

*Lauren* saw too much and grew up too fast. Her mother was a beautiful narcissist, her father a charming monster and her grandfather was a famous Vegas Mafioso. As a small child, she grew up in her parents' topless bar in Sydney, Australia. She came of age in the Seattle grunge scene. Lauren's life was a chaos-filled roller coaster ride - she had to deal with abandonment, feelings of self-loathing and a debilitating eating disorder. What she yearned for the most - peace, stability and love - seemed like impossible dreams.

*Pretty Things don't Break* is a captivating memoir that transports you into Lauren's turbulent, larger than life world. Suffer with her as she battles to overcome the challenges created by her dysfunctional family. Rejoice with her as she finds in her close-knit group of friends all of the compassion and love she had been missing. Lauren's journey teaches us that, despite any negativity and turbulence that we may be born into, through faith, internal strength and great determination we can become free, happy and healthy human beings.

