**Family and Adolescent Adaptation Recruitment**

**(Email, Social Media)**

Families deserve to have a voice in children’s mental health! All to often, families are not considered in the picture of children’s mental health. Yet, families are the primary environment in which children have symptom onset, seek help for a diagnosis, and embark on a path of recovery. Use your voice to share your experience and help families like you!

**What:** Please fill out this survey to share your experiences as a family when your child has/had a mental health disorder. An anonymous link to the survey is provided below. All information is kept confidential and anonymous. Please complete the survey in one sitting (but separately) with one parent/parent-figure completing the first portion (approximately 30 minutes) and one adolescent completing the second portion (approximately 15 minutes).

**Who:** One parent/parent-figure (aunt, grandparent, etc.) and one adolescent who live together at least 25% of the time. Adolescent has had at least one mental health disorder diagnosis (example: anxiety, depression, OCD, PTSD, Tourette’s) and is currently between the ages of 11 and 19. Multiple sets of parent-adolescent pairs from one family may fill out the survey, but each participant may only fill out the survey one time (example: mom+daughter#1, stepdad+son#1, dad+daughter#2).

**Why:** To find out what helps families adapt when their child has a mental health disorder. Specifically, what family processes are beneficial, what family-community interactions are helpful, and how does that support the adolescent. So that…we can know how to best encourage, educate, equip, and empower families to be adaptive and to provide a supportive environment to kids who have a childhood mental health disorder.

**Where:** Follow this anonymous link. [Family and Adolescent Adaptation](https://okstateches.az1.qualtrics.com/jfe/form/SV_7akZhZiNdzWMekB)