

Parents by Choice

2529 W. March Lane, Suite 205 Stockton, CA 95207

2021 Positive Parenting Program

Free Classes

All Classes will be held online through Zoom

0-12 Triple P

For Parents or caregivers of children 0 – 12 years old

Class: Every Tuesday and Thursday

Dates: June 8th, 10th, 15th, 17th 22nd, 24th, & 29th.

Time: 9:30AM - 11:00AM

 $\begin{array}{c} \underline{\textbf{In Spanish Class}} : Every \ \textbf{Tuesday} \\ \underline{\textbf{Dates}} : June \ 8^{th}, \ 15^{th}, \ 22^{th}, \ 29^{th}, \ July \ 6^{th}, \ 13^{th}, \ \& \ 20^{th} \end{array}$

Time: 8:30AM - 10:00AM

Teen Triple P

For parents or caregivers of preteens and teenagers.

Class: Every **Tuesday and Thursday** Dates: June 8^{th} , 10^{th} , 15^{th} , 17^{th} 22^{nd} , 24^{th} , & 29^{th} .

Time: 5:00PM - 6:30PM

Pathways Triple P

Parents who are experiencing stress and can benefit from stress and anger management techniques to improve their ability to cope with raising children.

IN PERSON Every Wednesday

Dates: June 9th, 16th, 23rd, 30th, July 7th, 14th, & 21th

Time: 5:00PM - 6:30PM

Location: 2529 W. March Lane, Suite 205 Stockton, CA 95207

In Spanish Class: Every Thursday

Dates: June 10th, 17th, 24th, July 1st, 8th, 15th & 22nd.

Time: 5:00 PM - 6:30PM

Co-Parenting Triple P

For parents who are experiencing distress from separation or divorce.

Every Mondays and Thursday

Dates: June 7th, 10th, 14th, 17th, 21th, 24th, & 28th.

Time: 4:00 PM - 5:30PM

IN PERSON SPANISH Every Tuesday

Dates: June 1st, 8th, 15th, 22nd, 29th, 6th, & 13th.

Time: 10:AM - 11:30AM

Location: 2529 W. March Lane, Suite 205 Stockton, CA 95207

Stepping Stones Triple P

For parents of pre-adolescent children who have a disability, intellectual and physical disabilities who have disruptive behavior.

> Class: Every Monday and Wednesday Dates: June 7th, 9th, 14th, 16th, 21th, 23th, & 28th.

> > Time: 6:00PM - 7:30PM

To register contact the Triple P Program or register online www.parentsbychoice.net/positiveparenting.

(209) 905-9585







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2021 Programa de Crianza Positiva *Clases Gratis*

Todas las Clases Ayudan a padres y Madres.

0-12 Triple P

Para padres y cuidadores de niños de edades 0 - 12 años

Todos los: Jueves

Fechas: June 10th, 17th, 24th, July 1st, 8th, 15th, 22nd.

Tiempo: 5:00 PM - 6:30PM

Co-Crianza Triple P

Para los padres que están sufriendo por la separación o el divorcio.

En Persona Todo los Martes

Fechas: Junio 1st, 8th, 15th, 22nd, 29th, Julio 6th, & 13th.

Tiempo: 10:AM - 11:30AM

Unicacion: 2529 W. March Lane, Suite 205 Stockton, CA 95207

Para registrarse contacte al Programa Triple P o registrese en línea www.parentsbychoice.net/positiveparenting.

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