



Join us on a SAC6 ZOOM CHAT!!

Let's Check In with each other!

WHEN: Fridays

TIME: 11:00am-12:00pm

WHERE: ZOOM- computer, tablet, cell phone



**Call SAC6 with
any questions**

209-955-3306

SAC6@vmrc.net

Supported by:



SAC6



Here is the info you need to get on the calls!

SAME Link for November 6, 13 & 20, 2020

Join Zoom Meeting

[https://zoom.us/j/96257779463?
pwd=VXQybnQ5WVVAZIBNdENPYWtrYWVwZz09](https://zoom.us/j/96257779463?pwd=VXQybnQ5WVVAZIBNdENPYWtrYWVwZz09)

Meeting ID: 962 5777 9463

Passcode: 144334 (MUST ENTER PASSCODE)

OR you can call in:

TOLL FREE NUMBER TO CALL IN-

877 853 5257 US Toll-free

DATES & TOPICS for SAC6 CHATS

Friday, November 6, 2020– Cyber bullying–
Let's End this! By SAC6 Members

Friday, November 13, 2020– What's New with
Special Olympics? By SAC6 members & Special
Olympics Participants

Friday, November 20, 2020– What does Self
Advocacy mean to YOU? By SAC6 members

ALSO at each CHAT:

**A VMRC update by Tony Anderson Executive
Director and a Mental Health Tip of the Day
by Dr. Dave Demetral**