



CHOICES Institute



## Want to be a part of the CHOICES 2021 Conference???

Here is what **YOU** will need to do

**1 - Pick ONE of these three questions to answer:**

- 1) What's one thing you've done to thrive during Covid?
- 2) What is something new you have learned or learned about yourself during Covid?
- 3) Once it is safe and restrictions/rules have relaxed, what's the first thing you want to do?

**2- Record yourself answering the ONE question in a 1-2 minute video**

**3- Send video to Doug Bonnet at VMRC at**

[https://vmrcmy.sharepoint.com/:f:/g/personal/dbonnet\\_vmrc\\_net/EhcBQqn-F4VGj011o7CoE6YBD5n4cgLdf1VcwkS\\_DYIkCA](https://vmrcmy.sharepoint.com/:f:/g/personal/dbonnet_vmrc_net/EhcBQqn-F4VGj011o7CoE6YBD5n4cgLdf1VcwkS_DYIkCA)

**DEADLINE is MONDAY MAY 3<sup>rd</sup> by 5pm**

**QUESTIONS: Contact SAC6 at 209-955-3306 or  
SCDD North Valley Hills at 209-473-6930**