

ARC for Educators: A Training of Trainers Series

2021-2022

Learn more at <http://bit.ly/ARCEdsToT21>



Ready to take the ARC for Educators back to your school?

The Adult Resilience Curriculum (ARC) for Educators is a tried and tested model for helping educators and their organizations overcome barriers to well-being. You've seen the curriculum in action in the Mid-America MHTTC's popular series Well-Being Wednesdays: Taking Care of Educators Who Take Care of Kids and across all of our well-being programming. It has yielded numerous requests for training and technical assistance from schools and districts across the country.

This 2021-2022 school year, join one of two cohorts that will take part in our ARC for Educators: A Training of Trainers Series.

This ToT series is intended for school, district, educational agency, or state-level teams interested in implementing the ARC for Educator framework within their schools or districts. The series will:

- Provide an overview and foundation of the ARC for Educators framework;
- Introduce trainers to the materials for both the core and supplemental skills; and
- Provide time for implementation planning.

Accepted teams will convene in two cohorts that meet from 11-1 Central Time on the following dates:

Cohort 1: September 2nd, October 7th, November 4th, December 2nd, January 6th*

Cohort 2: January 6th*, February 3rd, March 3rd, April 7th, May 5th

*Both cohorts will attend a special session on January 6, 2022.

Time to recruit your team!

Teams should include 4-8 members, including persons responsible for implementing the program. We strongly recommend that teams include at least one leader or decision-maker, even if this person will not be leading curriculum delivery. In the event of space limitations, preference will be given to teams in HHS Region 7 (Nebraska, Iowa, Kansas, and Missouri).

If you have questions about team size or roles, please contact the Mid-America MHTTC at midamerica@mhtcnetwork.org.

Apply by 5 p.m. CT Friday, Aug. 20!



Mid-America (HHS Region 7)

Mental Health Technology Transfer Center Network
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