



Western Finger Lakes START Training Catalog

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1. Psychotropic Medication

- **Psychopharmacology and IDD**

Van Silka, M.D.

Length: 85 minutes

- **Psychopharmacology Children with IDD**

Jarrett Barnhill, MD

Length: 131 minutes

This presentation will focus broadly on the basic mechanism of drug action, currently recommended treatment for specific childhood disorders, recognition of medication side effects, methods of applying behavioral data to monitor treatment and side effects.

2. Mental Health and ID

- **ADHD in People with Intellectual and Developmental Disability**

Anne Desnoyers Hurley, Ph.D.

Length: 56 minutes

- **Anxiety Disorders and ID**

Anne Desnoyers Hurley, Ph. D.

Length: 74 minutes

This presentation aims to help people to become familiar with anxiety disorders in populations with IDD, understand specific clinical presentations as well as treatment and support adaptations for mental health problems in people with IDD, and become knowledgeable and confident in advocating for and supporting individuals served by START programs.

- **Hallucinations and Delusions in Intellectual Disability**

Anne Desnoyers Hurley, Ph.D.,

- **Mood Disorders and IDD**
Anne Desnoyers Hurley, Ph.D.
Length: 70 minutes
Participants will learn about mood disorders, including depression and bipolar disorder, in populations with IDD.
- **Understanding DBT for Persons with MH and ID**
Christina Carter
Length: 97 minutes
- **What is executive functioning and how can you improve it?**
Karen Weigle, Ph. D.
Length: 35 minutes
This presentation discusses executive functioning and the disorders that are associated with impairment of it.
- **From Stability to Flourishing... Practical Strategies for Promoting Mental Wellness**
Dan Baker, Ph.D., Internal Reviewer & Successful Life Project Clinical Supervisor, Jensen/Olmstead Quality Assurance and Compliance Office, Minnesota Department of Human Services
For People in crisis, we often have a goal of simply stabilizing situations and reducing the risk of services being terminated. But that is no way to live. This session will focus on practical positive strategies to support people in building skills and enjoying mental wellness. Universal strategies which will benefit most, if not all, people, are the theme of this webinar.

3. Substance Abuse

- **Working with Individuals with Intellectual Disabilities and Substance Abuse Issues**
David O'Neal, MA
Length: 75 minutes
Lecture surrounding working with individuals with intellectual disabilities and co-occurring substance abuse issues.
- **Substance Use Among People with I/DD (2-Part Presentation)**
Dr. Elspeth Slayter, Associate Professor, School of Social Work, Salem State University
Two presentation will be given. The first presentation will be an hour long. This presentation will address the social context of substance use among people with developmental disabilities. Specifically, self-determination and the dignity of risk will be discussed. An introduction to screening for substance use disorders among people with developmental disabilities will also be given. The second presentation will be twenty minutes long. This presentation will build on the first presentation. It will cover the assessment and treatment of substance use disorders among people with developmental disabilities.

4. Advocacy/Systems Change

- **Creating a Vision of Inclusion: The Importance of Film in Education, Awareness, and Systems Change**
Dan Habib, Project Director, Institute on Disability at UNH
Length: 64 minutes

Learn the basic elements of creating a documentary film through a description and viewing of the new ArkSTART film, *Keeping Families Together*

- **Disabling Segregation: Creating a Culture of Inclusion**

Dan Habib, Project Director, Institute on Disability at UNH

Objectives: Increase their understanding of the benefits and challenges of inclusion; Learn new ways to support inclusion in school, family, and community; Obtain a deeper understanding of the benefits of inclusion for children *without* disabilities and the entire school community. Increase their understanding of the possibilities for inclusion in preschool-higher education.

5. Systems Assessment

- **How to Use Ecomaps as Part of Systemic Analysis**

Andrea Caiolli, LCSW

Length: 55 minutes

This training focuses on helping the START coordinator learn how to complete an ecomap as well as how to use it as part of systemic consultation and analysis.

- **School-Based Mental Health Supports and the Interconnected Systems Framework**

Dr. Kimcaid, Professor of Child and Family Studies, University of South Florida

This presentation will provide mental health practitioners who may be collaborating with schools with an overview of Integrated Systems Framework (ISF) for providing support to students with intellectual or developmental disabilities and who may have mental health issues. ISF seeks to combine best practices in mental health supports with best practices from Positive Behavioral Interventions and Supports to enhance social, emotional, behavioral, and academic outcomes for all students. ISF is delivered within a multi-tiered framework that supports all students within a school, students who may need a little more assistance, and also students who require intensive levels of support.

6. Children's Curriculum

- **Children with IDD Part 1: Developmental Disabilities in the Early Childhood Landscape**

Jarrett Barnhill, MD, UNC School of Medicine

Length: 87 minutes

- **Children with IDD Part 2**

Jarrett Barnhill, MD, UNC School of Medicine

- **Overview of Typical Childhood Development**

Karen Weigle, Ph.D.

Outlines typical childhood development in regards to social, cognitive, and emotional expectations. Discusses how to identify when development is atypical and what skills to promote through interventions and supports.

- **Health, Wellness and Challenging Medical Conditions Among People with Developmental Disabilities**

Leslie Rubin, M.D.

This lecture will provide an overview of the medical conditions that are commonly seen among children with IDD. Participants will develop an understanding of the health care needs of children with IDD and how these needs may be manifest.

- **Understanding Challenging Behavior: The IEP and Educational Assessment Resources**
Anne Desnoyers Hurley, Ph.D.
Length: 82 minutes
- **Psychopharmacology Children with IDD**
Jarrett Barnhill, M.D.
Length: 131 minutes
This presentation will focus broadly on the basic mechanism of drug action, currently recommended treatment for specific childhood disorders, recognition of medication side effects, methods of applying behavioral data to monitor treatment and side effects.
- **Autism Spectrum Disorder**
Karen Weigle, Ph.D.
Length: 71 minutes
This lecture will outline symptoms and core characteristics of Autism Spectrum Disorders (ASD) and how they impact a child's behavior and development.
- **Introduction to START Therapeutic Respite Programming**
Joan Beasley, Ph.D.
Length: 33 minutes
This lecture will outline the definition and importance of expressive activities. Common activities, emerging research, and the incorporation of strategies in a therapeutic setting as it relates to the IDD population will be reviewed.
- **Therapeutic Recreation**
Matthew Frye
Length: 33 minutes
This training provides an overview of therapeutic recreation and its importance within the system of care. An overview of the leisure ability model and how to implement it in programming will be given. Participants will gain knowledge on identifying and facilitating activities that promote and enrich developmental, social, emotional, physical, and cognitive functioning. An understanding of how a person's leisure life plays an intrinsic role in overall health will also be reviewed.

7. Biopsychosocial Assessment

- **When in Doubt, Rule it Out**
Lauren Charlot, LICSW, Ph.D., Clinical Director, NC START East
(Video is not currently available due to technical difficulties—PowerPoint only.)
- **Supporting Individuals with “Challenging Behaviors”**
David Pitonyak, Ph.D.
Length: 63 minutes
- **Expressive Therapy for People with IDD and Behavioral Health Needs**
Daniel Tomasulo, Ph.D., MFA
Length: 82 minutes
- **Integrated Assessment of Behavioral Problems: Collaborating to Develop a Common Language**
Dan Baker, Ph.D.
Length: 56 minutes
- **Biopsychosocial Features Influencing Aggression and Related Disruptive Behaviors**

William Gardner, Ph.D.
Length: 93 minutes

8. Autism

- **Health and Wellness Considerations for Individuals with Autism Spectrum Disorder**
Leslie Rubin, M.D.
Length: 86 minutes
- **Autism Spectrum Disorder**
Karen Weigle, Ph.D.
Length: 71 minutes
This lecture will outline symptoms and core characteristics of Autism Spectrum Disorders (ASD) and how they impact a child's behavior and development.

9. Fetal Alcohol Syndrome

- **Fetal Alcohol Syndrome and IDD**
Shelley Watson, Ph.D.
Length: 101 minutes
This presentation focus on how prenatal alcohol exposure affects the developing fetus, the link between primary neuropsychological deficits and secondary disabilities, and how FAS affects functioning for an individual as well as their families/caregivers.

10. Clinician Videos

- **Physicians and Clinicians Series – ASD: Sleep and Movement Disorders**
Jarrett Barnhill, M.D.
Length: 70 minutes
- **Physicians and Clinicians Series – ASD: Psychoses, Delirium, and Other Neuropsychiatric Disorders**
Jarrett Barnhill, M.D.
length: 93 minutes
- **Physicians and Clinicians Series – ASD: Mood and Anxiety Disorders in ID**
Jarrett Barnhill, M.D.
Length: 83 minutes
- **Physicians and Clinicians Series – ASD: Introduction to ID and Developmental Disorders**
Jarrett Barnhill, M.D.
Length: 65 minutes
This presentation focuses on the groundwork of psychiatric illness as developmental brain disorders and approaching psychiatric disorders as syndromes with dimensional variability.

11. Movement Disorders

- **Movement Disorders in IDD**
Paula Ravin
Length: 120 minutes
This lecture focuses on anatomy, terminology, and patterns of abnormal motor control,

as well as how to recognize changes in motor control due to aging, injury, and medical problems.

12. Genetic Disorders

- **Genetic Disorders and ID**

Jill Hinton, Ph.D., Clinical Director, Center for START Services

Length: 67 minutes

- **Genetic Syndromes Associated with IDD**

Lauren Charlot, LICSW, Ph.D., Clinical Director, NC START East

In this presentation, a basic introduction to genetic syndromes and IDD is provided. The following topics are reviewed:

- 1) What is a Genetic Syndrome?
- 2) How Genes Affect Behavior: Nature-Nurture Transactions
- 3) What is a Behavioral Phenotype?
- 4) Common Genetic Syndromes Associated with IDD
- 5) Implications for our day-to-day work with individuals with IDD

13. Trauma

- **Trauma and IDD**

Nancy Razza

Length: 96 minutes

- **Trauma Informed Care**

Jill Hinton, Ph.D., Clinical Director, Center for START Services

- **Trauma in Childhood**

Jill Hinton, Ph.D., Clinical Director, Center for START Services

This training provides an overview of the effects of trauma during childhood, particularly as it relates to children with IDD, and the implications for diagnosis and treatment strategies. The potential outcomes of trauma experiences and the importance of trauma informed approaches will be discussed.

14. Health and Wellness/Communicating with Doctors

- **Effective Dialog Between Physicians and the Professionals Supporting People with ID**

Dr. Nahib Ramadan

Length: 80 minutes

- **Surviving and Thriving: Health and Wellness as a Game Changer**

Karen Luken, Project Director, Medical Health Homes for People with Developmental Disabilities

Health and wellness are big business and a growing area of focus for people with disabilities. We know that the health status of people with I/DD and behavioral health needs should be and can be improved. Health and wellness require knowledge, skills, supports, and opportunities to enable the individual to move from surviving to thriving and fulfillment. This presentation will discuss the importance of combining strategies that target individual change with supportive environments and policies. We believe that everyone has the right to the best possible health status and quality of life. To achieve this goal means that people with I/DD and behavioral health needs must be supported to

protect, preserve, and improve their health and wellness in order to survive and thrive in their home and community. Building and sustaining a culture of health and wellness takes advocates, champions, educators, risk takers, role models, and leaders.

15. **Positive Psychology**

- **Positive Psychotherapy and Interactive-Behavioral Therapy**

Daniel Tomasulo, Ph.D., MFA

Length: 4-part series ranging from 1 ½ to 2 hours each

- **Positive Behavior Support for People with ID and MI**

Dan Baker, Ph.D.

Length: 104 minutes

- **Introduction to Positive Behavior Supports: FBA and Positive Behavior Supports**

Bet Bryant-Claxton, Ph.D.