



Winter 2020 **NAP SACC COHORT FORMING NOW!**

Hundreds of early childhood care and education providers in Lane County have benefitted from the Nutrition & Physical Activity program since 2013. Through free trainings, supplies, and individual support, you can develop a deeper understanding of children's nutrition and physical activity needs and learn how to help a new generation grow up healthy.

NAP SACC All-Day Training

Saturday, February 8; 8:30a-4:30p
or
Saturday, March 7; 8:30a-4:30p

For more information, or to register,
please contact Kristen Helton.

heltonk@lanecc.edu
541-463-3308.

**Check out the
great benefits
you will receive
when you join
NAP SACC!**

7.5 hours of free
training in child nutrition
and physical activity as
well as adult health and
wellness

\$50-\$200 to use
towards nutrition and
fitness supplies for your
program

Individual support from
a QCC specialist with
improving your
program's nutrition and
physical activities

Facebook NAP SACC
group for additional
support and resources

