

Prevention Patrol

This month we want to discuss a topic that involves everyone—relationships. We engage in a variety of relationships daily. You may wake up next to a significant other and say, “Good morning!” You may take your dog for a walk in the neighborhood and wave to a neighbor. Maybe you’re a stay at home parent who plays with your child and keeps the household going. Or maybe you go to work and interact with co-workers. Whatever your day looks like, you partake in a wide array of relationships whether it’s personal, professional, or romantic. The big question is... *“Are your relationships healthy?”* Find the unhealthy behaviors listed below in the word search. If you are experiencing any of these unhealthy behaviors in your relationship, please reach out for help and/or support.

W Q Z F S M U B I T I N G Q E	HITTING
L K Q R G P I T O N V S B D Y	CRITICIZING
J O F L T I I S H R U E N R E	SPITTING
I C G V S R U T O R Q V H B H	BITING
Y R O X W S L V T L E Y I H T	ISOLATION
W I C W M T Y G O I A A T Q P	JEALOUSY
K T J E A L O U S Y N T T D B	CHEATING
M I M P P M L N B N U G I S C	THREATS
A C R V J H H B E A U I N O A	BLACKMAIL
N I A M C Q X B V R P I G U N	
Z Z R Y B L A C K M A I L R F	
W I Z P L V G A E W W L J J K	
I N K U Q K T L Z H A L P Y F	
V G E Z X K K W Q V W Z A P F	
H C P C H E A T I N G E V U T	

It's important to recognize unhealthy behaviors (often referred to as *red flag behaviors*) in our own relationships and the relationships around us. When more than one of these unhealthy behaviors occur in a relationship, it can quickly turn into a violent relationship. Domestic violence (violence within the home) is very complex, and there are many ways abuse can occur. If you have concerns, or want to find out if your relationship is unhealthy, reach out for help if you or someone you know is experiencing domestic violence. Below is a list of *free* and *confidential* 24-hour hotlines with trained professionals ready to assist you!

UPCOMING TRAINING!

Come join Ashleigh Fuller and Jordyn G'sell as they provide a virtual Healthy Relationships Training on **Wednesday October 14th from 6-7 pm**. This training session will provide both teens and adults with a basic understanding and key characteristics of healthy relationships. Whether it's with a friend, parent, or even a romantic relationship, learning how to respect, share, and trust is essential. A discussion about communication and individual values will help set a foundation prior to small breakout groups to address the different concerns for **both teens and adults**. [Click here to register!](#)

Local Hotlines and Resources

As always if you have any concerns for the safety of a child, please call and report it to the Louisiana Child Abuse Hotline at 1-855-4LA-KIDS (1-855-452-5437).

Louisiana Coalition Against Domestic Violence (Statewide Hotline): 1-888-411-1333 (www.lcadv.org)

Chez Hope Family Violence Crisis Center (Assumption Parish Local Crisis Hotline): 337-828-4200 (www.chezhope.org)

IRIS Domestic Violence Center (Ascension, East Feliciana, & West Feliciana Parishes Local Crisis Hotline): 1-800-541-9706 (toll free) or 225-389-3001 (www.stopdv.org)

Metro Centers for Community Advocacy (St. Charles, St. John, & St. James Parishes Local Crisis Hotline): 504-837-5400 (www.mccagno.org)

Southeast Advocates for Family Empowerment (SAFE) (Livingston, St. Helena, & Tangipahoa Parishes Local Crisis Hotline): 985-542-8384 (www.SAFElouisiana.org)

Answers

W Q Z F S M U B I T I N G Q E	HITTING
L K Q R G R I T O N V S B D Y	CRITICIZING
J O F L T I I S H R U E N R E	SPITTING
I C G V S R U T O R Q V H B H	BITING
Y R O X W S L V T L E Y I H T	ISOLATION
W I C W M T Y G O I A A T Q P	JEALOUSY
K T J E A L O U S Y N T T D B	CHEATING
M I M P P M L N B N U G I S C	THREATS
A C R V J H H B E A U I N O A	BLACKMAIL
N I A M C Q X B V R P I G U N	
Z Z R Y B L A C K M A I L R F	
W I Z P L V G A E W W L J J K	
I N K U Q K T L Z H A L P Y F	
V G E Z X K K W Q V W Z A P F	
H C P C H E A T I N G E V U T	