



Join us on a **SAC6 ZOOM CHAT!!** **COVID Journey- Our Mental Health**

WHEN: Friday July 2, 2021

TIME: 11:00am-12:15pm

WHERE: ZOOM- computer, tablet, cell phone



**Call SAC6 with
any questions
209-955-3306
SAC6@vmrc.net**

Supported by:



SAC6



Join SAC6

**To hear about Covid Journey-
Our Mental Health
Presented by:
Dr. Dave Demetral**



Wear RED, WHITE & BLUE on Friday!

Join Zoom Meeting

[https://us02web.zoom.us/j/84268085812?
pwd=enByait3VU9XeUx6UmcrWHZPTnpWdz09](https://us02web.zoom.us/j/84268085812?pwd=enByait3VU9XeUx6UmcrWHZPTnpWdz09)

Meeting ID: 842 6808 5812

Passcode: 392274

You must enter the Password

OR you can call in:

TOLL FREE NUMBER TO CALL IN-

888 475 4499 US Toll-free

877 853 5257 US Toll-free

Also- VMRC Update by Tony Anderson