

**IN CELEBRATION OF WOMEN'S HEART MONTH,  
DISCOVER THE HEART OF QUILLING  
A JUDAIC ARTS PROGRAM FOR THE WHOLE COMMUNITY  
PRESENTED BY BETH JUDEA SISTERHOOD**

**When curled strips of colored paper become a work of art.**

**Join us for a fun evening of Art & Heart as Artist Paige  
steps us through the simple process & highlight how we  
keep our own hearts healthy**

**Monday, February 15th at 8:00 pm**

**\$15-\$20/person**

**Please give what you can.**

**Anything over our cost will go to the  
Vernon Township food pantry**

**Kits must be purchased & delivered before the event.**

**Please RSVP by Tuesday January 12th**

**cbjsisterhoodmail@gmail.com**

**Questions? Please call Hannah Whitney 847-331-9897, Marilyn Victor 847-634-1376, or  
Elizabeth Ladin-Gross (847)707-7331**

**Options to pay: Zelle: Hannah Whitney 847-331-9897**

**Venmo: Debbie Limer 847-816-7202**

**Check: Mail to Beth Judea Sisterhood 5304 RFD Long Grove, IL 60047**

**What a head start? Here are instructions explaining how to make 40 basic quilling shapes:**



**Check out Paige's Facebook Page: <https://www.facebook.com/PaigeGCreations>**

**If you need any special assistance participating in this event, please contact Lisa Neiman (847-634-0777)**