St. Aloysius School Junior Indoor Tennis

33 South Avenue, New Canaan, CT, 06840

 $Tuesday,\ March\ 6^{th}-May\ 22^{th}\ (\hbox{\scriptsize 10-week session no class on 4/10,5/1})\\ Thursday,\ March\ 8^{th}-May\ 24^{th}\ (\hbox{\scriptsize 10-week session, no class on 3/29,4/12})$

Waitlist kids will be taken on Thursday.

Grades K – 1 & Grades 2 – 4 Location: School Gym. Cost: \$300 2:30 – 3:30 pm

Minimum 4, Maximum of 5/6 per class; 1 court per age group **Come out and Play! It's Fun and Healthy!**

Tennis is a great way for kids and adults to become healthy and physically fit. Tennis provides a great cardiovascular workout. On-court movements also help develop balance, agility and coordination. Mental focus is sharpened because decision-making and concentration are necessary every time a ball is hit. This program, provided by **Fairfield County Tennis**, offers an introduction to tennis in a fun environment. The forehand, backhand and volley will be covered along with a variety of fun games to reinforce strokes. USTA 10-and-under teaching methods will be used along with junior nets and special Quick start tennis balls. Quick Start Balls move slower through the air, bounce lower and travel less distance giving children more time to get to and return shots. For more information on Quick Start Tennis play format, please visit www.10andUnderTennis.com.

Bring own racquet or racquets will be provided. FCT Pros will have racquets for sale at each location starting at \$30. The Pro will fit your child with the correct size. For more information contact Ritu at 203.640.1724 or visit www.fairfieldcountytennis.net. Parent Signature Date: Parent's Name (please print) Child's Name Date of Birth Address City Zip Home Phone Cell Phone Email

TO REGISTER, PLEASE COMPLETE THIS REGISTRATION FORM AND RETURN IT TO THE OFFICE ALONG WITH THE CHECK PAYABLE TO "ST. ALOYSIUS SCHOOL" Registration deadline: Monday, February 28th, 2018

REGISTRATION IS TAKEN ON A FIRST COME FIRST SERVE BASIS.