

Dive into Safe Summer Fun

1. Never leave children unattended near pools, Jacuzzis, ponds, creeks, etc!
2. Have your kids take swimming lessons starting at a young age so they know how to swim and/or float. However, you should never consider your child “drown-proof” because they had lessons.
3. If there is a pool (or other water basin) at your residence, always keep a head count of children. If a child is missing, check the pool first!
4. Teach children about all the parts in a pool. Drains are particularly dangerous, and children should not play near them!
5. Make sure all parts of the pool are in working order. If you see any broken or cracked drain covers, do not enter the pool and replace the parts immediately. Entrapment is caused by powerful suction from a pool or spa’s drain and can trap both children and adults under water.
6. Having a secure fence (at least 4 feet high) around a pool, saves lives! Always keep them locked when the pool is not in use!
7. Always have a fully charged phone nearby when by the pool. This can be a lifeline in a time of crisis.
8. Take the time to learn CPR for both children and adults. You can get certified by the American Red Cross.
9. Have flotation devices and reaching poles near the pool in case of emergencies.
10. Have safety drills with your family and friends often. When you practice how you will react, you don’t have to think in a high-stress situation!

This information was provided by www.poolsafely.gov. You can visit their Kids’ Corner on their website to get more information and to help your children learn to be safe and smart when near water. We hope you have a happy, fun, safe, and memorable summer!

Have a suggestion? Please contact Angela Golden agolden@childadv.net, Ashleigh Fuller afuller@childadv.net, or Marcy Willett mwillett@childadv.net to let them know.