

## SCV All Comers Meet

Hosted by Canyon High School

**Date:** Saturday, February 5

Registration opens at 8:00 am; first event is at 9 am

**Location:** Canyon High School, 19300 W Nadal Street, Canyon Country

**Entry Fee:** Spectators and athletes \$5. Unlimited entries. Participants under age 18 must have a parent's signature on the liability waiver (see below)

**Parking:** Free parking in school's stadium parking lot on Nadal St.

<b>Running Events:</b> begin at 9am and will run continuously. Heats assigned on the line. Hand timing will be used for all running events.	<b>Field Events:</b> begin at 9am, with the exception of the discus, which will begin AFTER the shot put
1500 100/110HH 60 300 600 150 4x800 4x200	<b>High Jump-</b> rising bar, 2" increments, starting at 3-6, run-throughs every 1' <b>Pole vault-</b> rising bar, 6" increments, starting at 6-0, run-throughs every 2' <b>Shot Put-</b> open sector from 9:00 am (3 or 4 throws, depending on the #s) <b>Discus-</b> to follow Shot Put (3 or 4 throws, depending on the #s) <b>Long jump and Triple Jump-</b> open pit(s). Possible one pit for both, just designate which board (4 jumps)

### Liability Waiver- please print and bring with you to the meet

**Participants Name:** \_\_\_\_\_ **Gender** \_\_\_\_\_ **Age** \_\_\_\_\_

**If under 18, Parent's Name:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

I/we understand the risks involved in participating in this athletic event and agree to participate at our own risk. I/we agree to only participate in events we are properly trained for and will not hold the coaches/Wm S Hart District/volunteers accountable for any accident that may occur while participating in this event.

**Date of Event:** \_\_\_\_\_

**Participants' Signature:** \_\_\_\_\_

**Parent Signature (if under 18):** \_\_\_\_\_