



**Call SAC6 with  
any questions  
209-955-3306  
SAC6@vmrc.net**

**Supported by:**



**SAC6**



# Join us on a **SAC6 ZOOM CHAT!!**

**Let's Check In with each other!**

**WHEN:** Fridays

**TIME:** 11:00am-12:15pm

**WHERE:** ZOOM- computer, tablet, cell phone

**Here is the info you need to get on the calls!**

**SAME Link for March 5, 12, 19, 26, 2021**

Join Zoom Meeting

[https://zoom.us/j/93908560514?  
pwd=ditrZ2pKVW5jaTI1L2pXYThnNTVpUT09](https://zoom.us/j/93908560514?pwd=ditrZ2pKVW5jaTI1L2pXYThnNTVpUT09)

Meeting ID: 939 0856 0514

Passcode: 713436

**(MUST ENTER PASSCODE)**

**OR you can call in:**

**TOLL FREE NUMBER TO CALL IN-  
877 853 5257 US Toll-free**

## **Topics**

**Friday, March 5, 2021**– Self Determination Program Update– Kerstin Williams- SAC6/SCDD/ VMRC Self Determination Advisory Committee

**Friday, March 12, 2021**– How to Use Technology– Doug Bonnet & Project DATA info – Lisa Culley Family Resource Network

**Friday, March 19, 2021**–St. Patrick's Day BINGO

**Friday, March 26, 2021**-Covid—One Year Later– Tony Anderson & Claire Lazaro– VMRC

**ALSO at each CHAT:**

**A VMRC update by Tony Anderson Executive Director and a Mental Health Tip of the Day by Dr. Dave Demetral**