



The Village In Howard Newsletter

November 2019

The TVIH Center will be closed on Thursday, November 28 and Friday, November 29 for the Thanksgiving holiday.



Let's Play Basket Bingo for The Village in Howard

What is Basket Bingo?

This classic game of bingo is a very popular fundraising event for non-profits. Friends and family gather to play for their chance to take home a *basket filled with themed items valued at more than \$100. We will also have designer handbags and accessories such as Michael Kors, Kate Spade, Coach, Dooney & Bourke and more. This is our annual fundraising event. Your participation supports TVIH!

*Basket is a general term. Not all themed items will be in baskets, some will be in containers relevant to the theme of the grouped items.

When is bingo night?

Friday, November 15, 2019. Doors open at 6PM and games begin at 7PM.

Where is it being held?

At the FOP Lodge #69 on 2832 Nine Mile Circle, Catonsville, MD 21228

What is the cost?

\$20 per person in advance, \$25 per person at the door.

How do I register in advance?

Go to The Village in Howard website – www.thevillageinhoward.org. Scroll down a short way and there will be a Basket Bingo section with two links to register – use either one.

What does my \$20 cover?

With your entry fee of \$20 you will receive 20 game cards with 3 bingo games on each to win each game – wow, that is 60 chances to win. Also, you will receive a

raffle ticket with the program for a chance to win one of 20 door prizes. A dauber will be needed to mark your game cards – they will be available for \$1. In addition to your entry fee, we hope you will take the opportunity to play bonus games, 50/50's, and raffles for baskets worth more than \$350.

Is there food available?

Yes. HarborQue will be in the kitchen serving BBQ and other foods and beverages at very reasonable prices. They have graciously offered to make a donation to TVIH. So, don't be shy eat much! We will also have snacks and desserts available for \$1 (cash only).

This sounds great, but I have never played bingo. How will I know what to do?

Our bingo caller will give instructions before the game. There will also be TVIH volunteers on the floor to help if needed.

Bring your friends and family – make it a ladies night -out! This will definitely be a fun-filled evening.

Come early for easy check-in, to view the baskets, order dinner, find the best seat in the house, and chat with others. Welcome and introductions will begin at 6:50PM.

Upcoming Programs - A Closer Look

Check the TVIH calendar for detailed information and registration.

Experience the Joy of International Folk Dancing

New member Dolly Shannon and the Columbia International Folk Dancers invite TVIH members and friends to join them for beginner sessions every Wednesday in November at Kahler Hall in Harper's Choice. These dances from many nations are fun and appropriate for seniors; no partners needed. Simple dances will be taught from 8 to 8:30 pm followed by practice and observation of dances for experienced folk dancers until 10:30. First session is at no charge; remaining sessions are \$5 payable at the event.

The Village People – Telling Our Stories

The November meeting of The Village People: Telling Our Stories (the Village Center on Friday, November 8, from 2PM to 4 PM) will feature new member Dan Blumhagen, aka “Far Traveler.” Dan, an ER and Public Health



Dan at Mount Tirich Mir (25,000 ft) in Afghanistan in 1962. He was 16 years old.

Physician, will talk about trying to help people improve their lives globally in his work in international development.

Dan has been in nearly one hundred countries, but will only talk about some of them. He's

been in and out of Afghanistan and Pakistan for almost sixty years and still speaks the languages. He spent significant parts of his life in Israel, Cairo, and West Africa.

Dan prefers an informal format. He'll begin with some background about his past and then will let the presentation be guided by the interests of the audience.

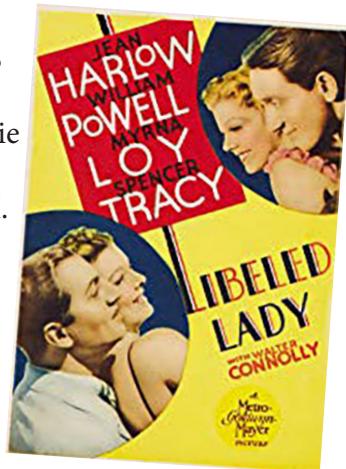
Russian-Inspired Fabergé Egg Art

On Monday, November 18, The Village in Howard will be taking a field trip to Sykesville to view the workshop of Alice Doll, an artisan of the famous Fabergé Russian-inspired Faberge' eggs. Alice has been doing this for many years and has a collection of over 300 eggs. This intricate and fascinating craft uses all types of real eggs (finch up to ostrich) with intricate detailed designs sculptured with high speed dental type drills. They are decorated with hundreds of tiny stones and beads.

We will be carpooling from the Village in Howard at 10:15 AM. Following this hands-on demonstration, we will join for lunch at E. W. Beck's Restaurant & Pub in Sykesville (about 5 minutes from the workshop at Alice Doll's).

Classical Film Series

Hope you can join us on November 19 for our first movie in our Classical Film Series, shown at TVIH Center at 1PM. Just watching the magnificent sets, famous actors, interesting events and listening to meaningful dialogues, places classic movies on a pedestal all its own. Our first movie,



presented by Barbara Zalesky, with a short introduction and brief discussion afterwards, will be “Libeled Lady” (1936) a very comical film demonstrating the confusion possible during marriage ceremonies. This is a great way to spend an afternoon with your TVIH friends and guests.

Focusing on the Future for Howard County Seniors

Statistics are projecting that 24% of our county's population will be 55 and older in 2020. While many services and programs are in place for us, what is county government considering for the future? What about housing? Medical resources? What might be coming down the pike for seniors who are NOT ready for traditional senior center programming? How can we contribute to and influence community life? What is our impact on the economy? How can our expertise be involved in the planning? Participate in a conversation with Jenna Crawley, Administrator of the Office on Aging and Independence and Kimberly Pruim, Director of Constituent Services and Community Partnership from County Executive Ball's Leadership Team who will share some of county government's thinking and are open to our input. This program is scheduled on November 20 at 2PM.

Travel Talks/Potluck Dinner



Paul and Therese Verchinski will describe their experience aboard a Hurtigruten Norwegian Cultural

Coastal Cruise in 2017. Their 12-day voyage from Bergen to Kirkenes provided fabulous views of fjords, mountains, waterfalls, and glaciers, as well as visits to many historic coastal towns. Kirkenes is well above the Arctic Circle and Norway's closest port to Russia. Their vessel offered traditional amenities for passengers and carried cars and supplies to villages along Norway's coast. It was a truly exceptional experience. This program is scheduled on November 21 at 5:30PM at the Howard County Central Library.

PORTRAIT OF A VILLAGER — Mary McGraw

Many of the profiles in this newsletter describe how someone joined the Village. This piece describes how Mary McGraw started the Village. The experiences and motivations were similar. Mary was an empty-nester in Maryland living alone while her 86 year-old mother was living in assisted living in Michigan close to Mary's older brother. Mary would make frequent periodic trips to check up on her. Although Mary's brother was nearby, he was not heavily involved in his mother's daily care. It became apparent to Mary that her mother might need more help. She was beginning to make complaints about imaginary events and was finding it hard to fit into the daily routines of facility.

So Mary decided to have her mother move in with her and Mary assumed the role of caregiver. Because it was more challenging than she anticipated, she joined Winter Growth's caregiver group where she could share her experiences, discover commonalities with other caregivers and learn coping strategies to deal with her mother's growing dementia.

At the time she was working for Carol Pickett Ross, publisher of The Business Monthly. Mary had dreamt of producing a newspaper, too, directed at seniors. She turned the idea into a reality in 2001 by publishing Generations. Thus Mary was simultaneously juggling two demanding roles. As publisher, she was soliciting and writing articles, getting advertising, arranging for layout and printing, and paying the rent for office space to produce the paper, while her mother was sinking further into dementia with unpredictable health crises, real and unreal.

After several years her mother died. The "great recession" led Mary to close the newspaper. Elizabeth Cooney Agency offered her a 3 day a week job in marketing. While working on her current job, she began thinking of her past experiences with her mother and drew upon readings about the Village movement. She wondered whether those experiences could be duplicated locally but she didn't know where to start. She went to the Howard County Office of Aging and travelled with Jean Salkeld to Washington DC to visit their Village. It was unclear to the Office of Aging whether there was sufficient interest to support such an organization. Mary then consulted the Senior Advisory Council of the Columbia Association who



Mary McGraw hands Cyndi Rogers, President of Winter Growth, one dollar for the generous use of their offices when the Village was just starting out.

helped Mary organize and promote a public meeting with an informational presentation by someone from the Washington, DC Village. Fifty people showed up at that October, 2012 meeting.

The next concrete steps in early 2013 involved follow-up meetings at Mary's house. A small group of volunteers including Judy Pittman, Joy Cheung, and Virginia Thomas and others began building the infrastructure of what is now a Village with approximately 180 members who join together in social and caring experiences. In addition to being the founder of TVIH, Mary continued her newspaper career by starting this newsletter. She is a past president of the TVIH board and is presently co-chair of the Communications and Outreach Committee, which recruits new members to the Village.

— Submitted by Ellin Scholnick

Thank You From a Grateful Board

Every December the leadership of TVIH changes as officers and board members complete their terms and are replaced by other newly elected members. This is the fifth year of our existence and several of the board members have been active since the founding of TVIH but their eligibility for continuance on the board has expired. Board members play dual roles, as, setting the direction and oversight of TVIH, and chairing or playing active roles on key committees. We are grateful for their contributions. As a volunteer-based organization, the Village could not function without them. Sally Parker stepped in as president this past year and has been the initiator and organizer of our ambitious BINGO fundraising project. Though stepping down as president she will remain active on committees and as an office volunteer. Susan Hailman, this year's president elect, will be stepping away from the board, but will continue as the organizer and co-chair of volunteer services such as transportation requests and Circle of Care. Like Susan and Sally, George Maestri was a Village member since the origin of TVIH and was active in building its infrastructure and recruiting board members. He will be moving away from the area. Although Charles Sternheim is a newer member of the board, he has played diverse roles in TVIH as resident poet, volunteer driver and a stalwart on the membership committee.

Reorganization of the TVIH Document Library



On November 16, the folders in the TVIH website Document Library will be reorganized. At the request of the Board of Directors, a volunteer team has reviewed the current

folder structure and has come up with a new structure. The goal is to make documents easier for you to find. Only the folders will be rearranged - no documents will be removed.

Usage Alert: Please do not access the Document Library while under reorganization on November 16.

ADOPT - A - FAMILY HOLIDAY DRIVE

As the Village did last year, we will once again be supporting a family from the nonprofit HopeWorks Adopt - A - Family Holiday Drive. We will be making

their holiday bright with gifts from their "wish list". This "wish list" serves as suggestions for what the family would like and provides us with a guide for gift purchases. Gift cards are also a welcome addition. Our family will consist of 3 - 4 members.

The "wish list" will be posted on our website Forum by Monday, November 11th.

Follow the steps below to participate and wish this family a wonderful holiday.

1. Select an item from the "wish list".
2. Phone Sally Parker at 410-218-6738 to let us know what item you have chosen to purchase. (Leave a message if no answer.) Doing this will help keep the list up to date and avoid repeats.
3. Label the gift with a description of the intended recipient, such as "girl, age 9, sweater, size 10" Include a gift receipt from the store.
4. Bring the unwrapped and labeled gift to the TVIH office by Friday, December 6th.

We will be having a wrap party on Tuesday, December 10th. Sign up and enjoy some holiday cheer. The time will be announced in the December Newsletter.

Thank you for helping TVIH make the holiday memorable for a family in Howard County.

Now Boarding...

Highlights from September Board of Directors meeting.

Financials

TVIH currently has \$41,618 in active account and \$61,870 in reserve. Pete presented a 2020 budget proposal. Committee chairs have been asked to report their expenditure needs by next week. The budget includes a 5% increase in dues and an expected rise in membership. TVIH will end the 2019 year in good fiscal standing.

Fundraising

The annual fundraiser solicitation letter is ready to go out in November. This appeal goes to members as well as to "friends" of the village who receive our newsletter each month. Year-end contributions from members and friends are an important slice of our income, and are not the same as membership dues. Please be generous!

One of our members, Ron Putz, hosted a Free Frames Give-Away event at his home. Individuals were asked to make a donation to TVIH in lieu of payment for the frame(s) they took-away. Over \$500.00 was raised. Thanks to Ron for this generous gift to the Village! If you



have suggestions for helping the Village raise money, please contact the office.

The Basket Bingo Fundraiser is coming up quickly – Friday, Nov 15. We will be reminding folk at each gathering/event we have to buy tickets and bring non-members. This event will be as successful as the number of seats we fill! We are encouraging members to post the event on their Facebook and Instagram feeds. Anyone who needs an electronic blurb to drop in or wants an electronic copy of the flyer, please contact Susan Hailman shailman@comcast.net.



Ron Putz

Community Issues

The October Columbia Association work session meeting focused on hearing viable reasons to keep many of the neighborhood centers open vs closing them for park space. Pete and Sally were present as well as other members of the community. It may be a reality that TVIH will need to begin looking elsewhere for center space.

Board Development

During the past year, no one has stepped forward to assume presidency of the Board. Prior to losing the opportunity to re-apply for a CA grant, the Board had hoped to be able to increase the number and duties of paid staff to alleviate the pressure on Board officers. This is not feasible at this time. As a result, alternative structures have been explored in hopes of finding a way to lessen the workload that has fallen to the President in past years. A Tri-Chair Board format was proposed with an Executive Committee consisting of three individuals who will preside together. The three areas these individuals will supervise are:

1. TVIH Public Face – oversees membership, communications and outreach
2. Financial – manages budget and leads fundraising efforts; oversees IT
3. Operations – oversees general program efforts as well as the volunteer program

A Board sub-committee will meet prior to the Nov. elections to identify executive responsibilities that don't relate directly to committee areas and determine who will manage them. This one-year experiment will be reviewed in late summer 2020 to determine whether it should become part of TVIH's by-laws.



WELCOME NEW MEMBERS

We extend a warm welcome to the following new TVIH members. We hope to meet you at the Get Acquainted Coffee on Monday, December 9 at 11AM. To familiarize yourself with the TVIH website, we suggest that you consider registering for one of our TVIH Website and iPhone Workshops. These workshops are held monthly- check the calendar for availability. If you have difficulty registering for these or any other programs, please call the office at 443-367-9043. We'll be delighted to assist you.

Robert Ginsberg – Columbia

Christian Hurley – Columbia

Leo Palewicz – Ellicott City

Janet & Henry Zerhusen - Columbia

Membership Rates for 2020

As our members are aware, membership fees cover only 37% of TVIH's operational expenses. For the coming year, several of those expenses have increased. Our internet and phone, rent, utilities and insurance as well as staffing costs all figure into our operational budget. Notably, our rent increased by 3% and our liability insurance increased by 25%! We need to be prepared for other costs to increase as well.

While the Board grapples with pulling in new sources of funding for the coming years, we need to keep the percentage provided by membership fees stable. As a result, we will need to increase membership rates by 5% effective January 1, 2020.

This means at the Associate Member level,

- individuals will pay \$8.00 more per year for their membership, and
- couples will pay \$14.00 per year more.

At the Full Membership level,

- individuals will pay \$19.00 more per year for their membership, and
- couples will pay \$35.00 per year more.

While the Board doesn't take these increases lightly, please consider that an individual at the associate member level will be paying less than a dollar a month more while a full services member couple will be paying less than three dollars more per month. If your membership comes up for renewal in January, you can beat the increase by renewing before December 31, 2019.

EXTENDING THE WELCOME MAT

Open to members and non-members. Join us to learn about the Village.

It's often difficult to walk into a new group and determine whether you'd be comfortable in it. TVIH offers opportunities for free trial runs without having to register or make a long-term commitment. These are events that have drawn many of us into the Village.

Walkers might enjoy Saturday Sneakers & Coffee, which meets every Saturday at Lake Kittamaqundi by the People Tree or Monday Morning Meanderings at Lake Elkhorn.

If you're searching for conviviality, join the Lunch Bunch each Wednesday or Happy Hour on the first Tuesday of each month.

Bring your friends and neighbors to any of these events. We'd enjoy your company and love to get to know you.

Happy Hour: Please join us the first Tuesday of each month for Happy Hour. We meet at different locations each

month. On November 5 at 4PM, we will meet at BJ's Restaurant & Brewery located on 6181 Columbia Crossing Circle.

Sneakers and Coffee: Every Saturday at Lake Kittamaqundi. Meet at the "People Tree" near the fountain at 9AM for a 30-minute walk followed by a get together for coffee and conversation at Whole Foods Market.

Lunch Bunch: Each Wednesday from 11:30AM – 1PM. In November, Lunch Bunch will be at Rudy's Mediterranean Grill, 7185 Columbia Gateway Drive, Columbia MD 21046. (Columbia Gateway Plaza) The menu is authentic Turkish. A real gem.

Monday Morning Meanderings: Meets every Monday at 9AM. Start your week off on the right foot with a group walk around Lake Elkhorn. Meet at the dock of Dockside Road off Cradlerock Lane across from McDonald's.

TVIH MONTHLY ACTIVITIES REQUIRING REGISTRATION

THERE ARE THREE WAYS TO REGISTER FOR AN EVENT:

- Visit the website at www.thevillageinhoward.org and sign in. After you have signed in, click on the "Calendar" tab for the activities for this month or for future months. Click on the activity you want to register for. If you are having difficulty registering on the website, please call the office at 443-367-9043.
- Call the TVIH Office at 443-367-9043 to register. If no one picks up, please leave a message and a volunteer will get back to you.
- Click this link to go directly to the website Calendar:
http://thevillageinhoward.clubexpress.com/content.aspx?page_id=2&club_id=855297&sl=504175908

Note: All events will take place at the TVIH Center unless otherwise specified.

Mah Jongg

*Fridays, November 1, 8, 15, 22, 29,
10AM*

Previous play experience is required.

Teach and Taste – Blends: A Discovery Activity

*Sunday, November 3, two sessions:
12:30PM and 3PM*

Taste three wines. Then, in a small group, you will create a blend from those wines.

Focus on Fitness

Monday, November 4, 10AM

While last spring's program focused on cardiovascular endurance and flexibility, this program will focus on "balance and strength". Each person will receive a fitness report card and resources to help them improve their balance and strength.

Bocce Ball League Play-Off Matches

Monday, November 4, 1PM

League teams will compete to be the best two teams. Everyone is welcome to cheer for their TVIH friends!

Chocolate Candy Making, Tips from a Pro

Monday, November 4, 3PM

Have you ever wondered how the pros make their chocolates look so delectable? Chocolatier Angie Swann will show us how.

International Folk Dancing

*Wednesdays, November 6, 13, 20, 27,
8PM*

Enjoy music and camaraderie while getting some exercise with the Columbia International Folk Dancers. First session is free. Sessions thereafter are \$5 payable at the event.

The Village People – Telling Our Stories

Friday, November 8, 2PM

Dan Blumhagen, ER and Public Health Physician, aka “Far Traveler,” will talk about his work as a U.S. Foreign Service officer serving particularly in South Asia, the Middle East and Africa.

Bridge Group

*Tuesdays, November 12 and 26,
1PM*

My 3 Cents

Wednesday, November 13, 2PM

In-depth monthly discussions that focus on specific topic of national, global, social, political or local interest. This month’s discussion: Stereotyping aging and its impact.

REP Stage Play, E2

*Thursday, November 14, 7PM
Howard County Community
College, Horowitz Center*

A contemporary reimagining of Christopher Marlowe’s tale of England’s ineffectual King Edward who alienates his queen and court.

TVIH Basket Bingo Fundraiser

*Friday, November 15, 7PM
FOB Lodge 69, Catonsville, MD*

This is our annual fundraiser. Prizes include designer bags, creative baskets, raffles and more. Sure to be an evening of fun for members and friends. Purchase tickets at www.thevillageinhoward.org.

Vanessa Collier at The Soundry

*Saturday, November 16, 8PM
The Soundry (next to Clyde’s on Lake
Kittamaqundi)*

Meet up with TVIH friends to enjoy an evening of blues.

Bonnard to Vuillard: The Intimate Poetry of Every Day Life

*Sunday, November 17, 10:15AM
Philips Collection, 21st Street NW,
Washington, DC*

Works by European Post-Impressionist artists who ushered in a new form of artistic expression in the 1890’s. Transportation information for this event on the TVIH calendar.

Russian Inspired Faberge Decorated Eggs

*Monday, November 18, 10:15AM
Sykesville, MD*

View the beautiful collection of artisan Alice Doll’s Russian-inspired Faberge’ decorated eggs.

Followed by lunch at E.W. Beck’s Restaurant and Pub.

Classical Film Series – “Libeled Lady” (1936)

Tuesday, November 19, 1PM

Join us for our first movie in our Classical Film Series, shown at TVIH Center. Our first movie presented by Barbara Zalesky, with a short introduction and brief discussion afterwards, is a comical film with many of the stars of yesteryear! A fun way to spend an afternoon with TVIH friends and guests.

Focusing on the Future for Howard County Seniors

Wednesday, November 20, 2PM

While many services and programs are in place for us, what is county government considering for the future? Housing? Medical resources? What might be coming down the pike for seniors who are NOT ready for traditional senior center programming?

The Village Readers

Thursday, November 21, 10AM

Book discussion: “Lady in the Lake” by Laura Lippman

Aging in Place Workgroup Series, Session 3

Thursday, November 21, 4PM

Topic: Staying in Your House: Developing an In-Law Suite

Travel Talks & Potluck Dinner

Thursday, November 21, 5:30PM

Howard County Central Library

Paul and Therese Verchinski will describe their experience aboard a Hurtigruten Norwegian Cultural Coastal Cruise in 2017.

TVIH ROMEOs (Retired Old Men Eat Out)

Sunday, November 24, 5:30PM

Leelynn’s Restaurant and Lounge

All male TVIH members and their friends are welcome to this informal TVIH men’s group to talk about men’s experience in aging, life, and fun.

Looking Ahead ... “Hooked on Books”

Tuesday, December 3, 1PM

Members rotate meetings in their homes. This month’s discussion: “Code Girls” by Lisa Mundy

Annual Meeting & Holiday Celebration

Thursday, December 5, 6:30PM

Amherst House, King’s Contrivance Center

A gathering of all TVIH members. Sally Parker, President, Board of Directors and Pete Brunner, Treasurer, Board of Directors will present an annual report. A special treat for all of us will be a video presentation

by Joy Cheung to commemorate our first 5 years. The evening will end with delicious holiday desserts and visits with friends.

Get Acquainted Coffee

Monday, December 9, 11AM

New members and those who may be considering becoming a member are welcome to learn more about TVIH and meet other new members.



Has Your Address/Email Changed?

Members, your Village friends want and sometimes need to know how to reach you. Please remember to update your profile and contact information when a change occurs.

To update your contact information, you must first **Login** then:

1. Click on ▾ to the right of your name in the upper right corner of page. In the drop-down box **click Profile**. This will take you to your Member Profile page.
2. Under Personal Info, **click Contact Info**.
3. Update your contact information in the appropriate fields. **Before closing out, click "Save" at the bottom of the page.**

Thank you for keeping your information up-to-date.

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You shop. Amazon gives.

Support TVIH by using AmazonSmile, a giving program offered by Amazon.com for the same products and prices. When you use AmazonSmile for your shopping, 0.5% of the purchase price of eligible products will be donated to TVIH. How does it work? Start each shopping session at the URL <http://smile.amazon.com>. Be sure to designate The Village in Howard to receive your donation by clicking on the link smile.amazon.com.

Member Solicitation Policy

In order to ensure confidence and privacy, and to promote an open exchange of information among our members, The Village in Howard maintains a policy of non-solicitation of fellow members for the purpose of business development or marketing. Our organization provides opportunities to learn from each other, both at TVIH activities and informally. Using the directory to find names and contact information of other members is appropriate for this purpose. It is not appropriate to market or solicit business.

SUPPORTERS:



If you would like to be removed from this email list, please email your name and email address to 4info@thevillageinhoward.org. We will not share your email address or personal information with anyone.