and current OSHA requirements. Topics covered include the principles of fall protection, the components of fall arrest systems, the limitations of fall arrest equipment and OSHA policies regarding fall protection. Course features a field exercise demonstrating fall protection equipment.

Prerequisites: None
Minimum Contact Hours: 18

OSHA 2015

Hazardous Materials

Covers OSHA General Industry Standards for hazardous materials handling and integrates other national consensus standards that relate to hazardous materials, including flammable and combustible liquids, compressed gases, LP-gases, and cryogenic liquids. Related processes such as spraying and dipping are included.

Prerequisites: None
Minimum Contact Hours: 26



OSHA 5810

Hazard Recognition and Standards for On-Shore Oil and Gas Exploration and Production

This course provides essential information for employees and employers to protect themselves by developing the knowledge and skills to anticipate, recognize, evaluate and control hazards common to the on-shore oil and gas exploration and production industry. This includes work sites associated with the on-shore exploration and production oil and gas industry including, but not limited to construction, drilling, completion, well servicing, production, product gathering and processing, and product transmission.

Prerequisites: None
Minimum Contact Hours: 30

OTC 204

HAZWOPER, 40-Hour (Hazardous Waste Operations and Emergency Response)

The 40-Hour HAZWOPER course is designed to ensure awareness and promote safety among employees who may be exposed to chemical hazards in their workplace. The objective is to ensure that employees operate in the safest possible manner in situations where contact with potentially hazardous materials is likely.

This class is designed to provide students with written and hands-on instruction in hazardous waste operations and emergency response (HAZWOPER) as it relates to chemical and physical exposures in industrial and field settings. This course satisfies the requirement for generalized employee training under OSHA (1910.120) and (1926).

Prerequisites: None
Minimum Contact Hours: 40

OTC 202

HAZWOPER Refresher, 8-Hour (Hazardous Waste Operations and Emergency Response)

8-Hour HAZWOPER Refresher is designed for hazardous waste operations and emergency response workers who must satisfy their annual 8-hour refresher training course requirement.

Prerequisites: None
Minimum Contact Hours: 8

OSHA 7205

Health Hazard Awareness

Introduction to common health hazards that are encountered in the workplace, including exposure to chemicals, asbestos, silica and lead, identification of hazards, sources of exposure, health hazard information, evaluation of exposure and engineering and work practice controls. The course is an awareness course for employers and employees.

Prerequisites: None
Minimum Contact Hours: 6

OSHA 7505

Introduction to Incident (Accident) Investigation

Introduction to Accident Investigation provides an introduction to basic accident investigation procedures and describes accident analysis techniques. The goal of the course is to help participants gain the basic skills necessary to conduct an effective accident investigation at their workplace. The target audience is the small employer, manager, employee or employee representative who, as part of a firm's safety and health system, would be involved in conducting accident and/or near-miss investigations.

Prerequisites: None
Minimum Contact Hours: 7.5



OSHA 7100

Introduction to Machinery and Machine Safeguarding

The main focus of this course is to increase the participant's knowledge and skill in proper machine safeguarding techniques, and to highlight the benefits of guarding various types of machinery. It is the employer's responsibility to identify and select the safeguard necessary to protect employees and others in the work area, as well as provide appropriate training in safe work practices. Knowing when and how to properly safeguard machinery can reduce or eliminate the potential for accidents and injuries.

Prerequisites: None
Minimum Contact Hours: 4

OSHA 7510

Introduction to OSHA for Small Business

This course covers an introduction to the Occupational Safety and Health Administration (OSHA) and the OSH Act for owners and managers of small businesses. Course topics include an introduction to OSHA, OSHA Standards, the inspection process, implementing a safety and health program, worker training requirements and assistance available to small businesses. Upon course completion students will understand OSHA operations and procedures and how

to work with OSHA to prevent or reduce injuries and illnesses in their workplace.

Prerequisites: None
Minimum Contact Hours: 3.5

OSHA 7500

Introduction to Safety and Health Management

This introductory course addresses the four core elements of an effective safety and health program with strategies & techniques that are critical to each element's proper management. The course is designed for the small employer, business owner or manager designated with the responsibility to develop and manage a safety and health program or system.

Prerequisites: None
Minimum Contact Hours: 5.5

OSHA 7115

Lockout/Tagout - Controlling Hazardous Energy to Prevent Workplace Injury

Focuses on the roles and responsibilities of the employer to develop and implement an energy control program, or lock-out/tag-out (LOTO) for the protection of workers while performing servicing and maintenance activities on machines and equipment. Students will learn how to detect hazardous conditions and implement control measures as they relate to the control of hazardous energy, written isolation procedures, training for authorized and affected employees, and periodic inspection of energy control procedures. Topics include the understanding and application of definitions relating to OSHA's Control of Hazardous Energy Standard, types of hazardous energy, energy isolation options and written program requirements.

Prerequisites: None
Minimum Contact Hours: 7.5

OSHA 2045

Machinery and Machine Guarding Standards

This class familiarizes the student with various types of common machinery and their related safety standards, and the control of hazardous energy sources (lockout/tagout). The course presents an approach to machinery inspection that enables participants to recognize hazards and to provide options to achieve abatement, including those for mechanical motions and actions created by points of operation and other machinery processes. Includes practice on identifying and mitigating machinery hazards.

Prerequisites: None
Minimum Contact Hours: 26

OSHA 7410

Managing Excavation Hazards

Introductory class on excavation requirements. Topics include the understanding and application of definitions relating to OSHA's Excavation Standard (Subpart P), excavation hazards and control measures, soil analysis techniques, protective system requirements and emergency response.

Prerequisites: None
Minimum Contact Hours: 6.5

Cal/OSHA Courses

The OSHA Training Center specializes in providing Cal/OSHA courses specific to California Title 8 regulations.

Learn more about the Cal/OSHA Courses on pages 13-14.

OSHA 5402

Maritime Industry Trainer Update Course

Students will learn to demonstrate continued professional development in their field by applying effective adult learning principles and interactive training techniques to clearly identify, define and explain maritime industry hazards and acceptable corrective measures in accordance with the 29 CFR 1915, 1917, 1918 and 1919 OSHA Maritime Standards as they continue to teach 10-hour and 30-hour OSHA outreach courses.

Note: Outreach Trainers are required to attend this course once every four (4) years to maintain their authorized trainer status. Prior to registration, students must provide a copy of their current trainer card for validation and complete a prerequisite form.

Prerequisites: OSHA #5400 Trainer Course for the Maritime Industry

Minimum Contact Hours: 18

OSHA 7400

Noise in the Construction Industry

Covers OSHA's Hearing Conservation Program for Construction Workers. Includes hands-on experience with noise meters and dosimeters, as well as materials and guidance for training the workforce.

Prerequisites: None
Minimum Contact Hours: 5.5

OSHA 6010

Occupational Safety and Health Course for Other Federal Agencies

This course covers the recognition, evaluation, and control of safety and health hazards for other federal agencies. Course topics include the OSH Act, Executive Order 12196, 29 CFR 1960 and 1920 General Industry Standards, understanding the Federal Safety and Health program regulations, identification of safety and health hazards, controlling hazards, hazard abatement, and construction focus four topics. This course is intended for federal employees responsible for occupational safety and health programs at their respective agencies. Upon course completion students will have the ability to apply OSHA General Industry Standards and regulations pertaining to federal agencies, identify and control safety and health hazards, and hazard abatement.

Prerequisites: None
Minimum Contact Hours: 53

OSHA 521

OSHA Guide to Industrial Hygiene

Industrial hygiene practices and related OSHA regulations and procedures. Topics include permissible exposure limits, OSHA health standards, respiratory protection, engineering controls, hazard communication, OSHA sampling procedures and strategy, workplace health program elements and other industrial hygiene topics. The course features hands-on practice in health hazard recognition and OSHA health standards requirements.

Prerequisites: None
Minimum Contact Hours: 26

OSHA 511

OSHA Standards for General Industry

This course covers federal OSHA policies, procedures and standards, as well as general industry safety and health principles and is the prerequisite course to the OSHA #501 Trainer Course for General Industry. Topics include scope and application of the OSHA General Industry Standards. Special emphasis is placed on those areas that are the most hazardous in non-construction industries, using OSHA Standards as a guide. Learn to apply the appropriate federal OSHA Standard that applies to hazards in general industry.

Prerequisites: None
Minimum Contact Hours: 26

OSHA 510

OSHA Standards for the Construction Industry

This course covers federal OSHA policies, procedures, and standards, as well as construction safety and health principles and is the prerequisite to the OSHA #500 Outreach Trainer for the Construction Industry. Topics include scope and application of the OSHA Construction Standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA Standards as a guide. Learn to apply the appropriate federal OSHA Standard that applies to hazards in the construction industry.

- Toxic and hazardous substance hazards

Prerequisites: None
Minimum Contact Hours: 26

OSHA 5410

OSHA Standards for the Maritime Industry

Participants in OSHA #5410 will learn the OSHA policies, procedures, and standards for the maritime industry as well as safety and health principles. Each section of the OSHA Maritime Standards will be covered. Special emphasis will be placed on those areas that are more hazardous, using OSHA Standards

as a guide. OSHA #5410 is the prerequisite course to the OSHA #5400 Trainer Course for the Maritime Industry.

Prerequisites: None
Minimum Contact Hours: 35

OSHA 7000

OSHA Training Guidelines for Safe Patient Handling

Course will focus on analyzing and identifying hazardous ergonomic jobs in nursing homes and developing practical solutions. Featured topics include creating a protocol for resident assessment and implementing solutions including work practices and engineering solutions.

Prerequisites: None
Minimum Contact Hours: 7.5

3 Ways to Register

Online: www.osha4you.com
Phone: 866.936.OSHA (6742)
Mail: 7600 Dublin Blvd.
Suite 102A
Dublin, CA 94568

“The instructors instill integrity as well as professionalism.”

OTC 107

Outreach Training for Construction, 30-Hour

Our 30-Hour Outreach course covers specific OSHA standards and requirements as they apply to the construction industry and teaches safety awareness which helps in recognizing and reducing the risks of job site hazards. This interactive training is intended for entry level workers as an orientation and covers safety and health hazards workers may face on construction work sites. Our course puts emphasis on hazard identification, avoidance, control and prevention. This training is intended for people who have some safety responsibility. Attendees will receive a 30-hour OSHA Construction Outreach card and a certificate of attendance. There is a \$8 processing fee for the OSHA card to be collected during the class.

Prerequisites: None
Minimum Contact Hours: 30

OTC 110

Outreach Training for General Industry, 30-Hour

Our 30-Hour Outreach course covers specific OSHA standards and requirements as they apply to general industry work sites and teaches safety awareness which helps in recognizing and reducing the risks of hazards. This interactive training is intended for entry level workers as an orientation and covers safety and health hazards workers may face at general industry work sites. Our course puts emphasis on hazard identification, avoidance, control and prevention. This training is intended for people who have some safety responsibility. Attendees will receive a 30-hour OSHA General Industries Outreach card and a certificate of attendance. There is a \$8 processing fee for the OSHA card to be collected during the class.

Prerequisites: None
Minimum Contact Hours: 30



OSHA 7210

Pandemic Influenza Preparedness

This course covers recognizing hazards and risks associated with a pandemic influenza event and developing strategies to assist a business, community, or family with realistic preparation for a pandemic event. Course topics include potential impact of a pandemic influenza event on a business and community, critical elements of a preparedness plan, and realistic strategies for supporting continuity of business. This course offers information on strategies that can be used to control the spread of the virus, minimizing exposure to employees and family, and resources available from OSHA and other government agencies. Upon course completion, students will have the ability to prepare for a pandemic to assure business continuity and employee safety.

Prerequisites: None
Minimum Contact Hours: 5.5

OSHA 2264

Permit Required Confined Space Entry

How to recognize, evaluate, prevent and abate safety and health hazards associated with confined space entry. Technical topics include the recognition of confined space hazards, basic information about instrumentation used to evaluate atmospheric

hazards, and ventilation techniques. This course features practice with permit entry classification and program evaluation.

Students are advised to bring the following - hard hat, gloves, safety glasses, boots, work type clothes, hearing protection, and a personal water bottle.

Prerequisites: None
Minimum Contact Hours: 20

OSHA 2255

Principles of Ergonomics

Using ergonomic principles to recognize, evaluate, and control work place conditions that cause or contribute to musculoskeletal and nerve disorders. Topics include work physiology, anthropometry, musculoskeletal disorders, use of video display terminals and risk factors such as vibration, temperature, material handling, repetition and lifting and transfers in health care. Course emphasis is on industrial case studies covering analysis and design of work stations and equipment, practice sessions in manual lifting and coverage of current OSHA compliance policies.

Prerequisites: None
Minimum Contact Hours: 18



OSHA 3085

Principles of Scaffolding

This course covers the requirements for construction and the safe construction and use of scaffolding using the OSHA construction scaffold standard as a guide. Course topics include hazards associated with scaffold design, assembly, disassembly and use, types of scaffolds, determining scaffold capacity, employee qualifications and training, and maintenance, repair, and inspection requirements. Students will participate in workshops to reinforce concepts of safe scaffolding. Upon course completion students will have the ability to identify the types of scaffolds and their components, determine safe assembly, use, and disassembly, and recognize common violations of OSHA Standards.

Prerequisites: None
Minimum Contact Hours: 26

OSHA 7005

Public Warehousing and Storage

The course is designed for warehouse workers and will focus on many hazards and injuries that are likely to be encountered in warehouse operations. It has been shown that warehousing has become an increasingly hazardous area in which to work. OSHA has identified Public Storage and Warehousing as one of seven industries with a high lost time claims rate. Injuries may occur from forklifts; material handling and lifting; exposure to hazardous substances; and slips, trips and falls. The course will discuss: powered industrial trucks; material handling/lifting/ergonomics; hazard communication; walking and working surfaces; and exit routes and fire protection.

Prerequisites: None
Minimum Contact Hours: 7

OSHA 7845

Recordkeeping Rule Seminar

Identification of responsibilities for posting certain records, maintaining records of illnesses and injuries and reporting specific cases to OSHA. Participants who successfully complete this course will be able to identify OSHA requirements and complete OSHA's forms 300, 300A and 301.

Prerequisites: None
Minimum Contact Hours: 4

OSHA 2225

Respiratory Protection

Requirements for establishing, maintaining and monitoring a respiratory protection program, including terminology, OSHA Standards, NIOSH certification and medical evaluation recommendations. Course highlights incorporate hands-on experience with respirator selection, qualitative fit testing, and the use of a large array of respiratory and support equipment for training.

Prerequisites: None
Minimum Contact Hours: 26



OTC 308

Safety Inspection Techniques

Safety and health inspections are shown to be essential parts of the hazard control process. This course will concentrate on how inspections are conducted and how the information is used to improve safety and health. You will learn the most commonly used safety inspection standards, tools and techniques in this course and learn an organized approach to inspecting and auditing projects to insure OSHA compliance and injury prevention. Students will perform an inspection during a class field trip and will prepare a final inspection report. Students are required to bring appropriate Personal Protective Equipment (PPE) to the course including hard hats, safety vests, safety glasses, work boots, etc.

Prerequisites: None
Minimum Contact Hours: 22

OTC 301

Scaffolding Safety Standards

OSHA compliance standards for various types of scaffolding including supported, suspended, and aerial lifts, how scaffolds work and how to perform basic load analysis. Hands-on exercises are included.

Prerequisites: None
Minimum Contact Hours: 22

OSHA 501

Trainer Course in OSHA Standards for General Industry

This course is designed for those who are interested in teaching the 10-hour and 30-hour general industry safety and health outreach classes to employees and other interested groups. Special emphasis is placed on those topics that are required in the 10-hour and 30-hour classes as well as on those that are the most hazardous in non-construction industries. Course participants learn effective instructional approaches and the successful use of visual aids and handouts. This course authorizes the student to become a trainer in the Outreach Program and to conduct both 10-hour and 30-hour general industry safety and health courses, and to issue cards to participants verifying course completion.

Prerequisites: OSHA #511 OSHA Standards for General Industry and five years of general industry safety experience. A college degree in occupational safety and health, a Certified Safety Professional (CSP), or a Certified Industrial Hygienist (CIH) designation may be substituted for two (2) years of experience.

Minimum Contact Hours: 26

OSHA 500

Trainer Course in OSHA Standards for the Construction Industry

This course is designed for those who are interested in teaching the 10-hour and 30-hour construction safety and health outreach classes to employees and other interested groups. Special emphasis is placed on those topics that are required in the 10-hour and 30-hour classes as well as on those that are the most hazardous in the construction industry. Course participants learn effective instructional approaches and the successful use of visual aids and handouts. This course authorizes the student to become a trainer in the Outreach Program and to conduct both 10-hour and 30-hour construction safety and health courses, and to issue cards to participants verifying course completion.

Prerequisites: OSHA #510 OSHA Standards for the Construction Industry and five years of construction safety experience. A college degree in occupational safety and health, a Certified Safety Professional (CSP), or a Certified Industrial Hygienist (CIH) designation may be substituted for two (2) years of experience.

Minimum Contact Hours: 26

OSHA 5400

Trainer Course in OSHA Standards for the Maritime Industry

For those who are interested in teaching the 10-hour and 30-hour maritime safety and health outreach classes to employees and other interested groups. Course participants learn effective instructional approaches and the successful use of visual aids and handouts. This course authorizes the student to become a trainer in the Maritime Outreach Trainer Program and to conduct both 10- and 30-hour maritime safety and health courses for shipyard employment, marine terminals, and longshoring, and to issue cards to participants verifying course completion.

Prerequisites: OSHA #5410 Occupational Safety and Health Standards for the Maritime Industry and two years maritime industry experience and **at least one of the following:**

- Two years of occupational safety and health experience (with a broad focus) in any industry
- A degree in occupational safety and health from an accredited college or university
- Certified Safety Professional (CSP) designation
- Certified Industrial Hygienist (CIH) designation
- Certified Marine Chemist (CMC) designation
- Certified Safety Health Manager (CSHM) designation
- OTC Certified Safety and Health Official (Level III)

Minimum Contact Hours: 26

“Great staff, superb trainers and a great mix of classes.”

OTC 403

Trainer Course in Permit Required Confined Space Entry

This course is designed for those who are interested in teaching a permit required confined space awareness-level course to employees and other interested groups. Course participants learn application of standards, as well as effective instructional approaches and the successful use of visual aids and handouts.

Prerequisites: OSHA #2264 Permit Required Confined Space Entry

Minimum Contact Hours: 15

OTC 402

Trainer Course in Trenching Safety

Federal and Cal/OSHA requirements for excavation and trenching activities, with an emphasis on training techniques, prevention strategies and practices such as inspections, permitting procedures, soil analysis, and “competent person” responsibilities.

Prerequisites: OSHA #3010 Excavation, Trenching and Soil Mechanics

Minimum Contact Hours: 15

OSHA 7300

Understanding OSHA’s Permit Required Confined Space Standard

An introduction to the requirements of OSHA’s Permit Required Confined Space Standard, 29 CFR 1910.146. It is designed for small employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit space program.

Prerequisites: None

Minimum Contact Hours: 7

OSHA 502

Update for Construction Industry Outreach Trainers

A refresher course for those who have completed the OSHA #500 Construction Industry Outreach Trainer course and who are authorized trainers in the OSHA Outreach Training Program. It provides an update on such topics as OSHA Construction Standards, policies, and regulations. Students in OSHA #502 must prepare a presentation on an assigned OSHA construction industry outreach topic individually or as part of a group, and successfully pass a written exam at the end of the course to renew certification.

Prerequisites: OSHA #500 Construction Industry Outreach Trainer

Minimum Contact Hours: 18

OSHA 5602

Update for Disaster Site Worker Trainer Course

This course is intended to update the authorized Disaster Site Worker Trainer with new technical and regulatory information related to disaster response and the role of OSHA in coordinating occupational safety and health in the National Response Framework.

Don’t Wait to Renew Your Outreach Trainer Status!

Limited renewal classes are available. Every 4 years outreach trainers are required to renew their trainer cards. See pages 13-14 and 26-27 for course details.

Participants will have the opportunity to share “lessons learned” from teaching OSHA #7600 Disaster Site Worker Course.

Prerequisites: OSHA #5600 Disaster Site Worker Trainer Course.

Minimum Contact Hours: 7.5

OSHA 503

Update for General Industry Outreach Trainers

A refresher course for those who have completed OSHA #501 General Industry Outreach Trainer Course and who are authorized trainers in the OSHA Outreach Training Program. It provides an update on OSHA General Industry Standards and OSHA policies. Students in OSHA #503 must prepare a presentation on an assigned OSHA general industry outreach topic individually or as part of a group, and successfully pass a written exam at the end of the course to renew certification.

Prerequisites: OSHA #501 General Industry Outreach Trainer Course

Minimum Contact Hours: 18

OTC 310

Workplace Violence Prevention and Survival

Workplace violence is a definitive, recognized hazard that must be addressed by all businesses. This 3-day high energy, interactive skills development class is designed to work with your organization’s written policy in an effort to give your staff a tactical edge in preventing and surviving workplace violence. Using a common sense approach to safety, students will learn a wide variety of techniques and strategies they can use to make their workplace a safer environment creating a “survival attitude.”

Prerequisites: None

Minimum Contact Hours: 22



OSHA Training Institute Education Center at Chabot-Las Positas Community College District students may qualify for tuition discounts and apply OSHA courses towards degree programs through Columbia Southern University.

Contact Ernie Smith
Outreach Representative
Columbia Southern University
(800) 977-8449 ext.1261
ernie.smith@columbiasouthern.edu
www.columbiasouthern.edu



Schedule by Course

Classes are added regularly. For the most up-to-date information please visit our website www.osha4you.com.

Bloodborne Pathogens Exposure Control for Healthcare Facilities - OSHA 7200

Start Date	End Date	Start Time	End Time	Site/Location
May 14, 2018	May 14, 2018	8:00 AM	5:00 PM	Dublin, CA
August 24, 2018	August 24, 2018	8:00 AM	5:00 PM	Reno, NV
October 8, 2018	October 8, 2018	8:00 AM	5:00 PM	Fresno, CA
November 1, 2018	November 1, 2018	8:00 AM	5:00 PM	Sacramento, CA

Cal/OSHA Standards for General Industry - OSHA 5119

Start Date	End Date	Start Time	End Time	Site/Location
February 12, 2018	February 15, 2018	8:00 AM	5:00 PM	Dublin, CA
March 12, 2018	March 15, 2018	8:00 AM	5:00 PM	Sacramento, CA
June 4, 2018	June 7, 2018	8:00 AM	5:00 PM	Dublin, CA
June 25, 2018	June 28, 2018	8:00 AM	5:00 PM	Fresno, CA
August 27, 2018	August 30, 2018	8:00 AM	5:00 PM	Sacramento, CA
September 24, 2018	September 27, 2018	8:00 AM	5:00 PM	Santa Clara, CA
November 5, 2018	November 8, 2018	7:30 AM	4:00 PM	Ventura/Oxnard, CA
November 5, 2018	November 8, 2018	8:00 AM	5:00 PM	Dublin, CA
November 27, 2018	November 30, 2018	8:00 AM	5:00 PM	Sacramento, CA
December 1, 2018	December 9, 2018	8:00 AM	5:00 PM	Irvine, CA
December 10, 2018	December 13, 2018	8:00 AM	5:00 PM	Lakewood, CA

Cal/OSHA Standards for the Construction Industry - OSHA 5109

Start Date	End Date	Start Time	End Time	Site/Location
January 16, 2018	January 19, 2018	8:00 AM	5:00 PM	Fresno, CA
January 23, 2018	January 26, 2018	8:00 AM	5:00 PM	Sacramento, CA
February 12, 2018	February 15, 2018	7:30 AM	4:00 PM	Ventura/Oxnard, CA
February 20, 2018	February 23, 2018	8:00 AM	5:00 PM	Santa Rosa, CA
March 19, 2018	March 22, 2018	8:00 AM	5:00 PM	Dublin, CA
March 26, 2018	March 29, 2018	8:00 AM	5:00 PM	Lakewood, CA
May 14, 2018	May 17, 2018	8:00 AM	5:00 PM	Santa Clara, CA
June 25, 2018	June 28, 2018	8:00 AM	5:00 PM	Dublin, CA
July 16, 2018	July 19, 2018	8:00 AM	5:00 PM	Sacramento, CA
September 17, 2018	September 20, 2018	8:00 AM	5:00 PM	Fresno, CA
September 25, 2018	September 28, 2018	8:00 AM	5:00 PM	Dublin, CA
October 15, 2018	October 18, 2018	8:00 AM	5:00 PM	Redding, CA

November 3, 2018	November 11, 2018	8:00 AM	5:00 PM	Irvine, CA
December 1, 2018	December 9, 2018	8:00 AM	5:00 PM	Dublin, CA
December 10, 2018	December 13, 2018	8:00 AM	5:00 PM	Sacramento, CA

Cal/OSHA Update for Construction Industry Outreach Trainers - OSHA 5029

Start Date	End Date	Start Time	End Time	Site/Location
February 26, 2018	February 26, 2018	8:00 AM	5:00 PM	Dublin, CA
April 19, 2018	April 19, 2018	8:00 AM	5:00 PM	Sacramento, CA
May 4, 2018	May 4, 2018	8:00 AM	5:00 PM	Dublin, CA
August 9, 2018	August 9, 2018	8:00 AM	5:00 PM	Dublin, CA
September 20, 2018	September 20, 2018	8:00 AM	5:00 PM	Sacramento, CA
November 5, 2018	November 5, 2018	8:00 AM	5:00 PM	Dublin, CA

Cal/OSHA Update for General Industry Outreach Trainers - OSHA 5039

Start Date	End Date	Start Time	End Time	Site/Location
February 1, 2018	February 1, 2018	8:00 AM	5:00 PM	Dublin, CA
June 1, 2018	June 1, 2018	8:00 AM	5:00 PM	Sacramento, CA
July 14, 2018	July 14, 2018	8:00 AM	5:00 PM	Dublin, CA
December 7, 2018	December 7, 2018	8:00 AM	5:00 PM	Dublin, CA

Collateral Duty Course for Other Federal Agencies - OSHA 6005

Start Date	End Date	Start Time	End Time	Site/Location
March 13, 2018	March 16, 2018	8:00 AM	5:00 PM	Dublin, CA
June 4, 2018	June 7, 2018	8:00 AM	5:00 PM	Redding, CA
August 20, 2018	August 23, 2018	8:00 AM	5:00 PM	Henderson, NV
August 27, 2018	August 30, 2018	8:00 AM	5:00 PM	Dublin, CA

Confined Space Rescue Operations (40-Hour) - OTC 304

Start Date	End Date	Start Time	End Time	Site/Location
June 25, 2018	June 29, 2018	8:00 AM	5:00 PM	San Lorenzo, CA
October 22, 2018	October 26, 2018	8:00 AM	5:00 PM	San Lorenzo, CA

Electrical Safety for Qualified Workers (NFPA 70E) - OTC 306

Start Date	End Date	Start Time	End Time	Site/Location
February 20, 2018	February 20, 2018	8:00 AM	5:00 PM	Sacramento, CA
June 4, 2018	June 4, 2018	8:00 AM	5:00 PM	Santa Clara, CA
August 15, 2018	August 15, 2018	8:00 AM	5:00 PM	Sacramento, CA
December 3, 2018	December 3, 2018	8:00 AM	5:00 PM	Dublin, CA

Electrical Standards - OSHA 3095

Start Date	End Date	Start Time	End Time	Site/Location
February 12, 2018	February 15, 2018	8:00 AM	5:00 PM	Fresno, CA
March 26, 2018	March 29, 2018	8:00 AM	5:00 PM	Dublin, CA
May 1, 2018	May 4, 2018	8:00 AM	5:00 PM	Sacramento, CA
June 18, 2018	June 21, 2018	8:00 AM	5:00 PM	Dublin, CA
October 15, 2018	October 18, 2018	8:00 AM	5:00 PM	Dublin, CA

Excavation, Trenching and Soil Mechanics - OSHA 3015

Start Date	End Date	Start Time	End Time	Site/Location
April 9, 2018	April 11, 2018	8:00 AM	5:00 PM	Dublin, CA
August 20, 2018	August 22, 2018	8:00 AM	5:00 PM	Sacramento, CA
September 17, 2018	September 19, 2018	7:30 AM	4:00 PM	Ventura/Oxnard, CA
September 21, 2018	September 23, 2018	8:00 AM	5:00 PM	Dublin, CA

Fall Protection - OSHA 3115

Start Date	End Date	Start Time	End Time	Site/Location
January 8, 2018	January 10, 2018	8:00 AM	5:00 PM	Dublin, CA
March 26, 2018	March 28, 2018	8:00 AM	5:00 PM	Santa Rosa, CA
June 1, 2018	June 3, 2018	8:00 AM	5:00 PM	Dublin, CA
June 6, 2018	June 8, 2018	8:00 AM	5:00 PM	Reno, NV
July 16, 2018	July 18, 2018	8:00 AM	5:00 PM	Santa Clara, CA
October 29, 2018	October 31, 2018	8:00 AM	5:00 PM	Sacramento, CA
December 3, 2018	December 5, 2018	8:00 AM	5:00 PM	Fresno, CA

Hazardous Materials - OSHA 2015

Start Date	End Date	Start Time	End Time	Site/Location
February 12, 2018	February 15, 2018	8:00 AM	5:00 PM	Honolulu, HI
April 10, 2018	April 13, 2018	8:00 AM	5:00 PM	Sacramento, CA
May 14, 2018	May 17, 2018	8:00 AM	5:00 PM	Dublin, CA
June 25, 2018	June 28, 2018	8:00 AM	5:00 PM	Irvine, CA
July 24, 2018	July 27, 2018	8:00 AM	5:00 PM	Henderson, NV
August 6, 2018	August 9, 2018	8:00 AM	5:00 PM	Fresno, CA

HAZWOPER, 40-Hour - OTC 204

Start Date	End Date	Start Time	End Time	Site/Location
May 7, 2018	May 11, 2018	8:00 AM	5:00 PM	Dublin, CA
October 1, 2018	October 5, 2018	8:00 AM	5:00 PM	Dublin, CA

HAZWOPER Refresher, 8-Hour - OTC 202

Start Date	End Date	Start Time	End Time	Site/Location
March 26, 2018	March 26, 2018	8:00 AM	5:00 PM	Dublin, CA
August 4, 2018	August 4, 2018	8:00 AM	5:00 PM	Dublin, CA

Health Hazard Awareness - OSHA 7205

Start Date	End Date	Start Time	End Time	Site/Location
April 13, 2018	April 13, 2018	8:00 AM	5:00 PM	Dublin, CA

Introduction to Evacuation and Emergency Planning - OSHA 7105

Start Date	End Date	Start Time	End Time	Site/Location
April 11, 2018	April 11, 2018	8:00 AM	5:00 PM	Honolulu, HI
April 18, 2018	April 18, 2018	8:00 AM	5:00 PM	Hilo, HI
July 10, 2018	July 10, 2018	8:00 AM	5:00 PM	Dublin, CA
November 13, 2018	November 13, 2018	8:00 AM	5:00 PM	Dublin, CA
December 3, 2018	December 3, 2018	8:00 AM	5:00 PM	Santa Clara, CA

Introduction to Incident (Accident) Investigation - OSHA 7505

Start Date	End Date	Start Time	End Time	Site/Location
January 22, 2018	January 22, 2018	8:00 AM	5:00 PM	Santa Rosa, CA
January 31, 2018	January 31, 2018	8:00 AM	5:00 PM	Dublin, CA
February 28, 2018	February 28, 2018	8:00 AM	5:00 PM	Dublin, CA
March 12, 2018	March 12, 2018	8:00 AM	5:00 PM	Reno, NV
March 27, 2018	March 27, 2018	8:00 AM	5:00 PM	Hilo, HI
April 12, 2018	April 12, 2018	8:00 AM	5:00 PM	Dublin, CA
May 14, 2018	May 14, 2018	8:00 AM	5:00 PM	Irvine, CA
May 22, 2018	May 22, 2018	8:00 AM	5:00 PM	Fresno, CA
June 25, 2018	June 25, 2018	8:00 AM	5:00 PM	Santa Clara, CA
July 30, 2018	July 30, 2018	8:00 AM	5:00 PM	Dublin, CA
July 30, 2018	July 30, 2018	8:00 AM	5:00 PM	Lakewood, CA
October 9, 2018	October 9, 2018	8:00 AM	5:00 PM	Dublin, CA
October 12, 2018	October 12, 2018	8:00 AM	5:00 PM	Honolulu, HI

Introduction to Machinery and Machine Safeguarding - OSHA 7100

Start Date	End Date	Start Time	End Time	Site/Location
June 15, 2018	June 15, 2018	8:00 AM	12:00 PM	Dublin, CA

Introduction to OSHA for Small Business - OSHA 7510

Start Date	End Date	Start Time	End Time	Site/Location
September 10, 2018	September 10, 2018	8:00 AM	5:00 PM	Dublin, CA

Introduction to Safety and Health Management - OSHA 7500

Start Date	End Date	Start Time	End Time	Site/Location
May 21, 2018	May 21, 2018	8:00 AM	5:00 PM	Sacramento, CA
June 25, 2018	June 25, 2018	8:00 AM	5:00 PM	Dublin, CA
July 2, 2018	July 2, 2018	8:00 AM	5:00 PM	Lakewood, CA
August 10, 2018	August 10, 2018	8:00 AM	5:00 PM	Santa Rosa, CA
September 11, 2018	September 11, 2018	8:00 AM	5:00 PM	Dublin, CA
November 9, 2018	November 9, 2018	8:00 AM	5:00 PM	Hilo, HI
December 7, 2018	December 7, 2018	8:00 AM	5:00 PM	Honolulu, HI

Lockout/Tagout - Controlling Hazardous Energy to Prevent Workplace Injury - OSHA 7115

Start Date	End Date	Start Time	End Time	Site/Location
January 29, 2018	January 29, 2018	8:00 AM	5:00 PM	Sacramento, CA
March 23, 2018	March 23, 2018	8:00 AM	5:00 PM	Dublin, CA
July 16, 2018	July 16, 2018	8:00 AM	5:00 PM	Lakewood, CA
August 10, 2018	August 10, 2018	8:00 AM	5:00 PM	Dublin, CA
August 24, 2018	August 24, 2018	8:00 AM	5:00 PM	Santa Clara, CA
October 19, 2018	October 19, 2018	8:00 AM	5:00 PM	Sacramento, CA
November 16, 2018	November 16, 2018	8:00 AM	5:00 PM	Dublin, CA

Machinery and Machine Guarding Standards - OSHA 2045

Start Date	End Date	Start Time	End Time	Site/Location
January 20, 2018	January 28, 2018	8:00 AM	5:00 PM	Dublin, CA
July 16, 2018	July 19, 2018	8:00 AM	5:00 PM	Dublin, CA
November 5, 2018	November 8, 2018	8:00 AM	5:00 PM	Santa Clara, CA

Managing Excavation Hazards - OSHA 7410

Start Date	End Date	Start Time	End Time	Site/Location
July 23, 2018	July 23, 2018	8:00 AM	5:00 PM	Lakewood, CA

Maritime Industry Trainer Update Course - OSHA 5402

Start Date	End Date	Start Time	End Time	Site/Location
May 29, 2018	May 31, 2018	8:00 AM	5:00 PM	Dublin, CA

OSHA Guide to Industrial Hygiene - OSHA 521

Start Date	End Date	Start Time	End Time	Site/Location
April 16, 2018	April 19, 2018	8:00 AM	5:00 PM	Dublin, CA
June 4, 2018	June 7, 2018	8:00 AM	5:00 PM	Lakewood, CA
September 17, 2018	September 20, 2018	8:00 AM	5:00 PM	Dublin, CA
October 22, 2018	October 25, 2018	8:00 AM	5:00 PM	Irvine, CA

OSHA Standards for General Industry - OSHA 511

Start Date	End Date	Start Time	End Time	Site/Location
January 16, 2018	January 19, 2018	8:00 AM	5:00 PM	Dublin, CA
January 23, 2018	January 26, 2018	8:00 AM	5:00 PM	Henderson, NV
February 20, 2018	February 23, 2018	8:00 AM	5:00 PM	Sacramento, CA
March 5, 2018	March 8, 2018	7:30 AM	4:00 PM	Ventura/Oxnard, CA
March 19, 2018	March 22, 2018	8:00 AM	5:00 PM	Santa Clara, CA
April 3, 2018	April 6, 2018	8:00 AM	5:00 PM	Dublin, CA
May 1, 2018	May 4, 2018	8:00 AM	5:00 PM	Fresno, CA
May 21, 2018	May 24, 2018	8:00 AM	5:00 PM	Henderson, NV
June 11, 2018	June 14, 2018	8:00 AM	5:00 PM	Santa Rosa, CA
July 9, 2018	July 12, 2018	8:00 AM	5:00 PM	Dublin, CA
July 16, 2018	July 19, 2018	8:00 AM	5:00 PM	Reno, NV
July 21, 2018	July 29, 2018	8:00 AM	5:00 PM	Irvine, CA
July 23, 2018	July 26, 2018	8:00 AM	5:00 PM	Sacramento, CA
August 6, 2018	August 9, 2018	8:00 AM	5:00 PM	Redding, CA
August 27, 2018	August 30, 2018	8:00 AM	5:00 PM	Lakewood, CA
October 1, 2018	October 4, 2018	8:00 AM	5:00 PM	Dublin, CA
October 22, 2018	October 25, 2018	8:00 AM	5:00 PM	Sacramento, CA

OSHA Standards for the Construction Industry - OSHA 510

Start Date	End Date	Start Time	End Time	Site/Location
January 16, 2018	January 19, 2018	8:00 AM	5:00 PM	Sacramento, CA
January 16, 2018	January 19, 2018	8:00 AM	5:00 PM	Santa Clara, CA
February 3, 2018	February 11, 2018	8:00 AM	5:00 PM	Irvine, CA
February 6, 2018	February 9, 2018	8:00 AM	5:00 PM	Dublin, CA
March 17, 2018	March 25, 2018	8:00 AM	5:00 PM	Dublin, CA
March 19, 2018	March 22, 2018	8:00 AM	5:00 PM	Fresno, CA
March 26, 2018	March 29, 2018	8:00 AM	5:00 PM	Henderson, NV
March 26, 2018	March 29, 2018	8:00 AM	5:00 PM	Redding, CA
April 14, 2018	April 22, 2018	8:00 AM	5:00 PM	Reno, NV
April 23, 2018	April 26, 2018	8:00 AM	5:00 PM	Lakewood, CA
April 23, 2018	April 26, 2018	8:00 AM	5:00 PM	Santa Rosa, CA
May 7, 2018	May 10, 2018	8:00 AM	5:00 PM	Sacramento, CA
May 21, 2018	May 24, 2018	8:00 AM	5:00 PM	Dublin, CA
June 11, 2018	June 14, 2018	8:00 AM	5:00 PM	Hilo, HI
June 11, 2018	June 14, 2018	7:30 AM	4:00 PM	Ventura/Oxnard, CA
June 16, 2018	June 24, 2018	8:00 AM	5:00 PM	Dublin, CA

August 6, 2018	August 9, 2018	8:00 AM	5:00 PM	Dublin, CA
August 20, 2018	August 23, 2018	8:00 AM	5:00 PM	Honolulu, HI
September 4, 2018	September 7, 2018	8:00 AM	5:00 PM	Sacramento, CA
September 24, 2018	September 27, 2018	8:00 AM	5:00 PM	Henderson, NV
October 2, 2018	October 5, 2018	8:00 AM	5:00 PM	Santa Clara, CA
October 15, 2018	October 18, 2018	8:00 AM	5:00 PM	Fresno, CA
November 5, 2018	November 8, 2018	8:00 AM	5:00 PM	Dublin, CA

OSHA Standards for the Maritime Industry - OSHA 5410

Start Date	End Date	Start Time	End Time	Site/Location
January 29, 2018	February 2, 2018	8:00 AM	5:00 PM	Dublin, CA
June 11, 2018	June 15, 2018	8:00 AM	5:00 PM	Dublin, CA
October 8, 2018	October 12, 2018	8:00 AM	5:00 PM	Lakewood, CA

Outreach Training for Construction, 30-Hour - OTC 107

Start Date	End Date	Start Time	End Time	Site/Location
February 26, 2018	March 1, 2018	8:00 AM	5:00 PM	Dublin, CA
December 10, 2018	December 13, 2018	8:00 AM	5:00 PM	Dublin, CA

Outreach Training for General Industry, 30-Hour - OTC 110

Start Date	End Date	Start Time	End Time	Site/Location
August 28, 2018	August 31, 2018	8:00 AM	5:00 PM	Dublin, CA

Permit Required Confined Space Entry - OSHA 2264

Start Date	End Date	Start Time	End Time	Site/Location
April 18, 2018	April 20, 2018	7:30 AM	4:00 PM	Ventura/Oxnard, CA
April 23, 2018	April 25, 2018	8:00 AM	5:00 PM	San Lorenzo, CA
June 18, 2018	June 20, 2018	8:00 AM	5:00 PM	Sacramento, CA
August 13, 2018	August 15, 2018	8:00 AM	5:00 PM	San Lorenzo, CA
September 17, 2018	September 19, 2018	8:00 AM	5:00 PM	Reno, NV
December 10, 2018	December 12, 2018	8:00 AM	5:00 PM	San Lorenzo, CA

Principles of Ergonomics - OSHA 2255

Start Date	End Date	Start Time	End Time	Site/Location
May 18, 2018	May 20, 2018	8:00 AM	5:00 PM	Dublin, CA
September 13, 2018	September 15, 2018	8:00 AM	5:00 PM	Irvine, CA
October 29, 2018	October 31, 2018	8:00 AM	5:00 PM	Dublin, CA

Principles of Scaffolding - OSHA 3085

Start Date	End Date	Start Time	End Time	Site/Location
January 29, 2018	January 31, 2018	8:00 AM	5:00 PM	Fresno, CA
June 4, 2018	June 6, 2018	8:00 AM	5:00 PM	Dublin, CA

Public Warehousing and Storage - OSHA 7005

Start Date	End Date	Start Time	End Time	Site/Location
April 20, 2018	April 20, 2018	8:00 AM	5:00 PM	Dublin, CA
June 1, 2018	June 1, 2018	8:00 AM	5:00 PM	Reno, NV
September 24, 2018	September 24, 2018	8:00 AM	5:00 PM	Sacramento, CA
November 2, 2018	November 2, 2018	8:00 AM	5:00 PM	Henderson, NV

Recordkeeping Rule Seminar - OSHA 7845

Start Date	End Date	Start Time	End Time	Site/Location
April 27, 2018	April 27, 2018	8:00 AM	12:30 PM	Dublin, CA
July 9, 2018	July 9, 2018	8:00 AM	12:30 PM	Lakewood, CA
September 21, 2018	September 21, 2018	8:00 AM	12:30 PM	Santa Rosa, CA
October 5, 2018	October 5, 2018	8:00 AM	12:30 PM	Dublin, CA

Respiratory Protection - OSHA 2225

Start Date	End Date	Start Time	End Time	Site/Location
February 12, 2018	February 15, 2018	8:00 AM	5:00 PM	Dublin, CA
September 10, 2018	September 13, 2018	8:00 AM	5:00 PM	Dublin, CA

Safety Inspection Techniques - OTC 308

Start Date	End Date	Start Time	End Time	Site/Location
March 28, 2018	March 30, 2018	8:00 AM	5:00 PM	Dublin, CA
May 7, 2018	May 9, 2018	7:30 AM	4:00 PM	Ventura/Oxnard, CA
September 5, 2018	September 7, 2018	8:00 AM	5:00 PM	Dublin, CA

Trainer Course in OSHA Standards for General Industry - OSHA 501

Start Date	End Date	Start Time	End Time	Site/Location
February 5, 2018	February 8, 2018	8:00 AM	5:00 PM	Dublin, CA
February 20, 2018	February 23, 2018	8:00 AM	5:00 PM	Henderson, NV
March 19, 2018	March 22, 2018	8:00 AM	5:00 PM	Sacramento, CA
April 9, 2018	April 12, 2018	7:30 AM	4:00 PM	Ventura/Oxnard, CA
April 24, 2018	April 27, 2018	8:00 AM	5:00 PM	Santa Clara, CA
May 14, 2018	May 17, 2018	8:00 AM	5:00 PM	Dublin, CA
June 4, 2018	June 7, 2018	8:00 AM	5:00 PM	Fresno, CA
June 18, 2018	June 21, 2018	8:00 AM	5:00 PM	Henderson, NV
July 23, 2018	July 26, 2018	8:00 AM	5:00 PM	Santa Rosa, CA
August 6, 2018	August 9, 2018	8:00 AM	5:00 PM	Reno, NV
August 11, 2018	August 19, 2018	8:00 AM	5:00 PM	Irvine, CA
August 13, 2018	August 16, 2018	8:00 AM	5:00 PM	Sacramento, CA
August 20, 2018	August 23, 2018	8:00 AM	5:00 PM	Dublin, CA
September 10, 2018	September 13, 2018	8:00 AM	5:00 PM	Redding, CA
September 24, 2018	September 27, 2018	8:00 AM	5:00 PM	Lakewood, CA
November 13, 2018	November 16, 2018	8:00 AM	5:00 PM	Sacramento, CA
November 27, 2018	November 30, 2018	8:00 AM	5:00 PM	Dublin, CA



Trainer Course in OSHA Standards for the Construction Industry - OSHA 500

Start Date	End Date	Start Time	End Time	Site/Location
February 5, 2018	February 8, 2018	8:00 AM	5:00 PM	Santa Clara, CA
February 12, 2018	February 15, 2018	8:00 AM	5:00 PM	Sacramento, CA
March 12, 2018	March 15, 2018	8:00 AM	5:00 PM	Dublin, CA
March 17, 2018	March 25, 2018	8:00 AM	5:00 PM	Irvine, CA
April 21, 2018	April 29, 2018	8:00 AM	5:00 PM	Dublin, CA
April 23, 2018	April 26, 2018	8:00 AM	5:00 PM	Redding, CA
April 23, 2018	April 26, 2018	8:00 AM	5:00 PM	Henderson, NV
April 23, 2018	April 26, 2018	8:00 AM	5:00 PM	Fresno, CA
May 12, 2018	May 20, 2018	8:00 AM	5:00 PM	Reno, NV
May 21, 2018	May 24, 2018	8:00 AM	5:00 PM	Lakewood, CA
May 22, 2018	May 25, 2018	8:00 AM	5:00 PM	Santa Rosa, CA
June 11, 2018	June 14, 2018	8:00 AM	5:00 PM	Sacramento, CA
June 18, 2018	June 21, 2018	8:00 AM	5:00 PM	Dublin, CA
July 16, 2018	July 19, 2018	7:30 AM	4:00 PM	Ventura/Oxnard, CA
July 21, 2018	July 29, 2018	8:00 AM	5:00 PM	Dublin, CA
July 23, 2018	July 26, 2018	8:00 AM	5:00 PM	Hilo HI
September 10, 2018	September 13, 2018	8:00 AM	5:00 PM	Dublin, CA
September 24, 2018	September 27, 2018	8:00 AM	5:00 PM	Honolulu, HI
October 15, 2018	October 18, 2018	8:00 AM	5:00 PM	Sacramento, CA
October 22, 2018	October 25, 2018	8:00 AM	5:00 PM	Henderson, NV
November 5, 2018	November 8, 2018	8:00 AM	5:00 PM	Fresno CA
December 3, 2018	December 6, 2018	8:00 AM	5:00 PM	Dublin, CA

Trainer Course in OSHA Standards for the Maritime Industry - OSHA 5400

Start Date	End Date	Start Time	End Time	Site/Location
February 26, 2018	March 1, 2018	8:00 AM	5:00 PM	Dublin, CA
July 23, 2018	July 26, 2018	8:00 AM	5:00 PM	Dublin, CA
November 13, 2018	November 16, 2018	8:00 AM	5:00 PM	Lakewood, CA

Trainer Course in Permit Required Confined Space Entry - OTC 403

Start Date	End Date	Start Time	End Time	Site/Location
April 26, 2018	April 27, 2018	8:00 AM	5:00 PM	San Lorenzo, CA
August 16, 2018	August 17, 2018	8:00 AM	5:00 PM	San Lorenzo, CA
December 13, 2018	December 14, 2018	8:00 AM	5:00 PM	San Lorenzo, CA

Understanding OSHA's Permit Required Confined Space Standard - OSHA 7300

Start Date	End Date	Start Time	End Time	Site/Location
June 26, 2018	June 26, 2018	8:00 AM	5:00 PM	Dublin, CA
July 16, 2018	July 16, 2018	8:00 AM	5:00 PM	Fresno CA

Update for Construction Industry Outreach Trainers - OSHA 502

Start Date	End Date	Start Time	End Time	Site/Location
February 23, 2018	February 25, 2018	8:00 AM	5:00 PM	Lakewood, CA
February 23, 2018	February 25, 2018	8:00 AM	5:00 PM	Dublin, CA
April 16, 2018	April 18, 2018	8:00 AM	5:00 PM	Sacramento, CA
May 1, 2018	May 3, 2018	8:00 AM	5:00 PM	Dublin, CA
May 2, 2018	May 4, 2018	8:00 AM	5:00 PM	Henderson, NV
June 25, 2018	June 27, 2018	8:00 AM	5:00 PM	Honolulu, HI
August 6, 2018	August 8, 2018	8:00 AM	5:00 PM	Dublin, CA
September 17, 2018	September 19, 2018	8:00 AM	5:00 PM	Sacramento, CA
October 12, 2018	October 14, 2018	8:00 AM	5:00 PM	Reno, NV
November 2, 2018	November 4, 2018	8:00 AM	5:00 PM	Sacramento, CA

Update for General Industry Outreach Trainers - OSHA 503

Start Date	End Date	Start Time	End Time	Site/Location
February 2, 2018	February 4, 2018	8:00 AM	5:00 PM	Dublin, CA
May 29, 2018	May 31, 2018	8:00 AM	5:00 PM	Sacramento, CA
July 11, 2018	July 13, 2018	8:00 AM	5:00 PM	Dublin, CA
December 4, 2018	December 6, 2018	8:00 AM	5:00 PM	Dublin, CA
December 17, 2018	December 19, 2018	8:00 AM	5:00 PM	Henderson, NV



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