



# The Village In Howard

Aging Better Together

## Editor's Note

### Office Closings for the Holidays:

- 12/23/22 thru 12/26/22: Messages left on those dates will be returned on 12/27/22.
- 12/30/22 thru 1/2/23: Messages left on those dates will be returned on 1/3/23.

### Save the Date!

Chinese New Year's Dinner on 1/26/2023. Register on the website!

## Recipe Share

With the holidays upon us, food is a highlight, so we'd like to start a new column. Everyone likes to eat, and some love to cook, no occasion necessary! Share some of your favorite recipes with your fellow newsletter readers. See some ideas below. It doesn't have to be fancy, just YUMMY!

### WE WANT TO HEAR FROM YOU!

Is it a main dish? Side dish? Salad? Dessert?  
For Breakfast or Brunch? Lunch or Dinner?  
Potatoes or a Vegetable? Rice or Pasta? A relish?  
Jello Mold? A cake, pie, or pudding? Cookies?  
Gluten-Free? Vegetarian?

Whatever it might be, please send your recipes to the Newsletter Staff by emailing them to Sheryl Amster at samster60@icloud.com AND Ellin Scholnick at escholni@umd.edu by the 19th of any month.

We look forward to hearing from you! Thank you!

— Sheryl Amster

beverages will be provided.

We welcome extra food if you are a baker and would like to bring a plate of holiday cookies or sweets to share.

Due to the season, the gathering will take place inside the building. Tables and chairs will be set up in the office, and one table will be set up outside in the protected space. Anyone who prefers to eat outdoors may take their food and chair outside.

We'll need a small group of volunteers for the following duties. Kindly contact Marsha Birnbaum (Marsha.Birnbaum@gmail.com) to volunteer for:

- Office space set-up on Friday, Dec. 16th, 12-2 p.m.
- Food set-up on Dec. 17th, 1-3 p.m.
- Welcome table, accepting money from each member.
- Take down at the end of the Social. Members, please pitch in!

## Holiday Social

Saturday, December 17th, 3-5:30 PM  
TVIH Center, 6061 Stevens Forest Road,  
Columbia, MD

Cost: \$8 per person, payable in cash at the door.  
Registration is open until December 10, 2022,  
to the first 50 members, so please register on the  
website. Proof of vaccination is not required.

Enjoy a late afternoon snacking meal  
with friends. Small sandwiches, accompanying  
vegetable garnish, desserts, and non-alcoholic

## On-Boarding

The Village In Howard  
Board of Directors Meeting

October 26, 2022

Jim Bouscaren presiding

### Membership Categories

The creation of trial Associate memberships necessitated the following changes in Section 3.2 of our bylaws which the Board approved:

"..... (1) three groups of members; associate

and 3-month trial associate members, who participate in village activities and full members who participate in village activities and services.....”

### **Changes in Board Membership and Scheduling**

This will be the last Board (BOD) meeting for Sarah Spence, Ellin Scholnick & Marie Grunwell, who will leave after serving three 2-yr terms. Their replacements will be decided at the November BOD meeting. Fran Lorenzi and Sheryl Amster have resigned from the BOD.

In order to report the most up-to-date information in the On-Boarding section of the Newsletter and allow time for editing, it was decided, effective December 2022, that Board meetings will be held in person on the 2nd Wednesday of each month at 1:30 pm. The Board is switching to monthly in-person sessions and the Annual Meeting, except in inclement weather or other circumstances.

The November BOD meeting was rescheduled to Wednesday, November 16th, on Zoom at 1:30 pm due to the Founders Luncheon on November 9th. The approved new board nominees will be introduced at the December 14th BOD meeting.

### **NOMINATING COMMITTEE REPORT – Cathy Latham**

The three BOD nominees are Dee Sullivan, John Marsch, and Marsha Birnbaum. Sarah Spence asked the board members to consider serving in her capacity as a tri-Director of Public Affairs. We are also in need of candidates for Director of Finance. Any member of TVIH is eligible to serve in these positions.

### **HIRING COMMITTEE REPORT**

After consulting with people who were founders of TVIH, the search committee recommended, and the BOD approved, pursuing hiring an Executive Director. Within the current budget model, a proposed salary of \$60K is workable and consistent with other county agencies. We are looking for applicants who are mission and commitment-oriented. The Executive Director's central purpose will be to lead sponsorship, fundraising, and membership development

activities. These efforts will involve creating programs for both the community and TVIH members. Hopefully, the Executive Director will work to replace the Tri-Directorship. The search committee has developed a method to identify and evaluate candidates and hopes to have a short list by January and a final decision by March.

## **ON-BOARDING**

*The Village In Howard  
Board of Directors Meeting  
November 16, 2022  
Sarah Spence presiding*

### **Advertising Materials (i.e., business cards, cups, t-shirts, etc.)**

The Board will replace old advertising materials with new ones carrying the new logo. Especially important is updating the TVIH brochure.

### **Bingo Report – Sally Parker**

We netted over \$6,100. There were 150 people. Many attendees praised the quality of the prizes. The Board decided to have a Bingo fundraising event again in 2023, possibly in early November.

### **Howard Community College Collaboration – Mark Wong**

Mark Wong is in the early stages of discussion with HCC to provide cultural courses primarily available to TVIH members.

### **Hiring Committee– Jim Bouscaren**

The Hiring Committee is close to finalizing the invitation letter to recruit an Executive Director.

### **Election of New Board Members – Nominating Committee (Sarah Spence and Cathy Latham)**

As of November 30, 2022, Sarah Spence, Ellin Scholnick, and Marie Grunwell will have served out their term as TVIH Board Members. They were thanked for their service of six years. They will be replaced by three new members nominated to the Board. By unanimous vote, John Marsch, Dee Sullivan, and Marsha Birnbaum's nominations were approved.

## Annual Meeting

This year's annual meeting will be a luncheon in early January. A caterer will be engaged for the main dish, possibly lasagna from Tino's, and the Board will provide side dishes and desserts.

## Other New Business

A video (enhanced by music) of the Founder's Celebration Luncheon is available near the bottom of our website. Photos of the event can be found on the website under the Resources tab.

## 2022 Annual Survey

This year the Board of Directors sent out their second annual survey on Oct. 10-14, 2022, to the TVIH membership. The survey was designed to provide data on (a) who we are, (b) what TVIH programs we attended, (c) how we have evaluated those programs and the TVIH organization, and (d) what plans and modifications TVIH should make for the future. Your input on these topics will provide a foundation for planning our future.

### Who we are

The survey was sent to 184 members and volunteers with a response rate of 55%, which equates to 102 respondents. 75% were Associate members, 21% were Full members, and the remaining were non-member volunteers.

70% were in their seventies. 8% were younger. 23% were older. About 2/3 were users of social media, with about half using Facebook. The majority (52%) were also comparatively new to TVIH, having joined 4 or fewer years ago. Our members' demographics allow us to develop strategies for recruiting new members. The respondents strongly endorsed tapping their friendship networks, distributing brochures in places such as libraries and senior centers, and distributing cups, tee shirts, etc., with our logos.

### What we attend

The intriguing data document the extent of participation by our membership. 47% have attended at least 10 programs in the last year! Only 8% have yet to attend any. We are a partic-

ipatory group. At least a third of those surveyed have attended morning walks, joined Pods, spent early Wednesdays at Good Morning Howard, or socialized with fellow TVIH members at Lunch Bunch and Happy Hours despite COVID-19 concerns, and health issues and busy schedules that have prevented some people from attending.

## Evaluations

The encouraging news is the extent of support for TVIH and its infrastructure. Generally, ratings of dissatisfied or extremely dissatisfied were often below 10%. There was an extensive thoughtful discussion about the role of leadership and the direction in which TVIH should be heading.

## Modifications and Directions (Table 20)

The survey ended with a crucial question, "What more can leadership do to make TVIH a more dynamic organization?" 59% of the respondents favored more outreach, especially to community groups and more diverse and younger populations. 52 % recommended augmenting our search for more donors and sponsors. This fits our search for an Executive Director whose job responsibilities include fundraising and outreach. There was also a concern with finding and sustaining more volunteers within the membership to lead committees, create programs and join the Board.

## Encourage Participation in TVIH Programs

Important points about how to encourage participation are:

Advertise events in newspapers, participate in fundraiser booths, support community activities such as Halloween Trick or Treat with games at Stevens Forest Center, and develop community collection sites for hospitals/needily supported by TVIH.

In addition, TVIH can host coffee and donuts after religious events at the Interfaith Centers or free-standing houses of worship, call members who don't usually participate and share our activities, highlight activities like Inge Hyder's



skydiving event, connect with business and HR departments, collaborate with other non-profit senior clients, participate in expo-events, speak at senior community and residences sharing topics like housing, health, retirement transitions, make connections with city and county government, take paid ads in local events like the Columbia Orchestra, Arts Council Annual Fundraiser, high school plays, Beacon and Senior Center Newsletters.

Have TVIH fliers, bumper stickers, cups, pens, pencils, business cards, tee shirts, brochures, and banners available at these events.

We welcome more ideas from our members. Let's spread the word. Aging is better with TVIH!

Youtube 2nd Annual Survey Link: <https://www.youtube.com/watch?v=49yGaoVcgs4>



The author is seated in the front row, fourth in from the right.

## **Creative Villager!**

**Charles E. Sternheim**

### **HIS LESSONS AT AN EARLY AGE**

In kindergarten he was a good boy kept his hands folded on his desk.

Across the aisle sat Trudy ponytailed and attractive.

At lunchtime they sat across a table from each other.

In springtime they held colorful ribbons and circled around the Maypole.

A seed was planted  
girls can mean love.

By fall Trudy and her family moved far away to another town.

A second seed was planted  
love can mean loss.

## **Volunteering “for” the Village**

You've been asked many times to volunteer within the Village. Those needs still exist! We will always need service volunteers (primarily for transportation), office volunteers, and committee volunteers for membership, fund-raising, communication, and outreach. All these areas are crying for members, so if any of that interests you, reach out to me for details: [shailman@comcast.net](mailto:shailman@comcast.net).

In addition, we want to be more of a presence in the community—to be known as a group that reaches out, not just to our members. This is important as our organization “grows up.” We must be contributors to partner with other agencies or non-profits. For this reason, we're looking for folks who want to volunteer at different organizations representing the Village.

This may provide opportunities for those of you for whom the volunteer tasks we offer aren't well-suited to your skills or priorities. Here are the first 2 opportunities:

**Winter Growth**— weekend socializing, games, music volunteer

Winter Growth, located across from the Florence Bain Center, provides assisted living to seniors. They are a friend of the Village, having given us our office space for 2 years—for \$1.00/year! They are looking for volunteers to come in on Sat. or Sun. afternoons and chat with residents, play cards or Bingo, play music if that's your talent—whatever you feel comfortable doing. They offer training to familiarize you

with the population. You do not need to make a regular commitment—you can try it out and see how you like it. Please call 410-964-9616 for more information. Please let them know you're from TVIH and let me know you're doing it and how it's working out for you.

**A-OK Mentoring & Tutoring** – regularly work with their elementary school students, one-to-one or in small groups.

As you can imagine, mentoring or tutoring requires stability and regularity to build trust, but it can be as little as an hour per week. I have spoken with their director before, and you don't need to feel guilty about going on vacation or other absences as long as you are dependably there when you say you will be. There is a virtual orientation on Dec. 13 or Jan 10 at noon. Virtual Zoom - RSVP HERE: <https://www.eventbrite.ca/e/information-session-all-about-a-ok-> You can speak to someone at A-OK by calling 443-985-2457.

These are opportunities you can participate in as individuals or in small groups. Please let me know if you volunteer for either of these two organizations and how they work out for you. Again, please let them know you are members of TVIH.

Don't hesitate to contact me at shailman@comcast.net with any general questions or issues. Don't hesitate to get in touch with the organization with specific questions.

— Susan Hailman

**Bingo! Bingo! Bingo!**

**Thanks! Thanks! Thanks!**

We are certain no one will miss our monthly reminders about our Village fundraiser! Many of you demonstrated your support in various ways, so to thank you -- this is the last one! (Well, until the next one). This is our heartfelt "thanks" to everyone who helped make this event a successful effort that netted TVIH \$6,100! While this event didn't yield as much as pre-Covid days, we had a great mix of TVIH

members and community members, which helped to broaden our base of support. Many people commented on our beautiful baskets, and folks really seemed to be having a very good time!

We want to thank everyone who contributed to this effort—it takes a lot to pull off this event!

So... thanks to our marvelous Bingo committee volunteers who stepped in to pick up tasks beginning-to-end and as needed—it's amazing to see that community form and function! Whether you did a little or a lot, thanks for being there when needed!

Thanks to all who contributed items to help to build our Bingo and raffle baskets. You helped us outshine rival Bingo events with wonderful prizes.

We especially want to thank our sponsors who helped defray the cost of the FOP hall: Karol Hess of Cummings and Co. Realtors and Candace Mumpower of Commercial Insurance Managers. Your contributions gave us confidence when ticket sales were slowly taking off.

A special thanks to our wonderful volunteer, Patricia Levay, of Sweet Dreams Bakery, who made and donated all the desserts sold at the event! You gave those of us who didn't win sweet consolation (and we know they were calorie-free!)

Thanks to all of you!

— Susan Hailman

## **ODE TO JOY (Cheung)**

Thank you for...

Encouraging me to join TVIH, for taking my picture and saying it didn't matter if I joined or not.

Thank you for helping me learn to use my computer,

So I could participate in Good Morning Howard programs.

You...

Cornered me in the mall

Asked me to join, took my picture & said, "pay

dues later.”

You figured out  
how to establish  
Zoom meetings,  
taught class,  
mentored everyone  
on how to get  
connected &  
Convinced  
others to imple-  
ment programs.

You...  
Are an instigator,  
an innovator, an  
initiator,  
and...enlist collaborators

You initiated forums, Valentine’s Day events,  
decorated & made homemade treats.  
You were available for Membership to Get  
Acquainted Coffees,  
And demonstrated the website, presenting  
videos of past  
& current events that YOU created.

She...  
Sticks with you to see a  
project through,  
Will not abandon you, nor  
will she let you fail!  
She brings limitless  
amounts of energy to every-  
thing  
And ALWAYS jumps in to  
lend a hand.  
She never is too busy to  
help and provide guidance.  
She has been a pleasure to  
work with and has the best smile.

JOY, YOU ARE...  
The Heart and Mind of TVIH  
Always there, organizing and making sure  
everyone feels welcome! You are...generous



with your time and tireless in your devotion to  
TVIH (unless on vacation)

JOY, YOU ARE  
An “Idea Machine”

So talented with technology, creative, and  
developing new programs that meet the needs  
of our members



You are QUICK to  
respond to follow-ups.  
Always there with a  
positive countenance  
to the project  
YOU ARE THE  
ENERGIZER BUNNY!

THAT’S WHY WE  
LOVE JOY!

As they say in Star  
Wars: “May the Force be with her!”  
Oh, wait... She IS the Force!

A BIG THANK YOU FOR  
Sharing your talents and expertise in order to  
solve any problem. Thank you for your contribu-  
tions to TVIH.

— *Feelings from TVIH Members & The Board  
of Directors 2022*

## New Pods for 2023

Season’s Greetings, Villagers! We are happy to  
announce that new Pods are forming for 2023.

Have you wanted to join a pod? Now is a  
great time to let us know. If you’ve already indi-  
cated an interest, we will contact you soon. The  
Pods Committee will be contacting all interested  
Villagers as we begin the formation of several  
new pods. Pod Coordinators are crucial for the  
success of a Pod, so please consider being that  
person. Watch your email for more information.  
In the meantime, you can always contact us at:  
pods@thevillageinhoward.org. Happy New Year!

— *Michele Millican*







Founding group (left to right): Ginny Thomas, Phil Dopkowski, Duane St. Clair, Judy Pittman, George Maestri, Joy Cheung, Michele Millican, Pam Johnson; Susan Hailman

## TVIH Members Express Their Gratitude to Founders

On November 9th, TVIH hosted a Founders Lunch to commemorate the 10th anniversary of the meeting at Linden Hall, in Dorsey Hall Village Center, which many consider the beginning of The Village In Howard. Mary McGraw and her few recruits invited representatives from The Capitol Hill Village in Washington, DC, to talk to Howard County residents about the concept of Aging-In-Place and how a “village” operates. Mary hoped at least a few people would show up, but sixty people attended that meeting! The informal planning group then got serious about exploring the level of local interest in establishing a Village in Howard County.

Fifty people gathered a few months later at Miller Library. In February 2013, Mary organized a Steering Committee. Over the next two years, the founders contributed innumerable hours (and, in many cases, significant amounts of their own money) to establish The Village in Howard as a nonprofit organization in Maryland.

Many Founders and Board Members reunited at the November 9 Luncheon to recount war stories and renew old friendships. It was also an educational experience for current members who attended but were unfamiliar with TVIH's history. Our principal founder, Mary McGraw, could not attend due to illness. She was sorely missed, but her contributions

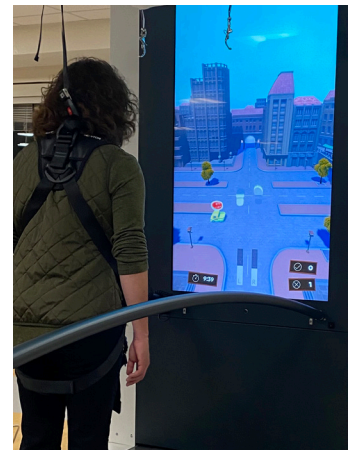
were universally acclaimed. The group was able to surprise another founder, Joy Cheung, with recognition from the Board of Directors and TVIH members for her tireless efforts and continuing contributions to the Village in Howard [See ‘Ode to Joy’ elsewhere in this issue.] It was indeed a joyous event! A short video recap of the Founders Lunch can be found on the TVIH homepage.

It took the efforts of many people contributing thousands of hours of hard work over 2 years to establish TVIH. The Founders hope that the TVIH members who follow them will treasure what we have, participate in volunteering and activities, and work together to make TVIH a more robust and permanent organization.

— Fran Lorenzi

## Howard County Hospital: Neuro Rehab Clinic

Howard County General Hospital (HCGH) has opened a state-of-the-art Neuro Rehabilitation Outpatient Clinic at 10710 Charter Drive. Individuals post-Stroke, Brain Injury, Parkinson's, Vestibular Disorders (dizziness), or MS can take advantage of this service. The model of care focuses on RECOVERY through the early exercise of muscles that would otherwise suffer from lack of use. The latest technical equipment is in place or will be when funding permits. Mind-Motion Video Games, for example, engage the muscles through repetitive movement; additionally, a Driving Simulator should be coming soon to re-train the ability to drive. A Motion-Motor Treadmill was demonstrated during a presentation (see photo). Efforts are underway by a team of dedicated professionals to meet the medical, physical, and



A patient at the Neuro Rehab Clinic

mental needs of patients that qualify. HCGH is growing in its services, and the leadership regrouping after the pandemic demonstrates impressive teamwork. Engaging the community is a priority. TVIH is represented and recognized as a significant organization to include in invitations for presentations introducing what the hospital provides; I was pleased to be the representative.

— Judy Goldfarb, Healthy Aging Workgroup

## Electrify Your Wheels!

**Thursday, January 12, 2:00 - 3:30 PM**  
**TVIH Center, 6061, Stevens Forest Road,**  
**Columbia, MD 2145**  
**Contact: Judy Pittman**

Learn about the basics of new vehicle technology so that you are better prepared when the need for “new wheels” arrives. What is the difference between hybrid/electric cars and standard internal combustion cars (ICC)...in terms of performance...costs...mileage...repairs? What are the pluses and minuses of buying used? What about charging... how long... home vs. public places... how many miles on a typical charge...what happens on a lengthy trip? Are regular repairs approximately the same price and frequency as typical cars? How many manufacturers are producing these vehicles? Overall advantages beyond environmental?

Our presenter, TVIH member Paul Verchinski, has been driving an electric vehicle for 10 years and follows the research to keep current. TVIH member Nancy Freeman will add her personal experiences of driving this type of vehicle for several years. Come with your questions!

## My 3 Cents

**Tuesday, December 13, 2022, at 1:00 PM**  
**on Zoom. Contact: Ellin Scholnick**  
**Topic: ADVOCACY**

TVIH is discussing increasing its advocacy and outreach activities. What issues would you like TVIH to address, and how do we turn these issues into actions?

## Happy Hour

**Tuesday, December 13, 2022, at 4:00 PM**

### ARE YOU A TAPAS LOVER?

Your Happy Hour committee has selected Ranazul for this month's happy hour gathering. Ranazul is a great place to meet with other TVIH folks for enjoyable conversation and good food. They offer happy hour specials; however, I suggest you consider ordering tasty tapas from their regular menu - my favorite is the salmon medallion encrusted with crispy cashew and orange butter sauce.

Join us on Tuesday, December 13, at 4:00 PM. Ranazul is in Maple Lawn on 8171 Maple Lawn Blvd in Fulton. Your host for this happy hour is Cheryl Neely (manager@thevillageinhoward.org). Registration is required; availability is limited to maintain social distancing. Guests are always welcome.

## Good Morning Howard in December

**Wednesdays, 9:00 AM on Zoom**

Good Morning Howard is for everyone – members and guests. Plan to join us on Wednesday mornings from 9:00 AM – 10:00 AM for interesting and informative programs. We'd love to hear your ideas for topics and speakers. Please check the Forum and Calendar for future program descriptions and announcements.

Note: there will not be a Good Morning Howard program on December 21.

**Contact:** Kate Stevens (Kate.tch@gmail.com)

**When:** Wednesday, December 7, 2022, 9:00 AM

**Topic:** Health Care for Older Adults

**Host:** Adam Sherman (Jane's & Kim's son)

During this Good Morning Howard session, Adam Sherman, PA-C, and MSHS will join us again to discuss health care for older adults. In April, Adam





presented on Implementing a Well-being Plan for Seniors. He will continue on this theme of good health practices leading to the strength of mental and physical capabilities and the selves we wish to be.

**When:** Wednesday, December 14, 2022, 9:00 AM

**Topic:** Gratitude

**Host:** Cathy Latham

This session of Good Morning Howard will get you thinking of gratitude in your life. Come and join us as we share our stories and reflect on the meaning and experiences we are grateful for today, from simple pleasures to high-impact events. A great start to a busy Holiday season fast approaching!

**When:** Wednesday, December 28, 2022, 9:00 AM

**Topic:** New Year's Resolutions

**Host:** Kate Stevens

Goodbye, 2022! It's been an interesting year. As we get ready to welcome 2023, we will discuss some of the most common New Year's resolutions and share successes and not-quite-met expectations. Resolutions can bring pitfalls and pratfalls as well as life-changing experiences. We'll explore some of the techniques we can use to prepare for change and stay motivated.

## Meet Up for Arts, Crafts, and Projects

*Thursday, December 15 at 10:00 AM*

*TVIH Center*

*6061 Stevens Forest Road, Columbia, MD 21045*



Pictured is the drawing in progress.

draw and chat with TVIH friends.

Come to draw with Susan Salvucci. Bring colored pencils. Susan will supply pencil drawings of historical Ellicott City for you to fill in the colors. No special skill is required. Use your imagination. Come to

## Listen! Emotion and Meaning in Music

*Friday, December 16, 2022,  
at 10:00 AM, on Zoom*

*Presenter: Tom Benjamin*

*Contact: Joy Cheung*

Emotion and Meaning in Music. Some Big Questions (with no definitive answers).

Does music have inherent properties of feeling? Does it "mean" anything? Tough and provocative issues! with lots of listening, as always, and sideways glances at the other arts.



"The Kreutzer Sonata" (oil painting 1901)

## "Did You Know" Facts

# of VILLAGES in WAVE (Washington Area Villages Exchange): 74 (17 in DC, 40 in Maryland, 16 in Virginia, and 1 in West Virginia)

The YEAR when the national village movement was started: 1999, Beacon Village

# of RIDES offered by TVIH volunteer drivers to full-service members in October: 32

# of volunteer HOURS spent to revise/maintain the TVIH website by Fran Dummett (October): 1,000

# of WELL BEING PHONE CALLS made by TVIH office volunteers to full-service members in October: 35

# of Youtube video VIEWS: 108 (Good Morning Howard, annual member survey)

# of YouTube video VIEWS: 50 (TVIH's photo history 2012-2015)

# of PROGRAMS on the TVIH website calendar (November): 51

— Submitted by Joy Cheung

## Members' Corner

### 2023 Lottery Challenge

Every existing member who influences a new member to join TVIH between January 1 and December 15, 2023, will be placed in a lottery to win a \$250 Visa Gift Card.

The drawing will take place on December 18, 2023, and the winner will be announced in the January 2024 Newsletter.

As each new member is added, they will be asked if an existing member influenced their membership. The Membership Committee will keep track of those current 'influencing' member names.

An existing 'influencing' couple will equate to one existing member name (e.g., Mr. and Mrs. Smith) for lottery purposes.

An existing 'influencing' member's name will be placed in the lottery for each new member added by that current member.

If you have any questions, contact membership@thevillageinhoward.org.

### Open Invitation to Members to Attend a Board Meeting

TVIH members are invited to attend any monthly board meeting. Proposals for board discussion topics should be presented at least 3 days before any monthly Board meeting by emailing your topic to 4info@thevillageinhoward.org. Board meetings are held on the 2nd Wednesday of every month at 1:30 p.m. in person at the TVIH Center. Please register on the event calendar if you wish to attend.

Please understand that some Board topics are confidential and will be discussed only among Board members, so you may be asked to leave the meeting when these discussions begin.

### Supported Membership Program

The Village in Howard has established a membership support program (reduced fees) for Associate and Full Memberships. This support is available, subject to TVIH resources, to applicants meeting specific income requirements. TVIH has a limited number of supported

memberships which can be offered. For additional information or to apply, call the TVIH Manager at 443-367-9043.

### Trial Membership

A 3-Month ASSOCIATE Trial Membership is now available. This truly is a no-obligation FREE 3-month trial membership. Trial ASSOCIATE Members will be provided a login and can freely register for events and activities. In addition, a trial ASSOCIATE member will be assigned a 'Buddy' to assist in becoming familiar with all the Village has to offer. A trial ASSOCIATE member will have the ability to renew their membership as a regular member. If they do not want to continue as an actual member by the expiration date, their trial membership will automatically cease, and no membership fee will be charged. To become a Trial ASSOCIATE Member, register online or download a paper application at <https://www.thevillageinhoward.org> via the Membership Tab/Applications. If you have any questions or need assistance, contact the office at 443-367-9043.

### Loan Closet of Howard County

The Loan Closet of Howard County connects individuals with medical equipment (e.g., walkers, wheelchairs, crutches, bedrails, shower chairs, and much more) on a loan basis, free of charge. To receive equipment, your healthcare professional must complete the Loan Closet Referral Form at <https://www.howardcountymd.gov/disability-services>. Once the referral is received, you will be contacted to schedule an appointment for pick-up.

The Loan Closet of Howard County is located at 7125 Riverwood Drive, Suite D1, Columbia, MD 21046. Appointments are required for all services—Call 410-313-0363 to discuss your needs or ask for a referral form.

**Please refer to the Events Calendar on the TVIH website for further information.**

Register for an event on the online calendar.

When you register for a Zoom TVIH event, you receive the Zoom link two times. The first time is right after you register. You receive the second notice on the day before the event. If you cannot find the zoom link in your emails, go to the website and cancel your registration, then register again. The email link will be emailed to you within 2 minutes.

Reminder: Please remember to use the 'Cancel' button or phone the office if you are unable to attend an event for which you've registered. This courtesy not only helps the event coordinator, but opens a space for others who may wish to attend.

Thank you for your consideration.

*Sharon Neville, Program Chair*

*Travel Talks is taking a break in November and December. We will resume in January.*

## **Weekly Programs**

- **Monday Morning Meanderings** – Monday, Dec. 5, 12, 19, and 26 at 10:00 AM at Lake Elkhorn. Contact: Jane Sherman
- **Monday Morning VIRTUAL Coffee with Friends** – Monday, Dec. 5, 12, 19, and 26 at 10:00 AM. Contact: Jane Sherman
- **In Person Bridge Group** – Tuesday, Dec. 6, 13, 20, 27 at 1:00 PM at the TVIH Center 6061 Stevens Forest Rd, Columbia, MD 21045. Contact: Sarah Spence
- **Good Morning Howard** – Wednesday, Dec. 7, 14, and 28 at 9:00 AM. Virtual. Contact: Kate Stevens
- **VIRTUAL Lunch Bunch** – Wednesday, Dec. 7, 14, 21, and 28 at 11:30 AM. Contact: Mary McGraw
- **In-Person Lunch Bunch** – Wednesday, Dec. 7, 14, 21, and 28 at 11:30 AM at Busboys and Poets

6251 Mango Tree Rd, Columbia, MD 21044  
410-734-2445, <https://www.busboysandpoets.com>

Contact: Mary McGraw

- **Virtual Mah Jongg** – Friday, Dec. 9, 16, 23, 30 at 10:00 AM. Contact: Susan Hailman
- **Sneakers & Coffee** – Saturday, Dec. 3, 10, 17, 24, and 31 at 9:00 AM at Lake Kittamaqundi. Contact: John Salkeld

## **Monthly Programs**

- **Meet Up for Arts, Crafts, and Projects** – Friday, Dec. 2 at 10:00 AM at the TVIH Center, 6061 Stevens Forest Rd, Columbia, MD 21045. Contact: Joy Cheung
- **My 3 Cents** – Tuesday, Dec. 13 at 1:00 PM. Virtual. Topic; Advocacy. Contact: Ellin Scholnick
- **TVIH Happy Hour** – Tuesday, Dec. 13 at 4:00 PM at Ranazul in Maple Lawn 8171 Maple Lawn Blvd #170, Fulton, MD 20759, 301-498-9666, <https://www.ranazul.us/> Contact: Cheryl Neely
- **Keep Up With Technology** – Wednesday, Dec. 14 at 10:00 AM at the TVIH Center 6061 Stevens Forest Rd, Columbia, MD 21045. Contact: Joy Cheung
- **Meet Up for Arts, Crafts, and Projects** – Thursday, Dec. 15 at 10:00 AM at the TVIH Center, 6061 Stevens Forest Rd, Columbia, MD 21045. Contact: Joy Cheung
- **Listen!** – Friday, Dec. 16 at 10:00 AM. Virtual. Topic; Emotion and Meaning in Music. Contact: Joy Cheung
- **TVIH Holiday Social** – Saturday, Dec. 17 at 3:00 PM at the TVIH Center 6061 Stevens Forest Rd, Columbia, MD 21045. Contact: Marsha Birnbaum



# PROJECT

# Holiday

 **Howard County**

Office on Aging and Independence

The Office on Aging and Independence is collecting **NEW GIFT ITEMS FOR OLDER ADULTS** who reside in assisted living facilities, nursing homes and in the community who would otherwise not receive a gift.

Donations of **NEW, NON-WRAPPED GIFT ITEMS** will be accepted from Monday, November 2, through Monday, December 2, 2022.

*Thank you for your kindness and generosity!*

## **DONATION SITES** — DROP-OFF 9:00 TO 4:00 PM

- 1) Dept. of Community Resources and Services  
9830 Patuxent Woods Drive, Columbia 21046
- 2) Bain 50+ Center  
5470 Ruth Keeton Way, Columbia 21044
- 3) East Columbia 50+ Center  
9401 Frederick Road, Ellicott City 21042
- 4) Elkridge 50+ Center  
6540 Washington Boulevard, Elkridge 21075
- 5) Ellicott City 50+ Center  
9401 Frederick Road, Ellicott City 21042
- 6) Glenwood 50+ Center  
2400 Route 97, Cooksville 21723
- 7) North Laurel 50+ Center  
9411 Whiskey Bottom Road, Laurel 20723

FOR MORE INFORMATION

**Leanne Youth** — 410-313-6544 (VOICE/RELAY)  
lyouth@howardcountymd.gov

**Morgan Spliedt** — 410-313-5952 (VOICE/RELAY)  
mspliedt@howardcountymd.gov

To make a FINANCIAL  
DONATION, HAND DELIVER  
(do not mail cash or gift cards) to:

Howard County OAI  
ATTN: Ms. Terri Hansen  
9830 Patuxent Woods Drive  
Columbia, MD 21046

## **WISH LIST**

- body lotion • body wash
- shampoo • hair conditioner
- toothbrushes • toothpaste
- deodorant • scarves
- shaving cream • razors
- hairbrushes • combs
- slipper socks
- men's and women's socks
- crossword puzzle books
- word search books
- Sudoku puzzle books
- other activity-type books



## Giving Back for the Holidays

Project Holiday is a wonderful, easy-to-do project for the holiday season!

Details are in the flyer on the previous page about dropping off gift items for older adults living in assisted living facilities, nursing homes, and the community who would otherwise not receive a gift.

It's so easy to share - drop off items from the gift list [attached] to the site closest to you - all are listed in the flyer.

Enjoy doing this good deed for our community!

**\*Due to COVID and weather event conditions, events are subject to change at the time the newsletter is circulated. PLEASE check the calendar on the website for the most up to date information.**

### Newsletter Staff

Editors, Sheryl Amster, Ellin Scholnick,  
Diane Fishman, Alice Pham, Lynn Foehrkolb

Program Editor, Sarah Ziemann  
Newsletter Design, Jennifer Perkins-Frantz

## Member Solicitation Policy

In order to ensure confidence and privacy, and to promote an open exchange of information among our members, The Village in Howard maintains a policy of non-solicitation of fellow members for the purpose of business development or marketing. Our organization provides opportunities to learn from each other, both at TVIH activities and informally. Using the directory to find names and contact information of other members is appropriate for this purpose. It is not appropriate to market or solicit business.

### SUPPORTERS:



**The Village In Howard**

Aging Better Together

If you have problems with, or need information on: Membership, email [membership@thevillage-inhoward.org](mailto:membership@thevillage-inhoward.org) Volunteering, email [volunteer@thevillageinhoward.org](mailto:volunteer@thevillageinhoward.org)

If you would like to be removed from this email list, please email your name and email address to [4info@thevillageinhoward.org](mailto:4info@thevillageinhoward.org). We will not share your email address or personal information with anyone.