



# 2022 USATF Southern California Association Junior Olympic Track & Field Championships



**Fri., Sat. & Sun.**  
**June 10<sup>th</sup>- 12<sup>th</sup>, 2022**  
Warren High School  
8141 De Palma St.  
Downey, CA 90241

## AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

### Age Divisions

8 & under (born 2014 +)

9 - 10 (born 2012-2013)

11 - 12 (born 2010-2011)

13 - 14 (born 2008-2009)

15 - 16 (born 2006-2007)

17 - 18 (born 2005-2004)

\* Athletes born in 2003 are also eligible if they do not turn 19 on or before 7/31/2022



**INDIVIDUALS:** Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. Competitors in the 8 & under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2022 members of USATF in good standing.

**Rule 300 1(c): Athletes must be at least seven (7) years of age on December 31 of the current year to compete in the Youth Athletics or Junior Olympics National Championship.** Any athlete that does not meet this requirement will not be able to advance to the Junior Olympics National Championship.

**RELAY TEAMS:** Only registered 2022 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit [www.usatf.org/membership](http://www.usatf.org/membership).

The only 14 and under athletes that will be accepted into this meet will be the athletes that have met the required standard that was placed on our SCA website in January of 2022:

[2022 USATF So Cal Youth JO Track & Field Standards.pdf - Google Drive](#)

### ENTRY PROCESS:

Individual Entries: **\$8.00** per event

Relay Entries: **\$32.00** per relay team

Triathlon Entries: **\$20.00**

Pentathlon Entries: **\$20.00**

Heptathlon Entries: **\$24.00**

Decathlon Entries: **\$24.00**

Club Administrators and Unattached Athletes should register online at:

[So Cal Youth JO Championships - Registration - Track & Field Meet \(athletic.net\)](#) by June 6, 2022 at 11:59 pm.

**Late entries will not be allowed.** Online registration opens May 5<sup>th</sup>, 2022. **Fees must be paid online by the close of registration.** **Only VISA and electronic check will be accepted.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry.

**Those wishing to compete in the combined events must register and pay entry fees in order to move on to Regionals. All registered combined event athletes will be waived from the SCA championships to the Region 15 championships in San Diego. The combined event is not included in the event count for the SCA championship meet.**

**Valid 2022 USATF Membership and Proof of Birth is required for participation.** Before registration, please ensure that the national office has received (via mail or fax) a copy of the athlete's Proof of Birth (copy of birth certificate, passport, certified baptismal record, driver's license or U.S. government identification). See Rule 300.1 (i) for further explanation. Age verifications must be uploaded to the USATF connect website under "athlete verifications". **Age verifications and memberships must be completed prior to the close of registration.** It is your responsibility to ensure that all of this is taken care of and completed. It is suggested that you have your registrations and age verifications completed by June 1st to be safe.

The 90 day USATF Transfer rule is in effect. There are no changes in affiliation or roster additions after the close of registration of the USATF Southern California Association Youth Championship.

**Meet Director:**

**John Wachowski**

**Phone: 909-815-9270**

**For questions, contact at: [youthvc@scausatf.org](mailto:youthvc@scausatf.org)**

**SANCTION:** Southern California Association USATF. USATF rules will apply with special provisions for youth athletics.

**WAIVER:** All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

**WAIVER TO THE JUNIOR OLYMPICS:** The Youth Athletics Executive Committee may advance any athlete into the National Junior Olympics meet because of extraordinary circumstances. The request must be made through the SCA Youth Chair, Sanoma Evans in writing to [youth@scausatf.org](mailto:youth@scausatf.org) .

Athletes who compete in the Junior National Championships, World Youth Track and Field Trials, United States Olympic Selection Competition, Youth Olympic Games Trials or any additional event authorized by the National Youth Executive Committee may be entered in the National Junior Olympic meet without having to compete in the Association or Regional meet provided that they meet the Youth Athletics age limits. Acquisition of the waiver and completion of the entry to the National meet must be made prior to the Regional 15 meet via the SCA Youth Chair, Sanoma Evans in writing to [youth@scausatf.org](mailto:youth@scausatf.org) .

**PLEASE NOTE:** Due to restrictions at the venue at Warren High School, we will not be able to host the Steeplechase nor the Hammer. Those athletes that were already registered in the event as of the close of registration will be waived through to the Region 15 Championship in Escondido, CA.

**AWARDS:** USATF Junior Olympic medals will be awarded to the top three (3) individuals and the top three (3) relay teams in each event of each age division.

**ADVANCEMENTS:** The top 8 individuals and relay teams in each event of each age division will advance to the USATF Region 15 Championships to be held on **June 23-26, 2022** at Orange Glen HS in Escondido, CA. **\*\*"Move-up" information will be available in a revised memo**

The National Junior Olympic Championships will be held from Monday, July 25 through Sunday, July 31<sup>st</sup> , 2022 in Sacramento, CA. The top 5 athletes at the Region 15 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify. Information is available at: [2022 USATF National Junior Olympic Track & Field Championships | USA Track & Field](#).

**IMPLEMENT WEIGH-IN:** Weights and Measures will be available on Friday at 3pm (for discus only), Saturday from 7:30 am - noon and Sunday from 6:30 am -noon. All implements, including pole vault poles used in competition are required to be cleared prior to competition.

**COACHES INFO:** The Coaches meeting will take place Saturday at 8:40am center field.

**ALL COACHES MUST BE REGISTERED, BACKGROUND CHECKED AND HAVE COMPLETED THE FULL COURSE OF SAFE SPORT!! IF YOUR CHILD IS BEING COACHED BY AN UNATTACHED COACH THEY TOO NEED ALL THE REQUIREMENTS!! KEEPING OUR CHILDREN SAFE IS OUR #1 PRIORITY!! COACHES WILL NEED TO OBTAIN A COLORED WRISTBAND FROM THE REGISTRATION TABLE IN ORDER TO ENTER THE FIELD AT ANY TIME. THE LIST OF APPROVED COACHES WILL COME DIRECTLY FROM THE USATF COACHES REGISTRY. IT IS YOUR RESPONSIBILITY TO MAKE SURE THAT YOUR NAME IS ON THAT LIST. NO ONE WILL BE ALLOWED ON THE FIELD WITHOUT A WRISTBAND.**

**STARTING BLOCKS:** Starting blocks will be provided. Personal blocks will not be allowed onto the track.

**EVENT CHECK-IN:** There will be separate check-in areas for Running and Field events. Athletes entered in field events will check in directly with the Official in charge of the event. Athletes entered in running events will check in at the southwest corner of the track through the gate. Each event will be given a 1st, 2nd and 3rd call. The event check in for each event will close 5 minutes after the 3rd call. If athletes are involved in a field event and a running event that is taking place at the same time the athlete is to notify the field event Official that they need to check in for the running event. It is the responsibility of the athlete and the Coach to ensure that the athlete is where they are supposed to be. Please be reminded that competition will continue. Those participating in the horizontal jumps should remember that the bar can go up but it cannot go back down for any reason.

**COMPETITION BIB NUMBERS:** All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of **\$5.00**. Team packets and Bib numbers will be available for pick-up at the registration table at 3:30pm on Friday, June 10, 2022 and at 7:15 a.m. on Saturday and 6:45 a.m. on Sunday.

**EVENT RESULTS:** During competition, event results will be posted at [www.livetrackresults.com](http://www.livetrackresults.com). In addition, event results will be posted at [www.scausatf.org/youth](http://www.scausatf.org/youth) and [www.athletic.net](http://www.athletic.net) on June 12<sup>th</sup> in the evening.

**PROTESTS:** There will be a **\$75.00** fee for all protests. Protests must be submitted to the Protest Referee at once and no later than 30 minutes after a result has been posted. The protest fee will be refunded if the protest is upheld. Only violations of the USATF Rules of Competition may be protested. Judgment calls made by meet officials cannot be protested except where allowed by rule. Each club is sent a rule book, I suggest you bring it with you to the meet. The protest fee will be refunded if the protest is upheld. There will be a protest clerk assigned to take care of any problems that arise during the competition. Do not go to the Timing tent for any reason. Do not approach any official! That is what the protest clerk is for. If you ignore this request, there is a very high probability that you will be removed from the meet. Please read and relay this message to all of your coaches/parents and athletes.

**RULES – CONDUCT & FACILITY:**

- 3/16th or smaller pyramid spikes are required. No other spikes are allowed. Shoes will be checked before entry onto the field for both running and field events.
- Coaches, be aware that you are responsible for your athletes. Know where they are at all times. You are also responsible for other people at the meet that are affiliated with your club. You will be held responsible for any negative activity.
- Profane language, aggressive behavior or actions deemed not sportsmanlike or in keeping with a youth friendly environment are prohibited.
- Canopies must be secured and are limited to the top portion of the stadium. Large umbrellas may not be used in the mid or lower areas of the stadium as they impede spectator views.
- NO basketballs, footballs, soccer balls, radios or skateboards are allowed in the stadium. They will be confiscated.
- NO regular dogs or designer dogs are allowed in the stadium per campus rules. You and your animal will be asked to leave the facility.
- No drinking of alcoholic beverages or smoking of anything is allowed on the campus around the stadium. Your team will be held accountable.
- Water is the only beverage that can be taken onto the field. No sports drinks of any kind.
- No food, sunflower seeds or gum is allowed on the infield.
- The WARREN HS CAMPUS is off limits!!!! We are restricted to the stadium.

**GATE ADMISSION FEES:** Admission to this USATF Southern California Association Youth Championship is free.

**PARKING:** TBD but no more than \$5 per vehicle.

**RV Parking:** No RV parking available.

**Event Merchandise:** Commemorative clothing will be available for purchase.

**Vendor Opportunities:** Vendors must be approved by the Financial Secretary Tia Fishback at [youthfin@scausatf.org](mailto:youthfin@scausatf.org)

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**CONTACT:**

John Wachowski

Phone #: 909-815-9270

E-mail: [Youthvc@scausatf.org](mailto:Youthvc@scausatf.org)

# ORDER OF EVENTS

## June 10th—Friday ( Warren High School)

### RUNNING EVENTS Start Time: 5:00pm

1500m RW	Final	9/10 through 11/12
3000m RW	Final	13/14 through 17/18
3000m Run	Final	11/12 through 17/18
400m	Semi-Final	All divisions

### FIELD EVENTS Start Time 5:00pm (\*\*DISCUS ONLY WILL START AT 4:00PM)

***Discus <b>(NO TENT SET UP IN WARM UP AREA DURING THIS EVENT)</b>	Final	17/18W, 17/18M, 15/16G, 15/16B, 13/14G, 13/14B, 11/12G, 11/12B
Long Jump Pit 1 (north)	Final	8U G, 17/18W, 15/16G
Long Jump Pit 2 (south)	Final	8U B, 17/18M, 15/16B

## June 11<sup>th</sup>- Saturday

### RUNNING EVENTS Start Time: 9:00am

1500m Run	Final	All divisions
100m Dash	Semi-Final	All divisions
400m Dash	Final	All divisions
110m Hurdles	Final	17/18M, 15/16B
100m Hurdles	Final	17/18W, 15/16G, 13/14B, 13/14G
80m Hurdles	Final	11/12G, 11/12B
4x100m Relay	Semi-Final	All divisions
4x800m Relay	Final	11/12 through 17/18
200m Dash	Semi-Final	All divisions

### FIELD EVENTS Start Time: 9:00am

Long Jump Pit 1(north)	Final	13/14G, 11/12G, 9/10G
Long Jump Pit 2(south)	Final	11/12B, 9/10B, 13/14B
High Jump	Final	11/12G, 13/14G, 13/14B, 11/12B
Mini Javelin	Final	8UG, 8UB, Finn-11/12G, 11/12B, 9/10G, 9/10B
Shot Put Pit	Final	11/12G, 11/12B 9/10G, 9/10B, 8UG, 8UB

*Pole Vault	Final	13/14B, 15/16B, 17/18M
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\* Poles must meet USATF standards and be cleared by weights and measures prior to competition.

## June 12th---Sunday

### RUNNING EVENTS Start Time **8:00am**

200m Dash	Final	All Finalists
800m Run	Final	All divisions
4x100m Relay	Final	All divisions
400m Hurd 36"	Final	15/16B, 17/18M
400m Hurd 30"	Final	15/16G, 17/18W
200m Hurd 30"	Final	13/14G, 13/14B
100m Dash	Final	All divisions
Approx. 30 minute break		
4x400m Relay	Final	All divisions

### FIELD EVENTS Start time **8:00am**

High Jump	Final	9/10B, 9/10G, 15/16G, 17/18W, 15/16B, 17/18M
Triple Jump Pit 1 (north)	Final	17/18W, 13/14G, 15/16G
Triple Jump Pit 2 (south)	Final	17/18M, 13/14B, 15/16B
Shot Put Pit	Final	13/14G, 13/14B, 15/16G, 15/16B, 17/18YW 17/18YM
*Pole Vault	Final	13/14G, 15/16G, 17/18W
**Javelin	Final	13/14G, 13/14B, 15/16G, 15/16B, 17/18W, 17/18M
Javelin start will be delayed until approximately 1000 to accommodate Shot Put athletes.		

\* Poles must meet USATF standards and be cleared by weights and measures prior to competition.