



# Common Sense Parenting®

Developed by the Parenting Experts at Boys Town

[boystown.org/iowa](http://boystown.org/iowa)

➔ A Positive,  
Effective  
Approach  
to **Raising  
Children**

## Common Sense Parenting (CSP)® Lunch & Learn

One-hour training related to a parenting topic for **professionals/providers** who want to build on their existing skills or learn new ways of dealing with children's behaviors. A Professional Parent Trainer teaches the session.

### **Topic:** Helping Children with Staying Calm

#### **You'll learn valuable skills, including how to:**

- » Identify Strategies to Stay Calm as caregiver/professional
- » Role model Staying Calm
- » Problem Solve Methods to Help Stay Calm
- » Discuss Tips to Help your Child Stay Calm
- » Create a Stay Calm Action Plan

**Date:** Thursday, November 21, 2019

**Time:** Noon – 1:00pm

**Details:** FREE training, bring your own lunch

**Where:** In person at Boys Town Iowa office  
600 4<sup>th</sup> St. Sioux City, IA 51101

For more information call us at

**712-302-7907**

**Also Available via Web-Ex**  
(must install program on device to access)

Email [Sonya.fittje@boystown.org](mailto:Sonya.fittje@boystown.org) to get web-ex invite sent to you