



Join us on a **SAC6 ZOOM CHAT!!** **Toxic STRESS**

WHEN: Friday July 23, 2021

TIME: 11:00am-12:15pm

WHERE: ZOOM- computer, tablet, cell phone



Call **SAC6** with
any questions
209-955-3306
SAC6@vmrc.net

Supported by:



SAC6



Join **SAC6**

Learn about Toxic Stress–What it is and what to do about it! Become Aces Aware!

**Presented by:
Aces Staff**

“Adverse Childhood Experiences”

are childhood experiences such as physical and emotional abuse, neglect, caregiver mental illness, and household violence.



Join Zoom Meeting

[https://us02web.zoom.us/j/84268085812?
pwd=enByait3VU9XeUx6UmcrWHZPTnpWdz09](https://us02web.zoom.us/j/84268085812?pwd=enByait3VU9XeUx6UmcrWHZPTnpWdz09)

Meeting ID: 842 6808 5812

Passcode: 392274

You must enter the Password

OR you can call in:

TOLL FREE NUMBER TO CALL IN-

888 475 4499 US Toll-free

877 853 5257 US Toll-free

Also–VMRC Update by Tony Anderson and Mental
Health Tip of the Day by Dr. Dave Demetral