

Digital Safety

With schools moving to digital learning, your kids may be spending more time online. Whether playing games, having class, or socializing with friends, they are in front of a screen more than normal.

For now, this is our new normal. So, how do you ensure they are staying safe online? Just like you would if your children were going to a friend's house, it's important to set some ground rules, be proactive, and keep the lines of communication open.

Here are some tips and suggestions:

- Discuss how these new scenarios will affect your current device and internet rules and establish clear guidelines on which sites, apps, and downloads they can access.
- If your child is doing virtual learning, be sure to connect with his/her teacher and school to get the specifications of what software and platforms they will be using and familiarize yourself with them.
- If possible, connect with your children before, during, and after online use. Know who they will be with virtually, where they are going virtually, and what they will be doing.
- Online enticement happens across all platforms so ask questions, research, and be involved in your kid's online games and apps. Ask them to show you how they use them and do it together.



P.S. After you check out our [blog post on safe online learning](#), connect with your children's teachers and [share our safe online learning protocols for teachers](#).

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