

REGISTER NOW!

Organizational Well-Being in Health Care: A National Symposium

Thursday, Aug. 5 & Friday, Aug. 6

8 a.m. to 12 p.m. PT • 9 a.m. to 1 p.m. MT • 10 a.m. to 2 p.m. CT • 11 a.m. to 3 p.m. ET

Health care professionals have long experienced high levels of burnout, and since early 2020, the COVID-19 pandemic has exacerbated the issue. Burnout can manifest as fatigue, impaired focus, and depersonalization resulting from emotional exhaustion—symptoms that require attention so that health professionals can continue to care for our most vulnerable.

While health care workers can and should utilize self-care strategies to enhance their personal and professional lives, organizations have the responsibility to improve working conditions from the top down. When organizations adopt a culture of well-being, employees can expend their energy working rather than simply tolerating their work environment.

In this two-day symposium, attendees will learn why it is essential for health care organizations to play a role in evaluating and addressing the conditions influencing their employees' well-being. Attendees will learn the lasting benefits organizations can experience upon investing in these values. Attendees will walk away with practical measures their organizations can implement at various levels, especially with administrative buy-in.

Join us Aug. 5-6 to hear from a slate of national speakers with expertise in implementing systemic well-being programming and get the tools you need to start your own organization's wellness journey!

You may choose to register for one or both days. To receive a certificate of completion for each day, you must attend at least 80% of the session.

Day 1: Thursday, Aug. 5

The purpose of Day 1 is to increase awareness and understanding around the need for systemic organizational well-being approaches within health care to address the critical issue of professional burnout.

Objectives include:

- Increase awareness and understanding of the need for systemic organizational well-being programs in health care
- Increase awareness and understanding of evidence-based models of organizational well-being in health care
- Increase access to resources to support planning and implementation for systemic organizational well-being programming in health care
- Expand peer network among health care systems interested in implementing organizational well-being programming

Target Audience

Health Care Leaders: chief wellness officers, chief financial officers, behavioral health directors, chief executive officers, executive directors, board members, HR directors, faculty/provider/staff representatives, etc.

[Register for Day 1!](#)

Day 2: Friday, Aug. 6

The purpose of Day 2 is to provide an opportunity for teams within health care systems to engage in guided strategic planning regarding how to establish or improve systemic organizational well-being programming.

Objectives include:

- Conduct and evaluate quality assessment of current organizational well-being programming in a health care system
- Engage in guided strategic planning to determine how to improve systemic organizational well-being programming in a health care system
- Develop strategic plan and timeline for implementation of quality improvement plan
- Expand peer network among health care systems interested in implementing organizational well-being programming

Target Audience

Wellness Teams: Ideally 4-6 members, including wellness council/committee leaders and/or health care leaders; teams of 2 will be considered

When forming teams, be sure to have inclusive voices!

[Register for Day 2!](#)



MHTTC

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