

BUILDING OUR INTERNAL STOREHOUSES: SCARCITY, ABUNDANCE, AND GRATEFULNESS

MONDAY, NOVEMBER 15TH

8:00 PM

**SPIRITUALLY PREPARE FOR THANKSGIVING AND
EXPLORE MEDITATION PRACTICES THROUGH THE
JEWISH WISDOM OF HAKARAT HA'TOV, NOTICING THE
GOOD AROUND US, EVEN IN THE MIDST OF STRUGGLES,
DIFFICULTIES, AND CHALLENGES. THESE TEACHINGS
AND PRACTICES WILL PROMOTE YOUR JOURNEY TO
EVERYDAY WELLNESS AND JOY.**

**JOIN REBECCA MINKUS-LIEBERMAN, COFOUNDER OF
OROT: CENTER FOR NEW JEWISH LEARNING**

RSVP TO: CBJSISTERHOODMAIL@GMAIL.COM

ZOOM LINK TO FOLLOW

Please contact cbjsisterhoodmail@gmail.com if you need any assistance to participate in this program.