

Jeffrey L. Fox Memorial Track Meet



Mr. Jeffrey L. Fox

Who Was Mr. Fox?

Mr. Fox began his career in the Central York School District in December of 1972. He was a third grade teacher at Hayshire Elementary and then at North Hills.

In 1984, he became an Administrative Intern. In 1985, he became Principal of North Hills Elementary. He was also Principal of Roundtown for five years. Phi Delta Kappa named him Outstanding Principal of the Year during the 1990-1991 school year.

He was not only a wonderful teacher and principal, but also a wonderful husband and father. In February of 1996, after 23 years with the district, he lost his battle with cancer. His spirit of caring lives on in those whose lives he touched throughout the years.

History:

In 1992, Mr. Fox and Mr. Wisler planned the first track meet held at the high school. Until this time, the track meet had been held at various buildings. Every year, Mr. Fox looked forward to putting on his police hat and calling students to their events. Together, Mr. Fox and Mr. Wisler created events to make sure everyone was able to actively participate in the track meet. Mr. Fox loved seeing the students involved in the meet!

In 1996, the track meet was renamed, "The Jeffrey L. Fox Memorial Track Meet" as a tribute to the blood, sweat, and tears he had shed for the students in Central. Mr. Fox was a phenomenal educator, colleague, father, and friend who touched the lives and hearts of everyone he came in contact with during his years at Central.

Jeffrey L. Fox Memorial Track Meet
Central York High School
May 5th 2017 (9:45am-2pm)
May 11th 2017 (Rain Date)

Each Track & Field event takes place in the following order:

4th Grade

5th Grade

6th Grade

(Example: 4th grade 50yd., 5th grade 50yd., 6th grade 50yd.)

Approximately 9:45-10:00am: All events below start at the same time with 4th grade starting first!

50yd Dash

Softball Throw

High Jump

Long Jump

The following track events take place in order after the 50yd dash:

75yd

100yd

Hurdles

220yd

440yd

The following field events take place in order after the Softball Throw:

Javelin

Foxtail

Shot Put

Lunch: Approximately 11:30-12:00

After Lunch:

Completion of any unfinished field events

Sling Shot Football

440 x4 Relay

Team/Class Relays

Tug of War Tournament: Single Elimination Tournament run throughout the day!

Other Notes:

- **Parents and Families are Welcome but may NOT sit in the student section**
- **Tug of War Participants: bring a long sleeve sweatshirt (Gloves Provided)**
- **Hats and Sunscreen are encouraged**
- **Recyclable Water bottles are allowed**
- **Menu for the meet is a bagged lunch**
- **Students must return to school after meet**
- **No Spikes (Sneakers Only)**