

JOURNEY AHEAD

A VIRTUAL GROUP FOR
LGBTQ+ YOUTH

A free 6-week group for young people ages 13-21 who have an open prevention, CPS, foster care, adoption, or juvenile justice case, or who were in foster care on or after their 13th birthday, who identify as lesbian, gay, bisexual, transgender, or questioning+. Participants earn \$25 each week.

Key approaches that inform JA:

- Trauma-informed care
- Therapeutic adventure exercises
- Positive youth identity development

Program goals include learning to build and maintain:

- A positive sense of self
- Community with other LGBTQ+ young people
- Transition-age skills
- Coping skills and stress reduction strategies



[Register Here!](#)



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