



 A Positive,
Effective
Approach
to **Raising**
Children

Common Sense Parenting®

Developed by the Parenting Experts at Boys Town

boystown.org/iowa

Common Sense Parenting (CSP)® Lunch & Learn

One-hour training related to a parenting topic for **professionals/providers** who want to build on their existing skills or learn new ways of dealing with children's behaviors. A Professional Parent Trainer teaches the session.

Topic: Helping Children with Staying Calm

You'll learn valuable skills, including how to:

- » Identify Strategies to Stay Calm as caregiver/professional
- » Role model Staying Calm
- » Problem Solve Methods to Help Stay Calm
- » Discuss Tips to Help your Child Stay Calm
- » Create a Stay Calm Action Plan

Date: Thursday, November 21, 2019

Time: Noon – 1:00pm

Details: FREE training, bring your own lunch

Where: In person at Boys Town Iowa office
600 4th St. Sioux City, IA 51101

Also Available via Web-Ex
(must install program on device to access)

Email Sonya.fittje@boystown.org to get web-ex invite sent to you

For more information call us at

712-302-7907