

**Guest Speaker:
Billy Planer
from Etgar 36**



Wednesday, December 9 - 8:00 p.m.

HOW TO BE COMFORTABLE HAVING UNCOMFORTABLE CONVERSATIONS



America is so split that trying to speak across the divide feels impossible. Whether it is one on one, with friends, family or your community, discussions about race, politics, or Israel seems to be too heated and contentious to have.

How can we have these important and necessary conversations without "all the heat"?

How can you practice self-care as you enter into uncomfortable conversations?

How to rethink what success looks like during a difficult conversation.

If you need any special accommodations or help with technology to attend any of our events please contact Lisa Neiman at lneiman@bethjudea.org



ETGAR 36
An American Journey