



Join us on a **SAC6 ZOOM CHAT!!**

Let's Check In with each other!

WHEN: Fridays

TIME: 11:00am-12:15pm

WHERE: ZOOM- computer, tablet, cell phone



**Call SAC6 with
any questions
209-955-3306
SAC6@vmrc.net**

Supported by:



SAC6



Here is the info you need to get on the calls!

SAME Link for April 2, 9, 26, 23, 30, 2021

Join Zoom Meeting

[https://us02web.zoom.us/j/83220959498?
pwd=T1FqR1Y1d2NYVTBDenNxR3gvd0RwZz09](https://us02web.zoom.us/j/83220959498?pwd=T1FqR1Y1d2NYVTBDenNxR3gvd0RwZz09)

Meeting ID: 832 2095 9498

Passcode: 762292

(MUST ENTER PASSCODE)

OR you can call in:

TOLL FREE NUMBER TO CALL IN-

877 853 5257 US Toll-free

Topics

Friday, April 2, 2021– Starting A Self Advocacy Group– SAC6 members

Friday, April 9, 2021– R & D Transportation

Friday, April 16, 2021–Prepare for End of Life Training– SAC6 & SCDD

Friday, April 23, 2021–How to be a VMRC Board Member– Dena #1 Pfiefer & Margaret Hines VMRC

Friday, April 30, 2021– Dealing with Conflict– Robert Balderama– SAC6/SSAN rep, & SCDD

ALSO at each CHAT:

A VMRC update by Tony Anderson Executive Director and a Mental Health Tip of the Day by Dr. Dave Demetral