



# COVID-19 Screening for children/students/adults

Please complete before entering the child care/JK-12 school setting. A parent/guardian can complete for their child.

Updated April 28, 2022

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

## 1. A) Do you or anyone in the household have 1 or more of these new or worsening symptoms, today, or in the last 5 or 10 days\*?

Yes ☐  
No ☐



Fever > 37.8°C and/or chills

Yes ☐  
No ☐



Cough

Yes ☐  
No ☐



Difficulty breathing

Yes ☐  
No ☐



Decrease or loss of taste/smell

## B) Do you or anyone in the household have 2 or more of these new or worsening symptoms today, or in the last 5 or 10 days\*?

Yes ☐  
No ☐



Sore throat

Yes ☐  
No ☐



Headache

Yes ☐  
No ☐



Feeling very tired

Yes ☐  
No ☐



Runny nose/  
nasal congestion

Yes ☐  
No ☐



Muscle aches/  
joint pain

Yes ☐  
No ☐



Nausea/vomiting/  
diarrhea

- If the symptom is from a known health condition that gives you the symptom, select "No". If the symptom is new, different or getting worse, select "Yes".
- If there is mild tiredness, sore muscles or joints within 48 hours after a vaccine, select "No".
- Anyone who is sick or has any symptoms of illness, should stay home. Seek assessment from their health provider if needed.



**If "YES": Stay home & self-isolate.**



**Your household must self-isolate\***

\*You or household members do not need to self-isolate if no symptoms and not had a positive test and either: had a confirmed COVID-19 infection within 90 days\*\*\*; OR are 18 + and boosted\*\*\*\*; OR are 17 years or younger and fully vaccinated\*\*.



If you have one symptom from Part B, stay home until symptoms improve for at least 24 hours or 48 hours if nausea/vomiting/diarrhea.

## 2. Have you or anyone in the household had a positive COVID-19 test in the last 5 or 10 days\*, or been told to stay home and self-isolate?

Yes ☐

No ☐

- If you had a positive test or live with someone who is isolating or awaiting test results select "Yes"



**If "YES": Stay home & self-isolate.\***

\*You or household members do not need to self-isolate if no symptoms and not had a positive test and either: had a confirmed COVID-19 infection within 90 days\*\*\*; OR are 18 + and boosted\*\*\*\*; OR are 17 years or younger and fully vaccinated\*\*.

## 3. In the last 14 days, have you travelled outside of Canada?

Yes ☐

No ☐



**If "YES": Follow federal quarantine [travel rules](#) including required measures for quarantine exempt travellers.**



\*Use 5 days: If the person is fully vaccinated or 11 years or younger. Use 10 days: If they are 12 years or older and not fully vaccinated; or immune compromised; or at a high risk congregate setting

\*\*Fully vaccinated means 14 days or more after a second dose of a COVID-19 vaccine series, or as defined by the Ontario Ministry of Health.

\*\*\*Confirmed COVID-19 infection within 90 days means: if tested positive within 90 days on a Rapid Antigen, or a PCR test AND completed self-isolation. Then, do not need to self-isolate if someone in the home has symptoms.

\*\*\*\*Boosted means received a booster dose 3 months or more after a primary vaccine series.





# HOW LONG SHOULD YOU SELF-ISOLATE FOR?

## You have symptoms<sup>+</sup> of COVID-19 or tested positive

### If:

- Fully vaccinated<sup>\*\*</sup>, OR
- 11 years or younger, regardless of vaccination status

### Stay home & Self-isolate:

- Must self-isolate for at least 5 days from the day symptoms started and until symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea), whichever is longer
- Use test date if no symptoms
- From day 6 to 10: wear a mask in public places, including while exercising, and do not visit people or settings at higher risk for illness<sup>++</sup>

### If:

- 12 years of age or older AND not fully vaccinated<sup>\*\*</sup> OR
- Immune compromised OR
- At a high risk congregate setting

### Stay home & Self-isolate:

- Must self-isolate for 10 days from the day their symptoms started, or longer if symptoms last longer than 10 days
- Use test date if no symptoms
- For 20 days: Individuals who are immunocompromised must wear a mask in all public settings and not visit people or settings at higher risk<sup>++</sup>

## Someone in the household has symptoms<sup>+</sup> of COVID-19 or a positive test

### If you:

- Had a confirmed COVID-19 infection within 90 days<sup>\*\*\*</sup>; OR
- Are 18+ and boosted<sup>\*\*\*\*</sup>; OR
- Are 17 years or younger and fully vaccinated<sup>\*\*</sup>

### You do not need to self-isolate

- For 10 days wear a mask in public places, including while exercising and do not visit people or settings at higher risk for illness<sup>++</sup>

### If you don't meet the above criteria - see below

- If you are immunocompromised you must self-isolate for 10 days
- For all others - You must self-isolate for the duration of the household member's isolation period (see below)

### If the household member is:

- Fully vaccinated<sup>\*\*</sup>, OR
- 11 years or younger, regardless of vaccination status

### Stay home & Self-isolate:

- You must self-isolate for at least 5 days from the day the household member's symptoms started and until their symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea)
- Use test date if no symptoms
- From day 6 to 10: wear a mask in public places, including while exercising, and do not visit people or settings at higher risk for illness<sup>++</sup>

### If the household member is:

- 12 years of age or older AND not fully vaccinated<sup>\*\*</sup>, OR Immune compromised

### Stay home & Self-isolate:

- You must self-isolate for 10 days from the day symptoms started, or longer if symptoms last longer than 10 days. Use test date if no symptoms

## You were notified as a close contact of a COVID-19 positive case

### If:

- No symptoms  
**Do not need to self-isolate**
- Monitor for symptoms for 10 days from last contact and self-isolate immediately if symptoms develop
- For 10 days from last exposure: wear a mask in public places, including while exercising and do not visit people or settings at higher risk for illness<sup>++</sup>
- If exempt from masking (e.g. under the age of 2 yrs) may return to public settings without masking<sup>++</sup>

### Note:

A close contact is having contact with someone who has symptoms or tests positive for COVID-19 if:

- the contact occurred from 48 hours before symptoms, or while symptoms were present (or positive test result) **AND**
- was within two meters **AND**
- spent at least 15 minutes of time with them **AND/OR** multiple shorter lengths of time

The Province of Ontario has stated that attending school/childcare with someone who is symptomatic/positive for COVID-19 may not always be considered close contact. All cases in the school/child care settings are encouraged to notify their close contacts directly if they have significant one-on-one interactions, without wearing a well-fitted, high-quality mask. Contacts should follow instructions above.



## <sup>+</sup>Symptoms include 1 or more symptom from 1.A or 2 or more symptoms from 1.B on the screening tool

- If you have one symptom from 1.B, other household members do not have to self-isolate.
- If you have one symptom from 1.B AND were a close contact, then self-isolate consistent with a COVID-19 infection.
- If you/your household member's symptoms are improving for 24 hours AND the person with symptoms never had a positive test AND tests negative on a PCR test OR 2 rapid antigen tests taken 24 to 48 hours apart, self-isolation ends.
- When the person who is symptomatic/COVID-19 positive completes their self-isolation, they do not need to self-isolate again if other household members become ill.
- Clearance testing is not required. A positive test requires completion of the isolation period even if symptoms are improving.
- For counting isolation days: the day symptoms start (or test date if no symptoms) is Day 0.

<sup>++</sup>Continue to wear a well-fitted mask in all public settings (including schools/childcare unless under 2 years of age). Avoid activities where you need to remove a mask with reasonable exceptions such as when eating (e.g., when eating in shared space at school/work and maintaining as much distancing as possible). If exempt from masking (e.g. under the age of 2 yrs) may return to public settings without masking. Do not visit people or settings at higher risk including where there are seniors or those who are immunocompromised.

## If you travelled outside of Canada in the last 14 days:

- Follow federal [requirements](#) for quarantine and testing after returning from international travel.
- Fully vaccinated travellers may be [exempt](#) from quarantine. Unvaccinated or partially vaccinated children under the age of 11 travelling with a fully vaccinated adult may be exempt from quarantine but are still required to wear a mask at all times when in public spaces (unless if under 2 years of age), including schools/childcare. Stay home if symptoms develop.



This tool is consistent with provincial guidance: [COVID-19 School and Childcare Screening](#) and [Management of Cases and Contacts of COVID-19 in Ontario](#).