

Teen Triple P: The Power of Positive Parenting

Child Advocacy Services is now offering Teen Triple P – Positive Parenting Program Selected Seminar Series in St. Charles, St. John and St. James Parish.



"The Triple P – Positive Parenting Program® is one of the world's most effective parenting programs. It is one of the few based on evidence from ongoing scientific research. Triple P works by giving parents the skills to raise confident, healthy children and teenagers, and to build stronger family relationships. It also helps parents manage misbehavior and prevent problems occurring in the first place."

Teen Triple P Seminars are "light touch" parenting information presentations for large groups of parents who are generally coping well but have one or two concerns. There are three seminars in the Teen Triple P Seminar series. You can choose to do one, two or all three of them. They deal with the most common parenting issues we all face, such as how to encourage responsible behavior, improve family relationships, deal with independence or manage problems at school or with friends. Each seminar lasts 90 minutes. The three seminars are:

Seminar 1: Raising Responsible Teenagers Practitioners introduce parents to the six key elements of teenagers becoming responsible and specific ideas about how to teach and encourage each of the following skills: • Taking part in family decision-making • Being respectful and considerate • Getting involved in family activities • Developing a healthy lifestyle • Being reliable • Being assertive

Seminar 2: Raising Competent Teenagers Practitioners introduce parents to six aspects of teenagers becoming confident and successful in school and the community. Parents are given specific ideas to teach and encourage the following: • Developing self-discipline • Establishing good routines • Getting involved in school activities • Being a good problem solver • Following school rules • Having supportive friends

Seminar 3: Getting Teenagers Connected Practitioners introduce parents to different aspects of teaching their teenagers to develop supportive friendships and become engaged in appropriate social and recreational groups and activities in the wider community. Parents are given specific ideas about teaching their teenagers the following skills: • Being confident • Being socially skilled • Planning ahead • Meeting commitments • Keeping in contact • Taking care of others

Interested in a prevention training? Contact Jordyn G'sell by email jgsell@childadv.net for requests and scheduling!