



# Tiger Café



## Monday October 25, 2021

## Café Service Hours

- Breakfast Bistro** Bacon and Cheese Quiche with Country Potatoes
- Garden Organic Side** Roasted Potatoes
- Sandwich Favorite** Caprese Sandwich with Lettuce, Tomato and Mozzarella Cheese
- From the Kitchen** Pop Corn Chicken with Coleslaw and French Fries
- Live Well** Crispy Tofu with Coleslaw and Roasted Potatoes
- Tossed** Potato Salad with Carrots, Celery, House Made Dressing and Parsley

- Breakfast 7:30-8:00
  - Morning Snack 9:20-9:30
  - Lunch 11-11:50
  - Afternoon Snack 1:20-1:30
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## Tuesday October 26, 2021

## Soup de Jour

- Breakfast Bistro** Waffles or Pancakes with Fresh Mixed Berries
- Garden Organic Side** Salsa Fresca and Guacamole
- Sandwich Favorite** Chicken Salad Sandwich with Celery and Grapes on Croissant
- Platillos Latinos** Diestel Turkey Enchiladas with Cilantro-Lime Rice, Salsa Fresca, Guacamole and Sour Cream
- Live Well** Vegetarian Bean and Cheese Enchiladas with Salsa, Fresca and Guacamole
- Tossed** ND Autumn Salad with Romaine Lettuce, Bacon, Organic Apples, Cranberry, Queso Fresco and Honey-Dijon Vinaigrette

- Monday**  
Roasted Butternut Squash Soup
- Tuesday**  
Tortilla Soup
- Wednesday**  
Vegetable and Tortellini Soup

## Wednesday October 27, 2021

- Breakfast Bistro** Breakfast Burritos with Cage Free Eggs, Chorizo and Cheese
- Garden Organic Side** Steamed Carrots and Broccoli
- Sandwich Favorite** Free Range Grilled Chicken Wraps with Lettuce, Tomato, Avocado and Chipotle South West Dressing
- From the Kitchen** Bow tie Pasta with Marinara Sauce, Pesto or Alfredo Sauce, Steamed Carrots and Broccoli
- Live Well** Gluten Free Pasta with Marinara Sauce, Steamed Carrots and Broccoli
- Tossed** Chopped Salad with Bacon Bits, Romaine Lettuce and Lemon-Blue Cheese Vinaigrette
- Sweet Treats** Chocolate Chip Cookies

- Thursday**  
Autumn Vegetable Soup
  - Friday**  
Witches' Brew (Chicken Noodle Soup)
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## Thursday October 28, 2021

## Café Promotions

- Breakfast Bistro** Breakfast Burrito with Chorizo, Scrambled Eggs, Cheddar Cheese and Tater Tots
- Garden Organic Side** Roasted Butternut Squash and Brussels Sprouts
- Sandwich Favorite** Buffalo Chicken Sandwich with Lettuce, Tomato and Ranch Dressing
- From the Kitchen** Roasted Chicken with Roasted Seasonal Vegetables and Mashed Potatoes
- Live Well** Roasted Stuffed Tomatoes with Seasonal Vegetables
- Tossed** Chicken and Romaine Lettuce, Organic Red Apples, Jack and Cheddar Cheese Blend, Ranch Dressing

- Join us in the café for special October promotions!
- 10/22/21 Noodle Day
  - 10/29/21 Halloween Lunch

## Friday October 29, 2021

- Breakfast Bistro** Breakfast Sandwich with Bacon, Free Range Organic Eggs, Cheddar Cheese on
- Garden Organic Side** Haunted Roasted Root Vegetables
- Sandwich Favorite** Ham and Cheese Wraps with Lettuce, Tomato and Avocado
- Kitchen Table** Double Double Toil and Trouble Mac and Cheese with Vampire Stakes
- Live Well** Zucchini Noodles with Marinara Sauce and Roasted Root Vegetables
- Tossed** Bloody Beet Salad with Organic Red Beets, Mandarin Oranges and Tricolor Heirloom Carrots

Starting your day with a healthy breakfast is the best way to achieve greatness! We have a variety of breakfast options every morning, so come check us out!

Dessert is Served Every Wednesday  
Chocolate Chip Cookies

## Epicurean Group at Notre Dame Menu Key

**Executive Chef** Victor Pachas  
victor@epicurean-group.com

**General Manager** Angela Ferreira  
angela@epicurean-group.com



	Free - Range		Vegetarian
	Organic		Vegan
	Grass - Fed		Gluten Free
	Cage - Free		