



START DATE:

March 13 - April 21, 2017

DRILL SERGEANT:

Joanna Johnsen

TIME:

5:00 AM - 6:00 AM

LOCATION:

SportsBarn, 1047 East Hwy N, Wentzville, MO 63385

BCC IS FOR YOU IF:

- you have never exercised a day in your life
- you have started an exercise program and are 4-6 weeks in
- you are an avid and current exerciser and in a current camp

Pick a camp, sign up and get your BCC on, woot!

For More Information:

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