



Join us on the **SAC6 CHAT**

It is our November Area Meeting!!!



**Call SAC6 with
any questions
209-955-3306
SAC6@vmrc.net**

Supported by:



SAC6



WHEN: Friday November 5, 2021

TIME: 11:00am-12:15pm

WHERE: ZOOM- computer, tablet, cell phone

**Our November 2021
Area Meeting of Self Advocates
Featuring guest speaker
Jackie Armstrong**

Jackie is a self advocate in the Sacramento area and she gives fabulous speeches. Jackie was a keynote speaker at the Supported Life Institute's statewide self advocacy conference a few months ago. Jackie is also a regular presenter at self advocacy chapters in this area. She will be talking about Employment on the CHAT!

Join Zoom Meeting

[https://us02web.zoom.us/j/86458621425?
pwd=RDBOdW8zT0RTdVhFMVVrY1pXRFGUT09](https://us02web.zoom.us/j/86458621425?pwd=RDBOdW8zT0RTdVhFMVVrY1pXRFGUT09)

Meeting ID: 864 5862 1425

Passcode: 486988

You must enter the Passcode

OR you can call in:

TOLL FREE NUMBER TO CALL IN-

888 475 4499 US Toll-free

877 853 5257 US Toll-free

**Also— VMRC Update by Tony Anderson &
Mental Health Tip of the Day by Dr. Dave**