

# The Early Start Community

If you have a young child who needs specialized care or has a disability, or if you have a concern about your child's development, there is help and support in your community!

**Early Start Family Resource Centers**  
help you navigate through Early Start.  
[www.dds.ca.gov/services/early-start/  
family-resource-center](http://www.dds.ca.gov/services/early-start/family-resource-center)

Places like **libraries** provide opportunities for learning and inclusion.  
[www.library.ca.gov/services/to-libraries/library-directory](http://www.library.ca.gov/services/to-libraries/library-directory)

**Child care**, preschools, or home visiting programs, such as Early Head Start, can help support development.  
[mychildcare.ca.gov/#/home](http://mychildcare.ca.gov/#/home)

Your child may receive services from their local **school**.  
[cainclusion.org/camap/map-project-resources/county-specific-resources](https://cainclusion.org/camap/map-project-resources/county-specific-resources)

**Pediatricians check  
your child's development  
at 9, 18, & 24 months.  
[www.cdc.gov/ncbddd/  
actearly/index.html](http://www.cdc.gov/ncbddd/actearly/index.html)**

**Families** are the heart of Early Start. Find Early Start resources here:  
[www.ceitan-earlystart.org/central-directory](http://www.ceitan-earlystart.org/central-directory)

**Your health care plan may cover some services for your child.**  
**[www.dmhc.ca.gov](http://www.dmhc.ca.gov)**

If you have concerns about your child's development, start by contacting your local **regional center**.  
[www.dds.ca.gov/services/early-start/family-resource-center/regional-center-early-start-intake-and-family-resource-centers](http://www.dds.ca.gov/services/early-start/family-resource-center/regional-center-early-start-intake-and-family-resource-centers)



The California Department of Developmental Services and the Interagency Coordinating Council on Early Intervention have information for parents and professionals about how to get help and support. For additional questions, please call the Early Start BabyLine at 800-515-BABY (800-515-2229).

**Local contact information:**

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