

# Quality Care Connections Training Calendar



Winter 2018



Date	Time	Fee	Set	Core Knowledge Category	Location	Instructor	Class
Thursday 1/11/18	6:30-8:00 pm	Free	1	Special Needs (SN)	Building 4 Room 106	Kat Griffin	<p><b>Early Childhood CARES: Individualizing Curriculum: Keeping all children engaged and excited about learning</b></p> <p>Differentiated? Individualized? Universal design? The terminology may be overwhelming when you are looking for a way to keep each of your preschoolers focused and enjoying activities at school. Let's dive into practical tools that you can start using right away to engage all children in daily activities while addressing their individual needs and goals.</p>
Saturday 1/13/18	9am-2pm	\$60	N/A	N/A	Building 26 Room 314	Michele Pulliam	<p><b>First Aid &amp; CPR</b></p> <p>Instruction for certification in infant and child First Aid &amp; CPR.</p>
Wednesday 1/17/18	6:30-8:30 pm	\$60	N/A	N/A	Building 26 Room 314	Michele Pulliam	<p><b>First Aid &amp; CPR Challenge Class</b></p> <p>Instruction for certification in infant and child CPR and first aid. This class is only available to those possessing a current valid infant and child CPR and first aid card, or to those who have complete a preliminary three-hour online hybrid portion of class. Feel free to call to verify if this class is the right option for you.</p>

Date	Time	Fee	Set	Core Knowledge Category	Location	Instructor	Class
Saturday 1/20/18	1-3pm	Free	1	Special Needs (SN)	Eugene Library 100 W 10 <sup>th</sup> Ave.	Dr. Randall Phelps & Dr. Debby Laimon	<b>Autism and Early Literacy</b> Pediatrician Randall Phelps and Psychologist Debby Laimon will explain the basics of early literacy, developmental milestones of early childhood, how autism relates to these milestones, and how to adapt these practices for young children with special needs. We will discuss selecting books to read aloud, using picture schedules, and integrating sensory activities into story times. Librarian Cynthia Olsen will be recommending books and other early literacy resources available at Eugene Public Library.
Wednesday 1/24/17	6-9pm	Free	N/A	N/A	Building 26 Room 314	Lynn Reiling	<b>Family Child Care Overview</b> Information for exempt child care providers on the licensing process.
Thursday 1/25/17	6:30-830pm	Free	N/A	N/A	Building 26 Room 314	Alexandra Curtis	<b>DHS Orientation</b> Information for exempt child care providers who are receiving payments from DHS program to increase their monthly payment.

Date	Time	Fee	Set	Core Knowledge Category	Location	Instructor	Class
Saturday 1/27/18	9am-12pm	\$40	2	Understanding and Guiding Behavior (UGB)	Building 19 Room 243	Aiofe Magee	<b>Positive Relationships: Building Skills and Behavior for Healthy Social Dynamics</b> Participants will explore common challenges in negative relationship dynamics and the skills and prosocial behavior needed to create healthier social exchanges through problem-solving, communications, and connection. Strategies based upon theories and research related to psycho-social stages, attachment, parenting/teaching styles, and relationship dynamics will be examined to promote healthy development and relationships from early childhood to adulthood.
Saturday 1/27/18	12:30-3:30 pm	\$40	2	Family and Community Systems (FCS)	Building 19 Room 243	Aiofe Magee	<b>Using Systems Theories to Understand Family Dynamics and Promote Positive Family Outcomes</b> Participants will be examining leading theoretical models related to family dynamics and relationship health. An exploration of the risk and protective factors that can impact family climate will be addressed along with ways to mitigate the potential for negative effects on young children. Participants will also examine the traits of healthy families and how to use positive strategies to promote resiliency in families challenged by stress factors.
Saturday 1/27/18	9am-2pm	\$60	N/A	N/A	Building 26 Room 314	Michele Pulliam	<b>First Aid &amp; CPR</b> Instruction for certification in infant and child First Aid & CPR.

Date	Time	Fee	Set	Core Knowledge Category	Location	Instructor	Class
Tuesday 1/30/18	6:30- 8:30pm	\$10	1	Health, Safety, and Nutrition (HSN)	Building 26 Room 314	Lynn Reiling	<b>Introduction to Childhood Health and Safety</b> Required Health and Safety training for all providers working in licensed facilities and those caring for children receiving a DHS subsidy. Topics include injury prevention, illness prevention and management, emergency preparedness, and general safety
Thursday 2/8/18	6:30- 8:00pm	Free	1	Special Needs (SN)	Building 4 Room 106	Cathy Hyslop	<b>Early Childhood CARES: Social-Emotional Sensory Supports</b> Can you name the SEVEN ways your body received input? We have all heard about the five senses – hearing, tasting, touching, smelling, and seeing – but did you know there are two more related to movement and where your body is? Combined, these make up our sensory system affects our ability to learn. We will explore ideas that support sensory regulation (keeping our bodies in a just-right place for learning), and promote positive social play. Techniques can easily be incorporated into your daily classroom routines and group activities. Bring your questions and ideas!
Saturday 2/10/18	9am-2pm	\$60	N/A	N/A	Building 26 Room 314	Carrie Van Cleve	<b>First Aid &amp; CPR</b> Instruction for certification in infant and child First Aid & CPR.

Date	Time	Fee	Set	Core Knowledge Category	Location	Instructor	Class
Saturday 2/17/18	9am-12pm	\$40	2	Human Growth and Development (HGD)	Building 19 Room 243	Aiofe Magee	<p><b>Examining Challenges for Children with Activated Stress Response and Calming Strategies Using All 5 Senses</b></p> <p>Participants in this training will examine the common challenges of stress and overstimulation experienced by adults and children. We will explore states of arousal and the “fight, flight, or freeze” response and how to move back into productive states of activity when triggered. Hands-on activities will allow attendees to explore a variety of strategies that can effectively be used to calm overactive minds and bodies by targeting all five senses.</p>
Tuesday 2/22/18	6:30-8:30pm	\$25	1	Health, Safety, and Nutrition (HSN)	Building 19 Room 239	Terri Hansen	<p><b>Disaster Preparedness Class</b></p> <p>Emergency preparedness in child care-preparing for the worst, hoping for the best! How to identify the disaster that could occur, tips to develop your unique emergency plan, and identify steps to take after a disaster strikes.</p>
Saturday 2/24/18	9am-2pm	\$60	N/A	N/A	Building 26 Room 314	Michele Pulliam	<p><b>First Aid &amp; CPR</b></p> <p>Instruction for certification in infant and child First Aid &amp; CPR.</p>
Saturday 3/3/18	9am-12pm	\$40	2	Program Management (PM)	Building 19 Room 243	Terri Hansen	<p><b>Implementing Program Assessments Tools</b></p> <p>Participants will examine a variety of program assessment tools to enhance the overall design and quality of their business, both indoors and outdoors. Develop a comprehensive annual review and evaluation policy to implement program assessment systems into their business plan.</p>

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Wednesday 3/7/18	6:30-8:30	Free	N/A	N/A	Building 26 Room 314	Alexandra Curtis	<b>DHS Orientation</b> Information for exempt child care providers who are receiving payments from the DHS program to increase their monthly payment.
Thursday 3/8/18	6:30-8pm	Free	1	Special Needs (SN)	Building 4 Room 106	Julia Rockwell	<b>Early Childhood CARES: Autism Spectrum Disorder: Strategies for the preschool classroom</b> Do you have a child experiencing Autism Spectrum Disorder in your preschool? Are you looking for ideas and strategies to help make learning meaningful and successful for them and for you? Come to this workshop and learn strategies for working with children with ASC in a preschool setting. We will focus on ideas for helping children value the social experience, while exploring the activities we can offer for calm and relaxed play.
Saturday 3/10/18	9am-2pm	\$60	N/A	N/A	Building 26 Room 314	Michele Pulliam	<b>First Aid &amp; CPR</b> Instruction for certification in infant and child First Aid & CPR.
Tuesday 3/13/18	6:30-8:30pm	\$10	N/A	Health, Safety, and Nutrition	Building 26 Room 314	Lynn Reiling	<b>Recognizing and Reporting Child Abuse and Neglect (RRCAN)</b> Information on how to recognize and report child abuse to the appropriate state and local authorities.

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Wednesday 3/14/18	6-9pm	\$40	2	Human Growth and Development (HGD)	Building 19 Room 243	Alexandra Curtis	<p><b>Beyond Peekaboo</b></p> <p>What do infants and toddlers really need from their play environments and playful adult interactions? Join us for an in depth look at human development in the first two years with a focus on the interplay between social-emotional and physical development. Use your new knowledge as the cornerstone of planning all activities and environments. Examine your role as facilitator in infant and toddler play through group feedback, role play, and more hands on learning in this session..</p>
Saturday 3/17/18	9am-3:30pm	\$60	2	Health, Safety, and Nutrition (HSN)	Building 19 Room 243	Lucia Aleman	<p><b>The Effects of Stress, Violence, Trauma, and Abuse on Child Development</b></p> <p>Develop new knowledge about current research on the effects of stress, violence, trauma, and abuse on brain development.</p>
Saturday 3/17/18	9am-2pm	\$60	N/A	Health, Safety, and Nutrition (HSN)	Building 26 Room 314	Michele Pulliam	<p><b>First Aid &amp; CPR</b></p> <p>Instruction for certification in infant and child First Aid &amp; CPR.</p>
Tuesday 3/20/18	6:30-8:30pm	\$60	N/A	Health, Safety, and Nutrition (HSN)	Building 26 Room 314	Michele Pulliam	<p><b>First Aid &amp; CPR Challenge Class</b></p> <p>Instruction for certification in infant and child CPR and first aid. This class is only available to those possessing a current valid infant and child CPR and first aid card, or to those who have complete a preliminary three-hour online hybrid portion of class. Feel free to call to verify if this class is the right option for you.</p>

\*All classes, unless otherwise noted, take place on Lane Community College's main campus, 4000 E 30<sup>th</sup> Avenue, Eugene, OR 97405.

Please note: If you are not registered for a class, you will not be admitted, nor given credit for the class.