



Winter 2020 **NAP SACC COHORT FORMING NOW!**

Hundreds of early childhood care and education providers in Lane County have benefitted from the Nutrition & Physical Activity program since 2013. Through free trainings, supplies, and individual support, you can develop a deeper understanding of children's nutrition and physical activity needs and learn how to help a new generation grow up healthy.

NAP SACC All-Day Training

Saturday, February 8; 8:30a-4:30p
or
Saturday, March 7; 8:30a-4:30p

Check out the great benefits you will receive when you join NAP SACC!

7.5 hours of free training in child nutrition and physical activity as well as adult health and wellness

\$50-\$200 to use towards nutrition and fitness supplies for your program

Individual support from a QCC specialist with improving your program's nutrition and physical activities

Facebook NAP SACC group for additional support and resources



For more information, or to register, please contact Kristen Helton.
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541-463-3308.

