



## About Scripps Health Medical Groups

### Scripps Health Overview

The Scripps network consists of thousands of physicians in family medicine, internal medicine and pediatrics, as well as specialists in almost every area of medicine, including obstetrics and gynecology, cardiovascular, orthopedics, neurology, oncology and more.



## Scripps Medical Foundation

Scripps Clinic and Scripps Coastal Medical Center share a common goal: to provide the best possible health care for every patient. Partnering with patients, physicians and staff provide individualized care customized to age, gender and risk factors.

### **Scripps Clinic**

Scripps Clinic is nationally recognized for specialty care and also provides comprehensive and convenient primary care services. Scripps Clinic offers:

- Locations throughout San Diego County
- Hundreds of doctors
- Comprehensive medical services at sites with multiple specialty practices, outpatient surgery, laboratory and imaging, as well as primary care
- Extended hours for primary care, including mornings, evenings and weekends
- MyScripps — a secure, convenient way for patients to manage their health care online
- Hundreds of clinical trials each year. Scripps clinicians are often among the first in the country to evaluate experimental treatments and procedures.
- Virtual care options, including scheduled Video Visits with primary care physicians and specialists and on-demand visits seven days a week with *HealthExpress* providers for minor illnesses and injuries.
- Health education resources, including weight, prenatal and breastfeeding management programs; nutrition and fitness classes; and programs for chronic conditions, such as diabetes.

### **Scripps Coastal Medical Center**

Scripps Coastal Medical Center providers specialize in family medicine, internal medicine, pediatrics and obstetrics and gynecology, as well as general surgery, physical rehabilitation and geriatrics. Scripps Coastal Medical Center primary care physicians provide annual physicals, preventive health screenings, wellness information, lab tests, urgent care and radiology services. When specialty care is needed, patients have access to an extensive network of medical experts throughout the region. Scripps Coastal Medical Center offers:

- Locations from Oceanside to Eastlake
- Hundreds of doctors
- Extended hours for primary care, including mornings, evenings and weekends
- Same-day or next-day primary care appointments at *HealthExpress* walk-in clinics
- MyScripps — a secure, convenient way for patients to manage their health care online.
- Virtual care options, including scheduled Video Visits with primary care physicians and specialists and on-demand visits seven days a week with *HealthExpress* providers for minor illnesses and injuries.

# Affiliated Medical Groups

In addition to Scripps Clinic and Scripps Coastal Medical Center, several affiliated medical groups throughout San Diego County provide additional options for patients.

**Scripps Physicians Medical Group (SPMG)** includes more than 600 primary care and specialty physicians with offices throughout San Diego County in an independent physician practice association (IPA) network. Visit [scpmcs.org](http://scpmcs.org) to learn more.

**Mercy Physicians Medical Group (MPMG)** is an award-winning medical group with more than 800 physicians. MPMG has provided medical expertise to the San Diego community for more than 35 years, earning many high honors, including "Elite" status from the California Association of Physician Groups. Visit [mpmgdocs.com](http://mpmgdocs.com) to learn more.





## Finding the Right Health Plan and Doctor

Scripps Medical Foundation (Scripps Clinic and Scripps Coastal Medical Center) and affiliated medical groups accept most insurance plans. It's important for patients to select a primary care provider who allows them to receive care at a specific hospital or urgent care if they have a preference.

We make it easy to choose the right doctor. You can find a provider quickly by using the Doctor Finder function on [scripps.org](https://scripps.org). The Doctor Finder tool can be used to search for a doctor or extender by name, specialty, hospital affiliation, gender, medical group and practice location. Many of our physicians have videos online that explain their approach to care and many speak other languages, including Spanish, Arabic, Hindi, Urdu and Russian.

